

"Cycles of Change"

Accessing the Medicine of Fall for Personal Transformation



November 6, 2025



12:00 - 2:00 PM



Community Services Boardroom

Ciel Patenaude from Three Corners Health Services Society will be joining us to present on how mental health connects to change, growth, and letting go of limiting beliefs. Participants will receive a small book on subconscious principles, ceremonial practices for release, and materials to support their own ceremonies at home.



Free Lunch & Door Prizes !



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