

JULY 2017

Fraser River Run

MONTHLY NEWSLETTER OF THE SODA CREEK INDIAN BAND



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Soda Creek Band Office:

250-989-2323

Soda Creek Health Station:

250-989-2355

Natural Resources:

250-989-2323

Xat'sull General Partnership Office:

250-989-2311

Xat'sull Heritage Village:

250-297-6502

The newsletter deadline is usually the 20th of each month, and delivered by the last day of the month.

Submissions can be sent to the Health Station Reception by mail: 3405 Mountain House Road, WL BC V2G-5L5 or emailed to healthreceptionist@xatsull.com.

Any questions about the newsletter you can call: 250-989-2355.



Soda Creek Band Offices are closed

Monday, July 3rd

in lieu of the Statutory Holiday that falls on the previous Saturday.



Aboriginal Day Parade & Celebration in Boitanio Park



Staff Reports

Education Assistant/ Children's Program Supervisor



Dionne Phillips

Hello my name is Dionne Phillips and I am a member of the Xats'ūll Indian Band. I have previously been going to school at the University of British Columbia Okanagan where I have studied Psychology and Creative Writing for three years. I will now be attending Thompson

Rivers University to work towards my Early Childhood Education Diploma in September. I am working as the Summer Children's Program Supervisor for the second year. I learned a lot running the program last year and I look forward to getting to work with the kids for another summer. I have some very exciting plans for the summer and I hope the kids will be excited for all the activities, including furthering their cultural knowledge with a weekly Secwepemctsin lesson at the Xatsull Heritage Village.

The Summer Children's Program will run from 8:30-4:30 pm every Monday-Friday



Social Development Coordinator



Tracey Elkins

The Social Development Department recently went through an Audit.

I will need ALL Clients to phone in and make an appointment to see me before July 17th.

I will explain the upcoming changes.

Thank You.

Housing Coordinator



Marnie Sellars

Reminder

- If you have a housing application on file, please remember to update it. Housing applications will be kept on file for one year.
- Rent is due on the 1st of each month. Payments can be made at the Band Office or at the Royal Bank.
- The Housing Department is looking for someone between the age of 16-30 to participate in the HIIFNIIY program. We were approved for 1 person. If you are interested in working in the Housing Department, please submit your resume and Band application to the Band Office.



**Const.
Kevin Neufeld**

He will be our new RCMP First Nations Police Member for our Community.



**Bannock Contest Winner
2016**

Education Coordinator



Cheryl Chapman

As the community prepares for summer the Education Department is welcoming Dionne Phillips, Education Assistant/Children's Summer Program Supervisor. Dionne will be assisting me in hiring the rest of the Summer Program Assistants. She will be contacting all parents to ensure we have the Summer Program Registrations complete. Dionne will also be working with the students and Jordanna for the After School Programming until the end of the school year, during this time they will be scheduling the summer adventures, as well as Language & Cultural Practices on a weekly basis at the Xats'ull Heritage Village.

We are scheduled for the Aboriginal Celebration in Barkerville again this year, July 15th, 2017. We will be leaving the Education Department at 9:00 am and returning around 5:00 pm, we will provide the bus, snacks, lunch, water and juice. If you will be joining us, please contact Dionne at ext. 115 or myself at ext. 104.

Xat's'ull Grad Celebration with the support of Three Corners Health Services will include, BBQ, Cake, Games and Music, July 18th at 5:00 pm at the Xats'ull Heritage Village.

We have decided to set-up regalia making for Tuesday evenings 5:00-8:00 pm, starting July 4th, here at the Education Classroom, as some of the students would like to dance at our Xat's'ull Save-the-Salmon Traditional Pow-Wow August 25-27, if you are interested, please let me know.

I am working with the Post-Secondary Students for the Fall 2017 Semester, setting up/updating their files, re-viewing our collective responsibilities with them, as well as the Colleges and Universities.

The Applied Business Technology program through TRU in Williams Lake, is now unbundled and this means if you don't need all of the 19 courses you can take just the ones you want. If you are interested in any of these, (see the list in this newsletter), please contact me or see our website for the Education Assistance Funding Application package.

Computer Clean-up & Install Training was from May 29th–June 12th Monday & Wednesday evenings 5:00-8:00 pm.

Elizabeth Hoffman taught eleven community members how to wipe a computer system and reprogram it, we sent each participant home with a used computer that they trained on and reprogrammed.

We learned about:

- Major Hardware Components;
- Monitor/laptop screen
- Keyboard (we even took them apart!)
- Mouse/laptop touchpad

- Hard disk drive (HDD)
- RAM
- Video Card
- Operating System – BIOS
- Erasing Hard Disks using Darik's Boot and Nuke (DBAN)

Software:

- Installing Windows XP and Linux Xubuntu
- Trying out both of the operating systems and choosing which we would like to have on our systems.
- Ensuring computer system is working; and,
- Creating Bootable USB's, CD's and DVD's for computer Software.
- Also searched for and accessed other programs from the internet and downloaded them to try out.

We still have some computers that we can provide the same training on in the fall and Elizabeth has agreed that she would like to provide the training.

Are you interested? Five evenings, starting in September or October 2017, please let me know.

Happy, Healthy & Safe Summer!

Water Operations



Kelly Quon

Deep Creek Water System Improvements

Starting the week of June 26th 2017 contractors and water system Operators will start the improvements to the Deep Creek water distribution system. This will include;

- One hydrant installed on a dead

end for better flushing.

- Multiple valve installation for better flow control and isolation in case of emergency.
- Installation of pipes and valves to aid in the launching of the pipe swabs.
- Swabbing of the distribution system with foam swabs.
- cleaning of two storage reservoirs.
- Final water system flush.

This work is required due to many years of water containing high contents of iron and manganese going through the distribution system. The Deep Creek water treatment plant is designed to remove these minerals, but does not remove it all. This is normal and it is just time for a complete

distribution cleaning.

A contractor has been commissioned to do this work under guidance from myself. Also representatives from the Circuit Rider Program will be onsite to support me during this task. All water service interruptions will be announced via Facebook and notices delivered door to door to the zones affected.

This process will be a great improvement for the Deep Creek water system. When complete the water quality will be much better. Less color and since the pipes are clean, less chlorine will need to be added for maintaining residual at the end of the line.

This process will greatly improve the water quality coming to your homes. We apologize in advance for any inconveniences, but the end results will be worth it.

Parking Lot Questions From Quarterly Community Meeting

Natural Resources Q&A (From Quarterly Community Meeting)

Q: Please have Gibraltar answer to the safety of the pit at their site. Is it money before safety? We do not want another Mount Polley happening.

A: The Natural Resource Department and Gibraltar meet at least quarterly to discuss both Xat'sull's environmental concerns. The tailing storage facility at Mount Polley is much different than the tailing storage facility at Gibraltar. Mount Polley's tailing storage facility collapsed because of an unstable glaciolacustrine layer in the embankment's foundation (that was not accounted for when the Tailings Storage Facility was constructed). From my understanding, Gibraltar does not have the same unstable layer beneath their tailings facility. However, I will reach out to Gibraltar and get an an-

swer from them for this question, and provide it in the next newsletter.

Q: Can you please make sure that mining experts are at the Gibraltar meeting with the community. We need a full picture and what it means in lay terms.

A: Yes, understood. We will try and have a community meeting in the fall concerning the application. They have not submitted their application to review yet.

Q: Can there be another danger tree removal project?

A: We have completed the fuel management around reserve, all areas have been addressed recently and we did not qualify for funding this past year. However, we understand that there are some danger trees around some of the houses. We will start looking for ways of potentially working with other departments to get rid of these danger trees to ensure safe-

ty.

Q: There are a lot of projects that go on through the Natural Resources Department, please report on all projects. Sure mining is a huge topic, but what other opportunities out there for the community and members?

A: If this is referring to employment opportunities, then yes the Natural Resource Department does interact with various other proponents that do often try to bring XDC and employment to all general meetings to ensure that opportunities are being presented. Otherwise, we recognize that more issues need to be tackled other than mining and will start having monthly general update/community advisory meetings for the NR department, so that other issues can be presented on.

Please do not hesitate to ask more questions!!!

Band Administration Department Parking Lot Questions

Question #1: "Access to the Xatsull Community Hall? So community members to hold fundraisers, family gatherings, bingo, or garage sales?"

Answer # 1: We do have a community coordinator position coming up and part of their job will be to get more activities happening in the gym for people. We also are able to open it for volunteers who have their criminal records check put on file. If you have any further questions feel free to ask.

Suggestions

For this section of the parking lot feedback process, we had asked some questions to community. What kinds of programming would you like to have offered? What would you as a member actually come out to participate in? What days or times? The following are some of the great sugges-

tions we got.

Suggestion #1: "Apple juice, orange juice, water/snacks, be on scheduled time, 50/50 draw."

Suggestion #2: "Community meetings from 5pm to 8pm."

Suggestion #3: "Pop."

Suggestion #4: "Have drinks water/ juice at beginning of community meeting."

Suggestion #5: "The NR Building – Elders/Youth centre for connections i.e. cultural, language, workshops, planning events, crafts nights."

Suggestion #6: "Awareness of Community Meeting Dates. Not on Issuance day."

Suggestion #7: "Supporting family's funds to travel to ensure family members have support on the grad. To support and honour personal growth."

Suggestion #8: "Have this meeting during the day. This takes too long."

Suggestion #9: "Reports should have started @ 1:00. Now we are going overtime."

Suggestion #10: "Meeting was too long."

Suggestion #11: "We need more programs dealing with drugs and alcohol."

Follow up:

Please remember that all of our programs and events are posted on Face book, advertised in the Newsletter, and Posted on the Poster Boards in the offices. If there is any other more efficient ways to get the communication of programs or events to you.... We would love to have that feedback.

Keep the ideas coming. It was great to hear all the questions and suggestions! Let's keep moving forward together!!!

Chief and Council Parking Lot Questions

Suggestions

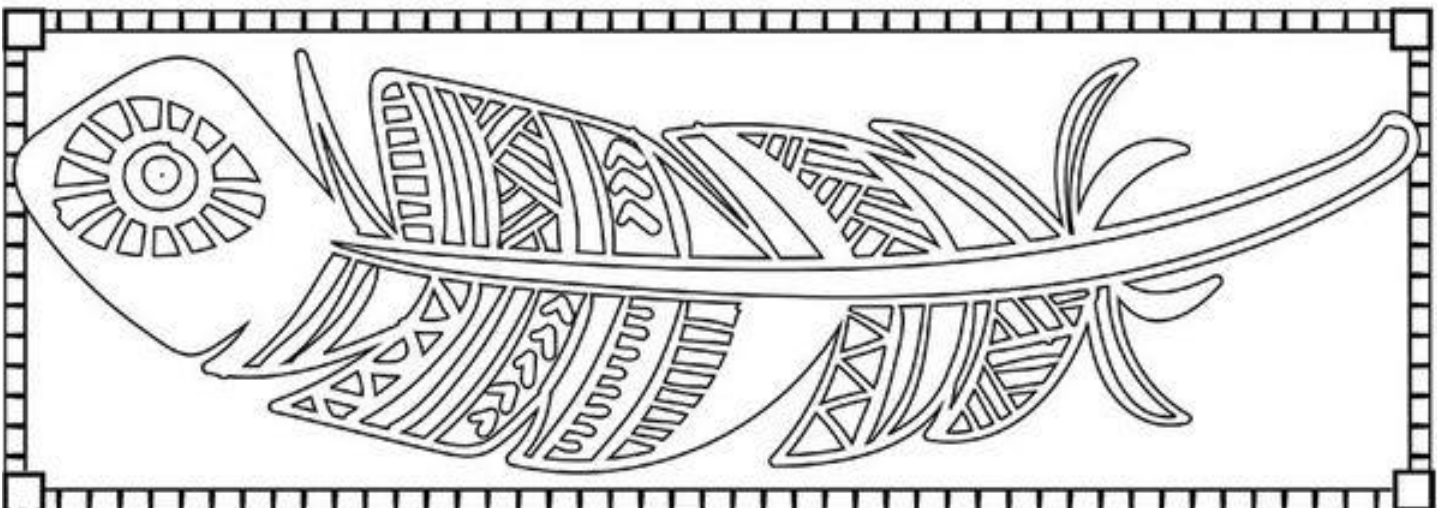
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of programming would you like to have offered? What would you as a member actually come out to participate in? What days or times? The following are some of the great suggestions we got.

Suggestion #1: "Community Meetings

need more time for community to respond to staff."

Suggestion #2: "Community meetings need time for community members to respond to Chief and Council on issues and concerns."





Aboriginal Day 2017



July 2017

Soda Creek Health Station Events Calendar

Call 250-989-2355 for Appointments

Medical travel rides must be booked on Monday

For Wednesday's Travel

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<i>1</i> Canada Day Statutory Holiday
<i>2</i>	<i>3</i> Canada Day Statutory Holiday Office Closed	<i>4</i>	<i>5</i> HCC Travel Mammogram Workshop 11:00-1:00 pm	<i>6</i>	<i>7</i>	<i>8</i>
<i>9</i>	<i>10</i> Mental Health Clinician 10-2 Nurse Practitioner 10-3 pm Physiotherapy 8:45-12:00 pm	<i>11</i> BC Elders Gathering	<i>12</i> BC Elders Gathering	<i>13</i> BC Elders Gathering	<i>14</i>	<i>15</i>
<i>16</i>	<i>17</i> Mental Health Clinician 10-2 Nurse Practitioner 10-3 pm	<i>18</i>	<i>19</i> HCC Travel Bike Rodeo 11:00-3:00 pm	<i>20</i>	<i>21</i> Dental Therapist 9:30-3:00 pm Newsletter Deadline 4 pm	<i>22</i>
<i>23</i>	<i>24</i> Mental Health Clinician 10-2 Nurse Practitioner 10-3 pm	<i>25</i> ADP Luncheon	<i>26</i> SCIB Travel	<i>27</i>	<i>28</i>	<i>29</i>
<i>30</i>	<i>31</i> Mental Health Clinician 10-2 Nurse Practitioner 10-3 pm					

10 Ways to Use Baking Soda in the Garden



We often rely on the newest, most expensive gardening tools and materials in order to protect our plants as best as possible. Although sometimes it's necessary to pull out the big guns on hard-to-tackle garden problems, many issues can be solved with the creative use of baking soda! Here are ten ways to use baking soda in your garden to keep it healthy and protected.

1. Fungicide Mix 4 teaspoons with 1 gallon of water to get a homemade fungicide that works as effectively as some store bought ones! This concoction is cheaper and has much fewer chemicals and toxins than other fungicides.

2. Kill Cabbageworms Mix an equal amount of baking soda and flour together and then dust the mixture over your plants (like broccoli and cabbage). This mixture will kill cabbageworms without you having to do much more at all!

3. Washing Hands Nothing is worse than coming in from the garden and having



gunk and grime on your hands that you can't seem to get off. Use a little bit of baking soda and watch the dirt melt away. Just make sure to rinse your hands thoroughly to avoid irritation.

4. Soil Booster For flowers that thrive in alkaline soil (like begonias and hydrangeas), mix a teaspoon baking soda in with water and use it on those plants. The extra baking soda will help them grow and flower beautifully!



5. Test Soil PH Level Wet your soil and sprinkle a handful baking soda over the damp part. If the soil begins to bubble then it has an acidity with a PH level of 5 or under.

6. Kill Slugs If you have an issue of slugs eating and destroying all your plants and hard work, then here's a solution for you! Take a little bit of baking soda and pour it on the little pests and they'll die off. Just make sure to clean baking soda off your plants so it doesn't harm them.

7. Reduce Compost Stench If you have a compost that reeks, then use some baking soda to fix it up! Just add it to your compost pile and, after a while, the stench should start disappearing. Baking soda helps stop acid buildup so the smell isn't as overwhelming.

8. Keep Potted Plants Fresher Sometimes it can be hard to keep potted plants fresh. Before you plant them, coat your clay post with a thin layer of baking soda

before adding the soil. This will help keep your plants fresher for longer.

9. Clean Birdbaths This is a great way to clean your birdbaths without toxic or dangerous chemicals. This is a great way to clean your birdbaths without toxic or dangerous chemicals. Take a damp cloth and use the baking soda and water to scrub away dirt and stains. Make sure to rinse the birdbath with water afterwards and it won't be harmed at all!

10. Kill ants Ants can be an enormous hassle for any gardener. Get the anthill damp and then pour baking soda on it. Half an hour later, add some vinegar to the anthill and the ants will ingest the mixture and die, making your garden ant-free.



Aloha Chicken Burgers

"This tasty sandwich is like a luau on a bun!"



Ingredients

- 2 skinless, boneless chicken breast halves
- 1/4 cup soy sauce
- 3 slices thick cut bacon
- 2 large hamburger buns, split
- 1 tablespoon softened butter
- 1/4 cup teriyaki sauce
- 2 slices Swiss cheese
- 2 tablespoons mayonnaise
- 2 slices pineapple
- 2 slices tomato
- 2 slices of iceberg lettuce

Prep time: 20 min **Cook time:** 30 min **Ready in:** 1 h 20 m

Method

1. Place chicken breasts into a plastic zipper bag with soy sauce, seal the bag, and marinate in refrigerator for 30 minutes. While chicken is marinating, place the bacon in a large, deep skillet, and cook over medium-high heat, turning occasionally, until evenly browned, about 10 minutes. Drain the bacon slices on a paper towel-lined plate, and set aside. Spread cut sides of hamburger buns with butter.
2. Preheat an outdoor grill for medium heat, and lightly oil the grate.
3. Remove the chicken from the soy sauce, and discard the excess soy sauce. Place the chicken breasts onto the preheated grill, and grill until chicken shows good grill marks, is no longer pink inside, and the juices run clear, 4 to 5 minutes per side. When chicken is almost done, brush each piece generously on both sides with teriyaki sauce to finish grilling. Place a slice of Swiss cheese on each chicken breast, and cover with a lid to help the cheese melt onto the chicken.
4. While chicken is grilling, spread the buns open on the grill and cook until toasted and showing grill lines, about 2 minutes. Set the buns aside.
5. To assemble, spread the grilled sides of each bun with mayonnaise, and top each bottom bun with a cooked chicken breast, 1 1/2 slices of bacon, a slice of pineapple, a slice from a head of lettuce, a slice of tomato, and the top bun.

Best Chocolate Chip Cookies

"Crisp edges, chewy middles."



Ingredients

- 1 cup butter, softened
- 1 cup white sugar
- 1 cup packed brown sugar
- 2 eggs
- 2 teaspoons vanilla extract
- 3 cups all-purpose flour
- 1 teaspoon baking soda
- 2 teaspoons hot water
- 1/2 teaspoon salt
- 2 cups semisweet chocolate chips
- 1 cup chopped walnuts

Prep time: 20 min **Cook time:** 10 min **Ready in:** 1 hr

Method

1. Preheat oven to 350 degrees F (175 degrees C).
2. Cream together the butter, white sugar, and brown sugar until smooth. Beat in the eggs one at a time, then stir in the vanilla. Dissolve baking soda in hot water. Add to batter along with salt. Stir in flour, chocolate chips, and nuts. Drop by large spoonful's onto ungreased pans.
3. Bake for about 10 minutes in the preheated oven, or until edges are nicely browned.

Spring Strawberry Spinach Salad

"This fresh strawberry and spinach salad is tossed with a sweet poppy seed dressing."



Ingredients

- 1 bunch spinach, rinsed
- 10 large strawberries, sliced
- 1/2 cup white sugar
- 1 teaspoon salt
- 1/3 cup white wine vinegar
- 1 cup vegetable oil
- 1 tablespoon poppy seeds

Prep time: 30 min **Cooks:** 6 min **Ready in:** 2 h 40

Method

1. In a large bowl, mix the spinach and strawberries.
2. In a blender, place the sugar, salt, vinegar, and oil, and blend until smooth. Stir in the poppy seeds. Pour over the spinach and strawberries, and toss to coat.

Iced Tea II

"This iced tea is fabulous - it tastes like the brand names!"

Ingredients

- 8 cups water
- 3 orange pekoe tea bags
- 3/4 cup white sugar
- 1/2 cup lemon juice

Prep time: 10 min **Cooks:** 1 hr **Ready in:** 1 hr 10 m

Method

1. In a large saucepan, heat water to a rapid boil. Remove from heat and drop in the tea bags. Cover and let steep for 1 hour.
2. In a large pitcher, combine the steeped tea and the sugar. Stir until sugar is dissolved, then stir in lemon juice. Refrigerate until chilled.



Best Brownies

"These brownies always turn out!"

Ingredients

- 1/2 cup butter
- 1 cup white sugar
- 2 eggs
- 1 teaspoon vanilla extract
- 1/3 cup unsweetened cocoa powder
- 1/2 cup all-purpose flour
- 1/4 teaspoon salt
- 1/4 teaspoon baking powder
- Frosting:
- 3 tablespoons butter, softened
- 3 tablespoons unsweetened cocoa powder
- 1 tablespoon honey
- 1 teaspoon vanilla extract
- 1 cup confectioners' sugar

Prep time: 25 min **Cook time:** 35 min **Ready in:** 1 hr

Method

1. Preheat oven to 350 degrees F (175 degrees C). Grease and flour an 8-inch square pan.
 2. In a large saucepan, melt 1/2 cup butter. Remove from heat, and stir in sugar, eggs, and 1 teaspoon vanilla. Beat in 1/3 cup cocoa, 1/2 cup flour, salt, and baking powder. Spread batter into prepared pan.
 3. Bake in preheated oven for 25 to 30 minutes. Do not overcook.
- To Make Frosting: Combine 3 tablespoons softened butter, 3 tablespoons cocoa, honey, 1 teaspoon vanilla extract, and 1 cup confectioners' sugar. Stir until smooth. Frost brownies while they are still warm.



Nurse Practitioner



July 10
July 17
July 24
July 31

10:00 am-3:00 pm

Soda Creek Health Station

Catherine can diagnose and treat illnesses & infections, write prescriptions, fill out medical forms, manage chronic conditions, annual health screening, STI screening & diagnosis, plus much more! She would be delighted to see any community members without a family physician!

To book an appointment with Catherine, please call
Maxine at 250-989-2355

Mental Health Clinician



July 10
July 17
July 24
July 31

10:00-2:00 pm

Soda Creek Health Station

Neleena Popatia is a Mental Health Nurse with over 30 years of experience. She has worked in a variety of roles and settings, e.g. clinical nurse specialist in acute and tertiary mental health in hospital, manager in community mental health, consultant and therapist in private practice, instructor in nursing school.

To book an appointment please call Maxine
at 250-989-2355

Bike Rodeos

Dog Creek School
Tuesday, June 27, 2017
11:00—3:00 pm

With RCMP and Red Shreds

Soda Creek Health Station
Wednesday, July 19th, 2017
11:00—3:00pm

Sugar Cane Gym
Thursday, June 20, 2017
11:00—3:00pm

Come and join us to learn about helmet safety & get fitted for a helmet if you don't have one, road safety with the RCMP, and get your bike repaired. Bring your bikes, helmets, & proper clothes for the weather



For more information, please contact Kayla at
Three Corners Health Services Society
Phone: 250-398-9814
Email: kjasper@threecornershealth.org



Dental Therapist



Friday, July 21
9:30-3:00 pm
Health Station

- ⇒ Cleanings
- ⇒ fillings
- ⇒ Extraction
- ⇒ Check ups
- ⇒ A range of preventative services

Call Maxine at 250-989-2355 to book an appointment

Xat'sull Grad Celebration

July 18th, 2017 - 5pm

Xat'sull Heritage Village



Bar-B-Q, Cake, Games & Music

For information, please contact Cheryl Chapman,
Education Coordinator at 250-989-2323 ext. 104
or drop by the Education Department downstairs
in the Soda Creek Health Station.

Grad Celebration and the Community Fun Night are
coming together to celebrate the Grads.

Community Fun Night

Good times, Xat'sull! Keep coming out!
Next one to be held with the Xat'sull Grad!

Bringing the community together to have fun!
Attendance: 42-April, 32-May, 54-June
Food, games, door prizes and laughter!

Join us for the Grad barbeque, games and the dance with
Lincoln Merriott & Friends July 18th at 5:30 pm
Xat'sull Heritage Site Drug & Alcohol Free Event!

For more info and to arrange for a ride, please contact:

 Nan's Band!	 Cheryl Chapman Education Coordinator Soda Creek First Nation 250-989-2355
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Morrie Heines
 Family Connections Program
 Three Corners Health Services Society 250-989-9814

Princess & May Tot
Princess Pagan



Netel Tournament
50/60's & Rafties

Xat'sull Save-the-Salmon Traditional Pow-Wow

August 25th, 26th & 27th, 2017



Xat'sull Heritage Village, Soda Creek, BC

Warm-up 7pm Friday

Grand Entries: Saturday 12pm & 7pm, Sunday 11am

Feast: Dinner Break Saturday

MC: Mike Retasket

Arena Director: Melem's't'ya (Everet Whyte)

Whipman: Autrey Bell

Host Drum: Four Stones

Co-Host Drum: Northern TribeZ

Please respect this is an alcohol & drug free event to honour our salmon, our families & our environment.

Proudly sponsored by:

Cariboo Regional District Areas D & F

Enbridge Upgrading Project

Northern Shuswap Tribal Council

Xat'sull Development Corporation

• Camping On-Site!

• Bring your chairs!

• Bring your plate, bowl, cup and utensils!!!

• Crafters please bring your own tables!

• Hand Drummers bring your drums!!!

Aboriginal Affects Consulting

Cliff Thorstenson Law

New Pathways to Gold Society

Three Corners Health Services Society

List will be added to as sponsors are confirmed...



Soda Creek Indian Band
3405 Mountain House Road,
Williams Lake, BC V2G 3L5

Cheryl Chapman, Education Coordinator
Email: education@xatsull.com
Phone: 250-989-2323 ext. 104

Indigenous Invasive Species Working Group Presents...

Invasive Plants in the Cariboo-Chilcotin!

Friday, July 21, 2017

9:00 am – 12:00 pm

SCIB Gymnasium
& Deep Creek Reserve

Come and learn about the invasive species in the territory and how you can get involved!

After a short presentation, there will be a guided bus tour of invasive plants on the reserve and there is optional participation if you are interested in helping remove these plants!

Open to all Soda Creek community band members and staff.

Please contact Kate at the NR office if you would like more information, to register, and if you will need a ride!



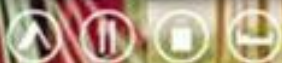
ANNUAL ABORIGINAL CELEBRATION

SATURDAY JULY 15

BARKERVILLE

GOLD AND NEW SINCE 1862.

Barkerville Historic Town & Park • 1-888-994-3332 • www.barkerville.ca
A PROVINCE OF BC HERITAGE PROPERTY & NATIONAL HISTORIC SITE OF CANADA



NATURAL RESOURCES COMMUNITY MEETING

Are you interested in learning more about the natural resources department? Do you want to be more involved or informed?

Join us at the Natural Resources Community Meeting!

Starting in July the natural resources department will be hosting monthly community meetings to share information and gain insight from the community. We want your input and are open to suggestions of how you would like to be involved and what you would like to see.

July 27th Meeting

Our initial meeting will focus on traditional use questions and concerns including:

- How is traditional knowledge used when dealing with natural resources issues?
- What is happening with fish in the Fraser River?
- Community suggestions for field trips
- What ways would you like to be involved in natural resources?
- What ways can we encourage youth to become more involved in natural resources?
- Identifying areas of high concern (through hands-on mapping activities)

Upcoming meetings will address overarching issues within the territory based on your feedback at this initial meeting.

XAT`SULL HERITAGE
VILLAGE

•
JULY 27TH 2017

Door Prizes!!!

Participate to enter our door prize draw for gift cards

When & Where

Join us for an interactive meeting at the Xat`sull Heritage Village from 5-7pm on Thursday July 27th

Questions or Concerns?

Please contact Robyn Clark, Natural Resources Coordinator at Treaty/NR Office

Email:
nrcoordinator@xatsull.com

Phone:
1-250-989-2323 ext.122

2017 KATSULL ELDERS LEGACY INITIATIVE

CULTURAL WORK SHOPS & EVENTS



WHERE: KATSULL HERITAGE VILLAGE



Contact Information

Crystal Rain Harry

Email: xatsulleventscoordinator@gmail.com

Phone: 250-297-6502

Or Visit Our Facebook Page
[@XatsullHeritageVillage](https://www.facebook.com/XatsullHeritageVillage)

FEATURING ALL SUMMER • Traditional Arts & Crafts • Language

• Cultural Revitalization • Traditional Ceremonies •

Keep Your Eye Out for Up Coming Events

**LIGHT SNACKS &
REFRESHMENTS PROVIDED**

BEADING WITH DANA ALPONSE

Learn to make beautiful earrings from a talented and creative artist.

JULY 4TH 2017

5:30-7:30

Drop In Everyone Welcome

TRADITIONAL BASKET MAKING WITH CECILIA DEROSE (SEE BELOW)

Learn the intricate and beautiful skill of basketry from our respected elder

Limited Seating Available

Please sign up in advance

Small Donation Welcome

BIRCH BARK BASKETS

July 5th 2017

10:00am-2:00pm

PINE NEEDLE BASKETS

July 12th 2017

10:00am-2:00pm

Join us for lunch and fun games at our first

Elders Appreciation “Tea-Pee Party”

Thursday July 27th, 2017 12:00-3:00pm

Xatsull Heritage Village

MAD HATTER CONTEST:

The Tea is delightful and the Contest is an amazing amount of fun! Bring your most creative headwear: Hats, Head Bands, Tiaras, Toques ect.

Prizes for

“Most Colorful” “Most Creative” “Most Traditional”
“Overall Favorite”

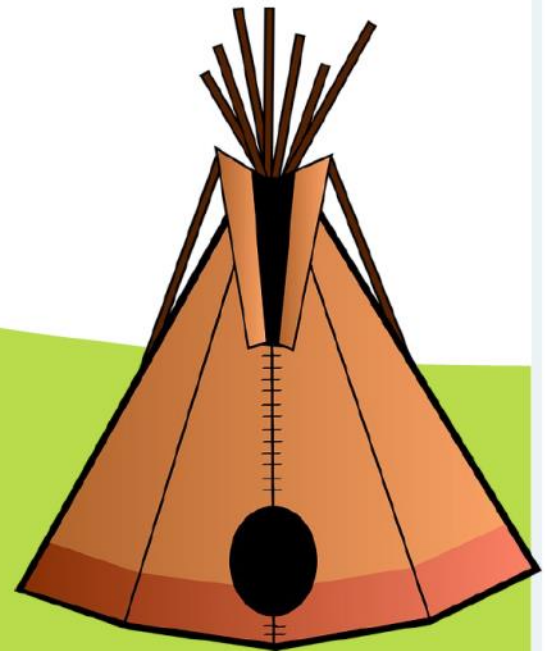


PLEASE
RSVP!

Contact Crystal Rain Harry

If you need a ride!

250-297-6502



ENBRIDGE PROJECT UPDATE

UPCOMING
WORK

•
JULY 2017

What to expect in the coming weeks:

Construction

- Delivering and preparing pipe
- Shut down and clearing of pipes
- Stringing pipe out and welding to prepare for placement
- Begin excavation to fully uncover pipes
- Continued daily water control for road and pipeline right of way to minimize dust
- Continued daily environmental monitoring and wildlife monitoring
- Completing crossover repairs and replacements
- Cleanup at McLeese Lk and Mountain House Rd. crossover sites

Activities

- June 12-14th we had 3 successful training sessions
- June 20th after-school program site tour

REMINDERS:

Community tours of the construction sites are available at upon request

Contact Miriam Schilling at the band office regarding employment opportunities

Please contact Robyn Clark ASAP to secure your spot in the training courses

Questions or Concerns?

Please contact Robyn
Clark, Natural Resources
Coordinator at Treaty/NR
Office

Email:
nrcoordinator@xatsull.com
Phone:
1-250-989-2323 ext.122

Reporting Child Abuse

If you think a **child** or **youth** under 19 years of age is being abused or neglected, you have the **legal duty** to **report** your concern to a child welfare worker.

Phone **1 800 663-9122** at any time of the day or night.

Helpline for Children

If you are a child or youth and would like to talk to someone call the Helpline for Children at 310-1234.

You do not need an area code. You can call at any time of the day or night and you do not have to give your name.

Keeping Kids Safe from Abuse in BC

Child abuse is one of the most serious problems facing our society. Abused children suffer and, all too often, the damage lasts a lifetime. Even worse, it can extend to future generations as patterns of abuse and neglect repeat themselves.

Most children do get the love and care they need to grow up strong, safe and secure. But others need our help. That's why it's so important to know the signs of abuse and neglect, and to take the right action when we see them. This guide will tell you how to do that. It also offers advice on preventing abuse.

Whether they're our own children, our neighbours', or a stranger's, we all share responsibility for their well-being. We owe it to them to do whatever we can to keep childhood a safe place to be.

What is Abuse?

Child abuse occurs with alarming frequency. As public awareness of the subject has grown, so have the numbers of reported and confirmed cases. The following definitions are adapted from B.C.'s child protection legislation, the Child, Family and Community Service Act.

Physical abuse is any physical force or action that results, or could result, in injury to a child. It's stronger than what would be considered reasonable discipline.

Sexual abuse is the use of a child for sexual gratification. It includes sexual touching as well as non-touching abuse, such as making a child watch sexual acts.

Emotional abuse is a pattern of destructive behaviour or verbal attacks by an adult on a child. It can include rejecting, terrorizing, ignoring, isolating, exploiting or corrupting a child.

Neglect is failure to provide for a child's basic needs: food, clothing, adequate shelter, supervision and medical care. Neglect is the form of abuse most frequently reported to the Ministry of Children and Family Development.

It's Your Legal Duty

If you think a child or youth under 19 years of age is being abused or neglected, you have the legal duty to **report your concern** to a child welfare worker. Phone **1 800 663-9122** at any time of the day or night.

Phone: Dionne or Cheryl
250-989-2323 ext.115

Email:
edassist@xatsull.com

JULY 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	Program Closed	3 First Day of Program! Tie Dye & Games	4 Lake Day	5 Language At XHV	6 Horseback Riding/ Biking	7
8						
9	Water Safety w/ Kayla	10 Quesnel Trip	11 Sports Day w/ Kayla	12 Language At XHV	13 Movie & Pajama Day	14 Barkerville Trip
15						
16	Hiking	17 Grad Celebration	18 Bike Rodeo	19 Language At XHV	20 Invasive Species Tour	21
22						
23	Mountain Biking	24 Bowling	25 Kids Carnival	26 Language At XHV	27 Park & Scout Island	28
29						

**Events are subject to change due to unforeseen circumstances*

XATSULL CHILDREN'S SUMMER PROGRAM

Phone: Dionne or Cheryl
250-989-2323 ext.115

Email:
edassist@xatsull.com

AUGUST 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31 Snack Making	1 Sports Day w/ Kayla	2 Gavin Lake	3 Gavin Lake	4 Return from Gavin Lake	5
6	7 Program Closed	8 Game Day	9 Traditional Crafts	10 Language At XHV	11 Gymnastics	12
13	14 Drum Making	15 Outdoor Games	16 Drum Decorating	17 Quesnel River Research Centre	18 Mountain Biking	19
20	21 Science Experiments	22 Baseball & Park	23 Gym Day	24 Language At XHV	25 Belle E Acres	26 Pow Wow
Pow Wow 27	28	29	30	31	1	

**Events are subject to change due to unforeseen circumstances*

XATSULL CHILDREN'S SUMMER PROGRAM



Summer Children's Program Registration Form

Please ensure all sections are completed. A form must be completed for each child participating in the Xats'ùll Summer Children's Program. Kukstsètsemce!

SECTION 1

CHILD'S NAME: _____

Gender: M / F Birth date: _____ Age: _____

Parent/Guardian's Information:

Name: _____ Home Phone: (_____) _____

Cell Phone: (_____) _____ Work Phone: (_____) _____

Address: _____ Email address: _____

Child is currently residing with: Mother/Father/Both/ Other (please specify) _____

1. Emergency Contact Name: _____

Relationship: [] Mother [] Father [] Grandparents [] Other _____

Contact Number (s): (_____) _____ (_____) _____

Authorized Pick-up Person (other than emergency contacts)

Name: _____ Phone: (_____) _____

SECTION 2

Care Card Number: _____

Doctor's Name: _____ Phone: (_____) _____

Does the child have any medical conditions or allergies? [] YES [] NO

Please list: _____

Does the child have an EpiPen or other Allergy Medication? [☐] YES [☐] NO

Does the child take any prescription Medication? [☐] YES [☐] NO

Please list: _____

Will medication need to be administered during Program hours? [☐] YES [☐] NO

If Yes, do we have parental consent to administer medication? Please sign below for consent.

Are there any behavioural concerns, disabilities or other concerns that Xats'ūll Summer Children's Program should be aware of? [☐] YES [☐] NO

If Yes, please describe:

In order to have fun and help all children enjoy the Xats'ūll Summer Children's Program on the grounds or while involved in various activities:

- Use of abusive language, bullying or fighting will not be tolerated from anyone participating in the Xats'ūll After School Program.
- Children are expected to treat one another and program staff with kindness and respect.

Parent/Guardian's Signature

Date

Summer Children's Program Supervisor

Date

Thank you for completing this application. The Xats'ūll Summer Children's Program looks forward to a wonderful summer with your child.

***Extra forms available in Education building**



LETTER OF EXPECTATION



This is the Letter of Expectation between Soda Creek Indian Band and the Royal Canadian Mounted Police. This Letter of Expectation (LOE) is intended to define and promote positive and cooperative working relations and aid in the clarification of the policing relationship. The goal is to ensure that Soda Creek Indian Band receives dedicated and responsive First Nations Community Policing (FNP Members) over and above existing core policing provided by the RCMP.

This will be reviewed and updated yearly, or as needed, in order to address the priorities of Soda Creek Indian Band and the Royal Canadian Mounted Police.

PRIORITIES

The priorities for 2017-2018, as identified through planning meetings with Soda Creek Indian Band, are as follows:

1. Communication and Cultural Awareness
2. Community Partnership for All Ages
3. Traffic Safety
4. Crime Prevention
5. Drug and other Substance Use Enforcement/Education/Awareness
6. Offender Program

1. Communication and Cultural Awareness

- FNP Members will make themselves available to meet with any Community Member.
- FNP Members will meet with Chief and Council on a quarterly basis, or as needed, to discuss policing for the community and to discuss progress being made on meeting these priorities.
- FNP Members and Soda Creek Indian Band will jointly coordinate and organize cultural awareness activities. FNP Members will attend Cultural Events and Training when possible which may include such training as Shuswap language classes presently offered in the community.
- FNP Members will provide monthly Aboriginal Policing reports for the Soda Creek Indian Band which will outline all Policing activity in relation to the Band. These reports will be made available to all Community Members through the Soda Creek Indian Band.
- FNP Members will work closely with Chief, Council and Band Administration to resolve community policing problems and to support First Nation Policing priorities.

- FNP Members will present workshops and information sessions on topics of interest to the Community on an ongoing basis.
- FNP Members will routinely prepare information for the Monthly Community newsletter.
- FNP Members will meet with the Community Consultative Group on a monthly basis, or as needed, to discuss policing for the community.

2. Community Partnerships for All Ages

- FNP Members will participate in as many community activities as possible.
- FNP Members will engage and create connections with all ages of the membership
- FNP Members will collaboratively work with the Band Staff support the school liaison program by attending and participating in functions and programs to develop positive police/ community relations.

3. Traffic Safety

- FNP Members will conduct as many traffic enforcement activities as possible focused on aggressive driving, impaired driving and seatbelt use to both IR# 1 (Soda Creek) and IR # 2 (Deep Creek) equally per month. Patrols to be targeted on Social Assistance cheque release dates.
- The Speed Watch Program will be used to promote traffic calming and preventive education in the community. The program will be Community lead and supported by the RCMP
- FNP Member will work with the Band to educate and address road safety concerns including pedestrian safety

4. Crime Prevention

- FNP Members will assist in providing gang awareness education and identification to increase safety of the community and community members.
- FNP Members will include and create opportunities for the community to be involved in various policing programs and events.

5. Drug and other Substance Use Enforcement/Education/Awareness

- FNP Members to work with community to assess the drug and other substance use problems within the community and make recommendations for long term goals around drug and other substance use enforcement in community.
- FNP Members, Chief and Council and Community Leaders are to encourage community members to provide names of persons selling drugs to them in the community.
- FNP Members, Chief and Council and other Community Leaders are to encourage membership to report any illegal incidents or criminal behaviors relating to drug or other substance use.

6. Offender Program

- FNP Members to work with community Health staff to assist Offenders in pursuing a healthy lifestyle.


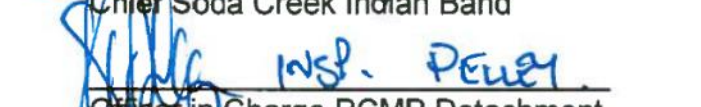
7. Improve Community Safety and Wellness

- FNP members will work with the community to develop programs that will increase the health and wellness of community members.
- FNP members through consultation with the community will deal with community safety issues as they arise

SODA CREEK INDIAN BAND AND THE RCMP JOINT RESPONSIBILITIES

1. In support of the Community Tripartite Agreement (CTA), the RCMP will meet with the Soda Creek Indian Band every three months (quarterly) to discuss the progression of priorities.
2. Community Members and Band leaders of Soda Creek Indian Band have organized and presented cultural awareness training to members of the RCMP. The continuation of this training is important in helping educate new officers regarding the beliefs, customs and ways of life practiced by the Soda Creek Indian Band. The RCMP will liaise with the Soda Creek Indian Band to organize and support cultural awareness sessions for RCMP officers.
3. FNP Members assigned to the CTA will devote one hundred percent of their on-duty time to policing needs of the Soda Creek Indian Band. The majority of this time will be spent within the Soda Creek Indian Band Community Police Service Jurisdiction. If the First Nations Policing Member is away from duty for an extended period of time, the RCMP will notify the Soda Creek Indian Band.
4. Questions regarding the interpretation or implementation of this LOE will be a matter for consultation and resolution between the Soda Creek Indian Band Leadership and the RCMP. Every effort will be made to resolve the matter informally and expeditiously.
5. Soda Creek Indian Band will provide an office with desk, computer and phone for the RCMP Officers assigned to the community at the Soda Creek Health Station.

Signed at WILLIAMS LAKE, British Columbia


Chief Soda Creek Indian Band

WSP. PENNY
Officer in Charge RCMP Detachment

June 19/17
Date
June 19/17
Date



Soda Creek Indian Band

3405 Mountain House Road Williams Lake, BC V2G 5L5

Phone: (250) 989-2323 Fax: (250) 989-2300

Job Title:

Housing Internship Initiative for First Nations and Inuit Youth (HIIFNIY 2017-2018)

Job Summary:

Canada Mortgage and Housing Corporation (CMHC) is pleased to administer the Housing Internship Initiative for First Nations and Inuit Youth. The object of this initiative is to provide housing-related work experience with on-the-job training through wage subsidies to Aboriginal youth between the ages of 16-30 years old, who are living on-reserve.

Who can be an Intern?

- Aboriginal Youth
- Primary residence is on a First Nation Reserve or in an Inuit community
- Is between the ages of 16 to 30 years old.
- Youth under the age of 17 will only be considered if they have completed high school or are not legally required to be in school.
- Persons who are not in receipt of Employment Insurance benefits or agree to discontinue the benefits before the start of the Internship

Conditions of Employment:

- This is a full time position, 35 hours per week Monday-Friday 8:30am – 4:30pm
- Must be able to obtain and maintain a Criminal Records Check and a valid BC Driver's License
- A valid BC Driver's License and own transportation (not necessarily needed)

How to Apply:

1. Please provide a cover letter with salary expectations and availability.
2. Complete Job Application Form.
3. Resume with Three work related job references.

Start Date:

Estimated start date of July 24, 2017

Send your Application to:

Executive Assistant

Email: execasst@xatsull.com

Fax: 250-989-2300

Application Deadline: July 14, 2017

Community Events

Event	Date & Time	Where	Description
Modern Beaded Earring Workshop with Dana Alphonse	July 4 5:30-7:00 pm	Xats'ull Heritage Site	Please contact Crystal Harry at 250-297-6502or xatsulleventscoordinator@gmail.com if you have any questions
HCC Travel	July 5 & 19		Please contact Edith at 250-989-2355
Mammogram Workshop	July 5 11:00-1:00 pm	Health Station	Please contact Rae-Lyn if you have questions
Birch Bark Basket Making Workshop with Cecilia DeRose	July 5 10:00-2:00 pm	Xats'ull Heritage Site	Please contact Crystal Harry at 250-297-6502or xatsulleventscoordinator@gmail.com if you have any questions
Physiotherapy	July 10 8:45-12:00 pm	Health Station	Please contact Maxine at 250-989-2355 if you want o make an appointment
Nurse Practitioner	July 10, 17, 24 & 31 10:00-3:00 pm	Health Station	Please contact Maxine at 250-989-2355 if you want to make an appointment
BC Elders Gathering	July 11-13	Campbell River	
Pine Needle Basket Making Workshop with Cecilia DeRose	July 12 10:00-12:00 pm	Xats'ull Heritage Site	Please contact Crystal Harry at 250-297-6502or xatsulleventscoordinator@gmail.com if you have any questions
Annual Aboriginal Celebration	July 15 11:00-4:00 pm	Barkerville	
Grad Celebration & Community Fun Night	July 18 5:00 om	Xats'ull Heritage Vil-lage	For more information call Cheryl at 250-989-2323
Bike Rodeo	July 19 11:00-3:00 pm	Health Station	For more information please contact Kayla at Three Corners 250-398-9814
Dental Therapist	July 21 9:30-3:00 pm	Health Station	Please contact Maxine at 250-989-2355 if you want to make an appointment
Indigenous Invasive Species Working Group	July 21 9:00-12:00 pm	Soda Creek Gym & Deep Creek Re-serve	Please contact Kate at the NR office if you would like more information, to register, and if you will need a ride!
Newsletter Deadline	July 21 4:00 pm		Please contact Maxine at 250-989-2355 or email at healthreceptionist@xatsull.com
ADP Luncheon	July 25 12:00-2:00 pm	Health Boardroom	
SCIB Travel	July 26		Please contact Rae-Lyn at 250-989-2355
Natural Resources Community Meeting	July 27 5:00-7:00 pm	Heritage Site	Please contact Robyn at 250-989-2323 if you have any questions
Elders Appreciation Tea Pee Party	July 27 12:00-3:00 pm	Xats'ull Heritage Site	Please contact Crystal Harry at 250-297-6502or xatsulleventscoordinator@gmail.com if you have any questions