



# YOUTH PIZZA LUNCH & PRESENTATION

**Ages 6-18**

Join us and our Community Health Nurse in the health boardroom on

**September 5**

at **12:00 p.m.**

for pizza and a mental health presentation on anxiety and coping with emotions.

For more information, email Janae at [chr@xatsull.com](mailto:chr@xatsull.com) or call 250-989-2355 ext 131