



NOVEMBER 16 - 20, 2026

10 AM - 2 PM

XFN Gym

Come join us for four days of discussion of how Indigenous cultural teachings and traditions can help us heal our deep soul wounds. We will gather and discuss various aspects of substance use and we will utilize Wellbriety lessons and teachings to apply to our own lives and to help those that we love.

Transportation, lunch, and incentives provided for full attendance to eligible XFN community members.



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