

NALOXONE TRAINING & LUNCH

Join us and our Community Health Nurse from **12:00 -1:30 p.m., September 19** at the Health Boardroom to learn more about the overdose crisis and how to recognize and respond to an opioid overdose.

There will be door prizes and rides are available.

For more information and to sign up, call Health at 250-989-2355 or email Janae at chr@xatsull.com

YOU CAN SAVE a LIFE WITH a SPRAY

Naloxone (Narcan[®]), given as a nasal spray, can reverse the effects of an opioid overdose and **Save a Life.**

Opioids include prescription pain killers like Vicodin, OxyContin, or Percocet, and illegal drugs like heroin. Concerned about someone's use?

Get free naloxone and learn how to use it

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