

Healing our Peoples - Building Stronger Communities

Lateral Kindness Workshop

WORKSHOP TOPICS:

- Provide a safe environment to talk about what Lateral Violence
- Overview of the root causes of Lateral Violence such as connections to impacts from colonization (residential school, 60's scoop, dispossession of lands etc.) and connection to inter-generational trauma.
- Participants will engage in a personal journey where they are encouraged to explore healthy communication, lateral violent behaviours and how they have been impacted.
- Participants will work with Annita Mcphee Strategies and explore different methods of communication to reduce lateral violent behaviours and harassment at work, home and in the community.
- Look at next steps for policy review, development to instill positive sustainable change in the work environment and the community.

FEBRUARY 3 & 4, 2025
9 AM - 4 PM
at the Gibraltar Room, Williams Lake, BC



Annita McPhee is an Indigenous Facilitator from the Tahltan/Tlingit Nations, Motivational Speaker and an International Human Rights Advocate. An expert in Aboriginal Engagement and Communications, Annita has facilitated numerous conferences and workshops at the community, regional and national levels for Government, Industry and First Nations. As an Advocate to stop violence against Indigenous Women, Annita attended the United Nations Global Leadership School for Indigenous Women and received her Diploma in International Program on Human Rights and Advocacy Skills. Annita's academic background also includes having a Degree in Law and a Bachelor of Social Work with Public Relations.



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**To register for this workshop contact:
Brenda Phillips at (250) 392-7361**