



September 2019

Fraser River Run

MONTHLY NEWSLETTER OF THE SODA CREEK INDIAN BAND

INSIDE THIS ISSUE:

Staff Reports	2-5
Community Photos	6
Recipes	7
Events	8-14
Coloring page	15
Articles	16-19
Employment/Training Opportunities	20-23
Community Events	24

We know that in September, we will wander through the warm winds of summer's wreckage. We will welcome summer's ghost.



HELLO SEPTEMBER



Youth Trip

Soda Creek Indian Band Office will be closed for Monday, September 2nd, 2019 for Labour Day Statutory Holiday.

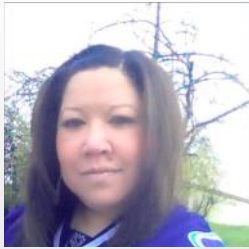


On August 6th-10th the Youth went on a trip to Kelowna and Kamloops to do a tour of the Universities and to do some fun activities. The best part was the West Bank First Nation's tour, they had an excellent Youth Centre.



Pellctsi'kenten (cache pit month) – September

Social Development Coordinator



Jennifer Stinson

Hi everyone, summer is almost over , I hope everyone had enjoyed it and made the most of it. It sure did go by fast this year.

Interviews will be brief and will consist of:

- Filling out our Monthly Renewal Forms (Mandatory) (just too, also touch base of any changes as well).
- Also don't forget to bring in

your Current bills for the month, so they can be paid on time.

Training:

We had 2 pass the program and 4 score within the 70 – 79 % mark. For the Class 4 Driving Program.

This month I have the Pre-Employment Program going on with some of my Income Assistance Clients with CCATEC/SAGE. They just have 5 mores sessions that include the 3-day Cultural Campout, location TBA.

One final thing I am always looking for Wood Haulers for my I.A. Clients, if you are interested, please contact me thru a phone call to the office or email your name and contact number. I am working on a list of clients that need

I will be having **Interview Week** for this month:

Mon. Sept 9 th	9am – 4 pm
Tues Sept 10 th	9am – 4 pm
Wed. Sept 11 th	9am – 4 pm
Thurs. Sept 12 th	9am – 4pm
Fri. Sept 13 th	9am – 4pm

wood for the winter, so either call me, email me, or come in an see me about being on the list. So that way I know what size of wood you need for your woodstove, including pellets for your pellet stove too.

If you have any questions, please do not hesitate to call me @ (250)989-2323 Ext. 102 or email me at socdev@xatsull.com . And I will try to get back to you as soon as possible.

Important Dates in September:

- 11th** SA Mid-Month
- 13th** Bills are DUE to ensure they are paid on time (You can also email your bills too).
- 10th-13th** Interview Week (mandatory to also fill out your Monthly Renewal form, or cheques will be delayed if not done so during this week.)
- 25th** SA Day

Community Activities Worker



Janae Beaulieu

Hello everyone, WOW September already!!!! Where has the summer gone? I can't believe it's back to school for the students already, seems these past few months just flew by.

August was busy with driving and assisting the Education Department on their field trips and outings. I also drove the youth on their year-end field trip to Kelowna and Kamloops where they spent their time touring the Universities, West Bank First Nation, and the Residential School in Kamloops and overall having fun.

We are working with Kayla from Three Corners and will be starting up the sport/workout evenings every Monday in September from 4:30pm-5:30pm in our gym. Hope to see you there!

Also just in the process of planning some other activities and hope to get a head start soon planning the Halloween Celebration if you would like to be part of the Halloween planning please contact me any help would be very much appreciated.

Also if you have any ideas or suggestions on what you would like to see or do please let me know.

Until next month, hope you all enjoy September and the kids their first day/ week of school.

Just a Friendly Reminder for Income Assistance Clients on Renewal Forms

Just a friendly reminder that from now on **you must come in during Interview Week** to fill out the Monthly Renewal Form.

In order for me to help you, you need to help me, by keeping me up to date and inform of any changes in:

- Address
- Relationship Status
- Amount of people living in the house they reside in, even if they are not the head of the household
- Any income such as Child Tax, GST and Child Support. Just a reminder that these are not deductible from Shelter Assistance, but they do have to be reported on the monthly renewal form.
- Shelter / Utility costs
- Number of dependents
- Changes in employability status
- Whether they are attending school
- Any changes in assets
- Any income such as part time work, or on call work, also stills needs to be reported. Again, these are not deductible from Shelter Assistance, but once again they do have to be reported on the monthly renewal form.

From now on it will be mandatory to start filling out a Renewal forms each month during Interview Week, in order to receive your cheque on time. Plus, if I need to make any changes on payments for basic and shelter portions (bills/rent) for that month.

I'm sorry for any inconvenience, and the only reason why it is mandatory for renewal forms to be filled out is:

Social Development Policy has to have these (renewal forms; budget and decision forms; applications, id, recent bills) in your file as a prerequisite for Audit.

Plus, if I need to make any changes/calculations before handing it into Finance. Finance and I have to work together, in order for things to be done on time for both Finance, Social Development Department and the I.A. Client.

Next Interview Week is September 10th-13th (Monday-Friday) from 9am – 4pm)

Band Administrator



Craig Smith

Weyth-p

Summer should be given a speeding ticket as it went so fast. Fall is coming and I'm sure everyone's minds is on the upcoming cold season.

We are working through a program where firewood will be distributed throughout the community. If you need firewood make sure we have you on our list.

As of the 3rd of September, we will have a couple newer employees including an infrastructure manager.

Our Housing intern will be contacting everyone in the next little while to get the state of your wood stove. Her next project will be to do assessments of the homes. If you have any issues with housing please contact her and we will get working on things.

September will have a community meeting towards the end of the month and once the date is set, we will let everyone know.

Right now there are numerous projects that we are looking for employees so if you are wanting to work call and talk to the Employment Coordinator.

If you have any concern or questions please don't hesitate to contact me.

My door is always open and my phone is always on.

Kukstemc

Natural Resource Coordinator



Edna Boston

Weykt

The Archeology crew has been busy for the past couple of months.

In the past month:

I have had a monitor working with Telus as they lay the fiber optic lines for Soda Creek and Deep Creek.

I am working with Terra to have a RISC training, I have had Ada calling members to see who wanted to take the course. The field work will soon

come to an end as winter approaches.

Firelight held a community meeting to go over the Traditional Use report that they did with the help of Ada. Firelight will be coming back to the community to assist Ada with Data Management.

I would like to say kukstemc to Ken (Anthony) Michel for his hard work for the past two months, he will be leaving us as of August 27th and returning back to Kamloops.

I have been working with British Columbia Timber Sales on potential blocks, our meetings have been productive, we will be planning a tour to go out to Quesnel Lake area.

Mount Polley Mine tour – this has been postponed, I am still waiting to hear back from them on what day is a good day to go up there.

Elders meeting – We have not set a date for this as of yet, I am hoping that we can get one set for the end of the month.

Minnie Phillips and Mary Boston ran a deer tanning workshop from August 6 – 9th, they had 4 participants from the community. Congratulations to all who participated.



**Employment & Economic
Development Coordinator**



Cheryl Chapman

I gladly transferred to Economic Development & Employment on June 3rd, and continued to manage the Education programs, until we hired our new Education Manager, Ernest Kroeker, on July 29th. I continue to provide assistance with supports for our Summer Students', K-12, Education Assistance Applications, Post-Secondary Students, and we also filled the Early Childhood Education Supervisor position on August 7th, welcome to Andrea (Ang) Jones.

We have three summer students in Education, one summer program supervisor through First Nations Education Summer Works Program, and two assistants through Cariboo Chilcotin Aboriginal Training Employment Centre (CCATEC); we have another CCATEC summer student in the Headstart/Daycare and they are doing great jobs, their summer's end fun day BBQ will be at Belle-Acres on August 30th.

Although Ralph Phillips, our Head Tour Guide had already started mowing grass and had the water turned on, we had a late start at the Xat'sull

Heritage Village. We were successful in accessing Young Canada Summer Works and Canada Summer Jobs funding and hired our Tour Guide Trainee and two High School Students, the season has been fairly busy. We replaced the large tipi and two small ones, through the Red Cross business recovery funding. We are replacing and upgrading the Cultural Infrastructure, through hands-on training, using a community member who, was the only one that quoted on doing this work; is having the summer students as assistants, and providing them with the skills to do this in the future, and of course Ralph is providing direction and stories along the way. We also have the funding in place to upgrade the look-out and rebuild the Welcome sign, I have advertised for quotes to do this work, with no response from our community members, I am contacting outside contractors.

At the beginning of June we hired a part-time, Site Manager for Whispering Willows Campsite, which has been relatively busy. We also have funding to do site repairs there and I have advertised for quotes to do this work, with no response from our community members. Unfortunately, this work must be done before the snow flies or we may have rooves collapsing, I am contacting outside contractors.

We have a trails crew at Soda Creek now, they are clearing and upgrading the Crazy Ant mountain bike/hiking

trail to the heritage village and will be moving to the upside of the highway towards Blue Lake by next week. This is through the Northern Development Initiative Trust, New Pathways to Gold Society, and Canada Summer Jobs.

I have been assisting the Natural Resources department with contracting community members for different projects, and we will be setting up a Resource Inventory Skills Certificate course soon, as we need more RISC certified individuals.

I am setting up a small business planning program to begin in October, we have at least five community members that would like to start their own businesses; if you are interested please let me know right away, as we need to have a discussion around times and content needs.

I am also working with the Band Administrator, Executive Assistant and Finance in hiring and staff orientations.

Please review the Economic Development, Small Business Development and Employment & Training Services listing in this newsletter. I am available at the main office, 250-989-2323 ext. 132, or by email at employment@xatsull.com.

***Stay Healthy, Happy and Safe, For Our
Future Generations***



Youth Trip 2019



Peach Galette

"Peach galette rustic tart made with slices of fresh yellow peaches in a simple butter crust."

Prep time: 1 h 20 m **Cook:** 20 m **Makes:** 8 servings



Ingredients

Crust:

- 1 1/4 cup flour
- 1 1/2 tsp sugar
- 1/2 tsp salt
- 4 oz. (1/2 cup, 1 stick, 8 tbsp) butter, cut into small (1/2-inch) cubes, chilled in freezer at least 15 min, preferably an hour.
- 4-6 tbsp ice water

Filling:

- 2 lg, not-overly-rip yellow peaches (about 3/4 lb total), pitted, sliced into 1/4-inch to 1/2-inch slices
- 3 tbsp sugar
- 1 tbsp flour
- 1/2 tsp vanilla extract
- 1 tbsp almond paste (optional)
- 1 tsp butter
- 1 egg
- A sprinkling of coarse sugar (optional)

Method

1. **Make the crust dough:** In a food processor, pulse the flour, sugar, and salt, until well mixed. Add the cubed butter, and pulse 8 times. The butter should still be the size of peas in the mixture.

Slowly add the ice water, a tablespoon or two at a time, pulsing after each addition, until the dough just begins to clump.

Turn out onto a clean surface. Use your clean hands to form into a disc. Do not over-knead. Work the dough only enough to bring it barely together into a disk.

Sprinkle with a little flour on all sides, wrap with plastic, and place into the refrigerator to chill for an hour. (See our pate brisee recipe for more detailed instruction if you are new to making crusts.)

2. **Toss peaches with flour, sugar, vanilla:** Preheat the oven with the rack in the middle position to 425°F (220°C). Place the peach slices in a bowl and sprinkle with the flour and sugar. Toss gently to coat. Sprinkle vanilla extract over the peaches.

3. **Whisk egg:** In a small bowl, whisk the egg until smooth and set aside.

4. **Roll out dough:** On a lightly floured, clean, smooth surface, roll out the dough to about a 12-inch diameter. Gently lift up the rolled out dough and place it on a rimmed baking sheet.

5. **Dot with almond paste if using, arrange peach slices on dough round:** If you are using almond paste (not necessary, but nice addition if you have it), dot the middle 6-inch circle of the dough with the almond paste. (If you can spread it, great. Otherwise, just dot with little bits.)

Arrange the peach slices in an overlapping pattern in a single layer in the center of the dough, forming about a 7 or 8-inch circle. Dot with a little butter.

6. **Fold dough edges over, brush with beaten egg:** Fold the outer edges of the dough round over the filling, by about 2-inches all the way around, in an accordion fashion.

Use a pastry brush to coat the exposed dough with an egg wash (you can cook up the leftover egg as a little scrambled egg, by the way), and sprinkle the coarse sugar if using.

7. **Bake:** Place in the oven and bake at 425°F (220°C) for about 15-20 minutes, until nicely browned. Remove from the oven and let cool on the baking sheet, over a rack, about 15 minutes.

Great served with a little vanilla ice cream.

September 2019

Social Development Department



Picture Caption

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Office Closed Labour Day	3	4	5	6	7
8	9 Interview Wk 9am-4pm	10 Interview Wk 9am-4pm	11 Mid-Month Interview Wk 9am-4pm	12 Interview Wk 9am-4pm	13 Interview Wk 9am-4pm	14
	Pre-Employment Cultural Camp	Pre-Employment Cultural Camp	Pre-Employment Cultural Camp	Pre-Employment Cultural Camp		
15	16	17	18	19	20	21
22	23 Pre-Employment Program	24 Pre-Employment Program	25 SA Day	26	27	28
29	30					

September 2019

Soda Creek Health Station Events Calendar

Call 250-989-2355 for Appointments

Medical travel rides must be booked on Monday

For Wednesday's Travel

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>1</i>	<i>2</i> Labour Day Statutory Holiday Office closed	<i>3</i> ADP Luncheon 12-2pm	<i>4</i> SCIB Travel	<i>5</i>	<i>6</i> Integrative Healing 8:30-3:30 pm	<i>7</i>
<i>8</i>	<i>9</i> Nurse Practitioner 10-3pm	<i>10</i> Canning Workshop 11-2pm	<i>11</i> HCC Travel	<i>12</i>	<i>13</i> Integrative Healing 8:30-3:30 pm	<i>14</i>
<i>15</i>	<i>16</i> Nurse Practitioner 10-3pm	<i>17</i> ADP Luncheon 12-2pm	<i>18</i> SCIB Travel Mental Health & Addictions Counsellor 11-3pm	<i>19</i>	<i>20</i> Integrative Healing 8:30-3:30 pm	<i>21</i>
<i>22</i>	<i>23</i> Nurse Practitioner 10-3pm	<i>24</i> Dental Therapist 10-3pm	<i>25</i> HCC Travel Mental Health & Addictions Counsellor 11-3pm	<i>26</i>	<i>27</i> Integrative Healing 8:30-3:30 pm Food Safe Level 1 9-5pm	<i>28</i>
<i>29</i>	<i>30</i>					

NOTICE TO COMMUNITY:

August 19, 2019

Telus contractors will be getting water out of Hawks Creek bridge on Mountain House Road.

Any questions you can call Edna Boston at 250-267-7185 or Craig Smith at 250-989-2323.

Thank you for your support.



Fraser Basin Council

UP TO 5 PRIZES OF \$1000 EACH

INDIGENOUS YOUTH CLIMATE ART CONTEST

UPLIFTING INDIGENOUS YOUTH VOICES ON CLIMATE CHANGE

FOR YOUTH AGED 16-30
APPLY BY SEPTEMBER 22, 2019

DETAILS: fraserbasin.bc.ca/ArtContest.html



CONTEST IS LIMITED TO YOUTH AGES 12-24 FROM T'EXELC, XATSULL, STSWECM'C XGAT'TEM

Back To School CONTEST

Soa Creek Williams Lake

ENTER BY:

 **"LIKE" THREE CORNERS HEALTH SOCIETY ON FACEBOOK**

 **TEXT MCLAYNE YOUR NAME, AGE, T-SHIRT SIZE, GRADE, AND SCHOOL THAT YOU WILL BE ATTENDING THIS FALL 250 305 4162**

EVERY ENTRY WINS A PRIZE

GRAND PRIZE INCLUDES:

-  **WIRELESS BEATS HEADPHONES**
-  **"SMUDGE IT OFF" T-SHIRT FROM CHIPPEWAR**
-  **\$150 GIFT CARD FROM CARIBOO SKI**



Economic Development

Do you have ideas for community economic development or improvements to existing operations?

Small Business Development

Do you dream of owning and operating your own business?

Do you need assistance with market research?

Need a business plan?

Do you want to know how to market your product or service?

Employment and Training Services

Do you need assistance with:

⇒ *Developing or Updating your Resume*

⇒ *Cover Letter Development*

⇒ *Developing Great Interview Skills*

⇒ *Job Search and Job Maintenance*

⇒ *Submitting Employment Applications*

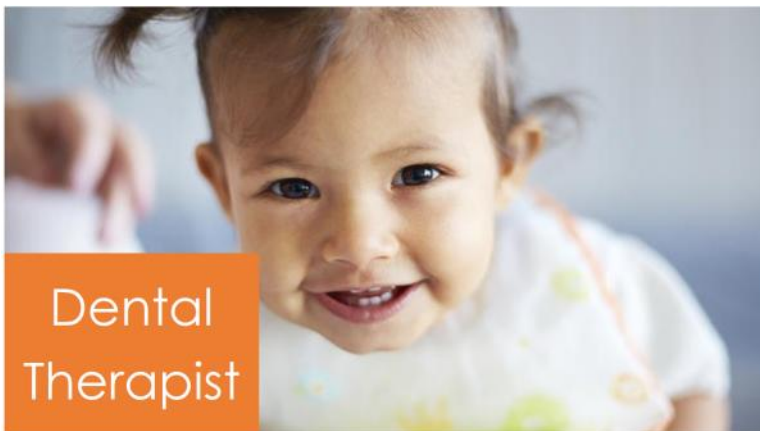
Please free to stop by and meet with me in regards to your return to work action plan or entering the labour market for the first time.

These services are available at the Band Office:

Cheryl Chapman

Economic Development & Employment

Email: employment@xatsull.com or (250) 989-2323 Ext: 132



**Dental
Therapist**

**Tues, September 24
10am-3pm**

Health Station

preventative services
Please contact Maxine
at 250-989-2355 to
book an appointment

Mental Health & Addictions Counsellor



Neleena Popatia is a Mental Health Nurse with over 30 years of experience. She has worked in a variety of roles and settings, e.g. clinical nurse specialist in acute and tertiary mental health in hospital, manager in community mental health, consultant and therapist in private practice, instructor in nursing school.

To book an appointment
with Neleena, please call
Maxine Sellars, Health
Administrative Assistant
at Soda Creek Health
Station : **250.989.2355**

**September 18, 2019
September 25, 2019**

11:00-3:00 pm

SODA CREEK HEALTH STATION

Canoe Creek Health Centre 250-459-7749

Dog Creek Health Centre 250-440-5822

Soda Creek Health Centre 250-989-2355

Sugarcane Health Centre 250-296-3532

Three Corners Health Services 250-398-9814



Nurse Practitioner

SODA CREEK HEALTH STATION



**September 9, 2019
September 16, 2019
September 23, 2019**

10:00-3:00 pm

*August 20, Colleen Patenaude
will be filling in for Catherine

Catherine can diagnose and treat illnesses & infections, write prescriptions, fill out medical forms, manage chronic conditions, annual health screening, STI screening & diagnosis, plus much more! She would be delighted to see any community members without a family physician!

To book an appointment with Catherine, please call
Maxine Sellars, Health Administrative Assistant at
Soda Creek Health Station : **250-989-2355**

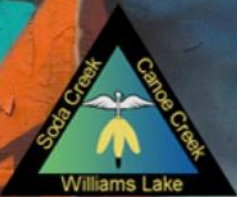
If you have any questions or concerns, please talk with your Community Health Nurse
at your Health Centre or Three Corners

Kristine Jensen, RN & Stacey Isaac, RN
Sugarcane Health Centre 250-296-3532
Soda Creek Health Centre 250-989-2355
Dog Creek Health Centre 250-440-5822
Canoe Creek Health Centre 250-459-7749
Three Corners Health Services 250-398-9814





YOUTH CONNECTIONS PROGRAM



Gain confidence & manage feelings of anxiety, depression, and suicidal thoughts through:

- * Horse Therapy & Trail Riding
- * Hiking, Kayaking, Swimming, Canoeing

* Music & Artwork

LEARN ABOUT
YOURSELF THROUGH:

- * MENTAL HEALTH ASSESSMENT
- * COUNSELLING
- * MINDFULNESS

INTERESTED?

CALL OR TEXT
MCLAYNE



250-305-4162

SERVICES AVAILABLE
FOR YOUTH AGES 12-24
FROM T'EXELC, XATSULL,
STSWECM'C XGAT'EM



SAFE & INCLUSIVE

Canning!



Join us if you are interested in learning about canning! We will be talking about safety precautions for preserving food, as well as preparing foods for canning which participants can take with them to share with their families.

Tuesday, September 10, 2019 @ Soda Creek Health

— 11:00 am—3:00 pm

Wednesday, September 11, 2019 @ Sugar Cane Health

— 11:00 am—3:00 pm

Tuesday, September 24, 2019 @ Dog Creek Health

— 11:00 am—3:00 pm

For more information , please contact Kayla at 250-398-9814



Soda Creek Health Centre

250-989-2355

Sugar Cane Health Centre

250-296-3532

Three Corners Health Services Society

PH: 250-398-9814

FX: 250-398-9824

Canoe Creek Health Centre

250-459-7749

Dog Creek Health Centre

250-440-5822

September 28, 2019
9am - 3pm

Chief Will-yum Powwow Arbor,
Williams Lake, BC

Cariboo Indigenous Fall Fair

1st Annual Cariboo Indigenous Fall Fair

Fall Fair Categories:

1. Dry Flower Arrangements
2. Canning & Preserves
3. Farm/field & Orchard Produce
4. Home Baking
5. Beading & Sewing
6. Children

Including workshops on 4H,
Soils, Medicinal Plants &
More!

Date: September 28, 2019, Saturday
Time: 9am to 3pm

Location: Chief Will-Yum Powwow Arbor,
Sugar Cane, Williams Lake, BC

Cost: FREE

Register by September 6th to Kristy Palmantier
at Kristy.Palmantier@gov.bc.ca or
250-302-3549

Brought to you by:







First Nations Health Authority
Health through wellness

YOUR NEW FIRST NATIONS HEALTH BENEFITS PROGRAM: Dental, Vision and Medical Supplies & Equipment (MS&E)

The First Nations Health Authority (FNHA) engaged with First Nations communities and health care providers across the province to learn how we can improve dental, vision and MS&E benefits to support the wellness journey of First Nations people in BC.

YOUR NEW PLAN launching Sept. 16, 2019

FNHA has partnered with non-profit, BC-based health benefits organization Pacific Blue Cross to administer dental, vision and MS&E benefits.



PLAN HIGHLIGHTS



Higher limits and no pre-approval needed for routine eye exams and eyewear



Dental fee guide in line with BC industry standards



Faster pre-approval decisions for MS&E, vision and dental special needs



Pay-direct claims at most dental offices and participating optical stores



Online and mobile app claims



Reimbursement in as little as 48 hours for claims paid out of pocket



Ability to check your coverage and limits online 24/7

Questions? Your local FNHA Health Benefits Community Relations Representative would be happy to help you.



FRASER-SALISH REGION

James Delorme

james.delorme@fnha.ca
778-684-1886



INTERIOR REGION

Joyce Kenoras

joyce.kenoras@fnha.ca
250-318-6634



NORTHERN REGION

Lindsey Larsen

lindsey.larsen@fnha.ca
250-645-3026



VANCOUVER COASTAL REGION

Jenny Smith

jennifer.smith@fnha.ca
604-693-6588



VANCOUVER ISLAND REGION

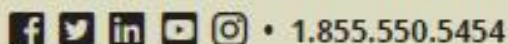
Candy-Lea Chickite

candy-lea.chickite@fnha.ca
250-830-7346

The FNHA provides other benefits to meet health needs not covered by provincial or third-party health insurance. These include medical transportation, mental health support, and pharmacy benefits through BC PharmaCare Plan W.

Learn more about your FNHA benefits at: www.fnha.ca/benefits

ENGAGE WITH US ON SOCIAL MEDIA OR CALL US AT:





WE LISTENED TO: COMMUNITIES

51

Focus groups across all 5 regions, and a Health Directors survey

98

Communities represented in focus groups

3000+

lines of feedback collected



WE SPOKE WITH: HEALTH CARE PROVIDERS

17

of health care provider group interviews conducted — dental, vision, MS&E, pharmacy

60

of provider colleges & associations who received information on our commitment to promoting cultural safety and humility

23

of health regulatory bodies that signed the FNHA Declaration of Commitment on Cultural Safety and Humility

WHAT WE HEARD: TOP COMMUNITY FEEDBACK

#1

enhance coverage, frequency and flexibility

#2

improve provider service, education and cultural safety

#3

better communication and engagement

#4

faster and easier pre-approval process

"Things will move at the speed of trust."
—Skidegate Focus Group

"Providers are not willing to direct bill as it takes too long, is complicated, and slow."
—Ktunaxa Focus Group

"Some dentists won't see clients because of the amount of paperwork and because they won't get the rate they normally charge."
—Cowichan Tribes Focus Group

"There needs to be better communication on what is covered, what isn't covered and the timeframe for payment or reimbursement."
—Musqueam Focus Group

"Some concerns were expressed about being able to access quality eye exams and eyeglasses."
—Skawahlook Focus Group



The Indigenous Arts Program is now accepting applications!
The application deadline is September 15, 2019.

The Indigenous Arts Program ([IAP](#)) (formerly the Aboriginal Arts Development Awards) provides funding in six different categories for Indigenous artists. Through a strong partnership with the B.C. Arts Council and additional funding from the Margaret A. Cargill Philanthropies, this program is a primary source of support for the unique expressions of B.C.'s Indigenous arts.

New! Community Land-Based Arts Program

We are excited to be providing a new IAP grant this year with funding for Community Land-Based Arts. This new program will support community-based Indigenous art workspaces and workshops focused on the transmission of arts skills and knowledge in all artistic disciplines. Projects must be initiated and directed by Indigenous artists, arts and culture organizations or established unincorporated Indigenous arts collectives. Find out more about this new program [here](#).

Current Funding Opportunities:

- [Individual Artists](#)
- [Sharing Traditional Arts Across Generations](#)
- [Organizations and Collective](#)
- [Arts Administrator Internships](#)
- [NEW! Community Land-Based Arts](#)
- [Arts Micro-Grants](#)

Click on the program above to view the grant guidelines and download the application forms for each program.

Applications are accepted annually from Indigenous, Métis and Inuit artists, organizations and collectives located in B.C., who have a demonstrated a commitment to their practice in any artistic discipline— visual, music, dance, theatre, literary or media. The IAP program supports both traditionally based and contemporary experimental approaches.



We are here to help!

If you have any questions or would like assistance in any way please get in touch with the applicable staff contact for your program listed below:

Indigenous Music Initiative - Sarah Pocklington sarah@fpcc.ca

Arts Administrator and Community Land-Based Arts - Anna Huard anna@fpcc.ca

Individual Artists, Sharing Traditional Arts Across Generations, Arts

Organizations and Collectives, and Micro-Grants - Nikki Thomas nikki@fpcc.ca

FPCC supports youth in their artistic practices but will no longer provide the Youth Engaged in the Arts program. We welcome applications that include youth in any of the above funding streams, except for Individual Artists and Micro-Grants. If you have any questions about how to involve youth in your project please contact Nikki Thomas nikki@fpcc.ca

The **Indigenous Music Initiative** (IMI) grants will be accepting applications soon so please sign up for updates [here](#) to receive notification when the forms have been posted.

Please help us reach artists across the province by sharing this information with your contact.

Warm regards,

Emmy McMillan

Communications Officer, First Peoples' Cultural Council

emmy@fpcc.ca



FOODSAFE COURSE



First Nations Health Authority, Environmental Public Health Services will be presenting the **FOODSAFE COURSE**.

Location: Soda Creek Health Station

Date and Time: Friday, September 27th, 2019
9 am-5 pm (Lunch will be provided)

Instructor: Patti Joyce, Environmental Health Officer

Cost and Supplies Needed : The course is free for First Nations members /employees and includes your workbook.

Contact Person: Rae-Lyn or Maxine, 250-989-2355

The Provincial Foodsafe Course will provide the participants with comprehensive information to prepare food safely and prevent food poisonings. An optional test will follow the course, and participants earning 70% or greater on the multiple choice exam will be entered into the Provincial Foodsafe registry. Foodsafe Certificates are now valid for 5 years.

* If your Foodsafe Certificate does not have an expiration date (all certificates prior to July 2013), it is now expired.

HOSPITALITY/TOURISM JOB READINESS PROGRAM

Sponsored by CCATEC



Training includes but is not limited to:

- Life Skills/Job Readiness/Essential Skills
- Serving It Right
- Food Safe Level 1
- World Host
- Cashier Training
- WHMIS
- Dress for Success
- Intro to Microsoft Office

Training Agency: SAGE Trainers

Training Length: October 7, 2019 – November 8, 2019

Application Process: Completed "Participant Registration Form" must be submitted to CCATEC and written confirmation of living supports

Application Deadline: Monday September 23, 2019

Training is open to UNEMPLOYED First Nations living in the Cariboo Chilcotin

- Tuition and books will be provided
- Living supports **MUST** be confirmed
- All other costs are the responsibility of each trainee

*See your Employment Coordinator to apply
or*

*Contact Janine or Crystal at CCATEC
(250) 392-2510 or Fax (250) 392-2570*

Only those selected for training will be contacted



Government
of Canada

Gouvernement
du Canada

www.ccatec.com



Blue Collar Silviculture, with funding provided by the Government of Canada through the Canada-BC Workforce Development Agreement, is offering the First Nations Youth Training Program to aboriginal youth between the ages of 18-25.

Dates for this training program are September 16 - October 25, 2019. Our program is based in Quesnel, BC and is available to participants from throughout British Columbia.

This six-week program combines work experience with short term certificate training. The six weeks are packed with work and skills training Monday – Friday and fun activities on the weekends.

Interested participants must meet the following criteria:

- Be 18-25 years of age, possess photo ID and be in possession of either a SIN# or a Status Card
- Be Unemployed or does not have steady and secure employment
- Have completed grade 10 or equivalent
- Not a student
- Not participating in another provincial or federally funded labour market program
- Interested in securing employment in the resource or hospitality sectors

Room/board and transportation costs are covered for the duration of the program. We can arrange transportation from your home community to Quesnel for the beginning and end of the program.

The following training and work opportunities will be performed throughout the program:

SKILLS TRAINING		
o S100/S185	o Traffic Control	o Forklift Training
o CSTS	o Fall Protection	o Aerial Work Platform
o Driver Training	o Food Safe/ World Host	o Ground Disturbance
o OFA Level 1/Transportation Endorsement	o Resume Writing/Job Interview Skills	o Chainsaw Safety and Maintenance
o Career Decision Making	o GPS /Compass Orientation	o Confined Space Training
WORK OPPORTUNITIES		
o Modular Camp Installation	o Camp Services: Line Cook and Maintenance	
o Brushing and Spacing	o Recreation Site Management and Trail Maintenance	

Our staff will work to help place participants into employment once this program is complete. Staff maintains an ongoing connection with participants from the program and are available to provide assistance post-program.

Please send inquiries and resumes: firstnationsyouthtraining@gmail.com.

For more info: <http://www.bluecollargroup.ca/fnytp.html>

Resumes and Applications must be submitted by August 23, 2019



2019 Training and Work Experience Opportunities by:

<i>Securiguard</i>	<i>Tolko Industries</i>	<i>Bob's Driving School</i>	<i>SilvaGro Partnership</i>
<i>The Wells Hotel</i>	<i>West Fraser Mills</i>	<i>Redrock Camps</i>	<i>Timber Trek Consulting</i>
<i>Quesnel Chamber of Commerce</i>	<i>Barkerville Gold Mine</i>	<i>Summit Camps</i>	<i>Irwin's Industrial Safety</i>
<i>Progressive Ventures</i>	<i>BV Electric</i>	<i>Quesnel Tillicum Society</i>	<i>Corralieu Secondary School</i>



Funding provided by the Government of Canada through the Canada-British Columbia Workforce Development Agreement.



Soda Creek Indian Band

3405 Mountain House Rd, Williams Lake, BC V2G 5L5

Phone: 250-989-2323 Fax: 250-989-2300

JOB OPPORTUNITY

Natural Resources Referrals Coordinator

Job Summary:

The Referrals Coordinator organizes and responds to multiple stakeholder requests for information regarding Xat'sull First Nation interests, and Title and Rights within the traditional territory. You will contribute to the overall success of the Natural Resources Department by adequately communicating with third parties, supporting internal capacity and maintaining information as required.

Duties and Responsibilities

- Respond to consultation packages with assistance from the Natural Resource staff and consultants
- Liaise with government and third parties in a professional manner
- Maintain an effective tracking system for referrals and utilize NSTQ Portal
- Work with other departments to collect information or develop invoices
- Utilize GIS to inform referrals and create digital maps
- Organize field visits as required
- Have knowledge of current agreements and fee-for-service
- Provide reports/updates to Natural Resource Manager and community
- Participate in various community and staff meetings
- Coordinate environmental and archeological workers

Qualifications:

- Diploma in Natural Resources Management or equivalent
- Basic knowledge / willingness to learn ArcMap (ArcGIS)
- Experience working with First Nations or in the natural resources industry
- Valid BC Drivers License
- Criminal Record Check
- Proficient with computers
- Knowledge of Secwepemc language, culture, and history is an asset

Conditions of Employment:

- Must have a valid Class 5 BC Drivers Licence
- Must be physically able to meet fieldwork requirements (moderate hiking in remote site locations)
- Able to work non-standard hours of work as required
- Office hours 8:30am-4:30pm, Monday to Friday

Please submit a cover letter and current resume with three references by:

Open till filled

To: Deanna Dormuth, Executive Assistant Email: execasst@xatsull.com

Community Events

Event	Date & Time	Where	Description
ADP Luncheon	September 3 & 17 12-2pm	Health Board-room	
SCIB Travel	September 4 & 18		Call Rae-Lyn at 250-989-2355
Integrative Healing	September 6, 20 & 27 8:30-3:30pm	Health Station	Call Maxine to book a session at 250-989-2355
Work out/Sport Night	September 9, 16, 23 & 30 4:30-5:30pm	Soda Creek Gym	Any question call Janae at 250-989-2355
Canning Workshop	September 10 11:00-2:00pm	Health Boardroom	
HCC Travel	September 11 & 25		Call Edith at 250-989-2355
Mental Health & Addictions Counsellor	September 18 & 25 11:00-3:00pm	Health Station	Call Maxine to book an appointment at 250-989-2355
Dental Therapist	September 24 10:00-3:00pm	Health Station	Call Maxine to book an appointment at 250-989-2355
Food Safe Level 1	September 27 9:00-5:00pm	Health Board-room	Lunch is provided. Call Maxine at 250-989-2355 to sign up.

