

DECEMBER 2019

Fraser River Run

The monthly newsletter of the Soda Creek Indian Band



Fraser River Run 2020

We are going through some changes. The FRR has a long history serving the communities of Soda Creek and Deep Creek. It is the go-to resource for everything in the community. It is our desire to continue and expand what we publish

The aim for future FRR issues will be to cover pertinent, important local issues as well as community news. The FRR will also provide regular updates from the Administration and departments of the Soda Creek Band.

We welcome input from the community in the form of Articles, Stories, Art, Images, and general comment. If you are a local business or have skills to share contact us for Space in the next issue.

Fraser River Run
communications@xatsull.com
(250) 989-2323 ext. 110

Publication Information

The Fraser River Run is Gathered, Written, Edited and published Monthly.

Design, writing, photography, layout, publishing happens the last week of the month with the content submission deadline being the 23rd.

The Fraser River Run distributes 70 copies to households organizations and businesses in the communities and local area.

Delivery is door to door, mailing list and by pick up.



Community Fibre Network Installation

After years of effort, planning and work the Soda and Deep Creek communities now have the latest networking infrastructure technology.

Chief Sheri Sellars, through the All Nations Trust Company's Pathways to Technology program and a partnership with Telus has made this a reality.

For the last few months contractors and sub-contractors have been busily installing the main lines and connections on poles throughout the community. The Soda Creek Band offices and buildings will be connected and Telus is in the community signing people up to services inside your homes and businesses.

The project was entirely funded through the All Nations Trust Company and Pathways to Technology.

They have over the last decade connected over 100 First Nations to high speed networks. This is the first step in bridging a significant technological divide. Rural communities in general have difficulty accessing technology and First Nations have been doubly challenged.

Bridging this tech gap creates wide potential for creation in digital media, visualization, simulation. Many next generation technologies like video conferencing, gaming, cloud based storage, collaboration and computing will now available to community members.

Story Contined Inside



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MONTHLY NEWS AND UPDATES

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the future is friendly



SCIB NEW STAFF ANNOUNCEMENTS

Education Manager
Kayla Lulua

Capital Infrastructure Manager
Dennis Elliott

DayCare Co-Ordinator
Adele Edgar

Referrals Co-Ordinator
Mike Stinson

Community Support Worker
Bruce Baptiste

Communications Co-Ordinator
Per David Sannes

STAFF PROMOTIONS AT SCIB

Natural Resources Manager
Edna Boston

Health Manager
Rae-Lynn Betts

CHR
Janae Beaulieu



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TELUS COMMUNITY MEETING & SERVICES





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NATURAL RESOURCES



Recently Taskeko/Gibraltar Hosted a community meeting with Soda Creek's Natural Resources Department. They were there to present information on water discharge options for the mine. Currently There is more than 100 Million Cubic meters of water that will need to be discharged. Safety is the biggest factor in discharging the water. The greater the amount of water stored in tailings ponds the greater the risk. Taking steps to reduce water onsite will significantly reduce future risks.

Taseko/Gibraltar presented The top three alternatives of interest for water discharge. The first being Seasonal Discharge, Active water treatment, being next, and, Use for water for Irrigation being the final alternative presented. Each alternative has benefits and drawbacks.

Seasonal discharge is contin-

gent on permitting and the water levels of the Fraser river. The lower the river the less discharge allowed. The amount of water released is a small fraction of the total water flow of the river. Active Water treatment is the most expensive of the options but produces water that would be safe for general release and full agricultural use. Using the water now for irrigation has some challenges.

Infrastructure to deliver the water to agricultural areas will have to be constructed/installed and the discharge would be limited to the growing seasons. Discharge water for agricultural use will also have to be treated and permitting would have to be in place for agricultural discharge.

They also presented the top 3 alternatives with potential. Those being dust control onsite,

Passive water treatment using a number of techniques using marsh and wetland releases. The potential to release discharge into the Arbuthnot Wetland Creek as the passive treatment system. The wetlands will have to be modified in order for the passive treatment process to work.

Coming up with alternatives for discharge has been a significant area of innovation and partnership. Working with First Nations and various stakeholders we have identified 20 alternative strategies for discharge. Our goal is to find the best options for the environment, for cost, and for long term sustainability.

SCIB (Xatsūll) and Gibraltar Mines (GML) has created an Implementation Committee (IC) with these being the goals. Work collaboratively, establish a positive relationship leading to opportunities for both Xatsūll and GML. Both parties have a interest in an environmentally responsible and economically. beneficial mine development,



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beneficial mine development, exploration, operation, closure, and reclamation. The Implementation committee's goals and objectives for 2019 are; host Alternative Assessments community meetings, mine tours for the elders, salmon sampling program, emergency response planning, and to review the human health and Ecological risk assessments.



NSTC Natural Resource Stewardship Department

NSTC - Natural Resource Stewardship Department

The NSTC's Natural Resources Department was established to provide NSTC and the Northern Shuswap Treaty Society (NSTS) with technical support and assistance in natural resources issues, as well as, to cooperate with our four communities and promote stronger participation in the management of the natural resources

an example of this approach.

The NSTQ Joint Resources Committee, comprised of natural resource and treaty staff from the four NSTC communities, has implemented the NSTQ Connect Portal, a web-based referrals management system. This system provides a single point of contact for natural resource development consultation information and increases the

help reduce the administration burden on community natural resource staff.

For more information on the Natural Resource Stewardship Department, please contact Kate Hewitt, Stewardship Technical Coordinator at 250-392-7361 or by email at stewardshiptech@nstq.org



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EMPLOYMENT, TRAINING & ECONOMIC DEVELOPMENT

Do you need assistance with:

Developing or Updating your Resume
Cover Letter Development
Developing Great Interview Skills
Job Search and Job Maintenance
Submitting Employment Applications



Please free to stop by and meet with me in regards to your return to work action plan or entering the labour market for the first time

These services are available at the Band Office:
Contact Cheryl Chapman, Economic Development & Employment
Email: employment@xatsull.com or (250) 989-2323 Ext: 132



Economic Development

Do you have ideas for community economic development or improvements to existing operations?

Small Business Development

Do you dream of owning and operating your own business?

Do you need assistance with market research?

Need a business plan?

Do you want to know how to market your product or service?

These services are available at the Band Office:

Contact Cheryl Chapman
Economic Development & Employment
Email: employment@xatsull.com or (250) 989-2323 Ext: 132

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CAREERS - NATURAL RESOURCES COORDINATOR

Job Summary:

The Natural Resources Coordinator coordinates and organizes various projects within the Xatsúll Natural Resources Department. You will contribute to the overall success of the Natural Resources Department by liaising/negotiating with government & third parties, supporting internal capacity and maintaining information as required.

Duties and Responsibilities

Assists Natural Resources Manager in completing projects in the Natural Resources Department. Works with and coordinates temporary staff/teams involved in any on-going projects. Leads and organizes specific projects as required. Liaises/negotiates with government and third parties in a professional manner. Works collaboratively with other departments to achieve common goals. Monitors project progress and adjusts workplans as necessary. Critically analyze, review and prepare documentation including agreements and permits, among others. Aids in creating/managing departmental budgets and preparing funding applications. Provides accurate records of all meetings and events and briefs management/leadership as required. Has knowledge of current agreements with government and industry and tracks timelines and deliverables. Participates/organizes in various community and staff meetings to engage community members and solicit input

Qualifications:

Degree or Diploma in Natural Resources Management or equivalent.
Proficient with computers (Microsoft word, excel, PowerPoint, etc.)
Familiarity with Natural Resource Issues, Legislation and Operations.

Experience working with First Nations is an asset

Knowledge of Secwepemc language, culture, and history is an asset

Knowledge of mining and permitting processes is an asset.

Knowledge of GIS is an asset

Conditions of Employment:

Must be able to maintain a Criminal Record Check

Must have a valid Class 5 BC Drivers Licence

Must be physically able to meet fieldwork requirements
(moderate hiking in remote site locations)

Office hours 8:30am-4:30pm, Monday to Friday

This position is pending on budget review.

Please submit an application form

(found at xatsull.com/jobs-2),

cover letter with wage expectation and

current resume with three references by:

December 3rd, 2019 to:

Deanna Dormuth: execasst@xatsull.com





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CAREERS - LANDS COORDINATOR

Lands Coordinator

The Lands Coordinator is responsible for lands research supporting the Treaty process and the Natural Resource Department. This position will finish administering a land use plan and develop a process for dealing with projects on reserve and advising on matters concerning Xats'ul Territory. This person will be heavily involved with community when working toward recommendations on allocations of reserve lands to individuals.

Duties and Responsibilities:

- Researches and conducts interviews with Elders and Xats'ul community members to gather information on different land holdings on reserve.
- Documents information regarding land holdings, incremental Treaty lands, reserve lands, and land base.
- Conducts community meetings for input in Land Management Plan.
- Utilizes information to create a Land Management Plan for Xats'ul.
- Uses information to help the Natural Resource and Treaty Departments negotiate with gov. & stakeholders.
- Creates and maintains a database of all information gathered when researching and talking with community and different stakeholders.
- Develops Land Administration/Management processes, policies and procedures.
- Develops various maps on selected lands, including internal and external boundaries.
- Utilizing a GPS to map various internal boundaries/land claims, digitizes maps and creates database of useful maps.

Qualifications:

- A minimum of a Bachelor degree in environmental studies, resource management, or planning and/or at least 5 years' experience in related field.
- Knowledge of resource management, Provincial terrestrial management policies, Provincial tenuring system, protection management planning, and project management.
- Experience working with First Nation communities.
- Experience coordinating different viewpoints and facilitating multiple parties to come to resolution.
- Experience facilitating and working with First Nations and stakeholders or in multidisciplinary groups.
- Knowledge of the use and application of computer software such as MS Word, Excel, Access, Publisher, and Power Point.
- Familiarity with GIS software.

Conditions of Employment:

- Must have a valid Class 5 BC Drivers Licence.
- Must be physically able to meet fieldwork requirements (moderate hiking in remote site locations).
- Able to work non-standard hours of work as required.
- Office hours 8:30am-4:30pm, Monday to Friday.

Please submit a cover letter and current resume with three references to:

Deanna Dormuth,
Executive Assistant Email:
execast@xatsull.com

Position will remain open until filled



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CAREERS - SELF GOV. TRANSITION COORDINATOR

Job Summary

The Self-Government Transition Coordinator contributes to the overall success of the organization by working to negotiate and prepare the community for a post-Treaty self governing environment in accordance with the vision, mission and objectives of the organization. The Self-Government Transition Coordinator is tasked with developing programs to build capacity, explore alternatives to Treaty, communicate, promote and revitalize the cultural heritage and language.

The Self-Government Transition Coordinator will work to advance the Soda Creek Indian Band's goal of self-government. This will include helping to further develop Governance structures, as well as plan and initiate the transition from the Indian Act to a sovereign, self-governing community.

Skills and Abilities:

- Understanding of laws, constitution and legal language
- Knowledge of traditional lands, culture and language
- Intermediate skills with Microsoft Office (You are capable of using large number of functions and feel confident using the program)
- Ability to use in-depth analysis and evaluation using significant innovative thinking and creativity to find answers
- Strong administration, conflict resolution, time management, interpersonal communication, proposal preparation, and negotiation skills.

Experience:

- Graduation from Grade 12
- Preferred Post-Secondary degree or related experience in Political Science, First Nations Studies, Aboriginal Law or related discipline.
- Three to five years working in a related capacity to support Treaty process

Type of Employment

This is a full-time position of 35 hours a week.

Application Deadline

A completed Soda Creek Indian Band Application Form is required with your cover letter and resume. Opened till filled. Only candidates that are eligible for an interview will be contacted. To obtain a copy of this job description and application, please visit www.xatsull.com.

How to Apply

Resumes can be mailed or emailed or delivered by hand to:
Deanna Dormuth Executive Assistant
3405 Mountain House Rd.
Williams Lake, BC V2G 5L5
Email: execasst@xatsull.com
Or by fax to: 250-989-2300

Only those selected for interview will be contacted





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CAREER - IT COORDINATOR, Part One

Job Summary:

The Information Technology Coordinator (ITC) contributes to the overall success of the Soda Creek Indian Band (SCIB) and the four Northern Secwepemc te Qelmucw (NSTQ) communities by providing effective Information Technology (IT) that enhances the delivery of their services. The ITC oversees or provides support to a wide variety of IT services from its beginning to its end and endeavours to deliver complete functional solutions. This includes developing effective strategies, policies and recommendations that will grow and sustain IT services. To achieve this the Information Technology Coordinator must have strong technical and communication skills, as well as a flexible approach to managing multiple priorities.

Duties and Responsibilities

General Technology/Technical Support Duties: Oversees IT Service & Support Contracts, Performs server/network administrative duties, including user account management (setting up new users, managing passwords and server keys), Deals with vendors on purchase and implementation of systems and equipment, ensuring budget and project deliverables are met. Ensures operational procedures and policies for computer use matches the organizational policies. Maintains shared network data stores for forms and other files at the department and organization levels. Assists in the coordination and development of IT training courses and materials. Provides management and development of internal use databases and related systems. Supports communication tools including websites, blogs and other software with technical support and co-ordinating training. Researches and provides recommendations for technical solutions identifying costs and advantages for hardware, software and technology advances that would benefit the organization. Designs, programs and implements electronic corporate reporting capabilities for a variety of protocols and platforms such as webcasts and webinars. Stays current with technology to be able to provide advice and guidance. Provides assistance to management for special projects, including conducting research and coordinating reports and documentation; facilitates data manipulation, integrity, and accessibility as needed

The duties listed are provided as examples of area of responsibility and are not intended to create limits to responsibility but to help understand the scope of the position. All staff are expected to be team oriented and maintain confidentiality of all information gained while working with the organization.

Areas of Responsibility and/or Oversight

The ITC will recommend, procure, configure, deploy, manage and provide ongoing support in the following areas:

1. Desktop Computers; PC Hardware, Desktop Operating Systems, Application Software
2. Servers; Hardware, Server OS's, Network Applications (i.e. Exchange), Backup and Disaster Recovery, Directory Management (i.e. Active Directory),
3. Local Area Networking; Wiring, Switches, Router/Gateways, Wireless Devices (i.e. Access Points), Network Protocols (DNS, DHCP, etc.)
4. Wide Area Networking and Internet Access; Internet Service Provider services, VPN and Remote Access, Hosted Services, Domain Name Registration, DNS, Services (Email, Web site, FTP)
5. Peripherals, Printers, Scanners, Projectors, Multifunction Devices, Tablets and Cell Phones

Note that the above areas of responsibility are not exhaustive but are meant to provide an overview of the areas the ITC will be involved in. Some areas may be added or removed as needs change and IT systems evolve.

Education:

1. High School Completion or General Education Development Certificate
2. Technical training at a College or University level
3. Completion of industry standard certification (CompTIA ,Microsoft, or other vendor specific)

Competencies:

The SCIB Technology Training Coordinator should demonstrate competence in some or all of the following:

1. Team Player - Facilitates team effectiveness by actively participating in ways that respect the needs and contributions of others and assists in achieving organizational goals
2. Relationship Building - Develops strong, cooperative relationships with internal and external partners, customers, clients and colleagues to build long term relationships that foster collaboration and partnership
3. Influence and Impact - Uses knowledge of situations to identify potential impacts and uses persuasion, presentation, or negotiation to convince others to adopt a specific course of action
4. Communicates Information - Communicates and discusses with team critical information including rationale behind decisions. Creates an environment where open honest communication is valued and develops strong, cooperative relationships
5. Results Orientation - Pursues excellence while achieving results that meet or exceed client focusing on the highest priorities
6. Continuous Learning - Continuously acquires and applies knowledge, skills and abilities to enhance capacity, performance, and employability and to think about how to bring new ideas to move the organization forward
7. Analytical Thinking - Observes identifies and organizes information to detect any underlying issues. Recognizes patterns to interpret implications, ascertain solutions and make recommendations
8. Solution Evaluation - Evaluate solutions implemented to confirm success and to develop and implement adjustments if/when required

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CAREER - IT COORDINATOR, Part Two

Skills and Abilities:

1. Solid understanding and hand on experience in managing desktop computers, LANs and WANs, computer software, and peripheral equipment
2. Ability to learn and support new systems and applications
3. Knowledge of federal copyright laws as they pertaining to use of software
4. Ability to read and understand technical documentation on hardware and software
5. Ability to troubleshoot programming changes, errors, and subsequent modifications
6. Knowledge of website design, development, and use of Content Management Systems (CMS)
7. Able to stay abreast of current and future technological developments or trends in the area of office technology
8. Understanding of Relational Database Design and uses
9. Ability to design and coordinate technical training for end users
10. Ability to analyze and explain information on viable benefits to colleagues and superiors
11. Good written and verbal communication skills
12. Able to work independently or as part of a team, be detailed oriented and self-motivated
13. Ability to accept and integrate constructive feedback from superiors
14. Effective deadline management and project management skills
15. Knowledge of service level agreements and service delivery standards

Experience:

1. At least 2 years of direct work experience with server/network implementation and administration
2. At least 2 years of experience working with and supporting Microsoft Office applications
3. Demonstrated knowledge of database design/analysis, client-server architecture
4. Strong knowledge of computer, network and server performance tuning, backup, recovery, storage management and related methodologies, processes, and tools

Working Conditions

1. Office environment: the employee must be aware of the sensitivity and confidentiality of data exposed to by virtue of their position
2. Travel to other related organization locations will be required
3. Ability to perform the physical requirements of the job which may include heavy lifting and carrying occasionally (ability to occasionally lift items as heavy as 25 lbs.)
4. Moderate supervision: less frequent direction and review of the work performed
5. Ability to attend and develop training presentations
6. Manual dexterity required to use desktop computer and peripherals
7. Overtime as required

Conditions of Employment

1. Must be able to obtain and maintain a clean Criminal Records Check
2. Must be able to obtain and maintain a valid BC Driver's Licence
3. Must provide a vehicle in good operating condition and appropriate insurance to meet program travel requirements

General Category:

1. Operates as part of a team and is flexible about the boundaries and functions of the job
2. Maintains open and professional communications with co-workers, board members and all others who interact with the society or member bands
3. Endeavours to ensure that all internal and external deadlines are met
4. Travels as required in the performance of their job
5. Serves on committees as directed by the Band Administrator
6. Takes responsibility for identifying and upgrading of personal skills necessary to perform job duties
7. Successfully completes all training courses undertaken at the direction of Band Administrator
8. Maintains confidentiality of all information seen, heard or obtained by virtue of employment
9. Recognizes and respects all cultural diversity and has an understanding of Aboriginal culture

Email your application to

Deanna Dormuth, Executive Assistant Email: execasst@xatsull.com
Mail your application to: Fax to: 250-989-2300
Attention: Deanna Dormuth
Soda Creek Indian Band
3405 Mountain House Road
Williams Lake, BC V2G 5L5

Application Deadline: December 13, 2019 by 4PM, Applications will be accepted by email, hand delivery, fax, or by mail.

NOTE: Cover letter and Resume received after 4:00PM on December 13, 2019 will not be considered. Only those selected for an interview will be contacted.

Preference will be given to persons of Aboriginal ancestry as per Section 16(1) of the Canadian Human Rights Act.



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CARREER - COMMUNITY/CULTURAL ACTIVITIES WORKER

Job Summary

The Community/Cultural Activities Worker manages programs for youth, Elders and community members; develops budgets, plans and manages volunteer and support staff and prepares proposals and solicits grants as they become available.

Duties and Responsibilities

Recreation Program: Develops an operational plan which incorporates goals and objectives for programs and services. Plans and coordinates events for the community involving cultural components. Involve community members in the planning of activities, fundraising and events. Encourages members to volunteer their special skills in order to enhance activity participation. Conducts needs assessment with the community to identify gaps and provide targeted services to the community's needs. Prepares and submits regular activity reports to appropriate agencies. Develops a communication strategy for public awareness of programs and events. Participates in various community support, council and committee meetings as required/directed. Establishes and maintains budget.

Human Resources and Administration:

Oversees and supervises all volunteer staff. Writes proposals. Other duties as assigned or required.

The duties listed are provided as examples of area of responsibility and are not intended to create limits to responsibility but to help understand the scope of the position. All staff are expected to be team oriented and maintain confidentiality of all information gained while working with the organization.

Qualifications

Education:

- Grade 12 or equivalent
- Diploma in Recreation or a related field preferred

Skills and Abilities:

- Proficiency in the use of computer programs
- Ability to work independently and build effective interpersonal relationships

Experience:

- Experience in event planning
- Experience supervising and managing volunteers as well as developing and managing budgets

Working Conditions

- Travel to other locations maybe required
- Non-standard hours of work which include evening's and weekends

Conditions of Employment

- Part time employment, subject to 90-day probation
- Must be able to obtain and maintain a Criminal Records Check
- Must be able to obtain and maintain a valid BC Driver's Licence
- Be willing to obtain and maintain a Valid Class 4 Driver Licence
- Must provide a vehicle in good operating condition
- Must be able to obtain/maintain a valid Emergency First Aid Level One Certificate, and Food Safe Certificate

General Category:

- Operates as part of a team and is flexible about the boundaries and functions of the job
- Maintains open and professional communications with co-workers, leadership and all others who do business

with Soda Creek Indian Band

- Maintains confidentiality of all information seen, heard or obtained by virtue of employment
- Recognizes and respects all cultural diversity and has an understanding of Aboriginal culture

Please include:

- Cover letter
- Salary Expectations
- Application form found at xatsull.com

Email your application to

Deanna Dormuth, Executive Assistant Email: execasst@xatsull.com

Mail your application to: Fax to: 250-989-2300

Attention: Deanna Dormuth

Soda Creek Indian Band, 3405 Mountain House Road, Williams Lake, BC V2G 5L5

Application Deadline: December 13, 2019 by 4PM. Applications will be accepted by email, hand delivery, fax, or by mail.

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Northern Shushwap Tribal Council

Weyt-k.

Our staff numbers continue to increase here at the Northern Shushwap Tribal Council (NSTC) which will allow us to better serve all community members on & off reserve. Please feel free to stop by for a coffee or tea to discuss any issues, concerns or ideas that you may have.

Each month I will provide a column that will focus' on two or three of our programs. We want to continue to improve our communication to our members. This month is about our Aboriginal Victim Services Department, Natural Resource Stewardship Department and Fisheries Department.

Marg Shelley
NSTC Executive Director
250-392-7361, extension 2013
Email: executivedirector@nstq.org

Here is our team at NSTC:

Marg Shelley – Executive Director
Bonnie Slack – Operations Coordinator
Noella William – Victim Services Coordinator
Janet Smith – Community Services Coord. & Status Cards
Jen Gebert – Administrative Coordinator
Catherine Thompson – Finance Manager
Falon William – Receptionist
Vacant – Skills Development Assistant
Andrew Meshue – Fisheries Manager
Dave Feil – Fisheries Coordinator
AJ Sellars – Fisheries Field Supervisor
Fernando John – Fisheries Technician
Arnold Bowe – Fisheries Technician
Hank Adam Sr. – Senior Treaty Team Manager
Eric Sannes – Communications Manager
Heather Camille – Communications Coordinator
Jake Archie – Self Government Transition Coordinator
Sheila Kelalst Booth – Treaty Executive Assistant
Paula Saulter – Children & Families Wellness Manager
Kellie Louie – Outreach Coordinator

NSTC Fisheries Dept.

The role of the NSTC Fisheries Department is to manage the fisheries resource for the four NSTC communities. This is partially done through an agreement with the Department of Fisheries and Oceans Canada. Through this Aboriginal Fisheries Strategy (AFS) agreement, in addition to other projects that are implemented by the NSTC Fisheries Department, the communities' capacity to manage and preserve the traditional importance of this resource is improving.

Conservation of the fisheries resource is the top priority for the Fisheries Department and we are being increasingly pro-active in conservation management for salmon and resident fish populations. To help guide the Department of Fisheries and Oceans (DFO), the NSTC Chiefs supported the implementation of six

Management Principles laid out by the Fraser Watershed First Nations to ensure the conservation of not only sockeye but chinook, coho and pink salmon as well. The objective of these principles is to measure DFO's management effectiveness in post-season reviews and to place the foundation for a fundamental shift in DFO management regimes from a mega-stock management system to a system designed to protect weak salmon stocks. Any conservation and harvest management plan discussed with First Nations is without prejudice to Treaty negotiations and any future plans to exercise our rights to the fisheries resource.

The NSTC is also involved in numerous processes and organizations within the Fraser Watershed. The NSTC supports the Upper Fraser Fisheries Conservation

Alliance, which provides technical support to NSTC projects and works with the NSTC to ensure local objectives are being achieved. The Fraser River Aboriginal Fisheries Secretariat is another organization with which the NSTC is involved at the executive level as well as participation in the communication processes. The NSTC is also involved with the First Nations Fisheries Council and Inter-Tribal Organization through the support of our Chiefs to ensure that we are represented at those levels. All work undertaken by the NSTC Fisheries department has the ultimate goal of continually protecting fish in NSTC's traditional areas and increasing our involvement in the management of those fish.



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EVENTS & HOLIDAY CALENDAR



SUNDAY, DEC 1

CREATIVE COMMUNITY
12 pm - 5 pm
Xatsúll Gym

MONDAY, DEC 2

NURSE PRACTITIONER
10 am - 3 pm

TUESDAY, DEC 3

FIRST QUARTER [10:58 PM]

SUNDAY, DEC 8

MONDAY, DEC 9

TUESDAY, DEC 10

ADP LUNCHEON

SUNDAY, DEC 15

CREATIVE COMMUNITY
9 am - 5 pm
Xatsúll Gym

MONDAY, DEC 16

NURSE PRACTITIONER
10 am - 3 pm
CHRISTMAS HAMPER DAY
10am - 4pm

TUESDAY, DEC 17

DENTAL THERAPIST
10 am - 3 pm

SUNDAY, DEC 22

MONDAY, DEC 23

CHRISTMAS HOLIDAYS
OFFICE CLOSED

TUESDAY, DEC 24

CHRISTMAS EVE

SUNDAY, DEC 29

MONDAY, DEC 30

CHRISTMAS HOLIDAYS
OFFICE CLOSED

TUESDAY, DEC 31

NEW YEARS EVE

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WEDNESDAY, DEC 4 HCC TRAVEL Mental Health & Addictions Counsellor 10am - 3pm COMMUNITY KITCHEN 4pm - 7pm	THURSDAY, DEC 5 CHRISTMAS OPEN HOUSE 12 - 2pm	FRIDAY, DEC 6 ARCH - NR MEET & GREET, LUNCH 12 pm - 2 pm	SATURDAY, DEC 7
WEDNESDAY, DEC 11 SCIB TRAVEL Mental Health & Addictions Counsellor 10am - 3pm CHRISTMAS DINNER 5:00-8:00 PM FULL (COLD) MOON [9:12 PM]	THURSDAY, DEC 12 REFLEXOLOGY 12 - 4pm	FRIDAY, DEC 13 3 CORNERS CHRISTMAS OPEN HOUSE GIBRALTAR ROOM 12 - 2pm	SATURDAY, DEC 14
WEDNESDAY, DEC 18 HCC TRAVEL Mental Health & Addictions Counsellor 10am - 3pm CHOCOLATE MAKING 4-7 pm FAMILY POTLUCK DINNER 5:00-8:00 PM THIRD QUARTER [8:57 PM]	THURSDAY, DEC 19	FRIDAY, DEC 20 WINTER EQUINOX [8:19 PM]	SATURDAY, DEC 21 FIRST DAY OF WINTER
WEDNESDAY, DEC 25 CHRISTMAS DAY NEW MOON [9:13 PM]	THURSDAY, DEC 26 BOXING DAY	FRIDAY, DEC 27	SATURDAY, DEC 28 FREE COMMUNITY SKATE CARIBOO MEM. REC. CENTRE 1 pm - 4 pm

Soda Creek Health Centre

Call (250) 989-2355 for Appointments
Medical travel rides must be booked
on Monday For Wednesday's Travel



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SERVICES, NEWS AND UPDATES

Aboriginal Victim Services Department

The practices within Victim Services include: having respect for all people and all living things, valuing confidentiality, appreciating the strength and wisdom of our peoples'/clients' ways of being, listening with an open heart, being non-judgmental and being inclusive at all times.

The community-based Victim Services Program provides justice-related services to assist aboriginal victims of all types of crime. This includes victims of crime who may choose not to be involved with the Criminal Justice System. The NSTC is responsible for the establishment and administration of the community-based Victim

Services Program. The Aboriginal Victim Services department provides services to clients in our four communities as well as in Williams Lake.

The victim services coordinator provides information and services in regards to navigating the criminal justice system, trauma and grief support, safety planning, referrals to programs and supports, court protocols, emotional support, information on government programs and assistance, victim impact statements, public awareness events and interacting with police and hospitals. For more information, for a referral to a particular service, or for help navigating the criminal justice system in any way, please contact Noella William at 250-392-7361 or by email at avs@nstq.org.



FREE COMMUNITY SKATE

Saturday, December 28, 2019

1:00 pm - 4 pm

CARIBOO MEMORIAL RECREATION CENTRE

Join us for skating

Skate Rental Included

Snacks and Water Provided

Bring Helmets for kids 12 and Under

DECEMBER 2019

Fraser River Run



The Emporium

ARCHAEOLOGY STAFF LUNCH MEET & GREET



On Behalf of the Natural Resources Office, we are inviting Soda Creek Community members to a meet and greet with the Archaeology staff from Soda Creek Natural Resources

Come enjoy lunch and Get to know the SCIB NR Arch Staff and Crew

FRIDAY 12:00 pm to 2:00 pm



Fraser River Run

DECEMBER 2019

XATS'ULL TRAILS REPORT

The trails crew has been busy this year. 2020 will be a big development year for the Xats'ull trail systems. These trails are integral to our tourism development strategy. We are lucky to have the amazing lands and beauty that surrounds us. Developing and sharing this responsibly will create the opportunity to increase the number of destination activity tours blending outdoor and cultural awareness in our visitors.

Integration of the Heritage site, the Campground and our destination adventure activities will be the basis for our integrated vacation location marketing plan in development.

We will be looking to train and develop more workers for the future

Our training plans include:

- GPS use;
- GPS Mapping;
- Bear/Cougar Awareness & Safety;
- First Aid & Transportation;
- Fall Protection;
- Chainsaw Safety;
- Dangerous Tree Assessment;
- Brush Saw Safety;
- ATV Safety;
- Emergency Response Training;
- Environmental and Wildlife Monitoring;
- Archaeological site identification, monitoring and mitigation;
- Proposal Writing; and, Budgeting



For more information
contact Cheryl Chapman,
Economic Development,
Employment & Education
250-989-2323 ext.132,
or by email at ecdev@xatsull.com.



DECEMBER 2019

Fraser River Run

PHOTOS FROM THE COMMUNITY



Xat'sull Heritage Village



Fraser River Run

DECEMBER 2019

PHOTOS FROM THE COMMUNITY



WHISPERING WILLOWS CAMPGROUND



SODA CREEK TREATY & NATURAL RESOURCES

DECEMBER 2019

Fraser River Run

MONTHLY NEWS AND UPDATES



CARPENTER MOUNTAIN RANCH

FOOT REFLEXOLOGY

Creates relaxation
Decreases anxiety
Enhances sleep quality
Improves blood flow
Improves concentration

to book a session
Call Maxine at 250-989-2355
Soda Creek Health Centre



Ashley Camille
River Reflexology

Thursday
12 pm - 4 pm
Dec. 12th, 2019



Fraser River Run

DECEMBER 2019

Community Kitchens

December 4, 2019

5 pm - 7 pm

Soda Creek Health Centre

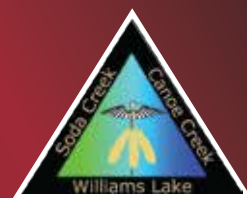
Put together Spice Mixes & Soup in Jars and learn about delicious healthy eating during the holiday season

*For more information contact
Soda Creek Health Centre
(250) 989-2355*

Or

*Kayla at (250) 398-9814
kjasper@threecornershealth.org*

Three Corners Health Services Society
P: (250) 398-9814 | F: (250) 398-9824



CREATIVE COMMUNITY: SODA CREEK PRESENTS

FAMILY NIGHT

CHRISTMAS BAKING & CRAFTS

DECEMBER 18, 2019

5:00 pm - 8:00 pm

Xatsúll Gymnasium, Deep Creek

EVERYONE WELCOME

This Event is organized by Community Members, for Community Members

DECEMBER 2019

Fraser River Run



Dental Therapist

Cleanings,
Fillings,
Extraction,
Check ups,

plus a range
of preventative
dental services



Call to book an
appointment

Tuesday
December 17th, 2019
10 am - 3 pm

Contact Maxine Sellars
Health Administrative Assistant
Soda Creek Health Centre
(250) 989-2355

NURSE PRACTITIONER

Catherine can diagnose and treat illnesses & infections, write prescriptions, fill out medical forms, manage chronic conditions, provide an annual health screening, STI screening & diagnosis, plus much more!

She would be delighted to see any community members without a family physician!

December 2, 2019 & December 16, 2019
10:00-3:00 pm

To book an appointment with Catherine
call **Maxine Sellars**, Health Administrative Assistant
Soda Creek Health Centre (250) 989-2355

If you have any questions or concerns, please talk with your Community Health Nurse at your Health Centre or Three Corners Health Services



Three Corners Health Services
250-398-9814



Fraser River Run

DECEMBER 2019



Christmas Chocolate Making Workshop

Join us & learn how to make Chocolates
Treats & Chocolates to take home.
Snacks & refreshments provided

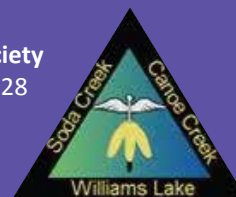
Soda Creek Health Centre
Wednesday, Dec 18th, 2019, 4 pm - 7 pm

Questions?, call Maxine or Janae at 250-989-2355.



Soda Creek Health Centre
3405 Mountain House Road
Williams Lake, BC. V2G 5L5
P: 250-989-2355 F: 250-989-2301

Three Corners Health Services Society
150 North First Avenue, PO Box 4728
Williams Lake, BC. V2G 2V7
P: 250-398-9814 F: 250-398-9824



**Come & Enjoy
a holiday lunch
hosted by
Three Corners
Health Staff**

**Holiday Food Hamper Draw
Tickets will be available at
the luncheon and hampers
will be drawn that afternoon**

**Three Corners Health Services Society's
Christmas Luncheon
& Open House**

**December 13, 2019
Gibraltar Room,
525 Proctor Street
12:00 pm - 2:00 pm**

**For more information please contact
Three Corners Health Services (250) 398-9814**

DECEMBER 2019

Fraser River Run

MONTHLY NEWS AND UPDATES



CREATIVE COMMUNITY: SODA CREEK

December Events: Creative Community Sundays

Dec. 1, 2019, 12pm - 5 pm

Dec. 15, 2019 9 am - 5 pm

Family Night

December 18, 2019 5 pm - 8 pm

**Xats'ul Gymnasium, Deep Creek
3405 Mountain House Road**

Potluck Style: Bring Your Favorite Dish!

We are a community group from the Soda Creek First Nation organizing crafting and sewing days in the Xats'ul gym

Bring a Project & Bring a Friend

Connect with us on Facebook for more information @
"Creative Community: Soda Creek"

You can also email crystalrainharry@gmail.com
or leave a message with Maxine at (250) 989-2355

**DO YOU
STRUGGLE
WITH**

**STRESS
ANXIETY
DEPRESSION
ANGER
ALCOHOL
DRUGS**

Come and see me...
I have over 35 years of
experience in the mental
health field. *I believe in
kind, compassionate care.*

Soda Creek Health Centre
**Mental Health &
Addictions Counselor**

Neleena
RN, MSN, CPMHN (C)



10:00 am-3:00 pm
December 4th, 11th, & 18th, 2019

To book an appointment

Please call Maxine Sellars
Health Administrative Assistant
Soda Creek Health Centre 250-989-2355

Canoe Creek Health Centre 250-459-7749
Dog Creek Health Centre 250-440-5822
Sugarcane Health Centre 250-296-3532
Three Corners Health Services 250-398-9814





Fraser River Run

DECEMBER 2019



YOU ARE INVITED TO THE COMMUNITY
**CHRISTMAS
DINNER**
HOSTED BY THE SODA CREEK INDIAN BAND

WEDNESDAY, DEC 11, 2019
5:00 pm to 8:00 pm | Soda Creek Gym

Call Maxine at (250) 989 - 2355 to RSVP
and to register for children's gifts



SANTA'S HELPERS
CHRISTMAS HAMPERS
WED, DECEMBER 16TH, 2019
Soda Creek Gym, Volunteers 10am-4pm

Hamper Pick Up: 1:00-4:00pm

Meet at the gym and help put the Community Christmas Hampers together. Always a fun time to volunteer!
Contact Maxine at 250-989-2355 if you have questions

Thursday December 6, 2019 | Noon - 2:00pm

**CHRISTMAS
OPENHOUSE**

Drop by for some Christmas cheer,
refreshments, food
and door prizes!

Rides are Available
All are Welcome

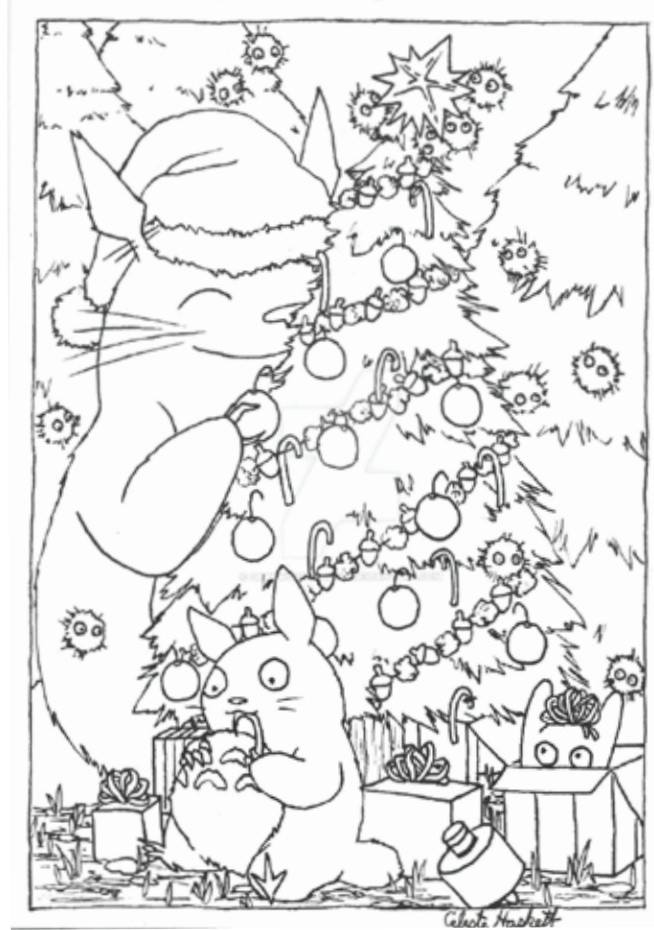
**SODA CREEK
HEALTH STATION**

Questions? Contact
Maxine at (250) 989-2355



DECEMBER 2019

Fraser River Run



EVENTS BY THE WEEK

DECEMBER 2019

WEEK 1
WEEK 2
WEEK 3
WEEK 4

WEDNESDAY, DEC 4

COMMUNITY KITCHEN
4pm - 7pm

THURSDAY, DEC 5

CHRISTMAS OPEN HOUSE
12 - 2pm

FRIDAY, DEC 6

ARCH - NR
MEET & GREET, LUNCH
12 pm - 2 pm

TUESDAY, DEC 10

ADP LUNCHEON

WEDNESDAY, DEC 11

CHRISTMAS
DINNER
5:00-8:00 PM

FRIDAY, DEC 13

3 CORNERS CHRISTMAS
OPEN HOUSE
GIBRALTAR ROOM
12 - 2pm

SUNDAY, DEC 15

CREATIVE COMMUNITY
9 am - 5 pm
Xat'sull Gym

MONDAY, DEC 16

CHRISTMAS HAMPER DAY
10am - 4pm

WEDNESDAY, DEC 18

CHOCOLATE MAKING 4-7 pm
FAMILY POTLUCK DINNER
5:00-8:00 PM

TUESDAY, DEC 24

CHRISTMAS EVE

WEDNESDAY, DEC 25

CHRISTMAS DAY

THURSDAY, DEC 26

BOXING DAY

SATURDAY, DEC 28

FREE COMMUNITY SKATE
CARIBOO MEM. REC. CENTRE
1 pm - 4 pm

