

RESTORING BALANCE

*Finding Healthier Balance in Our
Relationship with Substances*



till May 25, 2026
Mondays | 5:30 – 7:00 PM
XFN Health Boardroom



You are not alone. Join us for a healing circle focused on support, connection, and building practical tools for recovery. Facilitated by Cora Fraleigh, MSW, a compassionate social worker who blends traditional teachings with practical relapse prevention and skill building strategies to support lasting change.

Smaks will be provided
All are welcome



250-989-2355 or csreceptionist@xatsull.com