



# Fraser River Run

Monthly Newsletter of Xatsúll First Nation



**2<sup>nd</sup> Wellness Gathering in Williams Lake**

**Page 4**

**Pesqépts (Chinook wind month) – February 2026**

## Xatsūll Youth Program Update

It's been a busy and fun month in our Youth Program! Over the past few weeks, youth have been getting together for a mix of creative, cultural, and active events. We kicked things off with Sushi Night and Painting Night, which were a great way for youth to hang out and try something new. We also had the chance to make medicine bags and affirmation mobiles at the All Nations Healing House, which was a meaningful experience and a chance to learn and connect in a good way.

We wrapped up the month with a Community Movie Night showing *How to Train Your Dragon*, a Family Ball Hockey Night, and a Youth Wellness Retreat. Each of these activities gave youth and families time to connect, move their bodies, and focus on wellness in a relaxed and supportive space. Language learning continues

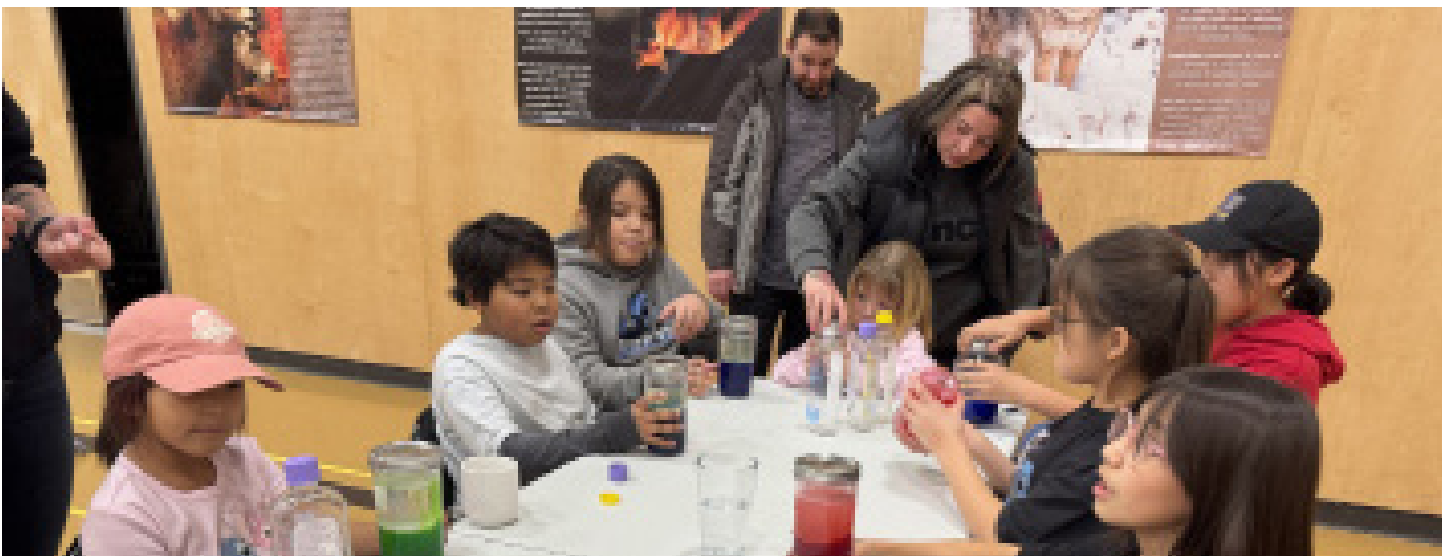
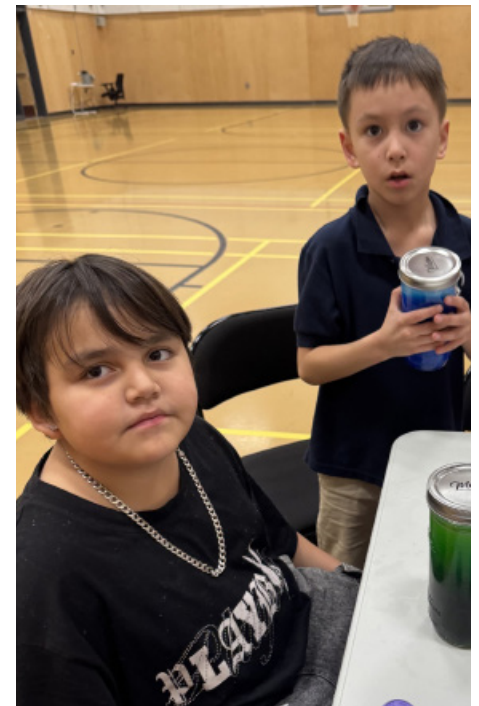
to be an important part of our program. Language classes have been running, and more are planned, giving youth and community members a chance to learn, practice, and strengthen their connection to culture and language.

There's lots coming up next month too! We'll be hosting another Movie Night on the 27th featuring *Kubo and the Two Strings*, and Community Public Skating will take place on the 8th.

One of the biggest things we're looking forward to is the Growing Strong Youth Overnight Camp, happening February 28th to March 1st. This overnight camp is an important opportunity for youth to spend time together, build confidence, learn new skills, and strengthen connections in a positive and supportive environment. We're

very excited about this one and encourage youth to take part!

Thanks to all the youth, families, and community members who continue to support and show up for our programs. We're looking forward to another great month ahead!





## Healing Program with Mike James

January 12–16, Xat'sull First Nation hosted another deeply meaningful Community Wellness Program facilitated by Mike James. Throughout the week, community members came together in a safe, respectful, and supportive space grounded in culture, ceremony, and connection.

From the opening circle, trust and openness were present. Participants shared stories, emotions, laughter, and tears, allowing healing to begin immediately. Sacred circles became places of honesty and reflection, where individuals felt supported in opening up and beginning the process of releasing long-held pain.

Cultural teachings and ceremony guided the entire program. Alongside the healing work, balance was intentionally created through laughter and fun. Energizer games brought joy and lightness, reminding everyone

that laughter is powerful medicine and an important part of healing.

Small group discussions encouraged reflection, participation, and shared planning, giving everyone a voice in shaping both the program and future wellness initiatives. Traditional teachings were woven throughout the week, including the opportunity to take part in ancient Indigenous games. What began with hesitation quickly turned into excitement and laughter, strengthening bonds and creating shared moments of joy.

Participants also took part in meaningful teachings around coping systems, followed by thoughtful group discussions where many reflected on how the teachings connected to their own lives and healing journeys.

One of the most powerful moments of the week was the Sweat Lodge Ceremony. Rooted

in tradition and guided with respect, the ceremony provided a sacred space for prayer, renewal, and deep healing, strengthening spiritual, emotional, and cultural connections.

Each day closed with song, prayer, and gratitude, reinforcing the strong sense of unity that carried the group throughout the week. By the end of the program, there was a shared feeling of growth, connection, and hope, with many expressing how impactful and meaningful the experience was.

A heartfelt thank you to Mike James for facilitating this powerful wellness program and for sharing his knowledge, guidance, and care. Thank you as well to everyone who helped support the program and to all participants who showed up with courage, openness, and trust. Together, this week was a powerful reminder of the strength found in culture, community, and healing together.



## 2<sup>nd</sup> Wellness Gathering in Williams Lake

On January 28 and 29, 2025, Xat'sull First Nation (XFN) and Stswecem'c Xgat'tem First Nation (SXFN) came together to host the 2nd Annual Wellness Gathering at the Gibraltar Room in Williams Lake. This meaningful gathering created

a welcoming and respectful space for community members and families to connect, share, and learn ways to support overall well-being.

The two-day gathering focused on wellness, intergenerational

healing, trauma awareness, empowerment, leadership, and cultural connection. Participants engaged in thoughtful discussions, shared experiences, and moments of reflection that encouraged healing and strengthened community ties..







The event featured an inspiring lineup of speakers, including Mike James, Helen Knott, Danny Kennedy, Angela Clark and K.A.S.P. (Rob Sawan), who shared their stories, teachings, and lived experiences. Their voices sparked meaningful conversations and offered powerful perspectives on resilience, wellness, and community strength.

Facilitation support was provided by Gathering Our Medicine,

whose team guided the gathering with care, respect, and a culturally grounded approach. Participants also had access to a variety of wellness supports throughout the event. We extend our sincere appreciation to the wellness providers who shared their time and gifts:

Kristine Jensen – Healing Touch  
Corrissa Billyboy – Tarot Reading  
Ashley Camille – Reflexology  
Judy Ventry – Body Management

Tammy Dormuth - Guided Hands  
The 2nd Annual Wellness Gathering was made strong through collaboration, shared learning, and community participation. XFN and SXFN thank everyone who attended, supported, and helped bring this gathering together. The connections and teachings shared during these two days continue to move forward within our communities.



## Youth Wellness Gathering

On January 30 and 31, youth gathered in Williams Lake for an inspiring Youth Wellness Gathering filled with connection, creativity, and fun. The event featured an engaging presentation and interactive activities with Justin Young, as well as a powerful storytelling session with actor Kelly William, who also led a hands-on acting workshop focused

on improv, monologues, and creative self-expression.

Friday evening included an energetic live hip-hop performance by Vancouver emcee JB the First Lady, followed by her speaking presentation, "We Are the Medicine and International Strength," which left youth feeling empowered and inspired.

Throughout the gathering, youth also enjoyed a photo booth, activities from Mile High Bounce, interviews with community leadership, draws and prizes, and shared meals and snacks. Overall, the gathering created a welcoming and uplifting space that supported youth wellness, confidence, and community connection.





# Regulatory Update on Major Mines in the Xat'sül Territory

It has been an eventful few months on the regulatory front for all 3 mines, with some movement related to the proposed Spanish Mountain Gold Mine.

## Gibraltar:

Gibraltar Mine recently submitted its Life of Mine (LOM) expansion application, which proposed extending the permitted mine life to 2044. This application did not pass the Ministry of Mines and Critical Minerals' initial screening and will need to be fully resubmitted. Separately from the permitting process, Gibraltar was required to submit a Long-Term Water Management Plan in May 2025, addressing both surface and groundwater management. This submission also failed screening in August. Gibraltar resubmitted

the plan in December, and it was accepted on the condition that five additional supporting reports be completed and provided by March 2026.

## Mount Polley:

In November 2025, Mount Polley submitted their application to raise the Tailing Storage Facility to 987m. This follows the raise permitted in March 2025 to 974m (above sea level) which has been constructed. This application was found to be complete by the Ministry of Mining and Critical Minerals. XFN's subject matter experts are working on reviewing the application to provide input for the first round of the provincial review process.

## Cariboo Gold:

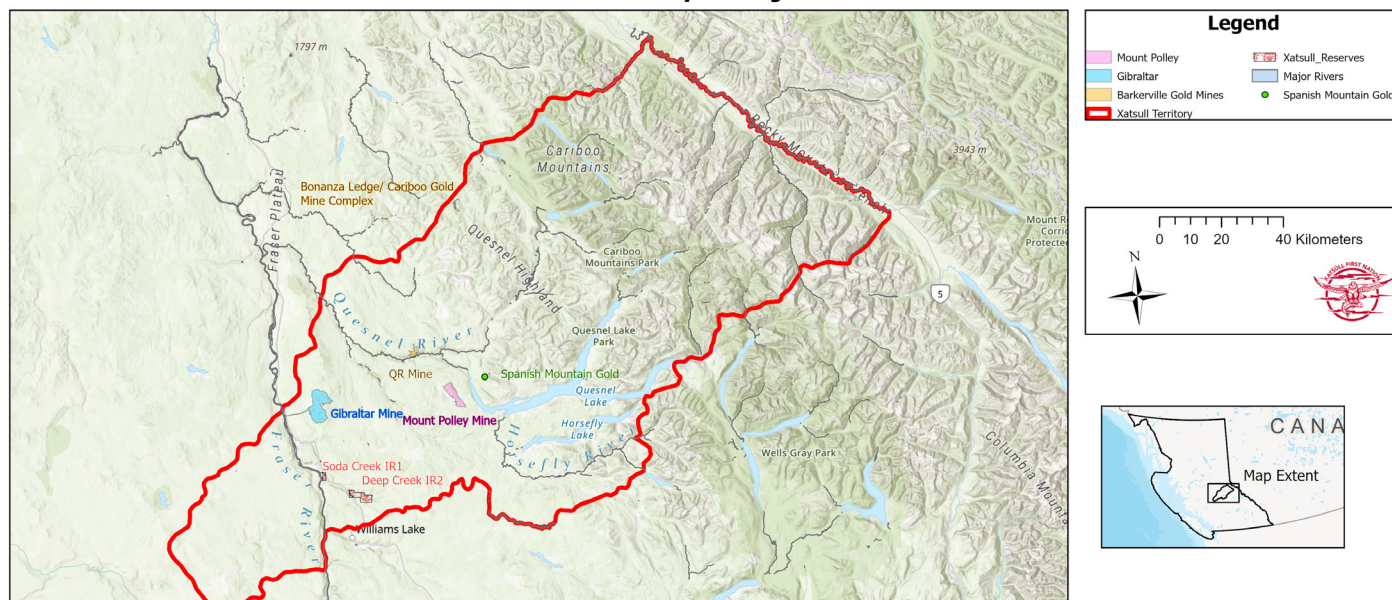
Earlier this month, Cariboo Gold

applied for an amendment to their Environmental Assessment Certificate. The change relates to the planned route of their transmission line. With the revised route, the transmission line would now be located completely outside of XFN territory.

## Spanish Mountain Gold:

This project has been in development for ~2 decades but has not been permitted into a mine yet. Recently, XFN was approached by BC Hydro to discuss the potential expansion of the McLeese Lake capacitor station. This upgrade would be needed if a new transmission line is built to supply power to the future Spanish Mountain Gold project site.

## Xat'sül First Nation Territory Major Mines





# Secwepemc Language Lessons

We are excited to begin offering Secwepemc language lessons for our community!  
Next lessons are on:

Tuesday's:

February 3, February 10, February 17,  
and February 24

**4:30 – 7:00 PM**  
**Health Board Room**

Instructor: Alicia Gilbert

Zoom Link: <https://us02web.zoom.us/j/81141304831>

*Food and snacks will be provided*  
*Everyone is welcome. Please RSVP for the classes by email or call:*



EDUCATION at 250-989-2323 ext 104  
or email [edassist@xatsull.com](mailto:edassist@xatsull.com)



# XFN Welcomes a New Employee to the Team



## Mikayla Kalelest Afterschool Coordinator

My name is Mikayla Kalelest, and I am from the Stswecemc Xget'tem First Nation.

In my free time, I find joy and fulfillment in playing video games with my family. It's a simple yet meaningful way to connect, have fun, and create lasting memories.

Being family-oriented is at the core of who I am; I cherish every moment spent with my loved ones.

We love going on family trips, exploring new places, and experiencing adventures together. These outings strengthen our bond and fill my heart with happiness.

Above all, I love being a mom. It's the most rewarding and fulfilling role in my life. My days revolve around my children, guiding and nurturing them as they grow. I also take pride in being an aunt, sharing love and joy with my nieces and nephews. For me, family isn't just a part of life — it's everything. They are my greatest blessing, and I cherish every moment I get to spend with them.

I have worked with children for

the past five years, and during this time, I discovered that working with children and youth is my true passion and the path I am meant to take in life. I am very excited to build connections with the children and members of the Xatsull community and to be part of their growth and development. As a mother of three, I cherish the opportunity to be involved in my children's lives and to see them connected with their community and nation. I am truly grateful to be part of the Xatsull team, and I look forward to this next step in my life's journey with such a great team and community.

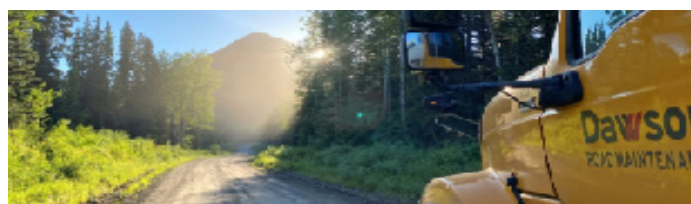
## Dawson Road Maintenance

Xats'ull Infrastructure recently met with Dawson Road Maintenance to discuss ongoing maintenance concerns related to Mountain House Road. During the meeting, Dawson Roads shared the following options for community members who may have concerns or complaints. If you have an issue with Mountain House Road, you can call **1-800-842-4122** to report your concern and request a call back. Community members can also visit the Dawson Roads website and submit a concern by clicking on the PCR (Public Complaints Response) tab and completing the online form. Dawson Roads advised that they aim to respond to all inquiries within 24 hours.

### Contact Dawson Road Maintenance

HAVE A QUESTION OR CONCERN FOR US?

**1.800.842.4122**





# COME AS YOU ARE SWEAT

Friday

**February 27, 2026**

12:00 - 5:00 PM

XFN Community Services Sweat Lodge

Sweat Lodge Keeper:

Bruce Baptiste

Everyone is welcome!

Lunch will be provided.

**FOR MORE INFORMATION  
CONTACT:**

**Courtney at  
250-989-2355 ext. 132**





# Hip Hop Dance Special Brings the Energy

The gym floor was packed with students, spectators, and dancers for the Hip Hop Dance Special, creating an electric and high-energy atmosphere. Halluci Nation's Electric Pow Wow Drum set the tone, drawing dancers of all ages onto the floor and turning the space

into a powerful celebration of movement and music.

A heartfelt thank you to Xat'sūll Education for generously donating 20 gift cards, which were handed out to participants during the event. The turnout and excitement were so strong

that the organizing committee has decided to make the Hip Hop Dance Special an annual event—and we hope to see everyone back again next year.

This event took place on January 30, 2026, at Columneetza Secondary School.



### XFN EMERGENCY CONTACTS

#### General

250-267-9771

#### Infrastructure & Housing Needs

250-267-9955

#### Health & Wellness, Child,

#### Family & Elders Needs

250-267-1152

#### Mental Health & Substance Use

### OTHER EMERGENCY CONTACTS

#### **Chiwid Transition House**

250-398-5658

#### **RCMP Victim Services**

250-392-8709

#### **Aboriginal Victim Services**

250-305-2350

#### **Suicide Crisis Line**

1-800-784-2433

#### **Gateway**

250-302-3261

#### **Hospital**

250-392-4411

#### **BC Nurses Help Line**

811

#### **Youth Help Line**

1-800-668-6868

#### **All Nations Healing House**

778-417-0405

#### **First Nations Health Authority**

1-855-550-5454

#### **AA Helpline**

1-604-434-3933

#### **Emergency**

911

#### **Three Corners Health Services**

250-398-9814

#### **Crisis Response Team**

250-305-8496

#### **Residential School Crisis Line**

1-866-925-4419

#### **Kids Help Phone**

1-800-668-6868

#### **Hope for Wellness Helpline**

1-855-242-3310



## ELDERS LUNCHEON

**FEBRUARY 11, 2026**  
**FEBRUARY 25, 2026**

**12:00 PM**

**XFN HEALTH BOARDROOM**

FOR MORE INFORMATION OR  
TO ARRANGE FOR A RIDE,  
PLEASE CALL

**250-989-2355**







# COMMUNITY TREATY MEETING



***Decentralized Governance Model  
Presentation***

THURSDAY



**FEBRUARY 19, 2026**



Doors open at 5:00 PM, Dinner is at 5:30 PM



XFN Gym

Zoom : <https://us02web.zoom.us/j/89824164901>



**Contact Jessie at 250-989-2323 ext 120,  
for rides or more information.**





# FEBRUARY COMMUNITY CALENDAR

## MONDAY, FEBRUARY 2

### COMMUNITY SERVICES

#### REFLEXOLOGY

**DATE:** Monday, February 2, 2026  
**TIME:** 9:00 a.m. - 4:00 p.m.  
**LOCATION:** Community Services  
**CONTACT:** Community Services Office  
 250-989-2355

### YOUTH

#### GYM SPORTS

**DATE:** Thursday, February 2, 2026  
**TIME:** 3:30 - 5 p.m.  
**LOCATION:** XFN Gym  
**INFO:** ages 5 - 12  
**CONTACT:** Justin: rtp@xatsull.com

### YOUTH

#### DROP IN YOUTH PROGRAM

**DATE:** Monday, February 2, 2026  
**TIME:** 5 p.m.  
**LOCATION:** XFN Gym  
**INFO:** ages 13 - 18  
**CONTACT:** Brityn at youth@xatsull.com

## TUESDAY, FEBRUARY 3

### COMMUNITY SERVICES

#### FOOD BANK

**DATE:** Tuesday, February 3, 2026  
**TIME:** 9 - 10:30 a.m.  
**LOCATION:** Band Office  
**CONTACT:** 250-989-2323

### COMMUNITY SERVICES

#### MASSAGE THERAPY

**DATE:** Tuesday, February 3, 2026  
**TIME:** 9:00 a.m. - 4:00 p.m.  
**LOCATION:** Community Services  
**INFO:** book appointment  
**CONTACT:** Community Services Office  
 250-989-2355

### YOUTH

#### ARTS & CRAFTS

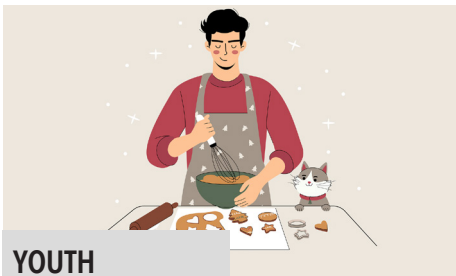
**DATE:** Tuesday, February 3, 2026  
**TIME:** 3:30 - 5 p.m.  
**LOCATION:** XFN Gym  
**INFO:** ages 5 - 12  
**CONTACT:** Justin: rtp@xatsull.com

### YOUTH

#### DROP IN YOUTH PROGRAM

**DATE:** Tuesday, February 3, 2026  
**TIME:** 5 p.m.  
**LOCATION:** XFN Gym  
**INFO:** ages 13 - 18  
**CONTACT:** Brityn at youth@xatsull.com

## WEDNESDAY, FEBRUARY 4



### YOUTH

#### COOKING

**DATE:** Wednesday, February 4, 2026  
**TIME:** 3:30 - 5 p.m.  
**LOCATION:** XFN Gym  
**INFO:** ages 5 - 12  
**CONTACT:** Justin: rtp@xatsull.com



YOUTH

**DROP IN YOUTH PROGRAM**

DATE: Wednesday, February 4, 2026  
TIME: 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

COMMUNITY SERVICES

**FITNESS CLASS**

DATE: Wednesday, February 4, 2026  
TIME: 5 p.m.  
LOCATION: XFN Gym

**THURSDAY, FEBRUARY 5**

COMMUNITY SERVICES

**GUIDED HANDS HEALING**

DATE: Thursday, February 5, 2026  
TIME: 9 a.m. - 4 p.m.  
LOCATION: Community Services  
CONTACT: Community Services Office  
250-989-2355

COMMUNITY SERVICES

**LUNCH & LEARN**

DATE: Thursday, February 5, 2026  
TIME: 12:00 - 1:00 p.m.  
LOCATION: Community Services  
CONTACT: Community Services Office  
250-989-2355

YOUTH

**KID'S CHOICE DAY**

DATE: Thursday, February 5, 2026  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 5 - 12  
CONTACT: Justin: rtp@xatsull.com

YOUTH

**DROP IN YOUTH PROGRAM**

DATE: Thursday, February 5, 2026  
TIME: 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com



COMMUNITY SERVICES

**SWIM NIGHT**

DATE: Thursday, February 5, 2026  
TIME: 6:30 p.m.  
LOCATION: Community Services  
INFO: call for rides  
CONTACT: Community Services Office  
250-989-2355

**FRIDAY, FEBRUARY 6**

COMMUNITY SERVICES

**COMMUNITEA 'STYHEYEM**

DATE: Friday, February 6, 2026  
TIME: 12 - 3 p.m.  
LOCATION: Health Boardroom  
CONTACT: Community Services Office  
250-989-2355

YOUTH

**BOARD GAMES**

DATE: Friday, February 6, 2026  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 5 - 12  
CONTACT: Justin: rtp@xatsull.com

YOUTH

**YOUTH BOARD GAME NIGHT**

DATE: Friday, February 6, 2026  
TIME: 5:00 - 6:30 p.m.  
LOCATION: XFN Gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

**SUNDAY, FEBRUARY 8**

COMMUNITY SERVICES

**SUN RUN TRAINING**

DATE: Saturday, February 8, 2026  
TIME: 9:00 a.m.  
LOCATION: XFN Gym  
CONTACT: Janae at chr@xatsull.com

YOUTH

**PUBLIC SKATING**

DATE: Sunday, February 8, 2026  
TIME: 4:30 - 5:30 p.m.  
LOCATION: Rec. Center WL  
CONTACT: Brityn at youth@xatsull.com

**MONDAY, FEBRUARY 9**

YOUTH

**GYM SPORTS**

DATE: Monday, February 9, 2026  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 5 - 12  
CONTACT: Justin: rtp@xatsull.com

YOUTH

**DROP IN YOUTH PROGRAM**

DATE: Monday, February 9, 2026  
TIME: 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

## TUESDAY, FEBRUARY 10

### COMMUNITY SERVICES

#### FOOD BANK

DATE: Tuesday, February 10, 2026  
TIME: 9 - 10:30 a.m.  
LOCATION: Band Office  
CONTACT: 250-989-2323

### COMMUNITY SERVICES

#### FOOT CARE

DATE: Tuesday, February 10, 2026  
LOCATION: Community Services  
INFO: book appointment  
CONTACT: Community Services Office  
250-989-2355

### COMMUNITY SERVICES

#### MASSAGE THERAPY

DATE: Tuesday, February 10, 2026  
TIME: 9:00 a.m. - 4:00 p.m.  
LOCATION: Community Services  
INFO: book appointment  
CONTACT: Community Services Office  
250-989-2355

### YOUTH

#### ARTS & CRAFTS

DATE: Tuesday, February 10, 2026  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 5 - 12  
CONTACT: Justin: rtp@xatsull.com

### YOUTH

#### DROP IN YOUTH PROGRAM

DATE: Tuesday, February 10, 2026  
TIME: 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

### SOCIAL DEVELOPMENT

#### INTERVIEW WEEK

DATE: Tuesday, February 10, 2026  
CONTACT: Jennifer at socdev@xatsull.com

## WEDNESDAY, FEBRUARY 11

### SOCIAL DEVELOPMENT

#### MID-MONTH

DATE: Wednesday, February 11, 2026  
CONTACT: Jennifer at socdev@xatsull.com

### SOCIAL DEVELOPMENT

#### INTERVIEW WEEK

DATE: Wednesday, February 11, 2026  
CONTACT: Jennifer at socdev@xatsull.com

### COMMUNITY SERVICES

#### FOOT CARE

DATE: Wednesday, February 11, 2026  
LOCATION: Community Services  
INFO: book appointment  
CONTACT: Community Services Office  
250-989-2355

### COMMUNITY SERVICES

#### ELDERS LUNCHEON

DATE: Wednesday, February 11, 2026  
TIME: 12 p.m.  
LOCATION: Community Services  
CONTACT: Community Services Office  
250-989-2355

### YOUTH

#### COOKING

DATE: Wednesday, February 11, 2026  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 5 - 12  
CONTACT: Justin: rtp@xatsull.com

### YOUTH

#### DROP IN YOUTH PROGRAM

DATE: Wednesday, February 11, 2026  
TIME: 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com



### COMMUNITY SERVICES

#### FITNESS CLASS

DATE: Wednesday, February 11, 2026  
TIME: 5 p.m.  
LOCATION: XFN Gym

## THURSDAY, FEBRUARY 12

### SOCIAL DEVELOPMENT

#### INTERVIEW WEEK

DATE: Thursday, February 12, 2026  
CONTACT: Jennifer at socdev@xatsull.com

### COMMUNITY SERVICES

#### HEALING TOUCH

DATE: Thursday, February 12, 2026  
TIME: 9:00 a.m. - 4:00 p.m.  
LOCATION: Community Services  
CONTACT: Community Services Office  
250-989-2355

### COMMUNITY SERVICES

#### LUNCH & LEARN

DATE: Thursday, February 12, 2026  
TIME: 12:00 - 1:00 p.m.  
LOCATION: Community Services  
CONTACT: Community Services Office  
250-989-2355



YOUTH

**KID'S CHOICE DAY**

DATE: Thursday, February 12, 2026  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 5 - 12  
CONTACT: Justin: rtp@xatsull.com

YOUTH

**DROP IN YOUTH PROGRAM**

DATE: Thursday, February 12, 2026  
TIME: 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 13 - 18  
CONTACT Brityn at youth@xatsull.com

**FRIDAY, FEBRUARY 13**

SOCIAL DEVELOPMENT

**HSE.HOLD BILLS & MTHLY RENEWAL FORMS DUE**

DATE: Friday, February 13, 2026  
CONTACT: Jennifer at socdev@xatsull.com

YOUTH

**PRO D DAY FUN DAY**

DATE: Friday, February 13, 2026  
TIME: 8:30 AM - 4:30 PM  
LOCATION: XFN Gym  
INFO: ages 5 - 12  
CONTACT: Justin: rtp@xatsull.com

COMMUNITY SERVICES

**COMMUNITEA 'STYEYEM**

DATE: Friday, February 13, 2026  
TIME: 12 - 3 p.m.  
LOCATION: Health Boardroom  
CONTACT: Community Services Office  
250-989-2355

**SUNDAY, FEBRUARY 15**

COMMUNITY SERVICES

**SUN RUN TRAINING**

DATE: Saturday, February 15, 2026  
TIME: 9:00 a.m.  
LOCATION: XFN Gym  
CONTACT: Janae at chr@xatsull.com

**MONDAY, FEBRUARY 16**

OFFICE CLOSED

**FAMILY DAY**

DATE: Monday, February 16, 2026

**TUESDAY, FEBRUARY 17**

COMMUNITY SERVICES

**FOOD BANK**

DATE: Tuesday, February 17, 2026  
TIME: 9 - 10:30 a.m.  
LOCATION: Band Office  
CONTACT: 250-989-2323

COMMUNITY SERVICES

**QÉLLMIN MOM'S LUNCHEON**

DATE: Tuesday, February 17, 2026  
TIME: 12:00 - 2:00 p.m.  
LOCATION: Community Services  
CONTACT: Community Services Office  
250-989-2355

COMMUNITY SERVICES

**MASSAGE THERAPY**

DATE: Tuesday, February 17, 2026  
TIME: 9:00 a.m. - 4:00 p.m.  
LOCATION: Community Services  
INFO: book appointment  
CONTACT: Community Services Office  
250-989-2355

YOUTH

**ARTS & CRAFTS**

DATE: Tuesday, February 17, 2026  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 5 - 12  
CONTACT: Justin: rtp@xatsull.com

YOUTH

**DROP IN YOUTH PROGRAM**

DATE: Tuesday, February 17, 2026  
TIME: 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

**WEDNESDAY, FEBRUARY 18**

YOUTH

**COOKING**

DATE: Wednesday, February 18, 2026  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 5 - 12  
CONTACT: Justin: rtp@xatsull.com

YOUTH

**DROP IN YOUTH PROGRAM**

DATE: Wednesday, February 18, 2026  
TIME: 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

COMMUNITY SERVICES

**FITNESS CLASS**

DATE: Wednesday, February 18, 2026  
TIME: 5 p.m.  
LOCATION: XFN Gym

## CALENDAR

### THURSDAY, FEBRUARY 19

#### COMMUNITY SERVICES

#### LUNCH & LEARN

**DATE:** Thursday, February 19, 2026  
**TIME:** 12:00 - 1:00 p.m.  
**LOCATION:** Community Services  
**CONTACT:** Community Services Office  
250-989-2355

#### YOUTH

#### KID'S CHOICE DAY

**DATE:** Thursday, February 19, 2026  
**TIME:** 3:30 - 5 p.m.  
**LOCATION:** XFN Gym  
**INFO:** ages 5 - 12  
**CONTACT:** Justin: rtp@xatsull.com

#### YOUTH

#### DROP IN YOUTH PROGRAM

**DATE:** Thursday, February 19, 2026  
**TIME:** 5 p.m.  
**LOCATION:** XFN Gym  
**INFO:** ages 13 - 18  
**CONTACT:** Brityn at youth@xatsull.com



#### COMMUNITY SERVICES

#### SWIM NIGHT

**DATE:** Thursday, February 19, 2026  
**TIME:** 6:30 p.m.  
**LOCATION:** Community Services  
**INFO:** call for rides  
**CONTACT:** Community Services Office  
250-989-2355

### FRIDAY, FEBRUARY 20

#### COMMUNITY SERVICES

#### COMMUNITEA 'STYEYEM

**DATE:** Friday, February 20, 2026  
**TIME:** 12 - 3 p.m.  
**LOCATION:** Health Boardroom  
**CONTACT:** Community Services Office  
250-989-2355



#### YOUTH

#### BOARD GAMES

**DATE:** Friday, February 20, 2026  
**TIME:** 3:30 - 5 p.m.  
**LOCATION:** XFN Gym  
**INFO:** ages 5 - 12  
**CONTACT:** Justin: rtp@xatsull.com

#### YOUTH

#### PAINTING NIGHT

**DATE:** Friday, February 20, 2026  
**TIME:** 5:00 - 6:30 p.m.  
**LOCATION:** XFN Gym  
**INFO:** ages 13 - 18  
**CONTACT:** Brityn at youth@xatsull.com

### SUNDAY, FEBRUARY 22

#### COMMUNITY SERVICES

#### SUN RUN TRAINING

**DATE:** Saturday, February 22, 2026  
**TIME:** 9:00 a.m.  
**LOCATION:** XFN Gym  
**CONTACT:** Janae at chr@xatsull.com

### MONDAY, FEBRUARY 23

#### YOUTH

#### GYM SPORTS

**DATE:** Thursday, February 23, 2026  
**TIME:** 3:30 - 5 p.m.  
**LOCATION:** XFN Gym  
**INFO:** ages 5 - 12  
**CONTACT:** Justin: rtp@xatsull.com

#### YOUTH

#### DROP IN YOUTH PROGRAM

**DATE:** Monday, February 23, 2026  
**TIME:** 5 p.m.  
**LOCATION:** XFN Gym  
**INFO:** ages 13 - 18  
**CONTACT:** Brityn at youth@xatsull.com

### TUESDAY, FEBRUARY 24

#### COMMUNITY SERVICES

#### FOOD BANK

**DATE:** Tuesday, February 24, 2026  
**TIME:** 9 - 10:30 a.m.  
**LOCATION:** Band Office  
**CONTACT:** 250-989-2323



#### YOUTH

#### ARTS & CRAFTS

**DATE:** Tuesday, February 24, 2026  
**TIME:** 3:30 - 5 p.m.  
**LOCATION:** XFN Gym  
**INFO:** ages 5 - 12  
**CONTACT:** Justin: rtp@xatsull.com



YOUTH

**DROP IN YOUTH PROGRAM**

DATE: Tuesday, February 24, 2026  
TIME: 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

**WEDNESDAY, FEBRUARY 25**

SOCIAL DEVELOPMENT

**SA-DAY**

DATE: Wednesday, February 25, 2026  
CONTACT: Jennifer at socdev@xatsull.com

COMMUNITY SERVICES

**PHYSIO**

DATE: Wednesday, February 25, 2026  
TIME: 9:00 a.m. - 12:00 p.m.  
LOCATION: Community Services  
CONTACT: Community Services Office  
250-989-2355

COMMUNITY SERVICES

**ELDERS LUNCHEON**

DATE: Wednesday, February 25, 2026  
TIME: 12 p.m.  
LOCATION: Community Services  
CONTACT: Community Services Office  
250-989-2355

YOUTH

**COOKING**

DATE: Wednesday, February 25, 2026  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 5 - 12  
CONTACT: Justin: rtp@xatsull.com

YOUTH

**DROP IN YOUTH PROGRAM**

DATE: Wednesday, February 25, 2026  
TIME: 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

**THURSDAY, FEBRUARY 26**



COMMUNITY SERVICES

**LUNCH & LEARN**

DATE: Thursday, February 26, 2026  
TIME: 12:00 - 1:00 p.m.  
LOCATION: Community Services  
CONTACT: Community Services Office  
250-989-2355

YOUTH

**KID'S CHOICE DAY**

DATE: Thursday, February 26, 2026  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 5 - 12  
CONTACT: Justin: rtp@xatsull.com

YOUTH

**DROP IN YOUTH PROGRAM**

DATE: Thursday, February 26, 2026  
TIME: 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

**FRIDAY, FEBRUARY 27**

COMMUNITY SERVICES

**COMMUNITEA 'STYEYEM**

DATE: Friday, February 27, 2026  
TIME: 12 - 3 p.m.  
LOCATION: Health Boardroom  
CONTACT: Community Services Office  
250-989-2355

YOUTH

**BOARD GAMES**

DATE: Friday, February 27, 2026  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 5 - 12  
CONTACT: Justin: rtp@xatsull.com

YOUTH

**MOVIE NIGHT**

DATE: Friday, February 27, 2026  
TIME: doors open at 5:30 p.m.  
LOCATION: XFN Gym  
MOVIE: Kubo & The Two Strings  
CONTACT: Brityn at youth@xatsull.com





# 2026!

## Want to attend GOV during Spring Break?

We have a limited number of tickets available for youth to attend the 'Gathering Our Voices' Youth Conference in Vancouver.  
Ages 14 - 24.

Attendees will take part in either a cultural or community-volunteering activity with the Education Department prior to GOV, in-person or virtual.

Transportation, accommodations, and chaperons will be provided.

### March 16 - 20

A wait-list will be created for any youth interested once all tickets are claimed.



To sign up or for more questions,  
please contact:



**youth@xatsull.com - 250-989-2323 ext 138**





First Nations Child  
and Family Services  
and Jordan's Principle

## **JORDAN'S PRINCIPAL & FIRST NATION CHILD AND FAMILY SETTLEMENT TEAM IS COMING TO XATS'ULL**



**MARCH 9 - 13, 2026**

10:00 AM - 3:00 PM



XFN Gym



Anyone with questions about submitting claims for the Removed Child or Removed Child Family Class is invited to stop by and access their support services.

More Information about this will be posted closer to the event!

**CONTACT JESSICA**

250-989-2355 ext 133    [familyengagement@xatsull.com](mailto:familyengagement@xatsull.com)



# **GROWING STRONG YOUTH CAMP**

**WITH ALEX CORDERO**

for Youth ages 13–18

**February 28 – March 1, 2026**

Overnight Camp at XFN Gym

## **Sign Up Details:**

- Please email Brityn at [youth@xatsull.com](mailto:youth@xatsull.com) for sign-up forms
- Sign-up forms due by: February 13 at 6:30 PM

Based in Vancouver, BC, Alex Cordero brings over two decades of coaching experience and a lifelong commitment to empowering others through sport, education, and mindset development.







## **ADMIN COMMUNICATIONS ASSISTANT**

**Type of Position: Full Time**

**Closing Date: Open until filled**

### **About the Position:**

Xat'sull First Nation (XFN), a dynamic Indigenous community, is seeking a dedicated and detail-oriented Admin Communications Assistant to join our team. Located near the vibrant city of Williams Lake, our Nation is deeply rooted in our rich heritage, culture, and breathtaking natural surroundings. With a population of 125 band members residing on-reserve and 300 off-reserve, our Nation continues to grow and prosper.

The Admin/Communications Assistant plays a key supportive role within the Treaty Department by providing day-to-day administrative assistance and supporting internal and external communications related to treaty negotiations, governance transition, and community engagement. Reporting to the Treaty Manager, this position helps ensure that operations run smoothly and that accurate and timely information is shared with Xat'sull leadership, community members, government representatives, and partner organizations.

**For the full job posting visit [xatsull.com](https://xatsull.com)**

3419 Mountain House Road, Williams  
Lake B.C., V2G 5L5 Phone: (250) 989-  
2323 / Fax: (250) 989-2300  
email: [hr@xatsull.com](mailto:hr@xatsull.com)  
[www.xatsull.com](https://www.xatsull.com)



# SELF-GOVERNANCE COORDINATOR

**Type of Position: Full Time**

**Closing Date: Open until filled**

### About the Position:

Xat'sull First Nation (XFN), a dynamic Indigenous community, is seeking a dedicated and detail-oriented Child and Family Jurisdiction Coordinator to join our team. Located near the vibrant city of Williams Lake, our Nation is deeply rooted in our rich heritage, culture, and breathtaking natural surroundings. With a population of 125 band members residing on-reserve and 300 off-reserve, our Nation continues to grow and prosper.

Reporting to the Treaty Manager, the Self-Governance Coordinator contributes to the overall success of the organization by working to negotiate and prepare the community for a post-Treaty self-governing environment in accordance with the vision, mission and objectives of the organization. The Self-Governance Coordinator is responsible for developing programs to build capacity, explore alternatives to Treaty, communicate, promote and revitalize cultural heritage and language. The Self-Governance Coordinator works to advance the Xat'sull First Nation's goal of self-government. This includes helping to further develop governance structures, as well as plan and initiate the transition from the Indian Act to a sovereign, self-governing community.

**For the full job posting visit [xatsull.com](http://xatsull.com)**

3419 Mountain House Road, Williams  
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[www.xatsull.com](http://www.xatsull.com)