



GROWING STRONG YOUTH CAMP

for Youth ages 13–18

WITH ALEX CORDERO

February 28 – March 1, 2026
Overnight Camp at XFN Gym

Sign Up Details:

- Please email Brityn at youth@xatsull.com for sign-up forms
- Sign-up forms due by: February 13 at 6:30 PM

Based in Vancouver, BC, Alex Cordero brings over two decades of coaching experience and a lifelong commitment to empowering others through sport, education, and mindset development.

