



NALOXONE TRAINING

Join us and our Community Health Nurse from **1 p.m. on May 21** at the Health Boardroom to learn more about the overdose crisis and how to recognize and respond to an opioid overdose.

For more information and to sign up, call Tasha at 250-398-9814 or XFN Health Station at 250-989-2355 or email Janae at chr@xatsull.com



YOU CAN
SAVE a LIFE
WITH a SPRAY

Naloxone (Narcan®), given as a nasal spray, can reverse the effects of an opioid overdose and **Save a Life.**

Opioids include prescription pain killers like Vicodin, OxyContin, or Percocet, and illegal drugs like heroin. Concerned about someone's use?

Get free naloxone and learn how to use it