



Monthly Full Moon Sweatlodge for Women

next sweat



Thursday, July 10, 2025



6:00 PM



**Sweatlodge at Xat'sūll First Nation
Community Services**

Join us for a special evening of reflection, healing, and connection under the full moon.

This women 's-only sweatlodge offers a sacred space for grounding, renewal, and coming together in community.

Please arrive early to prepare and bring anything you may need for your comfort and participation in the ceremony.

A potluck will follow—please bring your favourite dish to share.

For more information, call or text Jennifer at 250-267-2066.