



# **GROWING STRONG YOUTH CAMP**

for Youth ages 13–18

**WITH ALEX CORDERO**

**February 28 – March 1, 2026**  
Overnight Camp at XFN Gym

## **Sign Up Details:**

- Please email Brityn at [youth@xatsull.com](mailto:youth@xatsull.com) for sign-up forms
- Sign-up forms due by: February 13 at 6:30 PM

Based in Vancouver, BC, Alex Cordero brings over two decades of coaching experience and a lifelong commitment to empowering others through sport, education, and mindset development.

