



Fraser River Run

Monthly Newsletter of Xats'ul First Nation



Bringing Our Children Home Gathering

Page 10

Pelltsíkenten (cache pit month) – September 2025

Elk in the Horsefly Area: Stewardship, Knowledge, and Respect

For generations, Xatsúll members have relied on elk (Tcetś) as food, teachings, and connection to the land. Elk once thrived across our territory, but numbers declined over the past century and are only now beginning to return. A small herd has recently reappeared in the Horsefly area. Provincial biologists counted only 57 animals in 2024, and little is known about their long-term health or habitat. With such a fragile population, XFN believes it is not yet strong enough to support harvesting.

While there is currently no open season for elk in the Cariboo region, and harvest by First Nations is limited, we recognize the importance of approaching this situation with caution and

respect for the land and the animals.

We respectfully ask members to voluntarily refrain from harvesting elk in the Horsefly area at this time. This is not a ban or directive, but a request rooted in our values of respect and responsibility, ensuring elk remain for future generations. At the same time, we recognize that elk herds in the Quesnel River area are at a higher population and can support community harvesting needs while work continues to better understand and monitor the Horsefly herd.

Xatsúll continues to uphold our inherent harvesting rights and is working with other Nations and the Province to improve monitoring and knowledge

about elk in our territory, supporting informed decision-making on the land. Your observations are a vital part of this work. If you have questions, information, or sightings to share, please contact our Lands and Natural Resources team. Together, let's ensure that elk continue to be a part of our Nation's story for generations to come.

Contact:

Emily Sonntag, Director of Lands and Natural Resources
lnrdirector@xatsull.com
250-989-2323 ext. 121

Morgan Mueller, Natural Resources Coordinator
nrcoordinator@xatsull.com 250-989-2323 ext. 160





From Kúkwpi7 Rhonda Phillips

Hi relatives, friends, and community members,

I hope this message finds you well as you and your families prepare for going back to school or simply to adjust to the fall season.

Earlier this summer, we were involved in a judicial review regarding decisions made about the Mount Polley mine. The judge was expected to return with a decision on the injunction of the TSF raise but instead chose to provide an oral decision on the entirety of the judicial review. While the outcome was not in our favour, we continue moving forward together, finding strength in our community and resilience as a Nation.

This summer has been a time to reflect, reconnect, and renew our spirits. It has been uplifting to see so many gatherings in the community and families coming together to share laughter, learning, and support. These

moments remind us of our strength and unity as a Nation.

It was nice to look out my window this summer and see the smoke from the smokehouses drifting into the lower part of our community. We were blessed with an abundance of salmon, which nourished families and strengthened our ties to the land and waters. At the same time, information was shared through a salmon sampling event that gave people the chance to learn more about how fish are tested.

As we move into the fall, there will be important opportunities for engagement with the community, including:

- ☐ Annual General Meeting (AGM)
- ☐ Natural Resources Updates
- ☐ Treaty Updates
- ☐ Specific Claims Update
- ☐ Community Services Update

Please keep an eye out for postings, your voices and participation are important as we continue to shape our path forward.

I want to thank our members for coming out to events, taking part in meetings, and representing the Nation in a good way. Your involvement makes a difference and shows the strength and

unity of Xatśúll.

If you have any questions or would like to share your concerns, please don't hesitate to reach out. I look forward to continuing this work together with respect, reflection, and hope for the future.

Rhonda Phillips, Kukpi7



Housing Report

Hello All

I hope you've been having an amazing summer and are enjoying the weather.

To me it seems that Summer has come and gone and the days are getting chillier already, but I'm still enjoying what's left of it. There seems to be so much going on in the surrounding communities, it's great to see and hear about everyone's adventures and community functions. It's getting to be that time where everyone is preparing for the next season. People are fishing, hunting and getting their wood for the colder months. I hope you all enjoy the rest of your summer.

As for work, I've been keeping myself busy with getting reacquainted with the Housing department and the programs. A lot of it is going through past emails and files, getting updated on how the renovation programs work and what it takes to get our paperwork in order, which is a big task. One of the biggest things for me is the New Housing that is going on in our community. I am so happy to see that our community is building new units, especially since the last new housing that we had in our community was in 2000.

I think Simon did a good job and worked hard in bringing new

housing back to our community. When ISC (Indigenous Services Canada) did an expression of interest for the multi-plexes, Simon jumped at the opportunity and started the process for our Band to be apart of the call-out. It's great to see our Chief and Council support these types of funding opportunities for our community, as it is very much needed. Bringing new housing to the community has taken a lot of work to the Housing and Infrastructure department. So, a big thank you to Dennis and his team, who are still working hard at ensuring that things run as smoothly as they can and thank you to Simon, who worked hard at applying and maintaining the process of new housing in the community. The new multiplexes mean that more members can apply for housing, especially since we are in the process of building 5 multiplex buildings and each building has 3 rental units in each building. So, that means that there will be 15 new units. (3 are being built in Soda Creek and 2 are being built in Deep Creek) Yahoo Xatsull!!! 12

With new housing, that means that the Band needs to ensure that we run the Rental program, so that it benefits the community as a whole. Rent needs to be paid on all of the rentals in the community, as the rent is what generates the funding for the

homes to be maintained and to ensure that the insurance is paid and repairs and maintenance can be done.

So, if you are interested in moving back to the community, please ensure that your application is up to date and that all paperwork required, is attached to your application. (Update your application if it's been a while since you submitted one. The application can be found on the Xatsull First Nation website, or picked up at the office)

Reminder: If you have arrears with the Xatsull First Nation, please contact the Housing Department to set up a repayment plan. We look forward to working with all of our members so that everyone can benefit from the new housing coming into the community. *We want to ensure that the repayment plan works for everyone. 12

Rent payments can be made at the Band Office by cash or by debit. If you are interested in making your payments by e-transfer, the email address to use is finance@xatsull.com, just be sure to add in the notes, your name, unit number and what month you are paying for. If it is for arrears, please add your name and put that it is for arrears.

In the near future, I would like

to start with the inspection of housing units in the community. When I last worked for the Band in the Housing department, it was just basic inspections that I would do. But, doing these basic inspections allowed me to get a better understanding of the condition of the homes in our community, which also

allowed me to know which houses needed work. So, reach out and let me know if you're interested and I will get a list started.

That's it for now. (Big list, but it lets you know what I will be working towards in the Housing Department)

Take Care, and again, enjoy the rest of your summer.

Respectfully,
Marnie Sellars
Housing Manager
Xat'sūll First Nation

Xat'sūll Community Garden is Thriving!

We're thrilled to share how beautifully our Xat'sūll First Nation community garden has blossomed this season! From vibrant green peppers and zucchini to fresh parsley, beans, and juicy tomatoes, the garden is overflowing with healthy, homegrown produce.

Our community members are already enjoying the fruits (and veggies!) of this labor, with fresh ingredients being used to prepare nutritious and delicious meals for our elder luncheons. It's inspiring to see how this garden brings fresh flavors to our luncheons.

A big thank you to everyone who has helped nurture the garden, your care and dedication are making a difference in the health and wellbeing of our community.

Here's to a season full of growth, flavor, and community spirit!



XFN Welcomes New Employees to the Team



John Cai Groundskeeper

Hello everyone,
my name is John Cai. By trade I am an electrician. I moved from Alberta to BC to be the new Groundskeeper for XFN. I am very happy and excited to meet everyone and to be part of the team.



Char Appleton Daycare Cook

Hello, my name is Char. I like to cook and bake. I have 7 grandkids and 2 great grand kids. I like to learn something new every day. I am excited to cook for the children at Tiny Creek Day Care.



Tristan Duffy Water Operator / Maintenance Worker

Hello my name is Tristen Duffy I used to work as a maintenance personal at Nenqayni. I am very excited to work for Xat'sūll First Nation and be part of the team.

A 'Thank You' to Xatsúll Education

A huge 'Thank You' to Xatsúll Education for their help sponsoring the HipHop special at the Lhtako Dene Nation Pow Wow on Aug 3. It was so awesome to see the arbor with kids, Kye'7es, and community members of all ages dancing to 'Electric Pow Wow Drum' by Halluci Nation! The dance special was so fun that the emcee invited award winning Indigenous rapper 'KASP' to quickly perform.

Winners were picked by the security crew; 3rd place- Colleen Johnson (78yrs), 2nd place- Randy Watchmaker,

1st place- Isabella Marie (12yrs).


The HipHop special was greatly enjoyed, with one committee

member saying it was her favorite part.


Again, Thank you Lucas & Yanos

<https://www.youtube.com/live/IUyhhyYU3c0>





Education Call Out



We still have outdated parent/guardian information. We are kindly asking parents/guardians who are living at home with children in K-12, to please get in touch with the Education Department to update your contact information and home address (please include the children's names and grades). If you submitted a K-12 student waiver earlier this year, we already have your information on file, so there is no need to contact us in that case. We really appreciate your cooperation so we can update our contact list and prepare for the 2025/2026 school year.

Call 250-989-2323, Ext: 151, or email
edcoord@xatsull.com

49th Annual First Nations Elders Gathering

On August 26–27, 2025, the 49th Annual First Nations Elders Gathering took place in Vancouver, bringing together First Nations communities from across British Columbia. This annual event is a sacred and meaningful time, where Elders share their wisdom, stories, and teachings, and where younger generations are able to listen, learn, and grow alongside them.

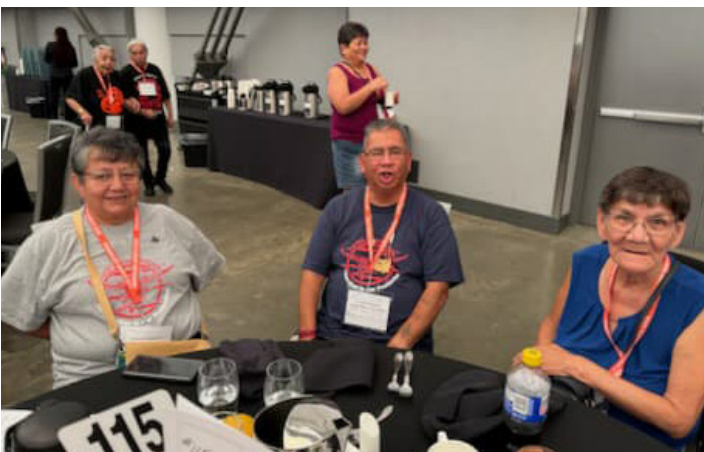
The intent of the Elders Gathering has always been to strengthen social and communal bonds, uniting Elders and their

families into one collective circle. This year's gathering did just that, offering opportunities to rekindle old friendships, form new kinships, and celebrate the diversity and richness of First Nations cultures and traditions.

For the Xatśúll Elders who attended, the experience was deeply meaningful. They shared in ceremony, conversation, and laughter, while also reflecting on the importance of passing down teachings to ensure that future generations remain strong in culture and identity.

In today's rapidly changing world, the Elders Gathering serves as a reminder of the balance that comes from honoring our knowledge keepers. It is a time for hearts to connect, wisdom to be shared, and respect to flow across generations and Nations alike.

We return from this gathering with gratitude for the stories, the teachings, and the powerful reminder that our Elders carry the medicine of love, strength, and resilience for all of us.



9th Annual Salmon Sampling

On August 21, 2025, Xatśúll First Nation hosted the 9th Annual Salmon Sampling Event at the Xatśúll Heritage Village. This event is part of the Fraser River Salmon Sampling Program, a yearly initiative since 2016 with Xatśúll First Nation and Taseko Mines' Gibraltar Mine.

This year has proven to be a strong salmon run in the Fraser River, and it was wonderful to see the river alive with so many fish. Enough salmon were caught for Environmental Dynamics Inc. (EDI) from Prince George to collect the samples needed for their lab work. Beyond the important research, the event was also a celebration, bringing together community members to share food, laughter, and stories. Salmon caught during the event were shared, and community members were able to take salmon home to their families.

A heartfelt thank you goes out to Mike Stinson, Darrin Sargent, and Sean Sargent-Gray for dip netting all the salmon for us, and to Jennifer Phillips for offering the opening and closing prayers. We also thank EDI Prince George, Gibraltar Mine and the Lions Club and CJ's Catering for the delicious food, and all the Xatśúll staff and community members for their support in making this event a success.



Bringing Our Children Home Gathering



From August 5 to August 10, 2025, our community came together in a truly powerful way to honour our children, our culture, and one another. From the very first welcoming drumbeat on Day One to the last joyful dance on Day Five, this week was filled with moments of laughter, learning, healing, and reconnection.

Each day brought its gifts. We created beautiful ribbon

skirts and shirts, worked hides with care, learned quillwork Teachings, and practiced traditional weaving. Over several days, we witnessed a baby basket demonstration by a community member, learned ribbon skirt making, explored language teachings, took a guided tour of Blue Lake, and enjoyed time by the water, sharing meaningful experiences and connection throughout.

There was plenty of fun for the youth and young-at-heart: games, mini golf, two huge bouncy castles, and creative crafts kept smiles bright all week long. In the evenings, we gathered for movies under the stars, shared music that lifted our spirits, and enjoyed meals that warmed both body and heart. For those seeking quieter moments, the river offered peaceful places for reflection,





drumming, and grounding.

One of the most moving parts of the week was the way generations came together: Elders, youth, knowledge keepers, and families, to share teachings, stories, and skills. This was not only an event, but a living expression of our commitment to cultural revitalization and healing.

We are deeply grateful to

everyone in our community who came out to make this week so special. A heartfelt thank you to Sabrina Sullivan, who led the planning and organizing for countless hours to make this gathering possible, and to the entire XFN team, our youth, Elders, knowledge keepers, and volunteers who shared their time, energy, and knowledge. Our community is so full of good medicine, love, and strength.



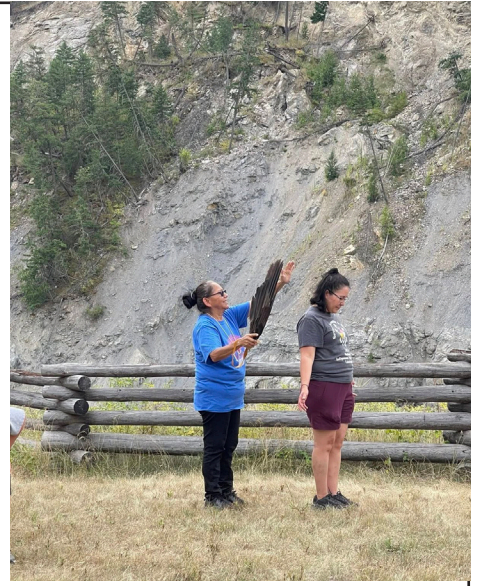
This event has reminded us that Bringing Our Children Home is more than an event; it is an ongoing journey of love, culture, and connection.

We end this gathering feeling stronger, more connected, and ready to carry this important work forward together.

Until next year's camp



Continue: Bringing our Children Home Gathering





Vinaigrette Recipes from our Medicine Walk

The vinaigrettes to the left were made after the medicine walk with Torey Lee, Master Herbalist at the Xat'sūll Heritage Village for the 'Bringing Our Children Home' gathering. There was many medicines that we learned about on the walk about. As well, we did see dried saskatoon berries, wild onion and tarragon too.

***Onion honey**, to make it fill jar with sliced wild onions (q_wléwe) or red onion. Next fill far with honey. Cover with a lid and let sit for 2-3 days, a week is best. Strain and keep in a jar.



Saskatoon (speqpeq) Vinaigrette

Ingredients:

- 1/4 cup saskatoon vinegar
- 2 tsp lemon juice
- 1/2 cup extra virgin olive oil
- 2 tbsp onion honey
- 1/2 tsp thyme
- Pinch of salt
- Pepper to taste

1. Combine all ingredients and shake the jar or container to combine.



***Saskatoon vinegar**, to make fill a jar with saskatoon berries. Next fill jar with apple cider vinegar. Mash the berries. Cover with a lid and let sit in a cool place for two weeks. Strain and keep in a jar.



Tarragon (skek'elmínt) Vinaigrette

Ingredients:

- 1/4 cup tarragon vinegar
- 1 tbsp fresh chopped tarragon
- 1/2 cup extra virgin olive oil
- 1 tbsp onion honey
- 2 tsp Dijon or brown deli mustard
- 3/4 tsp salt
- Pepper to taste

1. Combine all ingredients and shake the jar or container to combine.



***Tarragon vinegar**, to make fill a jar with chopped tarragon leaves. Next fill jar with apple cider vinegar. Cover with a lid and let sit in a cool place for two weeks. Strain and keep in a jar.



Justin Code, Youth and Recreation Supervisor

Summer is complete! The memories and gratitude linger on as we celebrate all of the amazing accomplishments of our department staff, summer workers, and program attendees, as well as reflect on all of the cool and amazing things we've gotten to try out during these months.



We could not have done this summer without our amazing summer student workers – Arianna Harry, Ali Sparks-Phillips, Tyler Tweedie-Phillips, Memphis Sellars, Harlow Anderson, Felicity Sellars, and Raykwon Billyboy. Thank you, team! We are so ever-grateful

to all of you for all of your hard work and care in our program, assisting with activities, special trips, cleaning, food prep/service, and more! We also want to extend a grateful thank you to all of our program guest educators and collaborators – it's been so wonderful having so much amazing wisdom and expertise shared with our students. Additionally, none of this programming would execute well without the support and leadership of our extended Education Department team. Huge thank you to youth worker Brittyn Hinsche for all of her daily hard work, creative output, and enthusiastic energy, as well as Yanos, Krista, Stacy, Lisa, Keegan, and others for all of their support and on-call help.

Of course, August was just as amazing as our July month! Some of our favourite activities included making crafty creatures with Mary Harry, learning about the sweat lodge with Jennifer Phillips, learning about plants and herbs with Tori Lee at Friday styéy'em, building outdoor "brave spaces" with Robin Willems (CMHA), learning fire-making and safety with Mark Gill ("Wild and Immersive"/ UBC Research Forest), going to Barkerville for the day with our department team, participating

in our community Youth Wellness event, winning awesome prizes while playing Bingo, partying it up with our "Ultimate Birthday Party" theme day, and, of course, trying lots of fun games and sports!



Looking into the fall, Brittyn and I are excited to ease into steady older youth programming options, as she has so many exciting ideas to offer. Of course, we'll be back into afterschool programming with our elementary-age group, too! It's going to be such a great school year.

If you have any questions, concerns or feedback, please be sure to reach out to me at rtp@xatsull.com or at my office number 250-989-2355 ext 152.



Lisa Anderson Tiny Creek Daycare Manager

Weyt-kp!,
We hope you've had a wonderful summer!

It's been a season full of growth and fun at Tiny Creek Daycare. We're excited to share that our enrollment has grown to 9 children, and we've had a

fantastic time exploring and learning together.

This summer, we enjoyed several enriching field trips, including visits to the Xat'sull Heritage Site, Scout Island, and a farm in Wildwood. We were also fortunate to take part in a medicine walk with Mary Harry and learn about the sweat lodge with Jennifer Phillips, experiences that added great cultural value to our program.

As summer comes to a close, we celebrated and said a heartfelt

goodbye to our graduates who are now off to kindergarten. We're so proud of them and wish them all the best in their next chapter.

With a few children moving on, we now have a couple of spaces available. If you're interested in enrolling, please reach out to us at daycare@xatsull.com to inquire about availability.

Kukwstsétsemc,
The Tiny Creek Daycare Team





MONDAY, SEPTEMBER 1

OFFICE CLOSED

LABOUR DAY

DATE: Monday September 1, 2025

HOUSING

**MONTHLY HOUSING
RENT DUE**

DATE: Monday September 1, 2025

TUESDAY, SEPTEMBER 2

COMMUNITY SERVICES

FOOD BANK

DATE: Tuesday September 2, 2025
TIME: 9 - 10:30 a.m.
LOCATION: Band Office
CONTACT: Community Services Office
250-989-2355

COMMUNITY SERVICES

WELLBRIETY MEETING

DATE: Tuesday September 2, 2025
TIME: 7 p.m.
LOCATION: Community Services
CONTACT: Jennifer at 250-267-2066

WEDNESDAY, SEPTEMBER 3

COMMUNITY SERVICES

PHYSIO THERAPY

DATE: Wednesday September 3, 2025
LOCATION: Community Services
INFO: book appointment
CONTACT: Community Services Office
250-989-2355

YOUTH

COOKING

DATE: Wednesday September 3, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com



COMMUNITY SERVICES

FITNESS CLASS

DATE: Wednesday September 3, 2025
TIME: 5:30 p.m.
LOCATION: XFN Gym
CONTACT: Community Services Office
250-989-2355

THURSDAY, SEPTEMBER 4

COMMUNITY SERVICES

GUIDED HANDS HEALING

DATE: Thursday September 4, 2025
TIME: 9 a.m. - 4 p.m.
LOCATION: Community Services
CONTACT: Community Services Office
250-989-2355

YOUTH

'KIDS CHOICE' DAY

DATE: Thursday September 4, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com

FRIDAY, SEPTEMBER 5

COMMUNITY SERVICES

COMMUNITEA 'STYEYEM

DATE: Friday September 5, 2025
TIME: 12 - 3 p.m.
LOCATION: Health Boardroom
CONTACT: Community Services Office
250-989-2355

YOUTH

BOARD GAMES

DATE: Friday September 5, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com

SUNDAY, SEPTEMBER 7

COMMUNITY SERVICES

FULL MOON SWEAT LODGE FOR WOMAN

DATE: Sunday September 7, 2025
TIME: 6 p.m.
LOCATION: Community Services
CONTACT: Jennifer at 250-267-2066

MONDAY, SEPTEMBER 8

YOUTH

GYM SPORTS

DATE: Monday, September 8, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com

TUESDAY, SEPTEMBER 9

COMMUNITY SERVICES

FOOD BANK

DATE: Tuesday, September 9, 2025
TIME: 9 - 10:30 a.m.
LOCATION: Band Office
CONTACT: Community Services Office
250-989-2355

COMMUNITY SERVICES

MASSAGE THERAPY

DATE: Tuesday, September 9, 2025
TIME: 9:30 a.m. - 4:30 p.m.
LOCATION: Community Services
INFO: book appointment
CONTACT: Community Services Office
250-989-2355

COMMUNITY SERVICES

WELLBRIETY MEETING

DATE: Tuesday, September 9, 2025
TIME: 7 p.m.
LOCATION: Community Services
CONTACT: Jennifer at 250-267-2066

SOCIAL DEVELOPMENT

INTERVIEW WEEK

DATE: Tuesday, September 9, 2025
TIME: 1:30 - 3 p.m.
LOCATION: Community Services
INFO: For all I.A. Clients
CONTACT: Jennifer at socdev@xatsull.com

EDUCATION

EMPLOYMENT BBQ

DATE: Tuesday, September 9, 2025
TIME: 12 - 2 p.m.
LOCATION: XFN Gym
CONTACT: Stacy at employment@xatsull.com

YOUTH

ARTS/CRAFTS

DATE: Tuesday, September 9, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com

COMMUNITY SERVICES

CORN PICKING

DATE: Tuesday, September 9, 2025
TIME: 9 a.m. - 6 p.m.
CONTACT: Jessie at 250-989-2323 ext 120

WEDNESDAY, SEPTEMBER 10

COMMUNITY SERVICES

ADP LUNCH

DATE: Wednesday, September 10, 2025
TIME: 12 p.m.
LOCATION: Community Services
CONTACT: Community Services Office
250-989-2355

COMMUNITY SERVICES

VEGGIE BAGS

DATE: Tuesday, September 9, 2025

SOCIAL DEVELOPMENT

INTERVIEW WEEK

DATE: Wednesday, September 10, 2025
TIME: 1:30 - 3 p.m.
LOCATION: Community Services
INFO: For all I.A. Clients
CONTACT: Jennifer at socdev@xatsull.com

YOUTH

COOKING

DATE: Wednesday, September 10, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com

COMMUNITY SERVICES

FITNESS CLASS

DATE: Wednesday, September 10, 2025
TIME: 5:30 p.m.
LOCATION: XFN Gym
CONTACT: Community Services Office
250-989-2355

THURSDAY, SEPTEMBER 11

SOCIAL DEVELOPMENT

INTERVIEW WEEK

DATE: Thursday, September 11, 2025
TIME: 1:30 - 3 p.m.
LOCATION: Community Services
INFO: For all I.A. Clients
CONTACT: Jennifer at socdev@xatsull.com

YOUTH

KIDS CHOICE' DAY

DATE: Thursday, September 11, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com



CALENDAR

FRIDAY, SEPTEMBER 12

COMMUNITY SERVICES

COMMUNITEA 'STYEYEM

DATE: Friday, September 12, 2025
TIME: 12 - 3 p.m.
LOCATION: Health Boardroom
CONTACT: Community Services Office
250-989-2355

SOCIAL DEVELOPMENT

MONTHLY DECLARATION & HH BILLS DUE

DATE: Friday, September 12, 2025
CONTACT: Jennifer at socdev@xatsull.com

YOUTH

BOARD GAMES

DATE: Friday, September 12, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com

MONDAY, SEPTEMBER 15

YOUTH

OUTDOOR SPORTS

DATE: Monday, September 15, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com

TUESDAY, SEPTEMBER 16

COMMUNITY SERVICES

FOOD BANK

DATE: Tuesday, September 16, 2025
TIME: 9 - 10:30 a.m.
LOCATION: Band Office
CONTACT: Community Services Office
250-989-2355

COMMUNITY SERVICES

MASSAGE THERAPY

DATE: Tuesday, September 16, 2025
TIME: 9:30 a.m. - 4:30 p.m.
LOCATION: Community Services
INFO: book appointment
CONTACT: Community Services Office
250-989-2355

YOUTH

ARTS/CRAFTS

DATE: Tuesday, September 16, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com

COMMUNITY SERVICES

WELLBRIETY MEETING

DATE: Tuesday, September 16, 2025
TIME: 7 p.m.
LOCATION: Community Services
CONTACT: Jennifer at 250-267-2066

WEDNESDAY, SEPTEMBER 17

YOUTH

COOKING

DATE: Wednesday, September 17, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com

COMMUNITY SERVICES

FITNESS CLASS

DATE: Wednesday, September 17, 2025
TIME: 5:30 p.m.
LOCATION: XFN Gym
CONTACT: Community Services Office
250-989-2355

THURSDAY, SEPTEMBER 18

YOUTH

KIDS CHOICE' DAY

DATE: Thursday, September 18, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com

FRIDAY, SEPTEMBER 19

COMMUNITY SERVICES

COMMUNITEA 'STYEYEM

DATE: Friday, September 19, 2025
TIME: 12 - 3 p.m.
LOCATION: Health Boardroom
CONTACT: Community Services Office
250-989-2355

YOUTH

BOARD GAMES

DATE: Friday, September 19, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com

MONDAY, SEPTEMBER 22

YOUTH

OUTDOOR SPORTS

DATE: Monday, September 22, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com

COMMUNITY SERVICES

DENTAL THERAPY

DATE: Monday, September 22, 2025
TIME: 10:00 a.m. - 3:00 p.m.
LOCATION: Community Services
CONTACT: Community Services Office
250-989-2355

TUESDAY, SEPTEMBER 23

YOUTH

ARTS/RAFTS

DATE: Tuesday, September 23, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com

COMMUNITY SERVICES

FOOD BANK

DATE: Tuesday, September 23, 2025
TIME: 9 - 10:30 a.m.
LOCATION: Band Office
CONTACT: Community Services Office
 250-989-2355

COMMUNITY SERVICES

MASSAGE THERAPY

DATE: Tuesday, September 23, 2025
TIME: 12 - 8 PM
LOCATION: Community Services
CONTACT: Community Services Office
 250-989-2355

COMMUNITY SERVICES

ADP LUNCH

DATE: Wednesday, September 24, 2025
TIME: 12 p.m.
LOCATION: Community Services
CONTACT: Community Services Office
 250-989-2355

COMMUNITY SERVICES

WELLBRIETY MEETING

DATE: Tuesday, September 23, 2025
TIME: 7 p.m.
LOCATION: Community Services
CONTACT: Jennifer at 250-267-2066

WEDNESDAY, SEPTEMBER 24

YOUTH

COOKING

DATE: Wednesday, September 24, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com

SOCIAL DEVELOPMENT

SA DAY

DATE: Wednesday, September 24, 2025

COMMUNITY SERVICES

FITNESS CLASS

DATE: Wednesday, September 24, 2025
TIME: 5:30 p.m.
LOCATION: XFN Gym
CONTACT: Community Services Office
 250-989-2355

THURSDAY, SEPTEMBER 25

YOUTH

KIDS CHOICE' DAY

DATE: Thursday, September 25, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com

FRIDAY, SEPTEMBER 26

COMMUNITY SERVICES

COMMUNITEA 'STY EYEM

DATE: Friday, September 26, 2025
TIME: 12 - 3 p.m.
LOCATION: Health Boardroom
CONTACT: Community Services Office
 250-989-2355

YOUTH

BOARD GAMES

DATE: Friday, September 26, 2025
TIME: 3:30 - 5 p.m.
CONTACT: Justin at rtp@xatsull.com

MONDAY, SEPTEMBER 29

XFN

OFFICE CLOSED !

TUESDAY, SEPTEMBER 30



OFFICE OPEN

NATIONAL DAY OF TRUTH AND RECONCILIATION

DATE: Tuesday, September 30, 2025



YOUTH

FULL DAY YOUTH PROGRAM

DATE: Tuesday, September 30, 2025
TIME: 8:30 a.m. - 4:30 p.m.
CONTACT: Justin at rtp@xatsull.com

EVENTS



WILDFIRE & INDUSTRY TRAINING



 September 15 - 23, 2025

 8:30 AM - 4:30 PM

 XFN Gym

- WILDFIRE FIREFIGHTER TRAINING
- NEW & YOUNG WORKER ORIENTATION
- INTRO TO DANGEROUS TREE AWARENESS
- H2S AWARENESS
- HELICOPTER / HEAVY EQUIPMENT SAFETY

CONTACT TO SIGN UP:

Stacy Turcotte at employment@xatsull.com
or 250-989-2323 ext 155

Yanos Stephenson at edcoord@xatsull.com
or 250-989-2323 ext 151



BREAKING BARRIERS TO EMPLOYMENT

JOIN US FOR A COMMUNITY BARBECUE FOCUSED ON SUPPORTING EMPLOYMENT AND CAREER DEVELOPMENT.

 **TUESDAY**
September 9, 2025

 **12 - 2 PM**

 **XFN GYM**

THIS EVENT IS OPEN TO ALL XATSÚLL COMMUNITY MEMBERS WHO ARE LOOKING TO GAIN EMPLOYMENT OR STRENGTHEN THEIR RESUMES WITH ADDITIONAL CREDENTIALS. COME ENJOY GREAT FOOD, WIN PRIZES AND PLAY GAMES. CONNECT WITH EMPLOYMENT RESOURCES, AND TAKE THE NEXT STEP TOWARD YOUR CAREER GOALS!

 **Contact Stacy at employment@xatsull.com or 250-989-2323 ext 155**



XFN EMERGENCY CONTACTS

General

250-267-9771

Infrastructure & Housing Needs

250-267-9955

Health & Wellness, Child,

Family & Elders Needs

250-267-1152

Mental Health & Substance Use

250-267-2066

OTHER EMERGENCY CONTACTS

Chiwid Transition House

250-398-5658

RCMP Victim Services

250-392-8709

Aboriginal Victim Services

250-305-2350

Suicide Crisis Line

1-800-784-2433

Gateway

250-302-3261

Hospital

250-392-4411

BC Nurses Help Line

811

Youth Help Line

1-800-668-6868

All Nations Healing House

778-417-0405

First Nations Health Authority

1-855-550-5454

AA Helpline

1-604-434-3933

Emergency

911

Three Corners Health Services

250-398-9814

Crisis Response Team

250-305-8496

Residential School Crisis Line

1-866-925-4419

Kids Help Phone

1-800-668-6868

Hope for Wellness Helpline

1-855-242-3310



FAMILY ENGAGEMENT WORKER

Type of Position: Full Time Permanent

Closing Date: Open until filled

About the Position:

Xats'ull First Nation, a vibrant and growing Indigenous community, is located near the city of Williams Lake. Deeply connected to our rich heritage, culture, and stunning natural surroundings, our Nation is committed to fostering the well-being and development of our youngest members. With 125 band members residing on-reserve and 300 off-reserve, we continue to invest in programs that support our community's growth and prosperity.

The Family Engagement Worker supports the successful operations of Xats'ull First Nation's Family Wellness program in alignment with the organization's vision, objectives, and strategic direction. The role is focused on community engagement, outreach, and ensuring the integration of community feedback into the child and family jurisdiction work under the Act respecting First Nations, Inuit and Métis children, youth, and families (previously Bill C-92). The Family Engagement Worker will play a key role in facilitating communication between the community and the Child and Family Jurisdiction team, helping to ensure that the jurisdiction transition reflects the needs and values of Xats'ull members. This role involves regular interaction with diverse community groups, and it requires strong communication, organizational, and relationship-building skills.

For the full job posting visit xatsull.com

3419 Mountain House Road, Williams
Lake B.C., V2G 5L5 Phone: (250) 989-
2323 / Fax: (250) 989-2300
email: reception@xatsull.com
www.xatsull.com



HOUSING ASSISTANT

Type of Position: Full TimePermanent

Closing Date: Open until filled

About the Position:

Xat'sull First Nation, a vibrant and growing Indigenous community near Williams Lake, is deeply connected to our rich heritage, culture, and beautiful natural surroundings. Our Nation remains committed to supporting the prosperity and well-being of our community members, with 125 members residing on-reserve and approximately 300 off-reserve.

Reporting to the Housing Manager, the Housing Assistant provides administrative and clerical support to ensure the smooth delivery of housing services. The Assistant plays a key role in maintaining accurate records, assisting with rent collection, supporting tenant communication, and coordinating maintenance requests. This position contributes to creating a safe and well-maintained living environment for community members by supporting the day-to-day operations of the Housing Department.

For the full job posting visit xatsull.com

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2323 / Fax: (250) 989-2300
email: reception@xatsull.com
www.xatsull.com



WELLNESS WORKER

Type of Position: Full Time Permanent

Closing Date: Open until filled

About the Position:

Xat'sull First Nation, a vibrant and growing Indigenous community, is located near the city of Williams Lake. Deeply connected to our rich heritage, culture, and stunning natural surroundings, our Nation is committed to fostering the well-being and development of our youngest members. With 125 band members residing on-reserve and 300 off-reserve, we continue to invest in programs that support our community's growth and prosperity.

Reporting to the Wellness Counsellor, the Wellness Worker contributes to the overall health and wellbeing of Xat'sull First Nation by promoting cultural healing and traditional wellness within the community. As an advocate for quality and culturally appropriate health services, the Wellness Worker supports programs and services for assessment and prevention, education and advocacy, crisis counselling, and after-care services focused on addictions, mental health, and traditional wellness.

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SELF-GOVERNANCE COORDINATOR

Type of Position: Full Time Permanent

Closing Date: Open until filled

About the Position:

Xatsúll First Nation, a vibrant and growing Indigenous community, is located near the city of Williams Lake. Deeply connected to our rich heritage, culture, and stunning natural surroundings, our Nation is committed to fostering the well-being and development of our youngest members. With 125 band members residing on-reserve and 300 off-reserve, we continue to invest in programs that support our community's growth and prosperity.

Reporting to the Treaty Manager, the Self-Governance Coordinator contributes to the overall success of the organization by working to negotiate and prepare the community for a post-Treaty self-governing environment in accordance with the vision, mission and objectives of the organization. The Self-Governance Coordinator is responsible for developing programs to build capacity, explore alternatives to Treaty, communicate, promote and revitalize cultural heritage and language. The Self-Governance Coordinator works to advance the Xatsúll First Nation's goal of self-government. This includes helping to further develop governance structures, as well as plan and initiate the transition from the Indian Act to a sovereign, self-governing community.

For the full job posting visit xatsull.com

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