

Remembering Our Wholeness

"Llekw'menwellen', le Le7es-kucw"

INDIGENOUS WISDOM FOR
ADDICTION & OPIOID RECOVERY



WWW.REMEMBERINGOURWHOLENESS.COM

WELCOME

COMMUNITY MEMBERS AND FRIENDS.

We have all been impacted by the changes and realities of this pandemic, but the impact on those struggling with opioid and other addictions has been enormous.

We have created this forum with the intentions of offering Traditional Indigenous wisdom as a potential antidote to this struggle, as well as to reduce the stigma of addiction. Addiction is a disease of trauma, and we feel that compassion, understanding and support are the medicine those impacted are truly in need of, and the voices shared here echo this.



It is our honor to be presenting these powerful and inspiring Indigenous voices, and to receive their wisdom regarding what may be done in response to the crisis we face.

May we all heal and remember our wholeness, and work to support the same for others.

LORI SELLARS
Executive Director

CHIEFS' WELCOME

We acknowledge that this forum is being offered upon the Traditional Territory of Williams Lake First Nation, and thank Kúkpí7 Willie Sellars, Kúkpí7 Sheri Sellars and Kúkpí7 Hillary Adams for their address to this audience, and for the opportunity to serve their communities.



REGISTER TODAY AT
www.rememberingourwholeness.com

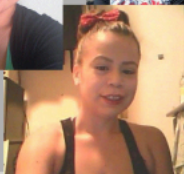
COUNCIL OF GRANDMOTHERS

We are blessed and honored to receive the wisdom of four elders as they discuss the impact of this addiction crisis on our communities.



VIRGINIA GILBERT CECILIA DEROSE ANNE LOUIE JEAN WILLIAM

IN LOVING MEMORY



Our communities continue to lose family and friends to this tragic epidemic.

Here we memorialize the story of three spirits lost recently, honoring their stories and struggles.

STORIES OF TRANSFORMATION



Listen to community members tell the inspiring stories of their own healing journeys and the medicine that supports them.

LENNARD SUPERNAUT

AUDREY HARRY

BARB WYCOTTE

CHERYL CHAPMAN

TAVI HARRY

SAMUEL ALEC

THEO FLEURY

THE POWER OF ASKING FOR HELP



Theo Fleury is perhaps best known for his time on the ice, as a NHL Stanley Cup Champion and Olympic Gold Medalist. But off the rink, his life once carried the markings of a troubled childhood, abuse and coping with emotional pain through addictive and self-destructive behaviours.

Today, Theo defines himself as a victor over trauma and addiction, and a facilitator to those still trying to find their way. His best-selling books, *Playing with Fire* and *Conversations with a Rattlesnake*, encourage open sharing and provide practical tools that people seeking help can personally use. These tools are also useful to those who want to lead a productive conversation, called 'Real Conversations', with anybody else experiencing trauma.

ELAINE ALEC

CONNECTION TO THE LAND

Elaine Alec (she/her) is an author, political advisor, women's advocate and spiritual thought leader and teacher and is a direct descendant of hereditary chiefs, Pelkamulaxw and Soortimpt. For over two decades, Elaine has been leading expert in Indigenous community planning, health advocacy and creating safe spaces utilizing Indigenous approaches and ceremony. She is the author of 'Calling My Spirit Back' a book which links an extremely personal examination of lived experience to a much broader overview of serious national sociological concerns.



JESSE THISTLE

SOBRIETY, CULTURE & CONNECTION

Jesse Thistle is a Métis Cree Ph.D. Candidate in the History program and Assistant Professor at York University, Toronto. Currently, he is working on theories of the intergenerational and historical trauma of the Métis people. Jesse's work involves reflections on his own previous struggles with addiction and homelessness and has been recognized as having a wide impact on both the scholarly community and the greater public.

Jesse is the author of the bestselling book "From the Ashes: My Story of Being Métis, Homeless and Finding My Way," which was nominated for Canada Reads.



LINDA HOGAN

TELL YOUR STORY



Linda Hogan is the Former Faculty at Indian Arts Institute, Writer in Residence for The Chickasaw Nation, and Professor Emerita from the University of Colorado, is an internationally recognized public reader, speaker, and writer of poetry, fiction, and essays.

Earlier works have been noted with significant literary awards and nominated for the Pulitzer Prize. Her most recent book of essays is *The Radiant Life of Animals*, the title taken from her chapter on Traditional Indigenous Knowledge and animals in a new book on Tradition Ecological Knowledge from Oxford University Press.

ROY HENRY VICKERS

ART AS MEDICINE



Roy Henry Vickers is an accomplished print artist and carver, design advisor of prestigious public spaces, a sought-after keynote speaker, and publisher and author of several successful books. In addition, he is a recognized leader in the First Nations community, and a tireless spokesperson for recovery from addictions and abuse.

GREGORY CAJETE

INDIGENOUS WAYS OF KNOWING

Gregory Cajete is a Native American educator whose work is dedicated to honoring the foundations of Indigenous knowledge in education. Dr. Cajete is a Tewa Indian from Santa Clara Pueblo, New Mexico.

He worked at the Institute of American Indian Arts in Santa Fe, New Mexico for 21 years. While at the Institute, he served as Dean of the Center for Research and Cultural Exchange, Chair of Native American Studies and Professor of Ethno-Science. He is the former Director of Native American Studies (18 years) at the University of Mexico.





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FEEDBACK QUESTIONS

What did you enjoy about this offering?

Could you tell us how you'll use these teachings to support healing for yourself, your family and community?

What other healing workshops would you like to see offered?



Three Corners Health
Services Society

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We can heal. We will heal.



RAFFLE ENTRY FORM

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