



ZUMBA

FITNESS CLASSES

Every Monday In February

**Starting up: February 3,
2025 5:30pm at the gym.
Doors open @ 5pm**

Come join us and our Instructor
Marion Bremner for a 45 min
class while we learn Zumba
Dance and have fun and get fit!

**Rides available call
Community Services to sign
up: ☎ 250-989-2355
Any questions ask for Janae**