



Fraser River Run

The monthly newsletter of the Soda Creek Indian Band

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RCMP DROP OFF PRESENTS FOR XAT'SŪLL ELDERS

Constable Marty Richard of the RCMP drops off a present on December 15 which drew a big smile from Marjorie Sellars

Pellkwet'min (Buckskin sewing month - January 2021)



Xat'sūll researches cannabis options for Emporium site

Following a survey in October where members voted in favour of developing a cannabis store at the Emporium site, Xat'sūll is currently exploring options and researching the available business models.

To that extent, Cheryl Chapman, Economic Development & Employment Coordinator, met with Kirk Dressler, Director of Legal and Corporate Services at Williams Lake

First Nation, to discuss their approach and experience with Unity Cannabis and their new first in Canada cultivation and distribution facility that is currently under construction.

Some of the main considerations include whether the Band would be looking to enter into a partnership or to become a franchisee, as well as which company to work with in that case

or whether the Band wants to operate independently.

Due to the Reserve technically falling under Federal jurisdiction, as opposed to Provincial, there are also questions over which approach to take legally.

Another major consideration would be whether the Band would simply be looking to open a store or would want to develop a cultivation facility as well.

Other areas of examination include security, store layout and display rules, product acquisition, packaging, staffing and peak hours, licence fees, security clearances, insurance, costs, safety procedures, long-term development, training, quality controls and more.

Chapman is planning to have her findings presented to Chief and Council by the end of January 2021.



Xats'ul announces new sawmill training program

A new training program will start at Xats'ul in January.

The program will take on 10 Indigenous participants who earn a wage while participating in the 16 week training program. They will build a small caretaker's home on the Whispering Willows Campsite. Participants will gain skills in sawmilling, housebuilding and house planning, right from picking the right trees to harvest for these types of projects and milling to foundations, grading, drainage, plumbing, electrical, heating, roofing, windows, doors, insulation and everything else that goes with building a small house.

"We're excited to have received the funding to run this program," says Chief Sheri Sellars. "This is a great opportunity for people of any age. We're also hoping it'll lead to the development of a new business in the community with the sawmill and the ability to build small homes in cooperation with our housing department."

The location of the house at the Whispering Willows campsite will serve as a showpiece for a potential future business with the



desirable location beside the highway and the high amount of people visiting the campsite in the summer.

The program will be administered by Craig Kennedy, a Forestry and Safety Consultant hired by the Band, and Cheryl Chapman, Economic Development & Employment Coordinator, who together created the proposal for the program.

Kennedy has previously run a similar program at Tl'esqox (Toosey Band).

"Aside from the potential for the development of a new business and jobs in the community, we're opti-

mistic that it'll provide 10 people from the local area with the knowledge and experience to begin a new and fulfilling career."

The funding for the project is provided by the Ministry of Advanced Education and Skills Training (AEST) and the Cariboo Chilcotin Aboriginal Training Employment Centre (CCATEC).

The program will run from January 25 to May 21, 2021, at which point there'll be a grand opening for the new caretaker's house. Any interested Indigenous individuals can apply directly to the Soda Creek Indian Band through Leasa Williamson (see the posting for details).

Sellars thanks Kennedy and Chapman for making the program a reality as well as AEST and CCATEC for the funding.



Tinesha Jakesta prepares gifts for the holiday season.



Cultural Activities Coordinator Mike Retasket shows off one of the produce boxes.

Vegetable boxes handed out at Xat'sūll

Community Members at Xat'sūll were able to pick up a vegetable box on November 26.

The funding for the boxes came from Social Development although the Health Department took care of the particulars. Health also provid-

ed a box of disposable masks and a bottle of hand sanitizer as well as masks donated by Gibraltar Mine, says Health Manager Rae-Lyn Betts.

"They always appreciate when they get help with fresh veggies for

their homes and they were grateful for some more masks and hand sanitizer"

The boxes had potatoes, carrots, onions, celery and garlic.

A reminder goes out to Urban Members that the NStQ Off Reserve

COVID Food Supplement program is still available (email outreachliaison_vancouver@nstq.org, outreachliaison_kamloops@nstq.org or outreachliaison_williams_lake@nstq.org depending on your location to apply).



New food program made 150 meals a day

A new food program at Xat'sull made 150 meals a day in the first two days (Nov. 26 and 27), said Natural Resource Manager Edna Boston.

"I decided to do the food program because there will be no Christmas parties for the community and I think it's only fair that we do something for the community," she said. "When I explained why we're doing it, because we can't have Christmas parties, they were ever so grateful."

There was a door prize draw every day the kitchen was open.

On Nov. 26, they made lasagna, garlic bread and salad and on Nov. 27 it was beef stew and a bun. Next week will be soup and sandwich on Thursday and Friday will be tandoori chicken with Greek salad, she says.

The food program had to be cancelled during the third week of the program due to increased COVID-19 concerns and restrictions.





Robert Sellars is Xatśūll's new Recycling Champion

Robert Sellars has been hired as Xatśūll's new Recycling Champion.

"We've been trying to get Soda Creek here to do recycling and become more of a part of that. When this popped up, it was a good opportunity. I figured, 'Yes! Just what I've been trying to get into. So I did that, I jumped on board, went for the training

and now we're going to be trying to implement all the recycling and bring this up to a greener community than what we currently are right now."

He says he's looking forward to getting all the recycling done properly.

"I am excited for it: can't wait."

The Band has worked on bringing this to the

community over the last two years. The trucks are coming in and the recycling bags have arrived but they're still waiting for a few odds and ends. They're hoping to be in full swing by the start of February 2021. Next summer, they'll also set up a recycling depot for both the Deep Creek and Soda Creek communities in case

people don't want to come to the truck for whatever reason.

Sellars says that he hasn't worked in recycling before but he has worked before, initially working for the Band for four years before being away for seven years but came back to work for the Band again recently.

He's hoping people will be nice and recycle.



Levi Sellars joins Xatsūll as IT Intern

Levi Sellars has been hired on as Xatsūll's new Information Technology Assistant Intern.

"I was pretty much always interested in Information Technology. I just kinda fell into it."

He says he's looking forward to learning pretty much anything to do with

IT and was in fact so keen to start that he initially showed up a month before the new position was set to commence and had been eagerly waiting since.

He'll learn about anything to do with business networks including maintaining and repairing com-

puters, network security, phone systems and alarms.

Xatsūll Information Technology Services and Support (XITSS) was launched earlier in 2020 partially with the goal of training a Band Member to develop new skills.

XITSS will be looking to pick up more clients

in 2021 after putting the breaks on a bit following launch due to COVID-19 and a few large projects at Xatsūll.

Sellars has worked on computers and technology before on his own time but it's the first time he's gotten into it professionally.



Sheri Sellars, Chief

an ability to process and accountability.

Renovations

The allocation process for the last round of renovations was in place prior to me being elected in and this was decided at an operational level which we needed to complete. Indigenous Service Canada has been development of an authority to do the funding for Housing and Infrastructure, still in the beginning stages

New opportunities have come to table in the fiscal year of 2019/20 to new housing initiatives. The opening up on BC Housing opportunity to allocation of funding on/off reserve with very specific criterion which requires it to fall under a society process to deliver the program.

Education

The Band has been very challenged on the bussing process, which has caused a cutback in the bussing going to IR#1, Soda Creek. We have been having an ongoing discussion.

Meeting with FNEC in Vancouver About FNEC

First Nation Education Steering Committee (FNEC) was founded in 1992 by participants at a provincial First Nation education conference at the Vancouver Friendship Centre. The participants determined the need for a First Nation controlled collective organization focused on advancing quality education for all First Nation learners.

FNEC works to support First nations in their efforts to improve the success of all First Nation students and advance first Nations education in BC. FNEC currently has one hundred and twenty-six (126) Board members.

FNEC has a formal protocol with the First Nation Leadership Council (FNLC) that recognizes FNEC as the lead policy and advocacy body, as directed by First Nations governments, working to advance quality education, improved accountability, and improved education outcomes for all First Nation students in BC. FNEC has subcommittees for Post-Secondary Education, Local Education Agreements, and First

Nation Languages, as well as Personnel and Finance Committee
BC First Nation

Building Partnerships

FNEC is committed to working in partnership and has Memorandum of Understanding with the following organizations:

- K-12 Aboriginal Educations Partner (1999)
- Aboriginal Post-Secondary Education & Training (2005)
- Association of the BC Deans of Education (2011)
- Bilateral Protocol with the BC Ministry of education (2015)
- Post-Secondary Education (PSE) and Training Protocol with the Ministry of Advanced Education

BC First Nation Education System

For over two decades, First Nations in BC have worked collectively to build a comprehensive and responsive BC First Nations Education System. This includes:

- A regional model endorsed by BC Chiefs and recognized in

Weytkp, wishing everyone a happy holidays and new year. This year has been a trying one for sure with the pandemic amongst us all. I thank everyone for been vigilant during this time. If you all can keep it up a little longer, the vaccine is on its way. They have completed some that will be going to the elderly and the health care providers; the aspiration is to have everybody a vaccine by September 2021.

Likely/Xatsull Community Forest

The Council is still working on the process of the governance and accountability. The Band has been looking at the process of our Dispersals from the Community Forests and it must meet certain deliverables. They are looking at a Corporation process now to do business which will give them more of

Chief's report continued...

existing agreements with BC and Canada;

- A wide range of second and third level services for schools and communities and dedicated funding to support them;
- Recognition of First Nations education jurisdiction through jurisdiction agreements and legislation; and
- The BC Tripartite Education Agreement (BCTEA) with Canada and BC (formerly TEFA)

Statistics of the students in the BC First Nations Education system as follows:

- 5,127 Students living on-reserve attending First Nations schools [Full time Equivalent (FTE) students]
- 1,216 Off-Reserve reciprocal tuition students in First Nation schools
- 7,991 First Nations on-reserve students in public schools
- 718 On-Reserve First Nations students in off-reserve independent schools
- 67,394 Self-identified Aboriginal students in the public system (status on-reserve students are

included in the total)
The foundations of our system is as follows:

- Indian Control of Indian Education (1972)
- UN Convention on the rights of the Child (1989)
- Residential Schools Apology (2008)
- First Nations Control of First Nations Education (2010)
- Truth and Reconciliation Commission Calls to Action (2015)
- Federal Commitments (including to UNDRIP and TRC)
- Ten (10) Principles respecting the Government of Canada's relationship (2018)
- Ten (10) Principles respecting the Government of BC's relationship (2018)
- BC's Declaration on rights of Indigenous Peoples Act (2019)

Local Education Agreement (LEA)

An LEA is an agreement between a First Nation and a school board or independent school authority, to purchase education services from the board/authority for First Nations students, using federal funding from the

Department of Indigenous Services Canada (ISC)

LEAs are an integral part of the delivery of education services to First Nations students attending BC schools, as they are an important mechanism for building relationships between first nation communities and boards of education and schools, or independent school authorities, to support improved First nation student outcomes.

- Approximately 2/3 of First Nations with on-reserve students attending public schools have LEAs
- The FNESC LEA Subcommittee guides our work in this area

The BC Tripartite Education Agreement (BCTEA) parties (Canada, BC, and FNESC) have committed to developing guiding principles to apply to the negotiation, interpretation and implementation of LEAs in BC, and to inform legislative and policy review and changes to support LEAs

BC and FNESC will develop a provincial LEA that will:

- Serve as a template/default available to First

Nations and school Boards

- Apply, at the request of a First Nation, where there is no existing LEA between First nation and a school board

The Parties are working on developing and implementing a strategy and policies to support LEAs between first Nations and boards of education or independent schools

Second and third level services can support First Nations to negotiate and implement LEAs.

BC will:

- Invest in building the capacity of school boards to negotiate and implement LEAs
 - Jointly convene, with FNESC, an annual meeting with school districts to educate and share information about the UN Declaration on the Rights of Indigenous Peoples, TRC Calls to Action and First Nations education
 - Explore, identify and implement other mechanisms to share LEA information with education stakeholders
- The Parties will develop and implement a process to monitor LEAs
- LEAs were one of the

Chief's report continued...

focus subjects at the Jointly Convened Annual Meeting, October 16, with Superintendents and Indigenous Chairs

LEA Resources are:

- Negotiation/Templates: LEA samples, step by step LEA development plan, community LEA presentation template, sample letters, sample terms of reference and Q/A
- Data: graduation rates, template letter for accessing additional community specific data, links to Ministry data
- Additional Funding Information: First nation student rate, operating grants manual, district allocation

These resources will be updated to reflect the new BCTEA commitments. Visit FNESC website for the resources

FNESC has collectively identified LEAs as one of the matters requiring legislative amendments, as well as access to Dogwood/ Adult Dogwood for students in First Nations schools and First Nation Authorized Courses. This work is consistent with BCTEA schedule H (Local Education

Agreements) Section 2.2, which states that the Parties will “collaborate to identify... new legislation or revisions to legislation” to support the negotiation and implementation of LEA. Also consistent with Section 3.1 of the BCTEA as well.

TELUS

It had been a long time coming but fire optic finally arrived.

Health

The Royal Inland Hospital had a groundbreaking ceremony with will include First Nation concepts through the areas of the main entrance, Respiratory/Child adolescent Mental Health, maternal/NICU, Surgical, Staff support, Mental Health Psychiatric IPU, Mental Health Adaptive and Medical/Surgical IPU with various animals and traditional medicines



FNHA Interior Giveaway Ceremony

Give away to all the people in the room to show appreciation for all the workers do for their communities.

Secwepemc Health Caucus:

The Band participates in a table regarding our Health initiatives with the other Secwepemc communities of sixteen (16). The purpose is to provide informed, united direction to First Nations Health Governance discussions and negotiations. As well as, to increase communication, collaboration, and planning for members

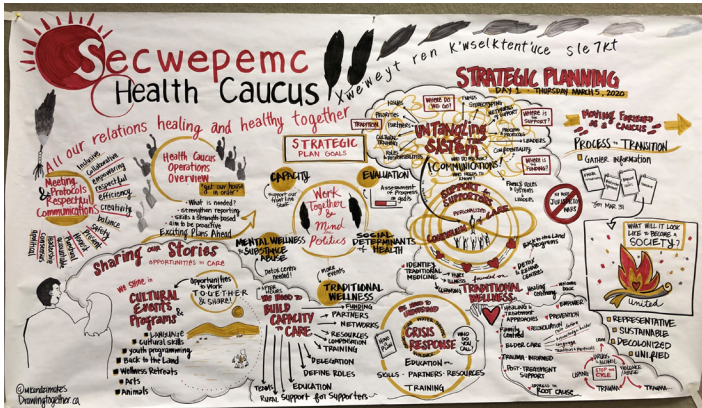
First Nations Communities as it pertains to Health. The Secwepemc Chiefs carry out the political health advocacy work and the Secwepemc health Directors carry out the technical work and support the Chiefs in their political advocacy work.

Discuss of development of a new structure of the Secwepemc Caucus which has come into question should this be still be under the Shuswap Nation Tribal Council or looking at what other structure would look good.

- New society
- Relationship agreement to be under the Tribal Council

The main reason this really came up was because how the caucus can govern themselves and what policy/procedures they fall under, so this is an ongoing discussion to moving forward

A review of the last Strategy Session prior such as examples of the following goals.



It was good start for first meeting under the agreement in February 7 2020 in Prince George. This is a process where there is a collective to work on the agreed items for discussion, we unfortunately put too much on the agenda which the Mining agenda item is put off to the next executive meeting.

The NStQ started the discussion with Esketemc to begin talks of their education of their traditional governance and how we may begin development of the relationship in regards to overlap areas.

**Williams Lake Fire
Department**

We have overviewed the statistics that was found in the audit which then gathered in groups to discuss of listing of priorities from the various discussions of what the

groups. It was ironic that we as first nations have some similarities of need and priority of the communities and there were other priorities which you may see in the document attached.

Top 3 Priorities
identified:

1. Housing
2. Mental Health and Substance Use disorder
3. Resources and caps in care

It was discussed there as well there is foundational principles that need to assist in moving these priorities forward: (not any specific order)

1. Working together
2. Collaboration with indigenous communities and leaders
3. Being proactive and focusing on wellness
4. Communication (sharing information on planning process and public education on issues)
5. Reconciliation

**Thompson Rivers
University
Williams Campus**

This was an informal meet, and greet with the

kukpi7s of NStQ with Paul Michel, Special Advisor to the President on Indigenous matters, Dr. Brett Fairbairn President and Vice-Chancellor, Brian Daly, Associate Dean Williams Lake Campus (interim), and Kristy Johnny, Coordinator of Indigenous Student services

Dr Fairbairn spoke regarding our organization and possibility of building a better relationship with the organization. I spoke to the following things and the other Kukpi7s spoke as well:

- Transition of learning grade 12 to university,
- Housing at Williams Lake Campus,
- Career planning for our students at a younger level to start them thinking of post-secondary,
- How we can strengthen our agreement between us and tru,

We had the opportunity to hear from Kristy Johnny and I am excited to hear initiatives and buzz she is creating at the campus regarding indigenous process such as Indigenous Mentoring program, Indigenous Grad, and Soup Circle program

Chief's report continued...



April 2020/December 2020

Landslide in the River Valley Conference Call Ongoing

This is an ongoing process. We currently have a Natural Resources team on the calls to watch the territory that is of interest to our community.

MOTi and EMBC Conference Calls

Several Calls during and after Freshet: (up to 3x a week then as levels drop to weekly).

Working on a process in regard to the areas of our territory and on reserve that has had damage caused by freshet. Currently contacting EMBC and ISC in how we can mitigate the process along Mountain House Road from this always

coming up during an annual freshet. Discussion of how XDC has a role in the Hawks Creek flooding and the Macalister Road as well; it seems challenging because this is a real old process of doing business in the territory which MOTi, still doesn't recognize the band and having the duty to consult to us as First Nations. Very beginning stages comes down to what we can do regarding jurisdiction and trespass processes (Section 35) in the area.

- June 5 2020
- June 23 2020
- August 20 2020

Enbridge Zoom Meeting

In attendance for the meeting was all the Enbridge personnel – Catherine Pennington, Chris Dixon, Shand

Goddard, Richard Brant and Emma Shea, XDC-Howard, Ray, and Xatsull Administration- Sheri and Craig.

Most of the discussion was encompassing how we all work together and how we will be moving together in the new initiatives coming forward for Enbridge in the Territory. Discussion to how XDC can participate in the contract awarding and how the Master Service Agreement (MSA) does not give exclusivity to any one first nations which poses a problem of how XDC acquires some of the work.

Three Corners Wellness Meeting

COVID Call Weekly Meetings

April 22, 2020 – June 24, 2020

We had regular meetings with three corners after a few meetings of Secwepemc Caucus, so we can keep up to date what the community updates and how three corners can assist the communities through this trying times.

Blue Spoon Catering Building

Discussion of wellness of our communities, to brainstorm of what to can be done with all of the social issues that are coming out more at this time. COVID-19 plays a role on it because of the influx of funding to individuals, but with the constraints of it has hampered in providing services such as:

- treatment centers
- detox process
- transition to

treatment and back into community

Special Guest to the group was Rod Jeffries

3 Corners Annual General Meeting

President: Larae Dolan

Vice President: Larry Camille

Secretary: Lillian Harry

It was viewed over zoom or go to meeting processes; they are still mitigating through the delivery with

Chief's report continued...

this to happen during COVID-19 of how to get this to the whole of our communities.

Leadership Council

- July 8/9 2020
- Sept 2/3 2020
- October 7/8 2020

These meetings are on an ongoing monthly meeting to update all NStQ Leadership of current negotiations of the treaty process and other high level political discussions or decisions that our communities need to bring back to the communities if need be.

SCIB Governance Strategy

Kamloops, BC

August 21-24 2020

Pleasure to sit with Community Members, Elders, Department Heads, and Council to consult about development of Governance Manual for the Council to adhere to. It was a great few days to hear what everyone had to say. It gave administration to next steps and how to move forward from that meeting, still a work in progress.

Secwepemc Health Caucus GoTo Meeting(s)

March 24 2020 to ongoing weekly

Regular COVID-19 Calls to just touch base with all the Secwepemc communities which usually covered the issues in all the other communities such as:

- Lockdowns,
- EOC's and updates to where they are at,
- PPE needs to community
- Testing process and where can receive the services
- Any other needs to the communities

Governance Meeting

The overall discussion is how to get the process of moving forward to being under SNTC or on its own.

Utilizing other funding in the organization to bring in a contractor to work with the team in getting input from the communities and next steps to how the organization may move forward.

Letter of Understanding (LoU)

This needs to be renewed with Interior Health Authority, which the team will be reviewing and doing additions with the new legislation and changes around UDRIP and anything the team sees

as well

FNHA Nation Caucus IRNE (Interior Region nation Executive)

2020 Priorities

- Bringing resources closer to home
- Regionalization
- COVID19 Response/ Immediate Supports
- Opioid response and crisis support
- Addressing racism in the health care setting

PALT (Partnership Accord Leadership Table)

Interior Health

- COVID19 Response/ Immediate Supports
- Weekly response committee meetings were established
- Development community, nation and regional approaches on pandemic
- Identify and respond to Nation specific needs and concerns
- Tabletop exercises (integrated)
- Systemic issues, ongoing gaps and continued implementation issues
- Opioid response and crisis support
- FNHA Virtual Substance Use Services
- Interior Health

Substance Day Treatment

- Substance Use beds
 - IH Overdose Prevention Sites
 - IH Supervised Consumption sites
 - Naloxone Kits (take home)
 - Addressing racism in the health care setting
 - IH acknowledges the systemic racism exists in the Interior Region
 - Mary Turpel-Lafond's racism in health care investigation
 - Consultation to assistance in guidance of addressing the racism
 - Development of an action plan on anitaboriginal racism
 - Culture safety and humility policy
 - Development of complaints process
- Discussion:
- Institutional Racism, COVID19, Opioid Crisis
- What are the statistics that are accessing these services?
- Interior Health: Its our responsibility in the Health Services
- FNHA: In terms of dealing with Racism, FNHA wants to provide resources, and what will look be options to getting this completed.
- COVID19

Chief's report continued...

A lot of discussion around when the vaccination is distributed and to who would be a priority of receiving it. The group wanted First Nation as a priority with 1st to be the Elderly

Shannon McDonald: 150 different vaccines and 2 out of 5 look hopeful (stage 2, people tested). Challenge is a very unrealistic needs to do test, for example it needs to be incubated in a transport to always remain at 80 degrees.

Support for Community

- Release of a one stop community support guide detailing support for:
- Development or review of communicable disease preparedness plans
- Health human resources surge capacity
- Infection prevention and control i.e. ppe ordering, etc
- Isolation support
- Additional wrap around supports
- Development of services resumption planning guide
- Regular communication with Chiefs and health directors on topics of special interest
- Funding for public health check points,

wage top-ups, mental health and wellness, culturally safe contact tracing, and self-isolation infrastructure

Further Engagement:

Focus groups have been developed to look at the priorities for the next five (5) years and will be shared in a draft document in the spring of 2021

Board of Directors, NSTC/NStQ/INDC INDC Boardroom

Next Chapters to bring to Leadership:

- Chapter 7, Crown Corridors and Roads
- Chapter 8, Shared Decision Making
- Chapter 11, Fish
- Chapter 16, Local Government Relations
- Chapter 26, Environmental Management

There is currently an overview with the Compensation/Salaries Framework of our common Human Resources Policy and Procedures which encompasses wages to review at the tribal council right now so hopefully this will be completed by fiscal this year.

Presentation from Williams Lake Indigenous Court (WLIC) and move this process forward

to a soft opening. The anticipation is to have a much larger opening when we can gather after COVID19.

Strategy Session:

Discussion mainly was the governance transition process at the NStQ level. The teams have to go do some action items of how Leadership can be a decision board. So more technical information needs to be completed to this before anything can happen at this moment. Contemplating the Board of Directors (BoD) of NSTS to be a larger BoD as shown as an executive bod and regular BoD.

Williams Lake Indigenous Court (WLIC)

As per the soft opening there will be the following happening during the ceremony (draft planning)

- Blanket ceremony of the Elders participating in the court process (will be prerecorded to go out to the communications to present during the ceremony);
- There will be six (6) communities out of all the communities to be presenting the ceremony
- Cleansing of the building

- Drumming of the ceremony
- Cleansing of the eagle feather prior to court process
- There will be ½ day session of court in the room that day as well. To date possible four (4) files on the court registry process

FNHC Town Hall

Discussion of the new orders that has been implemented.

Essential Travel only Medical appointments has shifted to Virtual where it can

- FNHA has virtual Doctor of the day
- Don't remain at home if ill
- Not policing the ferries: there is measures on the ferries
- All public indoor retail/public buildings: mandatory masks enforced
- Funerals:
- Suspended all events under the mass orders of fifty people
- Funerals have been limited to 10 people in room
- Celebrations of life to be postponed for next 2 weeks
- End of 1st quarter, possible immunization (approx. 200 thousand available)



Craig Smith, Band Administrator

By the time you read this Christmas may have already happened. My thoughts are with all Band and Community members this Christmas season and I do hope everyone finds a safe way to enjoy it. The Band's Administration has continued to work through the entire year even with the Pandemic restrictions and we are very proud of all the staff that have continued to work serving

this community when other Band Offices have completely shut down. We have applied for multiple projects this year and are seeing acceptance letters on a daily basis. As these projects start you will be seeing information on Facebook, the Fraser River Run, our website and flyers distributed in the next year. With the direction of Chief and Council We have been tasked with two major projects. One is that there will be an abundance of food distributions throughout the year. Two is, anyone who is interested in working, we will find them a job. If anything, we need more members to fill the jobs

we have. Council has been very busy and a couple of the major projects that were finalized in 2020 are the new Deep Creek well system and the acquisition of the Carpenter Mountain Ranch. In 2021, the year will start with a strategic planning exercise that we will have to do with COVID restrictions. It will

probably involve online, or paper surveys being done. This is your chance as community members to let Chief and Council know what is important to you and how you see the future of your community. Let me finish by wishing you all a Joyous New year that will be full of Peace and Prosperity.

Gavin Buerge, IT Coordinator

Well, it's been an interesting year as the IT coordinator. At the beginning of this year the IT department didn't even exist. Now, twelve months later we have a fully functioning IT department. Not only have we upgraded our own network and servers, but our entire phone system as well. These both use new technologies that will save us money going into the future. One of the other plans for the new IT department was to take on external clients to bring in revenue. Unfortunately, with arrival of COVID-19 that plan was minimized for now, though we did still pick up two clients. Just last month we



completed a large project for one of those clients and look forward to doing even larger ones in the future. It's been quite the year building the new IT department, and we look forward to expanding it in 2021.

Season's Greetings to everyone from the new IT department!

Chief's report continued...

- Priority currently health care providers, seniors
- Start where they see the most infected

Memorandum of Understanding (MoU) with Tolko

Discussion of our current MoU and update where Xatsull is in the process of Forestry and looking into current and opportunities we can complete and endeavor towards.

BC First Nations Justice Council

Discussion to investigate if we can have our own Justice Program here at the community and how can we ensure it can be sustainable. It was informative, but we need to await another deadline for application, just missed the deadline. They will be sending possible other streams of funding opportunities as well.



Sally Sellars, Lands Coordinator

Dec. 8, the Survey Capacity Development Program done by Natural Resources Canada training is underway. The process will help to define boundary certainty and give predictable exercise activities on land to bring fairness and impartiality in boundary conflict resolution.

SCIB through the Lands Coordinator position is now part of the British Columbia Aboriginal Land Managers (BCALM) association which

currently has 39 First Nations members in B.C. It is affiliated with the National Aboriginal Lands Manager Association (there are eight: Atlantic, B.C., Quebec & Labrador, Ontario, Nunavut, Saskatchewan, Alberta, and Manitoba).

The hope is that in the new year we can continue our work which the community started in 2018 for the development of new buildings and infrastructure that best suits our needs.

On a personal note, I have accepted the nomination for Council at Large for the 74th Association of Registered Professional Foresters. Nomination. The election begins on Dec. 10 and goes until Jan. 11. It is a three (3) year term (2021 to 2023). With more than 5,300 Registered Professional Foresters and Registered Forest Technologists, which regulates the largest group of forestry professionals in Canada.

Hello,
A start with one preliminary survey project over at Nenqayni Treatment Society is to update the previous work done back in 1989. This project will continue into February 2021.

ABCFP Executive Summary

Sally Sellars, RPF is proud to run for the three-year term position of councillor at large on the Association of BC Forest Professionals (ABCFP) Council. Sally would provide ABCFP Council with a valuable perspective on how forestry interacts and intersects with Indigenous rights backed up by over 20 years of experience in the field focused on stewardship and natural resource management. As Lands Coordinator for the Soda Creek Indian Band, Sally makes



governance and stewardship decisions that engage and weave together community histories and initiatives. She has spent her career working to advance the profession

as evidenced by being a two-time ABCFP award recipient. Additionally, Sally has been a board member with UBC Faculty of Forestry Indigenous Initiatives since 2006. Sally is easy to get along with, is good at building relationships, has steadfast dedication and resilience, and leads with her heart. If elected, she looks forward to contributing her knowledge and experiences to the ABCFP. Association of BC Forest Professionals Home (abcfp.ca)



Hello all you Soda Creekers and Deep Creekers, wishing everyone well and to be safe and healthy throughout the winter season. Wish you all Merry Christmas and a Happy New Year. From Sally, Kevin, doggies, and kitty



Cheryl Chapman, Economic Development & Employment Coordinator

Keeping Family, Friends and Community in my thoughts and prayers while Celebrating Winter Solstice.

It has been a busy season, and with Covid-19, it has been challenging... however, some exciting opportunities are available for 2021.

The Community Enhancement Program for Sawmill and 'Let's Build a House' will see 10 Indigenous trainees develop their skills in log selection, sawmilling, house design, foundations, framing, plumbing, heating, electrical, insulation, windows, doors and roofing. This will provide the trainees with project management skills, an opportunity to explore their career options and identify additional training needs. The house will be built at the Whispering Willows Campsite as a

Caretaker House which will allow the campsite to be open year-round and act as an advertisement for the new business. This program is supported by the Province of BC under the Ministry of Advanced Education, Skills and Training (MAEST) and Cariboo Chilcotin Aboriginal Training and Employment Centre (CCATEC); in cooperation with Soda Creek Indian Band.

Information Technology has a new Assistant, Levi Sellars has been hired in an on-the-job training position, supported by CCATEC, to assist with the IT both in and outside the community as the business is growing. Levi

will be provided with certification in A+, as well as hands-on upgrading of his skills and interests in information technology.

Cannabis Store, as follow-up to the questionnaire/vote for the proposed cannabis store, research is being conducted on the different options available to the band, including band owned/operated; leasing out a band owned facility; partnership/joint venture; or a franchise. The research will be presented to Chief and Council by the end of January 2021.

Food Security/Community Gardens, planning will be a priority early in the new year, two small greenhouse kits have been purchased and many of the required tools, however the community needs to decide where the new gardens will be located, one in Soda Creek and one in Deep Creek. This project may be expanded to include the reclamation project for local traditional plants and trees to work with mining and forestry to supply native plants and trees for

environmental reclamation. To that end, research is being conducted to identify opportunities in the development of a nursery.

Emporium, exploring funding opportunities for renovation and opening as a café, arts & crafts co-op and information centre.

Funding has been accessed for additional upgrades to the Xat'sull Heritage Village including repairing the roof on the pit house and replacing the storage shed with a c-can; and Whispering Willows Campsite including repainting the existing office floors, these projects will begin as soon as it gets warm enough.

Funding has been requested to start the Guardians training program, this is a nationally recognized program which will provide additional training for community members in traditional territory protection.

If you are interested in any of these projects or would like more information, please contact me at ecdev@xatsull.com or 250-989-2323 ext. 132.





Heather McKenzie, Education Manager

Hello to all community members of the Soda Creek First Nation,

I'm providing you my very first Fraser River Run edition! I've been formally hired and I'm now permanently full time as of October 28, 2020 as your Education Manager.

It's definitely been a catch-up time for me as I've been out of the Education field for two and a half years and I'm very happy to be here and doing a job that I know best.

One of the highlights of the year has been getting to know the children and the families here at Soda Creek that we work with through the Education Department. I originally began contracting in the middle of May, 2020. We have hired an



Educational Assistant and Support worker who has sixteen years of teaching experience and background, specifically in primary grades which we are very excited about.

We are currently working on future plans of how the Head Start/ Daycare program and Afterschool program will unfold. We are looking at developing supports and programs that will reflect a classroom style education. We just received funding due to the COVID epidemic for this to begin in January for our K-12 students.

I won't be too lengthy in this report so on my ending note, we would like to welcome Marnie to our department and welcome you as family members and students to please come to our Education Department to say hello and we'd be happy to show everyone the new look of our department. We are hoping it will better serve our communities' educational needs.

Merry Christmas to you all and see you in the New Year!





Marnie Haines Howell, Education Support and Assistant

Hello Everyone/Weyt-kp xwexweytec,

I just came on board as of November 16, 2020 working for our community and band office. I haven't worked for the band office since I was a child down at the old reserve and did a summer job! I'm looking forward to working for our community with the little ones and students, K-12 in terms of support for them in education and reconnecting with all the families.

Since coming on board, I've been assisting Heather McKenzie, getting filing systems updated and in place; organizing the office space in general to make it more inviting, user friendly and safe - especially with the concerns of COVID now!

Robert Sellars, Dennis



Elliott and Edie Woods have been most helpful to us, helping to clean out old items; refreshing the spaces with cleaning; and setting up newer furniture in more organized areas. Gavin Buerge has been patiently setting us up with the technical side of things.

We have discovered a lot of children/youth's leftover clothing while organizing and it has all been washed. If you are missing anything, please feel free to come and see our "lost and found"



items.

I hope you all have a wonderful Christmas and hope to see you in the New Year! Stay safe and well!





Hi everyone,
Let us hope and pray

Jennifer Stinson, Social Development Coordinator

that this year 2021 will be so much better than 2020. On a positive note, I am glad to see that the Food Bank is doing well, and that many of you have been accessing it every other Thursday. The next date will be January 7th, 2021 from 1:30 pm to

4:00 pm.

The Pre-Employment Program has been doing good too, but it will now be held at the S.A.G.E. office, just because of the new COVID-19 restrictions that they now must follow. If any I.A. Clients are still interested in joining the

program, please come in to see me to sign up.

We are still looking for someone to haul wood for I.A. Clients. If anyone is interested please email me at socdev@xatsull.com or call me at the office at 250-989-2323 Ext 102.

A promotional poster for a 'Veggie Box Pick Up' event. The background is a close-up of fresh vegetables, including several bright orange carrots and red tomatoes on the vine. The text is overlaid on the image.

**VEGGIE
BOX
PICK UP**

FOR EVERY ON RESERVE HOME

Thursday,
JAN 14, 2021

3:00-5:00pm

See you at:
**SODA CREEK
HEALTH STATION**

Any questions call Health, at 250.989.2355

The logo for the Soda Creek Indian Band, featuring a stylized eagle with spread wings inside a circular border with the text 'SODA CREEK INDIAN BAND' and 'Xats'ul / C'metem'.

January

2021

Social Development Department



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 OFFICE CLOSED	2
3	4	5 INTERVIEW WK 9:30 AM-4 PM	6 MID-MONTH INTERVIEW WK 9:30 AM-4 PM	7 INTERVIEW WK 9:30 AM-4 PM FOOD BANK 1:30 PM-4 PM	8 INTERVIEW WK 9:30 AM-4 PM	9
10	11	12	13 PRE- EMPLOYMENT RACISM	14 PRE- EMPLOYMENT SELF- REFLECTION	15	16
17	18	19	20 SA DAY	21 FOOD BANK 1:30 PM-4 PM	22	23
24	25	26	27 PRE- EMPLOYMENT ZOOM MEDICINE	28 PRE- EMPLOYMENT COMPUTERS	29	30
31 ***FOR INTERVIEW WEEK PLEASE BRING YOUR CURRENT BILLS			***PRE- EMPLOYMENT PROGRAM WILL NOW BE @ THE S.A.G.E OFFICE		***FOOD BANK DAYS, PLEASE BRING YOUR OWN BAGS OR BOXES	

SODA CREEK INDIAN BAND BY-ELECTION NOTICE OF NOMINATION MEETING

Notice is hereby given that the **Soda Creek Indian Band** has called a Nomination Meeting on **Tuesday, January 12, 2021**, in accordance with the *Xat'sull Custom Election Code*, for the purpose of eligible Electors nominating candidates for the **Office of Councillor (1)** to be elected in the By-Election on **Tuesday, February 23, 2021** for the remainder of the term ending May 10, 2021.

NOTICE OF NOMINATION MEETING

JANUARY 12, 2021

4:00PM-7:00PM

COMMUNITY GYM

3405 MOUNTAIN HOUSE RD

IMPORTANT NOMINATION MEETING INFORMATION

Notice is hereby given that a meeting of the Eligible Electors of the Soda Creek Indian Band, will be held at the Soda Creek Community Gym, located at 3405 Mountain House Road on **January 12, 2021** beginning at **4:00PM** and lasting until **7:00PM**, for purpose of Eligible Electors nominating candidates for the positions of one (1) Councillor to serve the remainder of the term, ending May 10, 2021.

PLEASE NOTE that any Eligible Elector may nominate or second candidates by using a mail-in nomination form and voter declaration **OR** you may nominate or second candidates orally at the nomination meeting.

Nomination documents can be requested directly from the Electoral Officer and will be available to download from the election's website:

<https://onefeather.ca/nations/sodacreek>

Nomination forms and completed, signed and witnessed voter declaration forms **MUST BE RECEIVED** by the Chief Electoral Officer before the time set for the nomination meeting **OR** you may nominate or second candidates orally at the nomination meeting.

Official Voters List

An official Voters List of all Eligible Electors shall be posted and available for review during regular business hours at the Soda Creek Indian Band Office.

Electors may also agree to release their mailing address to Candidates to receive information from them. Please advise the Chief Electoral Officer should you wish to allow Candidates to contact you directly.

NOTICE OF VOTING PLACE

FEBRUARY 23, 2021

9:00AM TO 8:00PM

COMMUNITY GYM

3405 MOUNTAIN HOUSE RD

Eligible Electors may vote in person at the voting place (the Polling Station) or by mail-in ballot. Eligible Electors residing off reserve, for whom mailing address is available, will automatically be sent a mail-in-ballot via regular mail.

Eligible Electors ordinarily residing on-Reserve may request a mail-in ballot by personally contacting the Electoral Officer.

Given under my hand at Victoria, British Columbia, this 9th of December, 2020.

N. Hajash

Nicole Hajash, Electoral Officer

Please note that the one (1) Council seats open for Nomination is the seat previously held by Kelly Sellars whose term ends on May 10, 2021.

For more information please contact:

Nicole Hajash, Chief Electoral Officer
Email: nicole@onefeather.ca

Drew Shaw, Deputy Electoral Officer
Email: drew@onefeather.ca

Office: (250) 384-8200 TF: 1-855-923-3006 Fax: 250 384-5416
209-852 Fort Street, Victoria, BC V8W 1H8

<https://onefeather.ca/nations/sodacreek>

Statement of the Votes

716 Soda Creek Indian Band December 15, 2020
 Band number Name of First Nation Date of by-election

To be completed by the Electoral Officer after the counting of the votes. The numbers on the Statement of the Votes submitted by Deputy Electoral Officers from other polling stations must be included in the numbers provided on this report. **Ensure that the form is signed and witnessed.**

A copy of this statement must be sent to the Regional Office of Indigenous Services Canada no later than four days following the election.

Name of Candidate for Councillor	Total Votes Received
BINGHAM, MELANIE MARIE NADINE	20
DIXON, DONNA	21
MACK, ANTHONY ORDEN	9
PHILLIPS, JOANNE CAROLYN	31
SELLARS, MARNIE LORE	14

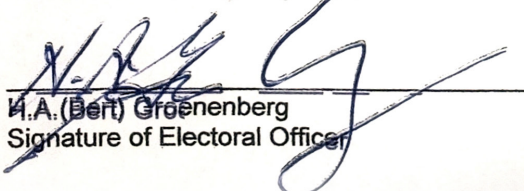
Number of valid ballots cast for councillor: __95__

Number of rejected ballots for councillor: __7__

Elected Candidate to the Office of Councillor:

Name: PHILLIPS, JOANNE CAROLYN

This count was diligently conducted in accordance with the ~~Xat'sull Custom Election Code~~.


 H.A. (Bert) Groenenberg
 Signature of Electoral Officer


 Cynthia Dick, Deputy Electoral Officer
 Signature of Witness



CHRISTMAS DISBURSEMENT

Chief and Council are happy to announce a \$200 Christmas disbursement for all Band Members.

You should receive the disbursement automatically. If you haven't previously received money from the Band this year or if you've moved, please contact Band Administrator Craig Smith.

Chief, Council and staff would also like to wish everyone a happy and healthy Holiday Season and a good start to the New Year.

MOBILITY FOR GOOD PROGRAM FOR ELDERS

TELUS launched a new Mobility for Good program for Elders. Seniors over the age of 65 that receive the Guaranteed Income Supplement are eligible for a free smartphone and subsidized mobility rate plan (unlimited nationwide talk and text, and 3GB of data for only \$25 per month).

To sign-up they can visit telus.com/mobilityforgoodseniors.

The process is simple, and just requires a piece of documentation proving the individual receives GIS and is eligible. Seniors can also have a family member or friend help them if they require support, and there is a contact email listed on the website if they have additional questions or need support from TELUS. Once they've provided documentation, the customer receives a unique code that can be used to sign-up online or over the phone. Then, TELUS will send the customer a free smartphone and SIM card to activate their new plan.

Landmark provides update on TLUS

In April 2020, Landmark began a Traditional Land Use Study (“TLUS”) with Xat’süll First Nation and Williams Lake First Nation for the Cariboo Gold Project being proposed by Barkerville Gold Mine (“BGM”). The Cariboo Gold Project involves the construction of an underground gold mine and associated facilities, including a proposed new transmission line, infrastructure upgrades, and associated mine works. In August 2020, Landmark researchers, Emma Barnes and Amanda Degray met with Xat’süll community members to collect information regarding their concerns about the potential impacts on Xat’süll’s Aboriginal Title and Rights, the environment, as well as the health and well-being of the community. Landmark was also interested in assessing concerns related to the cumulative impacts of natural resource extraction in the territory.

During the August 2020 interviews, Xat’süll community members stressed their concerns over the proposed project which have been



Xat’süll Heritage Village and Fraser River from Lookout (Xat’süll-Cmetēm, 2020)

summarized for BGM to consider during the environmental assessment process. While the list below is not exhaustive it does demonstrate some of the issues and concerns that were addressed by community members.

- **Habitation and Gathering Areas:** As industry developments and land privatization increases in the region, areas suitable for camping or other forms of gatherings diminish. The ecological health and safety of suitable spaces to use as a base during cultural activities are central as Xat’süll community members move

through their Caretaker Areas. Damage to the land and resources via pollution (noise and air), vegetation clearing, water and soil contamination, increased human or vehicle traffic all hold the potential to impact the suitability for camping, cultural gatherings, or other outdoor recreational activities.

- **Water Quality:** Water quality was a main issue for many Xat’süll community members. The quality of water within the study area affects surrounding plants and animals which Xat’süll members rely on. A buffer

zone was suggested to be placed on both sides of all waterways within the study area to protect water from further disturbances. Additionally, the need for proper mitigation strategies to address industrial water use, recycling, and discharge into the Fraser River watershed was continually the most important area of discussion for Xat’süll members.

- **Wildlife:** The TLUS found that Xat’süll First Nation has observed adverse impacts from past industrial activities resulting in poor wildlife health and ecosystems



ABOVE: Landmark Team Visiting a Collapsed Pit House near Blue lake with Knowledge Holders. Photo by Amanda Degray, August 26th, 2020



RIGHT: Interviews at Xat'sull Heritage Village: Photo by Alex Fanni, August 25th, 2020

throughout the territory. Another main concern was the potential cumulative effects of the already at-risk Mountain Caribou and moose populations.

- Fish: After discussion with Xat'sull community members Landmark advised that buffers be put in place on both sides of all water sources to protect fish populations. It was also recommended that BGM work with the community to clean up the water sources in the

study area to improve fish habitats and health. Other community members recommended implementing salmon monitoring programs during the life-cycle of the mine.

- Vegetation: The health of vegetation within the study area affects local wildlife populations and Xat'sull First Nations' ability to carry out traditional land use activities. It was observed that changes to vegetation have consequences on

moose and caribou. Accordingly, the study recommended that project areas known to contain medicinal and ceremonial plants should be avoided or rehabilitated after industrial use.

Landmark would like to extend our appreciation to all Xat'sull community members for allowing us to spend time in your Caretaker Area and learn from your knowledge holders. We are truly grateful for all of those who took time out of

their busy schedules to sit down and speak with us. Of course, gratitude to the Natural Resources Department's, Edna Boston and Mike Stinson who coordinated all of our interviews and made our researchers feel incredibly welcome during our research.

For community members who would like to receive a copy of the full TLUS, a request can be made to the Natural Resources Department for a digital or hardcopy to be delivered.



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		4	2		1	8		
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1		7		6	9		3	
					4			6
						9		5

EASY PUZZLE

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6							8	
7		2						1
			9		4			
8						9		6
	8							5
	5		1	4		2	9	7
	1			9			3	

MEDIUM PUZZLE

	4	3	1					
7		9	4	6				
8		6			3		1	
9		2			7			
	6						4	
			3			9		7
	7		6			2		5
				2	4	6		1
					1	4	3	

HARD PUZZLE

	7			3	6			
4		8	1					
3	1			4				5
6					2		4	9
			9		7			
5	8		4					7
8				2			3	6
					1	7		4
			3	9			5	

VERY HARD PUZZLE

PUZZLES

5	7	3	6	9	2	1	4	8
2	1	9	3	4	8	6	5	7
8	4	6	7	1	5	2	9	3
9	2	5	4	8	6	3	7	1
7	3	4	2	5	1	8	6	9
6	8	1	9	3	7	5	2	4
1	5	7	8	6	9	4	3	2
3	9	8	5	2	4	7	1	6
4	6	2	1	7	3	9	8	5

EASY SOLUTION

4	7	8	6	3	9	5	1	2
1	3	9	5	8	2	7	6	4
6	2	5	4	1	7	3	8	9
7	9	2	8	6	3	4	5	1
5	6	1	9	7	4	8	2	3
8	4	3	2	5	1	9	7	6
9	8	7	3	2	6	1	4	5
3	5	6	1	4	8	2	9	7
2	1	4	7	9	5	6	3	8

MEDIUM SOLUTION

2	4	3	1	7	5	8	9	6
7	1	9	4	6	8	3	5	2
8	5	6	2	9	3	7	1	4
9	3	2	5	4	7	1	6	8
1	6	7	9	8	2	5	4	3
5	8	4	3	1	6	9	2	7
4	7	1	6	3	9	2	8	5
3	9	5	8	2	4	6	7	1
6	2	8	7	5	1	4	3	9

HARD SOLUTION

9	7	5	2	3	6	4	1	8
4	6	8	1	7	5	3	9	2
3	1	2	8	4	9	6	7	5
6	3	7	5	1	2	8	4	9
1	2	4	9	8	7	5	6	3
5	8	9	4	6	3	1	2	7
8	5	1	7	2	4	9	3	6
2	9	3	6	5	1	7	8	4
7	4	6	3	9	8	2	5	1

VERY HARD SOLUTION

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Turkey and veggie stuffed pita

This sandwich gives leftovers a new lease on life with some serious crunch factor. Use the turkey mixture to make an equally delicious salad. Add a splash of rice vinegar and enjoy.



30 mins or less



Kid-friendly



No-cook



PREP TIME
10 min



COOK TIME
0 min



SERVINGS
4

Ingredients

- 75 mL (1/3 cup) 0% fat plain Greek yogurt
- 30 mL (2 tbsp) light mayonnaise
- 5 mL (1 tsp) Dijon or yellow mustard
- 1 mL (1/4 tsp) fresh ground black pepper
- 375 mL (1½ cups) chopped cooked turkey breast meat (about 227 g / 8 oz)
- 125 mL (1/2 cup) diced red or green bell pepper
- 60 mL (1/4 cup) grated carrot
- 2 whole grain pita pockets
- 4 leaves Boston lettuce
- Quarter of an English cucumber, thinly sliced

Directions

1. In a large bowl, whisk together yogurt, mayonnaise, mustard and pepper. Stir in turkey, red pepper and carrot until coated well.
2. Cut pitas in half and open pockets. Tuck lettuce and cucumber slices into each half and spoon in turkey mixture.

Tips

- ✓ This recipe is great for using up **turkey leftovers**. Or, simply cook an extra boneless skinless turkey breast for dinner and save the leftovers. You can also sub in **leftover cooked chicken**.
- ✓ Ask your **little chefs** to help. They can stir the ingredients together and stuff the filling into the pita pockets.
- ✓ Switch up the lettuce colour palette with **baby kale**, **shredded cabbage** or **shredded beets**.

Recipe developed by Emily Richards, P.H. EC for the Heart and Stroke Foundation. Reproduced with permission from the Heart and Stroke Foundation of Canada.

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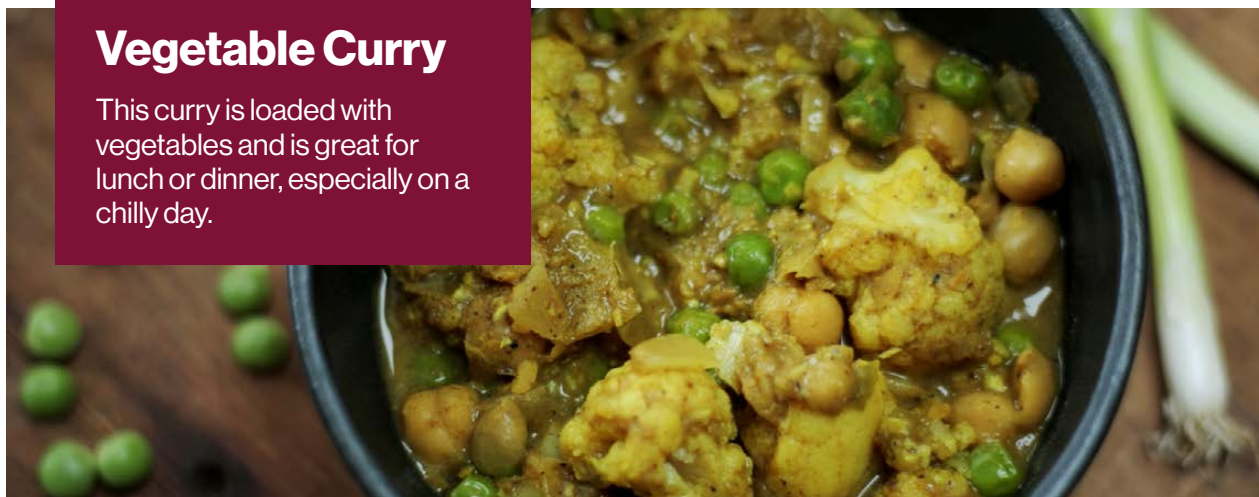
Health
Canada

Santé
Canada



Vegetable Curry

This curry is loaded with vegetables and is great for lunch or dinner, especially on a chilly day.



Vegetarian



30 mins or less



Freezer-friendly



PREP TIME
10 min



COOK TIME
20 min



SERVINGS
4

Ingredients

- 45 mL (3 tbsp) curry powder
- 5 mL (1 tsp) garam masala
- ½ a yellow onion, cut in quarters
- 2.5 mL (½ tsp) salt
- 3 cloves of garlic
- 540 mL (19 fl oz) canned no salt added chickpeas, drained and rinsed
- 1 stalk of celery
- 500 mL (2 cups) cauliflower, cut in bite-sized pieces
- 60 mL (¼ cup) green pepper
- 250 mL (1 cup) frozen peas, thawed
- 1 tomato, cut in half

Directions

1. In a small bowl, mix the curry powder with 3 tablespoons of water. Mix into a loose paste and set aside.
2. In a food processor, purée ¼ of the onion, the garlic, celery, green pepper and ½ the tomato. It doesn't have to be completely smooth, but should be well incorporated.
3. Dice the remaining onion and the other ½ tomato.
4. Lightly coat a large non-stick pan with cooking spray or oil and heat over medium-high heat. Add the curry paste and cook, about 30 seconds.
5. Add in the vegetable purée, diced onion and tomato to the pot. Lower the heat to medium and sauté for 10 minutes, stirring frequently.
6. Add 375 mL (1½ cups) of water, the garam masala and salt to the pot and allow the mixture to simmer on medium-low covered for 10 minutes. Stir occasionally.
7. Increase the heat to medium-high and add in the chickpeas and cauliflower. Cook until cauliflower reaches desired level of doneness. Add in the peas at the very end just to warm them up.

Tips

- ✓ Curry goes well with a variety of **vegetables**—try adding carrots, eggplant, pumpkin or broccoli instead of the cauliflower.
- ✓ Looking for something to add to this meal? **Serve it with brown rice.**
- ✓ If you **want it spicier**, try using Jamaican curry powder!



Health Canada Santé Canada

Canada

PAID TRAINING OPPORTUNITY



“LET’S BUILD A HOUSE” Community Enhancement Project

Please see the following opportunity to participate in a paid Employment and Skills Training opportunity within the community of Soda Creek.

The 16 week program is called, “Let’s Build a House” and is designed to incorporate sawmilling, lumber grading, budgeting, electrical, plumbing and carpentry as well as preparing the ground work with heavy equipment for the construction of a house. This whole process will be incorporated into an overall project management exercise which will see a house ready to move into upon completion.

The program will see participants learn skills in tracking costs starting from the purchase of the logs to be milled all the way to the completion of the house. The house will be constructed at the Whispering Willows Campsite and will be livable when completed and will serve as a caretaker house for that site.

The ten participants selected for this program will start January 25, 2020. They will be paid a wage and must be committed to attending the entire 16 weeks of the program. The intent of this training is to establish a trained workforce that will be able to continue on with implementing a sustainable business for the community. Participants will be introduced to many trades with opportunities to continue on in those trades if desired.

There will be multiple supervisors for this project as we move through the different stages of training. We have made provisions for lunches each day as well as financial support to buy safety gear.

The full project description and any questions can be directed to Cheryl Chapman, Economic Development & Employment.

Email: ecdev@xatsull.com

Phone: 250-989-2323 extension 132

To Apply: Send a Cover Letter and Resume to Leasa Williamson, Executive Assistant

Deadline: January 8th, 2021 at 4:00 p.m.

Email: execasst@xatsull.com

Mail or drop off: 3405 Mountain House Rd D, Williams Lake, BC V2G 5L5



JOB OPENING



Job Title:	Traditional Wellness Coordinator
Reports to:	Health Manager
Job Summary:	The Traditional Wellness Coordinator will develop and provide prevention, education, crisis counseling, substance abuse awareness and supports, detection, assessment, treatment, and after care services which focuses on addictions, mental health, Fetal Alcohol Spectrum Disorders (FASD), and client advocacy.
Education & Experience:	<ul style="list-style-type: none"> • Diploma in Social Service, counselling, or a related field.
Skills & Abilities:	<ul style="list-style-type: none"> • Ability to use with proficiency, the Microsoft Office Suite • Ability to prepare and make research and report recommendations • Strong analytical, communications skills (verbal and written) and knowledge of research practices • Ability to work independently and as part of a team • Ability to communicate effectively both orally and in writing, with a focus on drafting reports, policies, protocols, guidelines, newsletters, briefing notes, and other material • Ability to synthesize information and feedback into easily understood and audience appropriate presentations • Attention to detail • Problem Solving and Conflict Resolution skills
Type of Employment:	35 hours per week
Working Conditions:	<ul style="list-style-type: none"> • Must be able to work flexible hours and travel as required • Full time position, subject to 90-day probation • Must be able to obtain and maintain a Criminal Records Check • Must be able to obtain and maintain a valid BC Driver's License • Be willing to obtain and maintain a Valid Class 4 Driver License • Must provide a vehicle in good operating condition • Must be able to obtain and maintain a valid Emergency First Aid Level One Certificate, and Food Safe Certificate
Salary Grid Level:	to be determined later
For a complete job description and application package contact:	Attention: Leasa Williamson, Executive Assistant Soda Creek Indian Band 3405 Mountain House Road Williams Lake, BC V2G 5L5 P: (250) 989-2323 F: (250) 989-2300 execasst@xatsull.com

Applications will be accepted by email, hand delivery, fax, or by post. Please provide a cover letter and references. Application Deadline: Open until filled Only those selected for an interview will be contacted. Preference will be given to persons of Aboriginal ancestry as per Section 16(1) of the Canadian Human Rights Act.

JOB OPENING



Job Title: Self Government Transition Coordinator
Reports to: Treaty Manager

Job Summary: The Self-Government Transition Coordinator contributes to the overall success of the organization by working to negotiate and prepare the community for a post-Treaty self governing environment in accordance with the vision, mission and objectives of the organization. The Self-Government Transition Coordinator is tasked with developing programs to build capacity, explore alternatives to Treaty, communicate, promote and revitalize the cultural heritage and language.

The Self-Government Transition Coordinator will work to advance the Soda Creek Indian Band's goal of self-government. This will include helping to further develop Governance structures, as well as plan and initiate the transition from the Indian Act to a sovereign, self-governing community.

Skills and Abilities:

- Understanding of laws, constitution and legal language
- Knowledge of traditional lands, culture and language
- Intermediate skills with Microsoft Office (You are capable of using a large number of functions and feel confident using the program)
- Ability to use in-depth analysis and evaluation using significant innovative thinking and creativity to find answers
- Strong administration, conflict resolution, time management, interpersonal communication, proposal preparation, and negotiation skills.

Type of Employment: This is a full-time position of 35 hours a week.
Application Opened till filled. Only candidates that are eligible for an interview will be contacted.
Deadline: To obtain a copy of this job description and application, please visit www.xatsull.com.

Conditions of Employment:

- Must be able to obtain and maintain a Criminal Records Check
- Must be able to obtain and maintain a valid BC Driver's Licence
- Must provide a vehicle in good operating condition and appropriate vehicle insurance to meet program requirements OR access to company vehicle is provided and requires a valid Driver's Licence

Resumes can be mailed or emailed or delivered by hand to: Leasa Williamson, Executive Assistant
 3405 Mountain House Rd.
 Williams Lake, BC V2G 5L5
 Email: execasst@xatsull.com
 Or by fax to: 250-989-2300
 Only those selected for interview will be contacted

