



# Fraser River Run

Monthly Newsletter of Xatsúll First Nation



**Xatsúll Walk the Talk for Abuse**

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**Pellsllwéltsten (everything leaves or sleeps month) – October 2025**

## Infrastructure Updates

We're happy to share some recent progress in our community! The ditching along Mountain House Road is now complete, and driveway culverts have been cleaned to improve water flow and safety. At Soda Creek, the new Triplex water line has been installed, helping ensure reliable water service. We've also installed a new generator at the Administration Building, providing added security and peace of mind during power outages.

## Walk the Talk for Abuse – A Journey of Strength and Awareness

In September 11, Xatsúll's Wellness Counsellor, Jennifer Phillips, invited community members to take part in Walk the Talk for Abuse. The walk began at the old Soda Creek Road cut-off in Williams Lake and continued all the way to the Xatsúll Heritage Village in Soda Creek, a powerful 37 km journey.

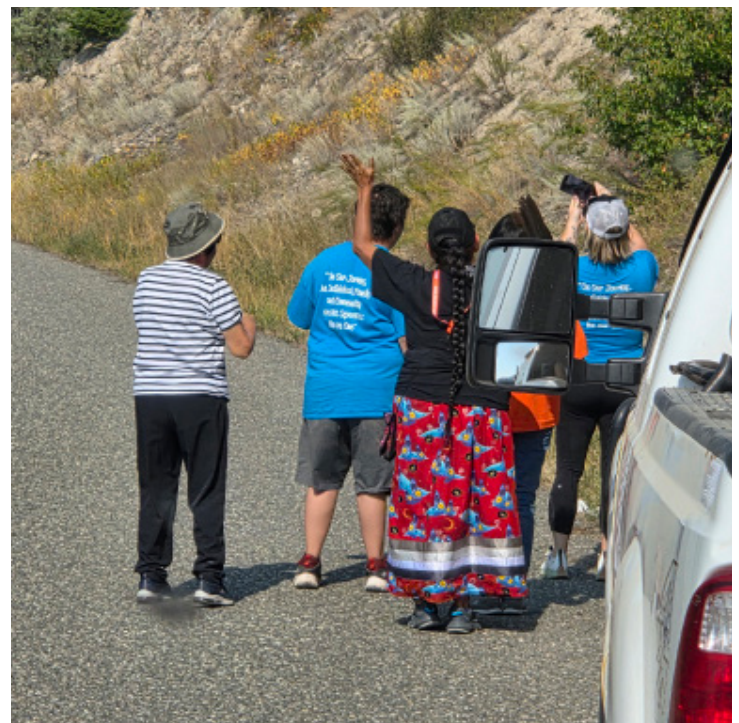
Though the day was hot and the air carried some smoke,

our dedicated walkers pressed on with determination, surrounded by the beauty of the land. A support truck followed along, offering water and refreshments to help them through the challenge.

By the time everyone reached the Heritage Village, there was a sense of exhaustion, but also pride and accomplishment. This walk was not just about distance,

it was about raising awareness, building understanding, and standing together against abuse.

A heartfelt thank you goes out to all who walked, and to those who encouraged them along the way. Your cheers, waves, and respect lifted the walkers' spirits and reminded us of the strength we hold as a community.





## Ashley Rankin, Director of Community Services

### Xat'sūll Community Services Update

Weykt-p,

As we continue moving through the year, I want to take a moment to share some updates from our Community Services Department and highlight what is coming up for our Nation. Our team has been hard at work across programs, from Health and Family Wellness to Traditional Wellness and Social Development, and the growth and commitment I see every day is something I feel honoured to witness.

#### Department Highlights

##### **Health:**

Our Health team continues to strengthen primary care access and trauma-informed, culturally grounded care. We are working closely with TCHSS to improve access to doctors, nurses, and essential services for our community. We are also incorporating more holistic wellness supports and are excited to welcome Kristine Jensen, who will be providing Healing Touch regularly, as

well as Guided Hands Healing Sessions with Tammy Dormuth. We are continuing to expand health promotion initiatives, including fitness, nutrition, and wellness challenges for all ages.

##### **Family Wellness:**

We recently concluded the Growth for a New Beginning: Violence Intervention & Prevention Program for Women with Jessica Walters. This program was a great success and saw strong participation, with 9 Xat'sūll women attending throughout the week. Our newest team member, Melisa Doucette, has hit the ground running by immersing herself in community events, building relationships with families, and learning as much as possible to fulfill her role.

We are still looking to add a Family Engagement Worker to our Family Wellness Team. This is a great opportunity for someone passionate about our children and community to be part of truly transformative work. As a Family Engagement Worker, you will join a dedicated

team working together to ensure our children are cared for in a way that reflects our own values, traditions, and choices.

This role is more than just a job. You will walk alongside families, build meaningful relationships, and help guide our Nation's journey toward child and family services that are truly community-driven. If you want to make a meaningful difference, contribute to something bigger, and stand with us in shaping the future for our children, this could be your place. This job posting can be found on our website and on indeed.

We are also collaborating with Knucwentuc Society to host a culture camp for youth and families on the weekend of October 18-19 at our Whispering Willows Campsite. Stay tuned for more details!

##### **Traditional Wellness:**

Our Wellness Counsellor, Jennifer Phillips, has been busy building up our traditional wellness programming and supports. Her regular



sweatlodge ceremonies and Wellbriety programs have been well attended, and we are continuing to expand on the traditional and on-the-land healing

aspects of our programming. Jennifer works to incorporate our traditional teachings into all programming involving wellness, families, and youth.

We are also excited to welcome a new team member starting the second week of October: Wellness Worker Courtney McKone. Courtney brings a wealth of knowledge and experience to our community, and her addition will increase our capacity to provide support to our members. Also coming up in October, Mike James will be in the community to help facilitate a **2 week Healing Program** for our members **October 20th to the 31st, from 10:00 am to 3:00 pm** each day during the week. Mike will also be assisting our Culture Camp to facilitate Traditional Games for our youth at Whispering Willows the weekend of October 18-19th.

This year we have some exciting additions for our participants, especially for our youth. Our registration is full for the event. However, there is always the chance for cancellations or last-minute changes, so reach out to our team if you haven't yet.

### **Social Development:**

Our Social Development

Program Manager, Jennifer Stinson, hosted a PAL course for our members just in time for our hunting camp. She will be looking at hosting another training in October or November for those who could not attend the first session. Jennifer continues to work hard to ensure our members have access to training opportunities and social assistance services.

We are also expanding supports in this area with help from Jessica Walters. You may know Jessica from CMHA, from some of her recent programming in our community, or as the former Health Director of Stswecem'c Xget'tem First Nation. Jessica brings extensive experience working with northern Secwépemc communities as well as mainstream services in Williams Lake, and she is excited to help our community members navigate anything they may need assistance with.

Jessica will be facilitating workshops such as: Anger Management, Mental Health Awareness, Addiction Education, Life Skills Development, Cognitive Behavioral Therapy (CBT), and Positive Decision-Making.

She will also provide Direct Support Services, including: Assistance with Persons with Disabilities (PWD) applications, Connections to legal aid and

CVAP, Support in understanding legal undertakings, Assistance with bail condition change requests, and Support with court-ordered supervised visits in collaboration with our Family Wellness Team.

### **Jurisdiction Work:**

Our working group will begin meeting soon, and we will be holding additional engagements with our community and Elders. Our initial goals are to build capacity and prepare our working group members and community for the work ahead. Before we start developing our laws as a community, our team and working group will share, research and compile important information to guide the process.

We still have a few vacant spots in our working group. This is a paid opportunity for members committed to doing better for our children and people. If you have knowledge or an interest in our traditional governance systems, family systems, our territory and laws of the land, our language, and who we are as a people, I encourage you to reach out to me to join the working group. We can expect to meet bi-weekly in the evenings, with additional sessions as we progress and as agreed upon by the group.

The working group will be assisted by a consultant group to guide the beginning process,

and training will be provided to members. Additionally, we will be requesting support from our language speakers, as it is through our language and our land that we will rediscover our laws as the people of Xatsúll. There will be multiple paid opportunities for language consultants from our community, and this can be done through a remote-working position.

Our team is growing in numbers and in capacity, but more importantly, in the strength of the connections we are building with our community. Every

program, every event, and every initiative is designed to support our community the way we best know how- guided by our values and a vision for a strong, healthy, and empowered Nation.

I am continually proud of the commitment and passion of our team, and I am inspired by the ways members of our community step up to support each other. Every community member and every team member has something important to offer. While there is much work ahead, I would like to take a moment to celebrate the success of this year

so far. That success is owed to every community member who showed up to make each event impactful, to each person who shows up to our office and shares their wisdom and medicine and feedback and guidance... and to each team member who has been dedicated to doing better and showing up in any way they can for our community. We are all learning, and together we are building something lasting: programs, services, and ways of being that reflect the heart and resilience of Xatsúll.

## New & Updated Assistance Programs

### NEW

#### Urgent Health Assistance Program (UHAP)

**WHO :** Xatsúll Members

**WHAT:** Assist with cost for urgent medical or health needs. Up to \$ 600/year

**COVERS:** Medical costs not covered by other benefits or programs such as:

- Prescriptions
- Medical supplies & equipment
- Dental or vision
- Emergency procedures
- Physical Therapy (with support letter)

An application is required,, please contact Community Services for more information.

### UPDATED

#### Elders Emergency Assistance Program

**WHO :** Xatsúll Elders (age reduced to 60+)

**WHAT:** Assist with cost for urgent unexpected needs. Up to \$ 500/year

**COVERS:** Unexpected costs not covered by other departments or programs such as:

- Emergency travel
- Appliance or home repairs
- Hydro, heating, or other essential bills
- Safety and wellness needs
- Unmet medical expenses not covered by UHAP

An application is required, please contact Community Services for more information.

**Xatsúll Community Services : 250-989-2355 or [healthreceptionist@xatsull.com](mailto:healthreceptionist@xatsull.com)**



## Marnie Sellars, Housing Manager

### Housing Report October 2025

Happy Fall

I can't believe how fast Summer flew by.

Now, it's time to start getting ready for the colder weather and watch the change in the landscape, it's a beautiful time. Hope you are all preparing for the changes coming up.

#### **Rent and Arrears**

Rent payments can be made at the Band Office by cash or by debit. If you are interested in making your payments by e-transfer, the email address to use is [finance@xatsull.com](mailto:finance@xatsull.com) just be sure to add in the notes, your name, unit number and what month you are paying for. If it is for arrears, please add your name and put that it is for arrears.

#### **House Inspections**

I will begin Basic Home Inspections on Monday October 6, 2025.

I will be contacting the homeowners in Soda Creek first and then I will make my way to the Deep Creek community.

Just a reminder, that these inspections will be for our files and to see what the condition of the house is in, so that we may plan for the future maintenance of the homes in the community.

#### **Rental Calculations**

I have been going over the rent amounts that are being charged to tenants and I have noticed that I will need to update tenant files, meaning that there will be some rent changes for tenants. Tenants will need to provide income verification for anyone 19+ who lives in the home. (T4's, last 2 pay stubs or a letter signed and dated from your employer stating your wage and regular working hours or a verification from the Social Development Coordinator stating your eligible shelter amount)

#### **Maintenance on Homes**

Rental Homes – Please call the Housing department to request services, if you cannot get a hold of me, please leave a message or send me a detailed email. If it is a plumbing issue and it needs to be looked at immediately, please contact Dennis.

\*Basic Maintenance needs to be

covered by all tenants.

In order for repairs and maintenance to continue on the homes, Everyone needs to continue paying their rent, as this is where the funds come from.

We will be keeping in contact with the Finance department to ensure that all rents are being paid.

We want to make sure that we are able to continue looking after the homes in our community, so please do your part by making sure that your monthly rent is being paid.

#### **Privately Owned Homes**

Maintenance on Privately Owned Homes is the responsibility of the Homeowner and the person/people living in the home. All costs are the responsibility of the Homeowner.

If you are on Income Assistance and your home needs maintenance, please contact Jennifer Stinson, Social Development Program Manager to see if the costs can be covered through her program.

### **Health Department and Housing**

If you feel that there is a problem in your home and it may be health related, please reach out to the Health department to see if there is assistance through the programs that they provide. I am happy to work with other departments to ensure that our members get the assistance that they need.

I'd like to take this time to say that I am happy to be working back in the community and to be working towards assisting our members with the betterment of the homes and ensuring that we can all work together. I'm happy and proud to see the growing changes that are happening for the community.

Take Care and I hope to see you all. Until next time.

### **Housing Applications**

If you need to update your contact details or income verification, please reach out to us at [housing@xatsull.com](mailto:housing@xatsull.com) or call 250-267-3782.

New housing applications are available anytime on our website at [xatsull.com](http://xatsull.com), or you can stop by the Band Office to pick up a form in person.

## **HOUSE FOR RENT**

3 bedroom home with 1 bath, located approximately 25 minutes north of Williams Lake and takes about 10 minutes to get to McLeese Lake. (Close to Gibraltar Mine) Has a new furnace, new deck, and new flooring in the living room, hallways, and bedrooms. Woodstove located in the sunken living room, which has an amazing view of the Fraser River. The home has hookups for a washer and dryer, and lots of space for storage. No smoking or partying. No inside pets allowed. (pet deposit if you have animals) \$1500 a month and a Damage Deposit. (\*Utilities not included).



Please contact Marnie Sellars at 250-267-3782, to set up a viewing.





## Justin Code Youth and Recreation Supervisor

student programming for creating space and offer opportunities for stepping towards what's next.

Modern poet James A. Pearson writes, "The invitation of fall is to loosen your grip on the person you've needed to be, in order to make space for the person you're becoming." I love the idea of autumn as an invitation – an invitation to try out different rhythms and fresh directions, to reconnect with community, to enjoy themes of harvest and gratitude, and to practice being present to all of the changing beauty around us. Seasons change - and so do we!



As we journey further into this fall season, our department team is looking forward to October's



I want to celebrate all the freshness of the new school year! It's been so wonderful having conversations with our students about all of their new classes, new friends, and new experiences they are trying out. During one of our program days, one of our students requested if they could read one of their new library books with us – YES! Absolutely. Bring on the new books! Of course, we've also been loving playing games/sports, trying new recipes, making beautiful art, and more! Lucky us.

By the time you read this newsletter, our team will be participating in the Heritage

Site gathering for the National Day of Truth and Reconciliation on September 30th. It is so precious to us to be able to take this time to celebrate the vibrant resilience and determination of our Xats'ull community members with all of you! Looking forward into October, Brityn has so many fantastic features scheduled on her calendar, including an overnight Prince George UNBC tour trip on Oct 24-25th for our teenagers. There will be full day Pro D programming on the 24th for our younger students, and we're also cooking up some plans with the Health Department team for a Halloween party at the end of the month! There's so many great opportunities coming our way daily and so many cool plans in the works - we're so excited to keep updating you all!

If you have any questions, concerns or feedback, please be sure to reach out to me at [rtp@xatsull.com](mailto:rtp@xatsull.com) or at my office number 250-989-2355 ext 152.







## Jennifer Stinson

### Social Development Manager

Hi everyone!

Just some gentle reminders:

All Income Assistance clients can receive earnings monthly without it affecting their Income Assistance. (please see table below). But if one does receive earnings more than the amount allowed, there will be deductions on their next Income Assistance

Earnings exemptions are as follows, before deductions:

<b>Single Employable / Employable Childless Couples</b>		<b>\$600.00/month</b>
<b>Employable Single Parents / Employable Couples with Children</b>		<b>\$900.00 / month</b>
<b>Single Parents / Couples with children with disabilities preventing regular work</b>		<b>\$1,080.00 / month</b>
<b>Couple w/one employable one PPMB(Person with Persistent Multiple Barriers)</b>		<b>\$1,80.00 / month</b>
<b>Couple w/both PPMB</b>		<b>\$1,080.00 / month</b>
<b>Disability Assistance Earnings Exemptions are as follows:</b>		<b>MAX ANNUALLY</b>
<b>Single PWD's</b>	<b>\$1,350.00 / month</b>	<b>\$16,200.00</b>
<b>Single Parent who is a PWD Client (Persons With Disabilities)</b>	<b>\$1,350.00 / month</b>	
<b>Couple with two adult I.A. Clients with one who is PWD Client, with children</b>	<b>\$1,620.00 / month</b>	<b>\$19,440.00</b>
<b>Couple with both adult I.A. Clients are PWD's with children</b>	<b>\$2,700.00 / month</b>	<b>\$32,400.00</b>

#### Cell Phone Bills:

Social Development Department pays for cell phone bills if one is on a contract. We are allowed to pay up to \$40.00 each month. The Income Assistance just needs to bring in their bill with **their account number and address of which Cell Phone Company they are dealing with.**



**Morgan Mueller**  
NR Coordinator

## NR Department News October 2025

### Forest Landscape Plans

Over the past couple of years, Xat'sull First Nation has been working in collaboration with Ministry of Forests staff and other First Nation Communities on two Forest Landscape Plans (FLPs) in the territory. These FLPs are for the Quesnel and Williams Lake Timber Supply Areas.

#### What is a Forest Landscape Plan?

A Forest Landscape Plan (FLP) is a new type of forest development plan that includes First Nation collaboration in the direction, design and implementation of forest management activities. They highlight sustainable resource management to address ecological challenges such as wildfire risk, biodiversity

loss, wildlife habitat risk and climate change impacts. The plans aim to combine First Nation Knowledge and Western scientific research.

#### The Quesnel FLP

The Quesnel FLP is structured around four key areas: Resilient Landscapes, Healthy Watersheds, Thriving Communities and Wildlife Habitat. There are five phases in the FLP planning process and the Quesnel FLP is currently in Phase 3 - Plan Development. This phase will include review of the draft management plan, socio-economic and environmental assessments and a proposed monitoring strategy. Phase 3 will conclude with the submission of the recommended FLP to the Chief Forester, with plan

establishment anticipated for the fall of 2026.

**The Williams Lake FLP** is currently in Phase 2 - Values Identification and Assessment. This phase seeks to explore and understand the current condition of identified values, including issues, opportunities and expectations for forest management. Values for this plan have been identified and categorized into the following main groups: Water, Wildlife Habitat Stewardship, Land and Communities.

If you have questions or would like more information on FLPs, please contact Morgan Mueller, Natural Resources Coordinator [nrcoordinator@xatsull.com](mailto:nrcoordinator@xatsull.com) 250-989-2323 ext. 160





# NATURAL RESOURCE COMMUNITY MEETING



TUESDAY  
**OCTOBER 7,  
2025**



DINNER 5:30 PM  
**6:00 PM**



**XFN GYM**

## TOPIC OF DISCUSSION

*Judicial review update  
and NR update*

Zoom Link :

<https://us02web.zoom.us/j/86552848830>



Contact Us

**250-989-2323**





# GENERAL BAND MEETING



**TUESDAY, OCTOBER 28, 2025**

**5:30 PM – XFN GYM**

**2024/2025 Audit Presentation**



Door Prizes & Dinner

Zoom link:

<https://us02web.zoom.us/j/85964421850>

**Contact Community Services to  
arrange for transportation**

**250-989-2355**

A Halloween-themed poster for the Xats'ull First Nation. The background is dark with a spider web in the top left, orange bats flying, and a witch's hat on the right. In the foreground, there are two glowing jack-o'-lanterns, a skull, a lantern, and a candle. The text is white and orange, with a date line and event details at the bottom.

XATS'ULL FIRST NATION

# HALLOWEEN PARTY

NOV. | 1 | 2025

5:00 PM XFN GYM

FIREWORKS - DOOR PRIZES - DANCING  
DINNER - PRIZES FOR BEST COSTUME



**WEDNESDAY, OCTOBER 1**

**HOUSING**

**HOUSING RENT DUE**

DATE: Wednesday October 1, 2025

**YOUTH**

**VISION BOARD WORKSHOP**

DATE: Wednesday October 1, 2025

TIME: 5 p.m.

LOCATION: Education

INFO: ages 13 - 18

CONTACT: Brityn at youth@xatsull.com

**COMMUNITY SERVICES**

**FITNESS CLASS**

DATE: Wednesday October 1, 2025

TIME: 5:30 p.m.

LOCATION: XFN Gym

**COMMUNITY SERVICES**

**ELDERS DAY**

DATE: Wednesday October 1, 2025

CONTACT: Community Services Office  
250-989-2355



**THURSDAY, OCTOBER 2**

**COMMUNITY SERVICES**

**GUIDED HANDS HEALING**

DATE: Thursday October 2, 2025

TIME: 9 a.m. - 4 p.m.

LOCATION: Community Services

CONTACT: Community Services Office  
250-989-2355

**YOUTH**

**KID'S CHOICE DAY**

DATE: Thursday October 2, 2025

TIME: 3:30 - 5 p.m.

LOCATION: XFM Gym

CONTACT: Justin: rtp@xatsull.com



**YOUTH**

**ATHLETIC EVENT**

DATE: Thursday October 2, 2025

TIME: 5 p.m.

LOCATION: XFN gym

INFO: ages 13 - 18

CONTACT: Brityn at youth@xatsull.com

**FRIDAY, OCTOBER 3**

**COMMUNITY SERVICES**

**COMMUNITEA 'STYEYEM**

DATE: Friday October 3, 2025

TIME: 12 - 3 p.m.

LOCATION: Health Boardroom

INFO: CONTACT: Community Services  
Office 250-989-2355

**YOUTH**

**BOARD GAMES**

DATE: Friday October 3, 2025

TIME: 3:30 - 5 p.m.

LOCATION: XFN Gym

CONTACT: Justin: rtp@xatsull.com

**YOUTH**

**LEARN TO COOK**

DATE: Friday October 3, 2025

TIME: 5 p.m.

LOCATION: XFN Gym

INFO: ages 13 - 18

CONTACT: Brityn at youth@xatsull.com

**COMMUNITY SERVICES**

**HUNTING CAMP**

DATE: Friday - Sunday October 3 - 5,

LOCATION: Gavin Lake

CONTACT: Community Services Office  
250-989-2355



**MONDAY, OCTOBER 6**

**YOUTH**

**GYM SPORTS**

DATE: Monday October 6, 2025  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
CONTACT: Justin: rtp@xatsull.com

**YOUTH**

**BAKING NIGHT**

DATE: Monday October 6, 2025  
TIME: 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

**COMMUNITY SERVICES**

**FULL MOON SWEAT LODGE FOR WOMAN**

DATE: Monday October 6, 2025  
TIME: 6 p.m.  
LOCATION: Community Services  
CONTACT: Jennifer at 250-267-2066

**TUESDAY, OCTOBER 7**

**COMMUNITY SERVICES**

**FOOD BANK**

DATE: Tuesday October 7, 2025  
TIME: 9 - 10:30 a.m.  
LOCATION: Band Office  
CONTACT: Community Services Office 250-989-2355

**COMMUNITY SERVICES**

**MASSAGE THERAPY**

DATE: Tuesday October 7, 2025  
TIME: 9:30 a.m. - 4:30 p.m.  
LOCATION: Community Services  
INFO: book appointment  
CONTACT: Community Services Office 250-989-2355

**SOCIAL DEVELOPMENT**

**INTERVIEW WEEK**

DATE: Tuesday October 7, 2025  
TIME: 1:30 - 3 p.m.  
LOCATION: Community Services  
INFO: For all I.A. Clients  
CONTACT: Jennifer at socdev@xatsull.com

**YOUTH**

**ARTS/CRAFTS**

DATE: Tuesday October 7, 2025  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
CONTACT: Justin: rtp@xatsull.com

**YOUTH**

**TUTERING/HOMEWORK**

DATE: Tuesday October 7, 2025  
TIME: 5 p.m.  
LOCATION: Education  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com



**NATURAL RESOURCES**

**NR MEETING**

DATE: Tuesday October 7, 2025  
TIME: 6 p.m.  
LOCATION: XFN Gym  
CONTACT: 250-989-2323

**COMMUNITY SERVICES**

**WELLBRIETY MEETING**

DATE: Tuesday October 7, 2025  
TIME: 7 p.m.  
LOCATION: Community Services  
CONTACT: Jennifer at 250-267-2066

**WEDNESDAY, OCTOBER 8**

**SOCIAL DEVELOPMENT**

**INTERVIEW WEEK**

DATE: Wednesday October 8, 2025  
TIME: 1:30 - 3 p.m.  
LOCATION: Community Services  
INFO: For all I.A. Clients  
CONTACT: Jennifer at socdev@xatsull.com

**COMMUNITY SERVICES**

**ADP LUNCH**

DATE: Wednesday October 8, 2025  
TIME: 12 p.m.  
LOCATION: Community Services  
CONTACT: Community Services Office 250-989-2355

**YOUTH**

**COOKING**

DATE: Wednesday October 8, 2025  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
CONTACT: Justin: rtp@xatsull.com

**YOUTH**

**YOUTH CHOICE**

DATE: Wednesday October 8, 2025  
TIME: 5 p.m.  
LOCATION: Education  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

**COMMUNITY SERVICES**

**FITNESS CLASS**

DATE: Wednesday October 8, 2025  
TIME: 5:30 p.m.  
LOCATION: XFN Gym  
CONTACT: Community Services Office 250-989-2355

## CALENDAR

### THURSDAY, OCTOBER 9

#### SOCIAL DEVELOPMENT

#### INTERVIEW WEEK

DATE: Thursday October 9, 2025  
TIME: 1:30 - 3 p.m.  
LOCATION: Community Services  
INFO: For all I.A. Clients  
CONTACT: Jennifer at socdev@xatsull.com

#### YOUTH

#### KIDS CHOICE' DAY

DATE: Thursday October 9, 2025  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
CONTACT: Justin: rtp@xatsull.com

#### YOUTH

#### ATHLETIC EVENT

DATE: Thursday October 9, 2025  
TIME: 5 p.m.  
LOCATION: XFN gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

### FRIDAY, OCTOBER 10

#### COMMUNITY SERVICES

#### COMMUNITEA 'STYAYEM

DATE: Friday October 10, 2025  
TIME: 12 - 3 p.m.  
LOCATION: Health Boardroom  
CONTACT: Community Services Office  
250-989-2355

#### YOUTH

#### BOARD GAMES

DATE: Friday October 10, 2025  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
CONTACT: Justin: rtp@xatsull.com

#### SOCIAL DEVELOPMENT

#### MONTHLY DECLARATION & HH BILLS DUE

DATE: Friday October 10, 2025  
LOCATION: Community Services  
CONTACT: Jennifer at socdev@xatsull.com

#### YOUTH

#### BOARD GAMES NIGHT

DATE: Friday October 10, 2025  
TIME: 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

### MONDAY, OCTOBER 13

#### BAND OFFICE CLOSED

#### THANKSGIVING

DATE: Monday, October 13, 2025

### TUESDAY, OCTOBER 14

#### COMMUNITY SERVICES

#### FOOD BANK

DATE: Tuesday October 14, 2025  
TIME: 9 - 10:30 a.m.  
LOCATION: Band Office  
CONTACT: Community Services Office  
250-989-2355

#### COMMUNITY SERVICES

#### MASSAGE THERAPY

DATE: Tuesday October 14, 2025  
TIME: 9:30 a.m. - 4:30 p.m.  
LOCATION: Community Services  
INFO: book appointment  
CONTACT: Community Services Office  
250-989-2355

#### YOUTH

#### ARTS/CRAFTS

DATE: Tuesday October 14, 2025  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
CONTACT: Justin: rtp@xatsull.com

#### YOUTH

#### TUTERING/HOMEWORK

DATE: Tuesday October 14, 2025  
TIME: 5 p.m.  
LOCATION: Education  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

#### COMMUNITY SERVICES

#### WELLBRIETY MEETING

DATE: Tuesday October 14, 2025  
TIME: 7 p.m.  
LOCATION: Community Services  
CONTACT: Jennifer at 250-267-2066

### WEDNESDAY, OCTOBER 15

#### YOUTH

#### COOKING

DATE: Wednesday October 15, 2025  
TIME: 3:30 - 5 p.m.  
LOCATION: XFMN Gym  
CONTACT: Justin: rtp@xatsull.com

#### YOUTH

#### WOOD PAINTING

DATE: Wednesday October 15, 2025  
TIME: 5 p.m.  
LOCATION: Education  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

COMMUNITY SERVICES

**FITNESS CLASS**

DATE: Wednesday October 15, 2025  
TIME: 5:30 p.m.  
LOCATION: XFN Gym  
CONTACT: Community Services Office  
250-989-2355

**THURSDAY, OCTOBER 16**

YOUTH

**KIDS CHOICE' DAY**

DATE: Thursday October 16, 2025  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
CONTACT: Justin: rtp@xatsull.com

YOUTH

**INTERNATIONAL TRIP  
INFO NIGHT**

DATE: Thursday October 16, 2025  
TIME: 5 p.m.  
LOCATION: Education  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

**FRIDAY, OCTOBER 17**

COMMUNITY SERVICES

**COMMUNITEA 'STYEYEM**

DATE: Friday October 17, 2025  
TIME: 12 - 3 p.m.  
LOCATION: Health Boardroom  
CONTACT: Community Services Office  
250-989-2355

YOUTH

**BOARD GAMES**

DATE: Friday October 17, 2025  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
CONTACT: Justin: rtp@xatsull.com

YOUTH

**LEARN TO COOK**

DATE: Friday October 17, 2025  
TIME: 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

**MONDAY, OCTOBER 20**

YOUTH

**GYM SPORTS**

DATE: Monday October 20, 2025  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
CONTACT: Justin: rtp@xatsull.com

YOUTH

**BAKING NIGHT**

DATE: Monday October 20, 2025  
TIME: 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

**TUESDAY, OCTOBER 21**

COMMUNITY SERVICES

**FOOD BANK**

DATE: Tuesday October 21, 2025  
TIME: 9 - 10:30 a.m.  
LOCATION: Band Office  
CONTACT: Community Services Office  
250-989-2355

YOUTH

**ARTS/CRAFTS**

DATE: Tuesday October 21, 2025  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
CONTACT: Justin: rtp@xatsull.com

COMMUNITY SERVICES

**MASSAGE THERAPY**

DATE: Tuesday October 21, 2025  
TIME: 12:00 - 8:00 p.m.  
LOCATION: Community Services  
INFO: book appointment  
CONTACT: Community Services Office  
250-989-2355

YOUTH

**TUTERING/HOMEWORK**

DATE: Tuesday October 21, 2025  
TIME: 5 p.m.  
LOCATION: Education  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

COMMUNITY SERVICES

**FITNESS CLASS**

DATE: Wednesday October 22, 2025  
TIME: 5:30 p.m.  
LOCATION: XFN Gym  
CONTACT: Community Services Office  
250-989-2355

COMMUNITY SERVICES

**WELLBRIETY MEETING**

DATE: Tuesday October 21, 2025  
TIME: 7 p.m.  
LOCATION: Community Services  
CONTACT: Jennifer at 250-267-2066

**WEDNESDAY, OCTOBER 22**

COMMUNITY SERVICES

**ADP LUNCH**

DATE: Wednesday October 22, 2025  
TIME: 12 p.m.  
LOCATION: Community Services  
CONTACT: Community Services Office  
250-989-2355



## CALENDAR

### SOCIAL DEVELOPMENT

#### SA DAY

DATE: Wednesday October 22, 2025  
CONTACT: Jennifer at socdev@xatsull.com

### YOUTH

#### COOKING

DATE: Wednesday October 22, 2025  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
CONTACT: Justin: rtp@xatsull.com

### YOUTH

#### YOUTH CHOICE

DATE: Wednesday October 22, 2025  
TIME: 5 p.m.  
LOCATION: Education  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

### THURSDAY, OCTOBER 23

### YOUTH

#### KIDS CHOICE' DAY

DATE: Thursday October 23, 2025  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
CONTACT: Justin: rtp@xatsull.com

### YOUTH

#### ATHLETIC EVENT

DATE: Thursday October 23, 2025  
TIME: 5 p.m.  
LOCATION: XFN gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

### COMMUNITY SERVICES

#### DIETICIAN

DATE: Thursday October 23, 2025  
LOCATION: Community Services

### FRIDAY, OCTOBER 24

### COMMUNITY SERVICES

#### COMMUNITEA 'STYEYEM

DATE: Friday October 24, 2025  
TIME: 12 - 3 p.m.  
LOCATION: Health Boardroom  
CONTACT: Community Services Office  
250-989-2355

### YOUTH

#### FULL DAY YOUTH PROGRAM

DATE: Friday October 24, 2025  
TIME: 8:30 a.m. - 4:30 p.m.  
LOCATION: XFN Gym  
CONTACT: Justin: rtp@xatsull.com

### YOUTH

#### TRIP TO PG

DATE: Friday - Saturday October 24 - 25,  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

### MONDAY, OCTOBER 27

### YOUTH

#### GYM SPORTS

DATE: Monday October 27, 2025  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
CONTACT: Justin: rtp@xatsull.com

### YOUTH

#### YOUTH CHOICE

DATE: Monday October 27, 2025  
TIME: 5 p.m.  
LOCATION: XFN Gym  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

### TUESDAY, OCTOBER 28

### COMMUNITY SERVICES

#### FOOD BANK

DATE: Tuesday October 28, 2025  
TIME: 9 - 10:30 a.m.  
LOCATION: Band Office  
CONTACT: Community Services Office  
250-989-2355

### YOUTH

#### ARTS/CRAFTS

DATE: Tuesday October 28, 2025  
TIME: 3:30 - 5 p.m.  
LOCATION: XFN Gym  
CONTACT: Justin: rtp@xatsull.com

### YOUTH

#### TUTERING/HOMEWORK

DATE: Tuesday October 28, 2025  
TIME: 5 p.m.  
LOCATION: Education  
INFO: ages 13 - 18  
CONTACT: Brityn at youth@xatsull.com

### XFN

#### GENERAL BAND MEETING

DATE: Tuesday October 28, 2025  
TIME: 5:30 - 8 p.m.  
LOCATION: XFN Gym  
CONTACT: 250-989-2323

### COMMUNITY SERVICES

#### WELLBRIETY MEETING

DATE: Tuesday October 28, 2025  
TIME: 7 p.m.  
LOCATION: Community Services  
CONTACT: Jennifer at 250-267-2066

**WEDNESDAY, OCTOBER 29**

YOUTH

**COOKING**

**DATE:** Wednesday October 29, 2025  
**TIME:** 3:30 - 5 p.m.  
**LOCATION:** XFMN Gym  
**CONTACT:** Justin: rtp@xatsull.com

YOUTH

**CANVAS PAINTING**

**DATE:** Wednesday October 29, 2025  
**TIME:** 5 p.m.  
**LOCATION:** Education  
**INFO:** ages 13 - 18  
**CONTACT:** Brityn at youth@xatsull.com

COMMUNITY SERVICES

**FITNESS CLASS**

**DATE:** Wednesday October 29, 2025  
**TIME:** 5:30 p.m.  
**LOCATION:** XFN Gym  
**CONTACT:** Community Services Office  
 250-989-2355

**THURSDAY, OCTOBER 30**

YOUTH

**KIDS CHOICE' DAY**

**DATE:** Thursday October 30, 2025  
**TIME:** 3:30 - 5 p.m.  
**LOCATION:** XFN Gym  
**CONTACT:** Justin: rtp@xatsull.com

YOUTH

**ARTHLETIC EVENT**

**DATE:** Thursday October 30, 2025  
**TIME:** 5 p.m.  
**LOCATION:** XFN gym  
**INFO:** ages 13 - 18  
**CONTACT:** Brityn at youth@xatsull.com

**FRIDAY, OCTOBER 31**

HALLOWEEN

**HAPPY HALLOWEEN**



**XFN EMERGENCY CONTACTS**

**General**

250-267-9771

**Infrastructure**

250-267-9955

**Housing**

**250-267-3782**

**Health & Wellness, Child,**

**Family & Elders Needs**

250-267-1152

**Mental Health & Substance Use**

250-267-2066

**OTHER EMERGENCY CONTACTS**

**Chiwid Transition House**

250-398-5658

**RCMP Victim Services**

250-392-8709

**Aboriginal Victim Services**

250-305-2350

**Suicide Crisis Line**

1-800-784-2433

**Gateway**

250-302-3261

**Hospital**

250-392-4411

**BC Nurses Help Line**

811

**Youth Help Line**

1-800-668-6868

**All Nations Healing House**

778-417-0405

**First Nations Health Authority**

1-855-550-5454

**AA Helpline**

1-604-434-3933

**Emergency**

911

**Three Corners Health Services**

250-398-9814

**Crisis Response Team**

250-305-8496

**Residential School Crisis Line**

1-866-925-4419

**Kids Help Phone**

1-800-668-6868

**Hope for Wellness Helpline**

1-855-242-3310



# CHIEF AND COUNCIL ASSISTANT

**Type of Position: Full TimePermanent**

**Closing Date: Open until filled**

## About the Position:

Xat'sull First Nation, a vibrant and growing Indigenous community near Williams Lake, is deeply connected to our rich heritage, culture, and beautiful natural surroundings. Our Nation remains committed to supporting the prosperity and well-being of our community members, with 125 members residing on-reserve and approximately 300 off-reserve.

Reporting directly to the Chief, the Chief and Council (C&C) Assistant provides administrative and logistical support to the Chief and Council of Xat'sull First Nation. This position focuses on managing scheduling, coordinating travel arrangements, assisting with report writing, and providing logistical support during meetings involving the Chief. The C&C Assistant ensures that leadership is well-prepared and organized, while also supporting the Executive Assistant in governance-related tasks as needed.

**For the full job posting visit [xatsull.com](http://xatsull.com)**

3419 Mountain House Road, Williams  
Lake B.C., V2G 5L5 Phone: (250) 989-  
2323 / Fax: (250) 989-2300  
email: [reception@xatsull.com](mailto:reception@xatsull.com)  
[www.xatsull.com](http://www.xatsull.com)



## WELLNESS WORKER

**Type of Position: Full Time Permanent**

**Closing Date: Open until filled**

### About the Position:

Xat'sull First Nation, a vibrant and growing Indigenous community, is located near the city of Williams Lake. Deeply connected to our rich heritage, culture, and stunning natural surroundings, our Nation is committed to fostering the well-being and development of our youngest members. With 125 band members residing on-reserve and 300 off-reserve, we continue to invest in programs that support our community's growth and prosperity.

Reporting to the Wellness Counsellor, the Wellness Worker contributes to the overall health and wellbeing of Xat'sull First Nation by promoting cultural healing and traditional wellness within the community. As an advocate for quality and culturally appropriate health services, the Wellness Worker supports programs and services for assessment and prevention, education and advocacy, crisis counselling, and after-care services focused on addictions, mental health, and traditional wellness.

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[www.xatsull.com](http://www.xatsull.com)





# HOUSING ASSISTANT

**Type of Position: Full TimePermanent**

**Closing Date: Open until filled**

### About the Position:

Xat'sull First Nation, a vibrant and growing Indigenous community near Williams Lake, is deeply connected to our rich heritage, culture, and beautiful natural surroundings. Our Nation remains committed to supporting the prosperity and well-being of our community members, with 125 members residing on-reserve and approximately 300 off-reserve.

Reporting to the Housing Manager, the Housing Assistant provides administrative and clerical support to ensure the smooth delivery of housing services. The Assistant plays a key role in maintaining accurate records, assisting with rent collection, supporting tenant communication, and coordinating maintenance requests. This position contributes to creating a safe and well-maintained living environment for community members by supporting the day-to-day operations of the Housing Department.

**For the full job posting visit [xatsull.com](http://xatsull.com)**

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[www.xatsull.com](http://www.xatsull.com)



## **HYDROPONIC GROWER**

**Type of Position: Full Time Permanent**

**Closing Date: Open until filled**

### **About the Position:**

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Reporting to the Director of Capital Infrastructure, the Hydroponic Grower is responsible for the hands-on care, growth, and harvesting of crops in our hydroponic farming facility. This role ensures that plants receive optimal nutrition, environmental conditions, and care, while meeting production and quality targets. The Hydroponic Grower will also monitor plant health, troubleshoot issues, maintain equipment, and ensure compliance with food safety and sustainability standards.

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# SELF-GOVERNANCE COORDINATOR

**Type of Position: Full Time Permanent**

**Closing Date: Open until filled**

## About the Position:

Xatsúll First Nation, a vibrant and growing Indigenous community, is located near the city of Williams Lake. Deeply connected to our rich heritage, culture, and stunning natural surroundings, our Nation is committed to fostering the well-being and development of our youngest members. With 125 band members residing on-reserve and 300 off-reserve, we continue to invest in programs that support our community's growth and prosperity.

Reporting to the Treaty Manager, the Self-Governance Coordinator contributes to the overall success of the organization by working to negotiate and prepare the community for a post-Treaty self-governing environment in accordance with the vision, mission and objectives of the organization. The Self-Governance Coordinator is responsible for developing programs to build capacity, explore alternatives to Treaty, communicate, promote and revitalize cultural heritage and language. The Self-Governance Coordinator works to advance the Xatsúll First Nation's goal of self-government. This includes helping to further develop governance structures, as well as plan and initiate the transition from the Indian Act to a sovereign, self-governing community.

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