



WELLNESS COUNSELLOR

Type of Position: Full-time, Permanent

About the Position:

Xat'sull First Nation, a dynamic Indigenous community, is located near the vibrant city of Williams Lake, our Nation is deeply rooted in our rich heritage, culture, and breathtaking natural surroundings. With a population of 125 band members residing on-reserve and 300 off-reserve, our Nation continues to grow and prosper.

The Wellness Counsellor provides essential support to the community by focusing on addiction support, mental health, and family wellness. This role includes offering one-on-one and group counselling, developing therapeutic programs, and facilitating community education and awareness. The Community Wellness Counsellor is responsible for referrals to community programs, treatment programs, aftercare planning, and integrating traditional wellness practices alongside modern therapeutic techniques. This position works closely with the Health & Family Wellness teams to ensure holistic support for community members.

Skills and Qualifications

Knowledge, Skills, and Abilities:

- Has demonstrated ability to work with individuals, groups, families, and communities effectively
- Knowledge and respect for Indigenous traditions, healing practices, and community-based wellness approaches.
- Ability to provide support with an understanding of the impacts of trauma and intergenerational effects.
- Ability to assess needs, create individualized care plans, and connect clients with appropriate resources.
- Ability to lead workshops, support groups, or healing circles.
- Values collaboration and build trusting relationships
- Excellent verbal and written communication skills
- Has attention to detail and respects confidentiality

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- Demonstrated proactive approaches to problem-solving with strong decision-making capability
- Ability to handle crisis and participate in crisis intervention assistance
- Proficiency in the use of technology.

Experience and Education Requirements:

- Degree in Social Work or Counselling or Health; or an equivalent combination of education and experience
- Experience in providing counselling for mental health and addictions as well as family wellness.
- Experience with community outreach, program development, and facilitation.
- Experience supervising and managing a small team an asset
- Knowledge of past and current practices as it relates to the health (mental, emotional, physical, and spiritual) of Indigenous People

Other Requirements:

- Professional appearance.
- Follow all Xatśúll First Nation Policies and Procedures and display a commitment to the values and culture of the Xatśúll First Nation.
- Ability to undergo an appropriate criminal records review and police record check successfully and periodically is required.

All interested applicants are encouraged to submit a cover letter and resume outlining how you meet these qualifications to hr@xatsull.com.

Closing Date: Open until filled

Applications are assessed as they are received therefore early application is recommended. Applications will only be considered from those eligible to work in Canada. All applicants who require a work permit or sponsorship for employment in Canada will not be considered.

Candidates who meet the above criteria will be contacted for an interview. Proof of certifications will be required prior to employment.

Work Location: In person