



Fraser River Run

Monthly Newsletter of Xat'sül First Nation



Xat'sül Participates in National Indigenous Peoples Day

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Pestemllik (ripening month) – July 2024



SUMMER YOUTH PROGRAM

There will be a Summer Youth Program available for all band and community members ages 5 to 12. This program will run in July and August starting on:

Tuesday, July 2, 2024

The program will run Monday to Friday from 8:30 a.m. to 4:30 p.m.

For more information or to sign up please contact Keegan at youth@xatsull.com

Xat'sūll participates in National Indigenous Peoples Day

The Xat'sūll First Nation proudly participated in the Williams Lake National Indigenous Peoples Day parade and celebration this year. Our community's presence was highlighted by the beautifully decorated float, created by our youth.

In addition to the float, Xat'sūll had a booth with creative activities for visitors to engage in.

We would like to extend a heartfelt thank you to all the staff and community members who contributed their time and effort to make this day a success. Your support and participation were invaluable, and it was wonderful to see so many friendly and familiar faces.

As we reflect on this joyous occasion, we are already looking

forward to next year's celebration. We hope to see everyone again, bringing the same enthusiasm and community spirit. Until then, let's continue to cherish and celebrate our cultural heritage every day.

Thank you once again to all who participated and made this event a remarkable success!



Welcome to the Team

We are delighted to introduce the newest member of our team, Phillip Haller, who joins us as our new main office receptionist. Phillip brings a wealth of experience in customer service and administration, and we are thrilled to have them on board.

Please join us in giving Phillip a warm welcome and making them feel at home in our organization and community.

Hi, my name is Phillip Haller. I am from Yunesit'in community, (Stone Reserve) I worked with Tsilhqot'in National Government for little over a year in the communication department, I got to work closely with 6 different communities with all departments within the origination.

I currently work as a casual on weekends with Nenqayni as a coach, I look forward to working with Xats'ull First Nation & getting to know the team as time goes on.



Billy Sellars Art





Kúkpi7 Rhonda Phillips

Weyt-kp xwexwéytep (Hello everyone), I hope everyone is doing well. I am very much looking forward to the summer months. I am grateful we are getting so much rain, as our lands and rivers need it. Don't get me wrong though, I love the sunshine. Either way, it's a wonderful time to be out on the land, enjoying its beauty and bountifulness. It's an opportunity to connect and be grounded through nature with family and friends. Dad and I enjoy getting out and cruising the back country when we can.

Happy belated Father's Day to all the fathers. I was grateful to see all the dad's and men who showed up to the event this past month at the Health station. It was wonderful to see all the smiles and listen to the laughter and jokes all around. Thank you to our Health team for all your hard work in getting our community together for such events. The team has been planning for more get togethers, so please keep an eye out for postings.

I took part in the National Indigenous Peoples Day in Williams Lake and was proud to see Xat'süll be represented. The float was amazing and filled with bright faces and beautiful smiles, and the team had a table sharing

with others, what it is that they do for our people. Great job everyone! I left from there to Merritt to celebrate my grandson's birthdays on the 20th and 21st. They both turned 5 and 6. What a wonderful age, filled with so much energy and excitement. It's amazing to be around little ones, and their inquisitive minds. It reminds me to be more playful and curious. It's important to ask the questions, explore, and be open minded to new ideas, and listen to others. Children are beautiful souls, as they just do; and we can learn so much from them.

Congratulations to all our grads this year! We are proud of the hard work and dedication that you have put towards your education. We cannot wait to see what you will accomplish next on this journey of yours. I hope that you stay connected with our Education department and continue to learn. I want to take this opportunity to thank Sheila for stepping into the role of interim Band Administrator last year. It is not an easy role to fill. I wish her well, and am grateful for her commitment to our Nation, and getting us to where we are today. It has been almost 3 months since Chylane has returned home and has filled the Band Administrator role now known as the Chief Administrative Officer. Welcome back Chylane and thank you for your dedication to bringing our administrative team together with our community. I look forward to working with you and celebrating

the accomplishments of our teams. We have worked hard this past year, to separate the administrative duties from the governance role of Council. If there are concerns or questions that you may have, please do not hesitate to reach out to either Chylane or myself.

As you may know, Gord has been working closely with Cliff Thorstenson to make changes to the Xat'süll Custom Election Code (the "2009 Code"). There will be a vote (Plebiscite) to consider amendments to the Custom Election Code on July 4th, 2024, from 9:00 am – 8:00 pm at the Community Hall. I hope you will come out and exercise your right to vote. Every vote makes a difference. Participating in elections such as this, is one way for members to support policies that serve our community and ensure you have a say in the decisions that benefit our community. So please mark it on your calendar and join us as we continue to move forward. Amendments began quite a few years ago, with previous Chiefs and Councils, and we are just continuing to build on their hard work and dedication in moving our Nation to the next level. I raise my hands up to each of them for making a difference and building what we have today, kukwstsétselp (thank you to more than one).

I hope everyone enjoys the summer, the sunshine and rain, and all the beauty that comes with it. Until next time, Ec k yúcwementwecwep (take care of each other).



Ashley Rankin, Health Manager

and sustainable food supports for all families and members who rely on this program.

To achieve this, we need your valuable input. We would like to know which food items make the biggest difference for you and your family. Additionally, we are interested in learning about:

- Food items that you feel are not needed
- Food items that you believe we should prioritize more

Your feedback is crucial in helping us understand the community's

needs better and improve our services accordingly.

Please share your thoughts and suggestions by providing feedback through our survey. Responses to surveys can be emailed to healthreceptionist@xatsull.com, or found on our website and in person at the foodbank and Health Office.

Thank you for your time and contribution to this important review process. Together, we can ensure that our Food Bank continues to serve our community effectively.

Community Notice: Food Bank System Review

Dear Community Members,
We hope this message finds you well. As part of our ongoing efforts to support our community effectively, we are currently reviewing our Food Bank System. Our goal is to ensure that we can maintain consistent



Xat'sūll Food Bank System Community Survey

We are conducting this survey to understand which staple food items are most important to you and your family. This will help us focus on providing essential items and phasing out less-needed extras. Your input is crucial in ensuring we can maintain consistent and sustainable food supports.

1. Which food items have been the most helpful for you and your family? (Please select all that apply)

- Canned vegetables - Breakfast items (e.g., cereal, oatmeal)
- Canned soups - Beverages (e.g., coffee, tea)
- Baking items (e.g., flour, sugar) - Household items (e.g., tissue, cleaners)
- Grains (e.g., rice, pasta) - Other (please specify): _____

2. Are there any food items in the Food Bank that you feel are not needed or are less important? (Please specify)

3. Are there any food items you think we should focus more on providing? (Please specify)

4. How often do you use the Food Bank?

Weekly Bi-weekly Monthly Occasionally (less than once a month)

5. How satisfied are you with the current selection of food items at the Food Bank?

Very satisfied Satisfied Neutral Dissatisfied Very dissatisfied

6. Do you have any additional comments or suggestions for improving the Food Bank System?

Thank you for taking the time to complete this survey. Your feedback is invaluable in helping us improve our services and better support our community.

Cultural Knowledge and Land Use Study (Honorary Provided):

The Xat'sull First Nation Natural Resources Department (NRD) and Landmark Resource Management (Landmark) are conducting a Cultural Knowledge and Land Use Study in relation to Enbridge's Sunrise Expansion Program Project. Xat'sull First Nation land users/ Knowledge Holders familiar with the broader area in or around the

Project are invited to participate in individual interviews, and possibly a group session, taking place the week of July 22nd to July 26th, 2024, at the NRD Office. Interviews typically take about 1.5 to two hours during the day (morning and afternoon sessions) and participants will be asked questions about cultural and land use knowledge nearby

the Project site. Honorary and refreshments will be provided.

Interested participants should contact the Natural Resources Coordinator, Ksenia Kolodka to schedule a morning or afternoon time. She can be reached at nrcoordinator@xatsull.com or 250-989-2323 ext. 122.



FAMILY CAMP

Family Camp is July 24 to 28 at Gavin Lake.
Meals will be provided- cabins available. Attendees
need to bring own bedding and hygiene items.

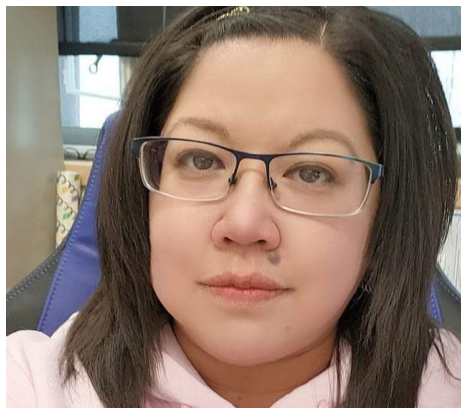
DRUG & ALCOHOL FREE EVENT

OPEN TO XATSULL MEMBERS ONLY

Deadline to sign up is July 12, 2024

**Please call Community Services to sign up
(250)989-2355**





Jennifer Stinson, Social Development Manager

Hi everyone,

Just a gentle reminder for all Income Assistance clients:

- Monthly Declaration Forms and household bills are due on Friday, July 12, 2024.

• And the household bills are due by July 12, 2024. One can email me their household bills to socdev@xatsull.com. The cheques are mailed out and then it takes up to 2-3 weeks for the bill to be processed by the billing company. If we receive the bill after Tuesdays, then it won't be mailed out until the next cheque run, then again it takes up to 2-3 weeks for the bill to be processed by the billing company.

- Moving forward, with the household bills, make sure the bill is current. It must also be an invoice of the bill, not the bill statement. Must show invoice #, and current billing date.

- "Interview Week", this will be Wednesday, July 10 – Friday, July 12 from 1:30 – 3:00 p.m. This entails the clients to come at any time during this week to see me. The client can touch base on any needs they may need or need help with from Social Development Department. This week, one can come in and fill out their mandatory Monthly Declaration forms and drop off their household bills.

What's happening this month:

- Thursday, July 18, 2024, for Family Violence Prevention Plan, I will be having a presentation on "Human Trafficking". The presentation will be put on by Noella William and her team from Victim Services of NSTC. It will be luncheon from 12:00 -1:30 p.m. It will be held in the Community Service Building, lunchroom/boardroom.

- Saturday, July 20 and Sunday, July 21 from 9:00 a.m. – 4:30 p.m., will be having a PAL (Possession and Acquisition Licence), for the ones that have signed up for it. The instructor will be Randy Billyboy. There will be lunch served as well as

drinks and snacks. Maximum 12 people only, and I am so grateful & happy to have a full class for this session.

Last month's events:

- I had Stacy Isaac from Three Corner's come out and do a presentation on "Advance Care Planning". We had a luncheon, while she was doing the presentation. It was a presentation on planning for the future in the case that a person becomes unable to make their own health care decisions for whatever reason such as an accident, dementia etc. This session introduces Representation Agreements, Substitute Decision Makers and touches on Powers of Attorney. The participants had received a booklet that has all the forms to fill out to make a legal representation agreement. This session was for anyone that wants to work on their advanced care planning regardless of any age. It was held on June 17, here at the Community Service building in the lunch/boardroom.



JULY

COMMUNITY CALENDAR

MONDAY, JULY 1



BAND OFFICE COLOSED

CANADA DAY

DATE: Monday, July 1, 2024

TUESDAY, JULY 2

COMMUNITY SERVICES

LUNCH WALK

DATE: Tuesday July 2, 2024

TIME: 12 p.m.

LOCATION: Community Health Services

CONTACT: Community Services Office

250-989-2355

COMMUNITY SERVICES

FOOD BANK

DATE: Tuesday July 2, 2024

TIME: 9 - 10:30 a.m.

LOCATION: Band Office

CONTACT: Community Services Office

250-989-2355



SUMMER PROGRAM

DATE: Tuesday July 2, 2024

TIME: July 2 - August 30, 2024

LOCATION: Head Start

CONTACT: Keegan at youth@xatsull.com

FRIDAY, JULY 5



COMMUNITY SERVICES

COMMUNITEA 'STYEYEM

DATE: Friday July 5, 2024

TIME: 1 - 4 p.m.

LOCATION: Health Boardroom

CONTACT: Community Services Office

250-989-2355

MONDAY, JULY 8

COMMUNITY SERVICES

CLINICAL COUNSELLOR

DATE: Monday July 8, 2024

TIME: 1 - 4 p.m.

LOCATION: Community Health Services

CONTACT: For an appointment with Bill please call 250-267-3034

TUESDAY, JULY 9

COMMUNITY SERVICES

QELLMÍN GROUP

DATE: Tuesday July 9, 2024
TIME: 12 - 1 p.m.
LOCATION: Health Boardroom
INFO: ADP Luncheon
CONTACT: Community Services Office
 250-989-2355

COMMUNITY SERVICES

LUNCH WALK

DATE: Tuesday July 9, 2024
TIME: 12 p.m.
LOCATION: Community Health Services
CONTACT: Community Services Office
 250-989-2355



COMMUNITY SERVICES

FOOD BANK

DATE: Tuesday July 9, 2024
TIME: 9 - 10:30 a.m.
LOCATION: Band Office
CONTACT: Community Services Office
 250-989-2355

WEDNESDAY, JULY 10

COMMUNITY SERVICES

QELLMÍN GROUP

DATE: Wednesday July 10, 2024
TIME: 1 - 3 p.m.
LOCATION: Community Health Services
CONTACT: Community Services Office
 250-989-2355

COMMUNITY SERVICES

PHYSIO THERAPY

DATE: Wednesday July 10, 2024
LOCATION: Community Health Services
INFO: book appointment
CONTACT: Community Services Office
 250-989-2355



COMMUNITY SERVICES

MASSAGE THERAPY

DATE: Wednesday July 10, 2024
LOCATION: Community Health Services
INFO: book appointment
CONTACT: Community Services Office
 250-989-2355

FRIDAY, JULY 12

COMMUNITY SERVICES

COMMUNITEA 'STYEYEM

DATE: Friday July 12, 2024
TIME: 1 - 4 p.m.
LOCATION: Community Health Services
CONTACT: Community Services Office
 250-989-2355

MONDAY, JULY 15

COMMUNITY SERVICES

CLINICAL COUNSELLOR

DATE: Monday July 15, 2024
TIME: 1 - 4 p.m.
LOCATION: Community Health Services
CONTACT: For an appointment with Bill
 please call 250-267-3034

TUESDAY, JULY 16

COMMUNITY SERVICES

LUNCH WALK

DATE: Tuesday July 16, 2024
TIME: 12 p.m.
LOCATION: Community Health Services
CONTACT: Community Services Office
 250-989-2355

COMMUNITY SERVICES

FOOD BANK

DATE: Tuesday July 16, 2024
TIME: 9 - 10:30 a.m.
LOCATION: Band Office
CONTACT: Community Services Office
 250-989-2355

THURSDAY, JULY 18



SOCIAL DEVELOPMENT

HUMAN TRAFFICKING

DATE: Thursday July 18, 2024
TIME: 12 n- 1:30 p.m.
LOCATION: Health Boardroom
CONTACT: Jennifer Stinson 250-989-2323 ext 102

FRIDAY, JULY 19

COMMUNITY SERVICES

COMMUNITEA 'STYEYEM

DATE: Friday July 19, 2024
TIME: 1 - 4 p.m.
LOCATION: Community Health Services
CONTACT: Community Services Office
 250-989-2355

CALENDAR

MONDAY, JULY 22

COMMUNITY SERVICES

CLINICAL COUNSELLOR

DATE: Monday July 22, 2024

TIME: 1 - 4 p.m.

LOCATION: Community Health Services

CONTACT: For an appointment with Bill please call 250-267-3034

TUESDAY, JULY 23

COMMUNITY SERVICES

LUNCH WALK

DATE: Tuesday July 23, 2024

TIME: 12 p.m.

LOCATION: Community Health Services

CONTACT: Community Services Office
250-989-2355

COMMUNITY SERVICES

FOOD BANK

DATE: Tuesday July 23, 2024

TIME: 9 - 10:30 a.m.

LOCATION: Band Office

CONTACT: Community Services Office
250-989-2355



COMMUNITY SERVICES

FOOT CARE (HOME)

DATE: Tuesday July 23, 2024

LOCATION: Community Health Services

INFO: book appointment

CONTACT: Community Services Office
250-989-2355

WEDNESDAY, JULY 24

SOCIAL DEVELOPMENT

SA DAY

DATE: Wednesday July 24, 2024

CONTACT: Jennifer Stinson 250-989-2323 ext 102

COMMUNITY SERVICES

FOOT CARE (OFFICE)

DATE: Wednesday July 24, 2024

LOCATION: Community Health Services

INFO: book appointment

CONTACT: Community Services Office
250-989-2355



COMMUNITY SERVICES

FAMILY CAMP

DATE: Wednesday July 24, 2024

TIME: June 24 - June 28, 2024

LOCATION: Gavin Lake

INFO: Sign up before July 12

CONTACT: Community Services Office
250-989-2355

MONDAY, JULY 29

COMMUNITY SERVICES

CLINICAL COUNSELLOR

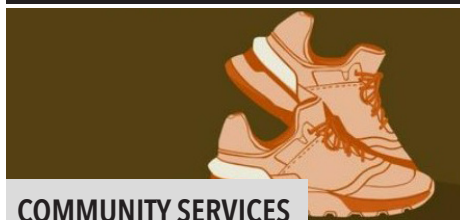
DATE: Monday July 29, 2024

TIME: 1 - 4 p.m.

LOCATION: Community Health Services

CONTACT: For an appointment with Bill please call 250-267-3034

TUESDAY, JULY 30



COMMUNITY SERVICES

LUNCH WALK

DATE: Tuesday July 30, 2024

TIME: 12 p.m.

LOCATION: Community Health Services

CONTACT: Community Services Office
250-989-2355

COMMUNITY SERVICES

FOOD BANK

DATE: Tuesday July 30, 2024

TIME: 9 - 10:30 a.m.

LOCATION: Band Office

CONTACT: Community Services Office
250-989-2355

WEDNESDAY, JULY 31

COMMUNITY SERVICES

MASSAGE THERAPY

DATE: Wednesday July 31, 2024

TIME:

LOCATION: Community Health Services

INFO: book appointment

CONTACT: Community Services Office
250-989-2355

SOCIAL DEVELOPMENT

INTERVIEW WEEK - I.A.

DATE: Wednesday July 10 - 12, 2024

TIME: 1:30 - 3 p.m.

LOCATION: Health Boardroom

CONTACT: Jennifer Stinson 250-989-2323 ext 102



JOIN OUR TEAM

SEEKING HOUSING COMMITTEE MEMBERS

Xats'ull First Nation Housing Department is seeking members to join our housing committee.

Details about this can be found on our website www.xatsull.com under CAREERS.

Please submit a cover letter and resume to: chiefexecasst@xatsull.com

For further information contact:
250-989-2323 extension 105

EMERGENCY CONTACTS

Chiwid Transition House

250-398-5658

RCMP Victim Services

250-392-8709

Aboriginal Victim Services

250-305-2350

Suicide Crisis Line

1-800-784-2433

Gateway

250-302-3261

Hospital

250-392-4411

BC Nurses Help Line

811

Youth Help Line

1-800-668-6868

All Nations Healing House

778-417-0405

First Nations Health Authority

1-855-550-5454

XFN CONTACTS

Band Office

250-989-2323

Community Services

250-989-2355

Social Development

250-989-2323 ext. 102

Housing

250-989-2323 ext. 106

Infrastructure

250-989-2323 ext. 147

Natural Resources

250-989-2323 ext. 121

Communications

250-989-2323 ext 115

Treaty

250-989-2323 ext 109





DIRECTOR OF FINANCE AND ADMINISTRATION

Type of Position: Full Time Permanent

Closing Date: Open until filled

About the Organization:

Xats'ull First Nation, a dynamic Indigenous community, is seeking a dedicated and detailed oriented Finance Coordinator to join our team. Located near the vibrant city of Williams Lake, our Nation is deeply rooted in our rich heritage, culture, and breathtaking natural surroundings. With a population of 125 band members residing on-reserve and 300 off-reserve, our Nation continues to grow and prosper.

About the Position:

We are looking for a dedicated Director of Finance and Administration with a background in Finance/Accounting coupled with administrative expertise to lead our financial operations and ensure the smooth functioning of the Administration office. Experience with Sage Intacct and budget management within a First Nations environment is highly desirable.

For the full job posting visit xatsull.com

3419 Mountain House Road, Williams
Lake B.C., V2G 5L5 Phone: (250) 989-
2323 / Fax: (250) 989-2300
email: reception@xatsull.com
www.xatsull.com



EDUCATION COORDINATOR

Type of Position: Full Time Permanent

Closing Date: Open until filled

About the Organization:

Xats'ull First Nation, a dynamic Indigenous community, is seeking a dedicated and detailed oriented Education Coordinator to join our team. Located near the vibrant city of Williams Lake, our Nation is deeply rooted in our rich heritage, culture, and breathtaking natural surroundings. With a population of 125 band members residing on-reserve and 300 off-reserve, our Nation continues to grow and prosper.

About the Position:

We are looking for an Education Coordinator who will be responsible for ensuring the Education Program's successful operations in alignment with the organization's vision, objectives, and strategic direction. This role involves interacting with students from public school to post-secondary levels, assisting them in accessing education to secure their future, and advocating for education within the community. With exceptional communication and management skills, the Education Coordinator builds effective working relationships with community groups, funding agencies, and other external contacts, and has a clear, results-oriented focus on community development.

For the full job posting visit xatsull.com

3419 Mountain House Road, Williams
Lake B.C., V2G 5L5 Phone: (250) 989-
2323 / Fax: (250) 989-2300
email: reception@xatsull.com
www.xatsull.com

EDUCATION COMMITTEE BOARD MEMBER



Xat'sull First Nation is seeking Education Committee Board Member

The Education Department (the Department) at Xat'sull First Nation offers a wide range of educational services and programs. The Department is seeking up to five (5) Xat'sull Band Members to sit on the Education Committee. Committee Members will be appointed by Xat'sull First Nation's Chief and Council.

The primary responsibility of the Education Committee is to provide a consultative forum that will prepare and present Education Program recommendations for consideration by Xat'sull's Chief and Council.

Qualifications

- possess an understanding of the Education system and Xat'sull First Nation's culture, history and vision;
- agree to promote fairness in decision making for all applicants, regarding education;
- establish and conduct discussions based on the principles of respect, trust, collaboration, openness, confidentiality and with a positive team effort; and
- enable dialogue/input of all members and work collaboratively towards recommendations in a non-confrontational manner.

Term

1. Committee members will be appointed through, an application process by the Chief and Council and shall hold a position on the Committee, for a two (2) year term, and on a staggered basis, to ensure continuity.
2. Applications will consist of a letter of interest.
3. Committee members will cease to be a member if they:
 - a. resign in writing, from the committee, in writing;
 - b. fail to attend three (3) consecutive meetings without appropriate justification and notification to the chairperson; and,
 - c. breach confidentiality; or
 - d. demonstrate unprofessional or inappropriate manners in decision making.
4. Any vacant committee member seats will be filled through the application process. If a midterm vacancy is filled, the appointee will remain on the committee until the original member's term is complete, and may apply to remain on the committee, prior to expiration of the term.

Frequency of Meetings

Committee members agree to meet at least six (6) times per year which includes participation in recommending selection of successful applications for the yearly allocation of Post – Secondary funding, to Chief and Council.

How To Apply

Applications may be emailed to: cao@xatsull.com

Mailed to:

Attention: CAO

Xat'sull First Nation

3419 Mountain House Road

Williams Lake, BC, V2G 5L5

DEADLINE: Open until filled.