



HEALING PROGRAM



WITH MIKE JAMES

OCTOBER 20-31, 2025

10 am - 3 pm

XAT'SULL GYM



Incentives for completing the program

Open to Xat'sull Community Members & Staff

Lunch & snacks are provided. Need to register & rides are available, contact Community Services 250-989-2355 or healthreceptionist@xatsull.com

Mike delivers programs on Ancient Traditional Native Games, Health & Wellness Issues, Culture, Suicide Prevention, etc. Mike's programs are very popular, successful and motivational; some communities have been utilizing his services for the past 40 years.

Mike is a certified Alcohol & Drug counselor, Sacred Bundle Carrier and Sacred Sweat Lodge Keeper. He conducts Ceremonies for numerous individuals of all Nations when requested.

Discussions and activities may include, but not limited to: Cultural Awareness, Health & Healing, Coping Mechanisms, Alcohol & Drugs, Sweat Lodge Ceremonies, Ancient Traditional Native Games, etc.

More information on Mike, his website: <https://aahngp.com/>