

Hearts at Work



*Please join us for our annual Hearts at Work screening.
Lunch will be provided and there are lots of prizes to be won
for participating .*

Screening and information
will be available for:

- Cholesterol levels
- Diabetes
- Blood pressure
- Height, weight, BMI
- Nutrition
- Physical activity
- Managing stress
- Smoking cessation
- Kidney screening



Xats'ull
February 27
10:30 - 3:00

For more information please contact a nurse at
Three Corners Health Services Society

250-398-9814