



MAY 2017

Fraser River Run

MONTHLY NEWSLETTER OF THE SODA CREEK INDIAN BAND



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Easter
Celebration

Kids playing tug of war



Health Fair

Soda Creek Band Office:
250-989-2323

Soda Creek Health Station:
250-989-2355

Natural Resources:
250-989-2323

Xat'sull General Partnership Office:
250-989-2311

Xat'sull Heritage Village:
250-297-6502

Top left: Terry Buhler
Top right: Kristine Jensen, Janae Beaulieu and Aurora
Bottom left: Aurora, posing with her rock box
Bottom right: Mary Harry & Marnie Haines



The newsletter deadline is usually the 20th of each month, and delivered by the last day of the month. Submissions can be sent to the Health Station Reception by mail: 3405 Mountain House Road, WL BC V2G-5L5 or emailed to healthreceptionist@xatsull.com. Any questions about the newsletter you can call: 250-989-2355.

Band Administrator



Dora Demers

Hi my name is Dora Demers, I have been hired as the Band Administrator; I started working for your community on April 10. For those of you who don't know me I am from Dog Creek, my parents are Lena Jack and Francis Camille. My sister Angelique married Percy Sellars Sr. of your community. I have three children (Shannon Jack, Mike Jack and Levi Demers) and two step-daughters (Julie Simon and Shelly Gott) from my children I have 7 grandchildren. I would like to thank the Chief and Council for giving me this opportunity to work for your community. I have been working in this type of position for 17 years now, no matter what your job title is in this position it is the same work (Band Manager, Band Administrator, Chief Executive Officer, Director of Operations). I am here to assist your community in moving forward.

This is week three of working here and I am familiarizing myself with how things are done here. We are looking to fill three positions in the next short while; they are Executive Assistant, Housing and the Finance Clerk. Also a Proposal Writer will be hired on contract. The programs and services in this community are not any different than other communities that I have worked in.

One of the areas that I strongly believe that every community needs to have is a Strategic Plan/Comprehensive Community Plan (CCP – is the buzz word that AANDC uses). I understand your community has a five year plan that needs some updating. I will be working with Chief and Council on how this will happen. I believe the planning needs to come from the community, the Chief and Council then take what they have heard from the community and formulate a plan. The Chief and Council then give this to the staff and have us work to accomplish the goals etc. in the plan. A strategic plan gives us direction for the next five years or more, this is a living document and we should be updating either on a yearly basis or at least every two years. Reading your CCP is one of my first tasks and working with Chief and Council to update.

I had my first Managers meeting and staff meeting last week, these will be taking

place on a monthly basis. Both of these meetings gave me a pretty good idea what the staff are working on at present and what their plans are for the next short while. I will be working with the Managers to get their yearly work plans done, once this is done we will share what the immediate priorities are and what each department's plans are for this fiscal year.

One of our Finance staff will be leaving us at the end of April, and the other two have scheduled holidays prior to my coming on board. Due to this happening we will not have any staff in Finance for a couple weeks from May 15 to 26th, returning May 30th. **As members should you be needing anything in regards to finance, please come in to make arrangements with staff before May 8th.**

We have the elections forum on May 8th from 5:00 to 8:00 pm at the gym. A Community meeting has been scheduled for May 24th. I look forward to meeting more of the community members at these meetings. My door is always open should you want to come in just to introduce yourself or if you have any concerns or issues. I am also available by phone or email. Once again thanks to Chief and Council for giving me this opportunity and I look forward to working with your community. Kukstemc.

Community Health & Wellness Counsellor



Rae-Lyn Betts

So, its been a few years in the making but we are starting a Community Garden this year. We are dedicating a day to building the garden boxes, a workshop and lunch on May 16th starting at 8:30 am, so any members that are interested in learning and helping with the Community Garden please come out and help.

Last month there was a Family Fun Night, hope everyone who attended enjoyed themselves. And there will be

more in May and in June, everyone is welcome to attend. If anyone wasn't able to turn in there Rayden Detectors yet, please drop them off at the health building and we will give them to Pattie.

I am always looking for new ideas from community members as to what you want have workshops on, or fun activities, so please let me know what your ideas are.

Economic Development/ Employment Coordinator



Miriam Schilling

ECONOMIC DEVELOPMENT

Trail Building

We hired a crew of 4 people as well as on-call positions who have started on the long cross country connector trail from Blue Lake to Deep Creek.

Xat'sūll Heritage Village

We have posted all of the positions available and if you would like to be involved in any way (catering & work-shop contracts or volunteer), please let me know, we plan to host a variety of activities this season.

Whispering Willows Campsite

We are currently in the process of bringing on the Campsite Attendant for the season. Our campsite opened early as we already have long term campers who will stay with us for the season. to make sure I'm in the office and have

EMPLOYMENT

If you are currently looking for work,

please come in and see me. We have lots of work opportunities that do come up on very short notice and as long as I have your contact info, I can contact you for those opportunities.

Make sure to check our website and facebook page for jobs and training.

We also have a new job board at the main office with job and training opportunities posted.

Looking forward to seeing everyone, feel free to stop by anytime, but to avoid disappointment, I recommend to call in advance time for you.

250-989-2323 ext 132

m.schilling@xatsull.com

Social Development Coordinator



Tracey Elkins

I would like to thank everyone for their kindness and understanding for my new position here. Congratulations to those who have gone back to school and/or are presently taking courses for future jobs.

As new to the position, I need to make

sure my files are perfect for the upcoming Program Review. Please call me at the office, so I can double check your files. I will need to verify all information in the Application for Social Assistance that you have filled out is still correct.

I need to discuss your Housing information with you, to make sure I have it correct. Is the house under your name? Please give me a copy of rental agreement if you have one. I need to verify who is all living in the home with you, who is working and who is on Social Assistance, names and birthdates.

I need ACTUAL Bank Statements right from the Teller. Bank Statements are

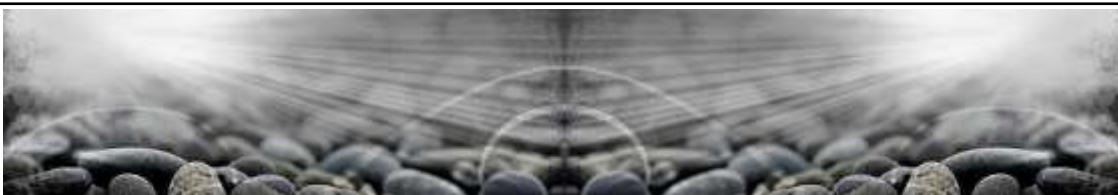
in the top 3 most important to have in your Files. If it is going to cost you, please pay it and you will be reimbursed.

It is Tax Time for everyone and I need copies of these as well.

I know many of you have been in bringing in your documents right away, thank you! I am still missing a few.

I am asked to find out who has grade 12 and who has work tickets to add to your files.

I will now require everyone to come in and pick up their own cheques, in case I have new information to share with you.



Natural Resource Update



Georgia Bock
NR Manager



Kate Hewitt
Referrals
Coordinator



Betty Price
NR/Treaty
Assistant

Spectra/Enbridge Update:

First, Spectra is now Enbridge; they merged in the first quarter of this year.

Archaeology has started on the temporary laydown areas, and will be starting on the right-of-way soon. The off-reserve portion is being conducted by Landsong with one of our archaeology workers on-site, and the on-reserve portion is being lead by Sugar-cane Archaeology with the help of our archaeology workers.

Actual stripping and mobilization to start site work is pending on permits that Enbridge has submitted. They should be mobilizing to the site any day. They will first be clearing the areas that they will be using for their temporary space and then they will move to off-reserve portions. Then work will begin on the pipeline under Mountain House Rd. They will move to the reserve portion around June.

We will try to keep weekly updates on the website under the Natural Resources tab.

We have a Enbridge schedule of what they will be working on and when, it will be posted in our office if anyone would like to see it.

If you are interested in any archaeology or environmental monitoring work, please come and see us in the Natural Resource Department. Also you can bring any resumes to Miriam.

Most other work opportunities are going through Xat'sull Development Corporation, so feel free to hand your resume over to them.

Mount Polley Update:

We are currently reviewing the Comprehensive Environmental Monitoring Plan (which is meant to show all of the monitoring that Mount Polley does in a year).

We are currently waiting for the final HHRA (Human Health Risk Assessment) to be released for our review.

We are currently reviewing the updated Reclamation and Closure plan, ensuring that our concerns that we had expressed to Mount Polley are included. We have a consultant (John Errington) to help us review this, as he specializes in the reclamation and closure of mine sites. There will most likely be an upcoming community meeting about this Plan.

Chief and Council signed the Participation Agreement earlier this month, and a brief note on that is within this newsletter.

The Mount Polley Long-Term Discharge Permit was authorized April 7,

2017. We are still in conversation on it with the Government and will hopefully send out a note to community describing our efforts and the permit results.

Gibraltar Update:

The Permit Application for increased discharge to the Fraser River will be out within the next few months. It looks like we will be reviewing this over the summer.

Species at Risk Reclassification:

The Ministry of Environment and Climate Change Canada has recently announced a reclassification of several species considered 'at risk' across the country. This means that the species' individual status has changed on the scale of No Status, Not at Risk, Special Concern, Threatened, Endangered, and Extirpated (no longer found in Canada but seen in other countries). Some of the species can be found in the Cariboo region and changes in status can be due to specific protection standards, recovery strategies, changing permits and agreements, and management plans. However, there are many species that continue to be negatively impacted by habitat loss, increased predation, and lack of food sources. The following are three species found in this region whose status has been changed.



Barn Swallow:

Status: 'No Status' to 'Threatened'

Continued on page 5...

Education Coordinator



Cheryl Chapman

Please remember if you are interested in starting/continuing in the Fall-September 2017 in any Post-Secondary Education Program, including Upgrading for University and require financial assistance through the Soda Creek Indian Band – Education PSE Program – under Indigenous and Northern Affairs Canada to proceed, you must have your complete application in by **May 12th, 2017**. Call and I will email or fax it to you!

If you are interested in Education, Training or Personal Development the **deadline** for the Education Assistance Funding is **May 12th, 2017**. Applications and information are available on our website. Please remember the education committee now meets monthly.

We are still looking for a 5th Education Committee Member, prefer a youth, however if you are looking for an opportunity to contribute to the success

of our Education Department please submit your letter of interest and your up-to-date resume to become an Education Committee Member. **Note:** should the 5th member not be a youth 18-29, then the youth seat will remain available.

Contrary to the belief of some SCIB members, band members are not 'entitled' to Education Funding. Perspective students must qualify and meet the policy requirements of both, Indigenous and Northern Affairs Canada, as well as the SCIB Local Education Policy. Complete and submit all necessary documentation, to the Education Coordinator for review and confirmation of completion. Then their application for support funding will be considered by the SCIB Education Committee. If they are successful in obtaining support for their education, they are further responsible for gaining and maintaining good standing within the school they are attending, and keeping the Education Coordinator informed of any challenges that may impact their good standing.

The NSTC Skills development committee in cooperation with Thompson Rivers' University is delivering the Applied Business Technology (Office Administration) program, weekend university style. The Financial Course Planning for a First Nations Finance Program will begin soon we anticipate

that our Finance Managers will be involved in the development of this curriculum.

We have a trainer to assist our community members in learning how to wipe a computer system and reprogram it, we have about 20 used computer systems that we would like to provide this training on and send home with community members. Are you interested? Monday and Wednesday evenings 3 hours per evening, starting in May.

After School Program, 4:00 – 6:00pm Tuesdays & Thursdays, Jordanna Sellars, Program Assistant, has continued with programming, we are doing outdoor activities, including mountain biking, hiking, games and gardening, however if the weather conditions are bad, we have board games and movies or we use the gymnasium. We also have the Three Corners Health Staff providing workshops and crafts. Please be aware that the schedule may change due to unforeseen circumstances. We have healthy snacks and an activity again, parents are encouraged to join us. Please ensure that your student is registered for the After School Program. Also if you have any ideas for the program, let us know. We are planning for Summer Programming.

May you, your family and our community be Healthy, Happy and Safe...



Bobolink

Status: 'No Status' to 'Threatened'



Sockeye Salmon

Status: 'No Status' to 'Endangered'

Recipes

Vegetarian Mexican Inspired Stuffed Peppers

"I created this so it's not too spicy, but is packed with flavor. My kids loved it! For variety, add corn or other vegetables or switch to other chopped tomato varieties (chiles, jalapenos, etc.). Follow the boiling method prior to baking if you don't want a crispy bell pepper. If you have small peppers, use more of them for this recipe. They taste great with a dollop of sour cream on top."



Ingredients

- 1 tablespoon salt
- 4 large green bell peppers - tops, seeds, and membranes removed
- 1 tablespoon olive oil
- 1/2 cup chopped onion
- 2 cups cooked rice
- 1 (15 ounce) can black beans, drained and rinsed
- 1 (14.5 ounce) can chili-style diced tomatoes
- 1 teaspoon chili powder
- 1 teaspoon garlic salt
- 1/2 teaspoon ground cumin
- 1/2 teaspoon salt
- 1 (8 ounce) package shredded Mexican cheese blend

Prep time: 15 min **Cooks:** 40 min **Ready in:** 55 min

Method

1. Preheat oven to 350 degrees F (175 degrees C).
 2. Bring a large pot of water and 1 tablespoon salt to a boil; cook green bell peppers in the boiling water until slightly softened, 3 to 4 minutes. Drain.
 3. Heat olive oil in a skillet over medium heat; cook and stir onion in the hot oil until softened and transparent, 5 to 10 minutes.
 4. Mix rice, black beans, tomatoes, and cooked onion in a large bowl. Add chili powder, garlic salt, cumin, 1/2 teaspoon salt; stir until evenly mixed. Fold 1 1/2 cups Mexican cheese blend into rice mixture. Spoon rice mixture into each bell pepper; arrange peppers in 9x9-inch baking dish. Sprinkle peppers with remaining Mexican cheese blend.
- Bake in the preheated oven until cheese is melted and bubbling, about 30 minutes.

Jamie's Cranberry Spinach Salad

"Everyone I have made this for RAVES about it! It's different and so easy to make!"



Ingredients

- 1 tablespoon butter
- 3/4 cup almonds, blanched and slivered
- 1 pound spinach, rinsed and torn into bite-size pieces
- 1 cup dried cranberries
- 2 tablespoons toasted sesame seeds
- 1 tablespoon poppy seeds
- 1/2 cup white sugar
- 2 teaspoons minced onion
- 1/4 teaspoon paprika
- 1/4 cup white wine vinegar
- 1/4 cup cider vinegar
- 1/2 cup vegetable oil

Prep time: 10 min **Cook time:** 10 min **Ready in:** 20 min

Method

1. In a medium saucepan, melt butter over medium heat. Cook and stir almonds in butter until lightly toasted. Remove from heat, and let cool.
2. In a medium bowl, whisk together the sesame seeds, poppy seeds, sugar, onion, paprika, white wine vinegar, cider vinegar, and vegetable oil. Toss with spinach just before serving.
3. In a large bowl, combine the spinach with the toasted almonds and cranberries.



13 Ways Vinegar Can Transform How You Clean Your Home

Take your spring-cleaning game to the next level by using plain old vinegar

By now, you've probably heard that vinegar is an all-purpose wonder product, right up there with coconut and olive oil. But of all the things you can do with vinegar, using it to clean is at the top of the list.

For me, the smell of white vinegar still evokes memories of coloring Easter eggs. Back in the old days, when I was a kid, it was one of the ingredients of Easter egg dye. My days of coloring Easter eggs are far behind me, and I now associate the smell of vinegar with... *cleaning*.

Vinegar is such a wonderful, economical and environmentally friendly cleaning product. It's available by the gallon and is cheaper than smelly, harsh chemical-based cleaning products. It deodorizes, cuts grease and soap scum, and dissolves mineral buildup. Plus, it acts as a disinfectant because its acetic acid content kills odors and most mold, bacteria and germs.

Here's just a sampling of what vinegar can do.

1. Clean mineral deposits on chrome sink faucets

Do you live in an area with hard water? If so, like me, you're constantly battling mineral deposits on your faucets.

Soak a paper towel or an old cloth in

distilled vinegar and wrap it tightly around the calcified area. Tie a plastic bag filled with 1/3 to 1/2 cup vinegar around harder-to-wrap faucet spigots. Leave it for two or three hours. Then, use an old toothbrush to scrub off the loosened deposits. For stubborn, tough to remove areas, scrub with a paste of 2 tablespoons salt and 1 teaspoon white distilled vinegar. Rinse off with clear water.

2. Cleaning barbecue grills

Warmer weather and outdoor grilling will be here in the blink of an eye. Along with the great cookouts comes the yucky job of cleaning the grill.

For a clean grill with no chemical residue, spray a solution of half water and half white distilled vinegar onto a warm (not hot) barbecue grill. Let sit for about 10 minutes. Then, spray full-strength vinegar onto a piece of wadded-up aluminum foil. Scrub the grill vigorously. You may need to repeat. Rinse.

3. Tile scum and film

Get rid of stubborn bathtub grime, mildew, and scum from the tub, tile, shower curtain or door by wiping it down with undiluted white distilled vinegar. Scour more stubborn areas with an inexpensive tile cleaner solution of 1/2 cup baking soda, 1 cup white distilled vinegar and 1 cup ammonia to a gallon of warm water. (Be cautious of possible harmful fumes

from the ammonia.) Rinse with clear water.

Glass shower doors can be sprayed with full-strength white distilled vinegar after squeegeeing the glass or before stepping in and turning on the water. This helps release the hard water deposits so they don't remain on the glass.

4. Smoother, cleaner steam ironing

Does your steam iron leave ugly brown stains on your clothes? Does the scorched bottom of the iron plate stick to fabric when you're ironing? Vinegar can help with that

To unclog your steam iron, pour equal amounts of white distilled vinegar and water into the iron's water chamber. Turn to the "steam" setting and iron a soft rag to clean out the steam ports. Leave the iron on for 5 minutes in an upright position. Then unplug and allow it to cool. Empty the water to remove any loose particles. Repeat the process with clear water, then thoroughly rinse out the inside of your iron.

To clean a scorched iron plate, heat equal parts white distilled vinegar and salt in a small pan. Rubbing this solution onto the cooled iron surface should remove dark or burned areas.

5. For baby

Wiping down toys with chemical cleaners means your baby might be

sucking off chemical residue. Swap it out for vinegar. Clean and disinfect baby toys by adding a good-sized amount of white distilled vinegar to warm, soapy water. Clean toys thoroughly, using an old toothbrush for those hard-to-reach places. Rinse with clear water and dry. Vinyl baby books and larger toys can be wiped clean with distilled vinegar on a damp cloth. Toys are always in the mouths of babies and toddlers, so clean them frequently.

6. Cleaning gold jewelry

Use vinegar to easily restore sparkle to gold.

Pour vinegar into a small jar, drop in your gold [jewelry](#) and twist the lid tightly shut. Let the items soak for 15 to 20 minutes. Shake the jar gently for a few seconds. Remove each piece of jewelry and scrub carefully with a soft toothbrush. Rinse under hot water. Repeat if there's sludge under the stone. Dry with a clean, soft cloth. The final results should be sparkling!

Warning: Don't use this process on opals and pearls.

7. Clean vases caked with mineral deposits

I love keeping fresh cut flowers around the house. I hate, however, when my favorite clear glass narrow-necked vase becomes marked with calcium deposits.

Pour undiluted white distilled vinegar into the glass vessel for a few hours. Then, use a bottlebrush, or add some sand or rice as an abrasive and shake vigorously to loosen the stains. Repeat if necessary and then rinse with hot water when clean. **Do not toss the sandy water down the drain.**

BTW: To keep those cut flowers fresh

longer and reduce the chances of getting "stinky" water, place the flowers into a solution of 3 tablespoons sugar and 2 tablespoons white vinegar per quart of warm water.

8. Washing clothes

Vinegar is kinda stinky, so most of us never think of tossing vinegar in the wash, but it can actually help your clothes come out fresher smelling — and clean your washing machine in the process.

Adding 1/2 to 1 cup distilled vinegar to the liquid fabric softener dispenser in your washer (top off with tap water if necessary) will not only make your clothes smell fresher, but also act as a fabric softener and reduce static cling. This eliminates the need for a liquid fabric softener in the wash and chemical fabric softening sheets in the dryer and is more economical and better for the environment, as well.

To freshen up your washing machine, clean the hoses and unclog soap scum, make it a monthly habit of pouring one cup of vinegar into the machine and running a normal cycle without clothes.



9. Clean the microwave

Mix 1/2 cup white distilled vinegar and 1/2 cup water in a microwave-safe bowl, then bring to a rolling boil inside the microwave. Remove the

bowl and wipe the microwave clean of loosened foods.

10. Clean and deodorize the toilet bowl

Substitute vinegar for the abrasive bleach usually used to clean toilets.

Pour one cup of white distilled vinegar into the bowl and let sit several hours or overnight. Scrub well with the toilet brush and flush.



11. Clean and kill germs on doorknobs

Spray full-strength distilled vinegar on doorknobs and then wipe dry.

12. Clean fireplace glass doors

Mix a solution of 1 part white distilled vinegar to 2 parts water. Spray or wipe on, then wipe clean of dirt and soot using a dry cloth.

13. Clean a can opener

Use distilled vinegar and an old toothbrush to clean the wheel on a can opener.

Warnings:

- Do not add vinegar directly to materials containing ammonia; this could produce harmful vapors.
- Never use white distilled vinegar on marble. The acid can damage the surface.

Article : <http://www.sheknows.com/home-and-gardening/articles/808075/cleaning-with-vinegar>

Egg Carton Seed Starter

Materials needed:

- Egg cartons
- Potting soil
- Scissors
- Seed catalogs
- Glue
- Oven liners (to put the egg cartons on)
- Seeds

How to do it:

1. Decide what to plant and get your seeds. If you haven't yet ordered any seeds for your garden, see what you can collect from fruits and vegetables that you already have on hand. We planted both apple and pear seeds last year – unconventional, yes, but that's what makes it fun.
2. Have your kids cut out pictures from the seed catalogs to match the seeds that you're planting. You'll need one picture for each slot in the egg cartons.
3. Use the scissors to make small drainage holes on the bottom of the egg cartons.
4. Fill the egg cartons with potting soil and plant seeds according to the instructions on the bag.
5. Glue the pictures representing each seed on the inside of the lid of the egg carton. The pictures act as a visual reminder of where the different seeds are planted.
6. Glue the pictures representing each seed on the inside of the lid of the egg carton. The pictures act as a visual reminder of where the different seeds are planted.



Garden Tip:
Listatic.com
Make a mini greenhouse
with a recycled, plastic
soda bottle.



Balcony gardening made easy — 9 things you can plant right now

'This is the sweet spot for gardening says Andrea Bellamy, author of Small-Space Vegetable Gardens

By Margaret Gallagher, CBC News
Posted: May 24, 2015 10:12 AM PT

Do you dream of feasting on fresh food from your garden this summer — but have only a small balcony and little knowledge of actual gardening? We have the expert for you.

Andrea Bellamy, author of Small-Space Vegetable Gardens, says now (late May) is the "sweet spot for gardening" —the perfect time to plant both cool and warm season vegetables.

Here are some easy-to-grow crops she recommends planting right now.

1. Fresh herbs

Herbs are easy to grow and perfect for balcony gardeners or if you've got limited space.

While they won't feed your family for the summer, Bellamy says they add lots of flavour, attract beneficial insects and repel pests. "They're an all-star plant."



Fresh herbs, like these chives, are easy to grow in pots and small spaces. (Margaret Gallagher/CBC)

2. Salad greens

These are easy to grow in the cool, wet season, but also do well in the hot

weather.

Bellamy suggests planting lettuce and greens from seeds, rather than starts because it's much cheaper and you'll have access to a greater variety, including heritage types of lettuce.

3. Kale

Easy-to-grow, nutritious and hearty.

4. Tomatoes

Fresh tomatoes off the vine (or bush) are a summer treat, but it can be challenging to keep your plants healthy in damp weather.

Bellamy says the secret to successful tomato growing is plenty of heat and keeping leaves dry. She suggests keeping them in large pots under an awning, which allows you to control the water.

5. Strawberries

Bellamy says put this perennial plant in the ground now. You may only get a few berries this year, but you can expect delicious returns next summer.

6. Radishes

Radishes are what to plant if you want to eat from your balcony garden ASAP. They germinate from seed in three days and will be ready to eat in a few weeks

7. Zucchini

Heat-loving zucchini loves full sun and will reward you with a bountiful crop come August.

Zucchini tend to take up a lot of space, so use a large enough container (47 quarts) and pick a variety suited to smaller spaces.

Worried about having too much zucchini? "There is a national 'Leave a zucchini on your neighbour's porch

day' for that very reason," laughs Bellamy.

8. Potatoes

Don't let the abundance of cheap potatoes deter you from growing your own.

"Go for a variety you won't see in the store," recommends Bellamy, who plants Sieglund potatoes each year for a rich, buttery treat. "They're to die for."

You don't need to give up tons of space, either. Special "grow bags" and tall containers designed for potatoes mean you can grow spuds on your balcony.

9. Beans or peas?

With the weather getting warmer, Bellamy says we are on the tail end of the season for planting peas, which don't do well in the heat.

She suggests turning your attention to beans, such as string beans and filet beans. Small space gardeners can plant "bush" varieties of beans.

"Push in a bean and you'll have a sprout in a few days," says Bellamy.



Growing zucchini is so easy, you could find yourself leaving your surplus on your unsuspecting neighbours' front steps come August. (Margaret Gallagher/CBC)

Memorandum



To: Ben Pierce (Gibraltar Mines Ltd.)
Georgia Bock (Xat'sull First Nation)

From: Hanna Van de Vosse (EDI)

Date: April 11, 2017

Project No: 16P0298

Re: Results of Salmon Tissue Sampling from August 2016

Background

Gibraltar Mines Ltd. (Gibraltar) holds a permit from the BC Ministry of Environment to discharge effluent to the Fraser River. As a condition of this permit, Gibraltar is required to develop and implement an Environmental Effects Monitoring Program. A component of this program is collaboration with local First Nations on a salmon tissue sampling program with the objective to provide information to First Nations regarding the safety of consuming fish captured at traditional fishing sites near the discharge location.

In August 2016, the Xat'sull First Nation and the Northern Shuswap Tribal Council in partnership with Gibraltar conducted sampling to help determine if Xat'sull and ?Esdilagh First Nations members are exposed to high levels of metal contaminants by eating salmon. Some metals can be easily passed through the food chain and collected in tissue. Dietary intake of metals in trace amounts is necessary to maintain human health; however, at high levels, some metals can cause serious negative health effects in humans.

Using traditional dip netting methods, adult sockeye salmon were captured by band members from two popular fishing locations: Soda Creek Heritage Site and the Rudy Johnson Bridge. Tissue and scale samples were collected from 30 fish and submitted to a laboratory for metal analysis.

A select group of metals are presented in this summary, including aluminum, arsenic, cadmium, copper, iron, mercury, selenium, vanadium and zinc. These metals were chosen because human health guidelines are readily available from various public health agencies and are metals monitored by Gibraltar in the effluent discharged to the Fraser River, with the exception of vanadium.

2016 Results

Samples from both fishing locations had similar levels of metals in fish tissue (Figure 1). The bars represent the average metal concentration values and the vertical black lines represent the distribution of approximately 68% of the values at each sample location. For example, the average concentration of mercury in the Soda Creek samples was 0.071 mg/kg with approximately 68% of the samples between 0.061 and 0.081 mg/kg. This distribution of values typically decreases with increased sample size which allows greater ability to compare the data against health guidelines, historic data, and to future sample events; therefore, it is advantageous to combine data from the two sample locations. Figure 1 indicates it is appropriate statistically to combine the data from Soda Creek and Rudy Johnson Bridge locations because the distributions of the values overlap between locations.

Salmon Tissue Sampling Project:

After a long and extensive wait we now have the results from the Salmon Tissue Sampling project that we participated with the NSTC Fisheries Department and Gibraltar Mines. Page 3 contains the information concerning consumption. The good news is “There appears to be little risk in eating salmon with these metal concentrations.” Please read for full information it even lists how much an adult and child can consume per week. We will be working with NSTC and Gibraltar Mines to hopefully continue this study so that we are able to gather more samples and therefore be more confident in results.

Georgia Bock
Natural Resources Manager

Results of Salmon Tissue Sampling from August 2016
Apr 11, 2017

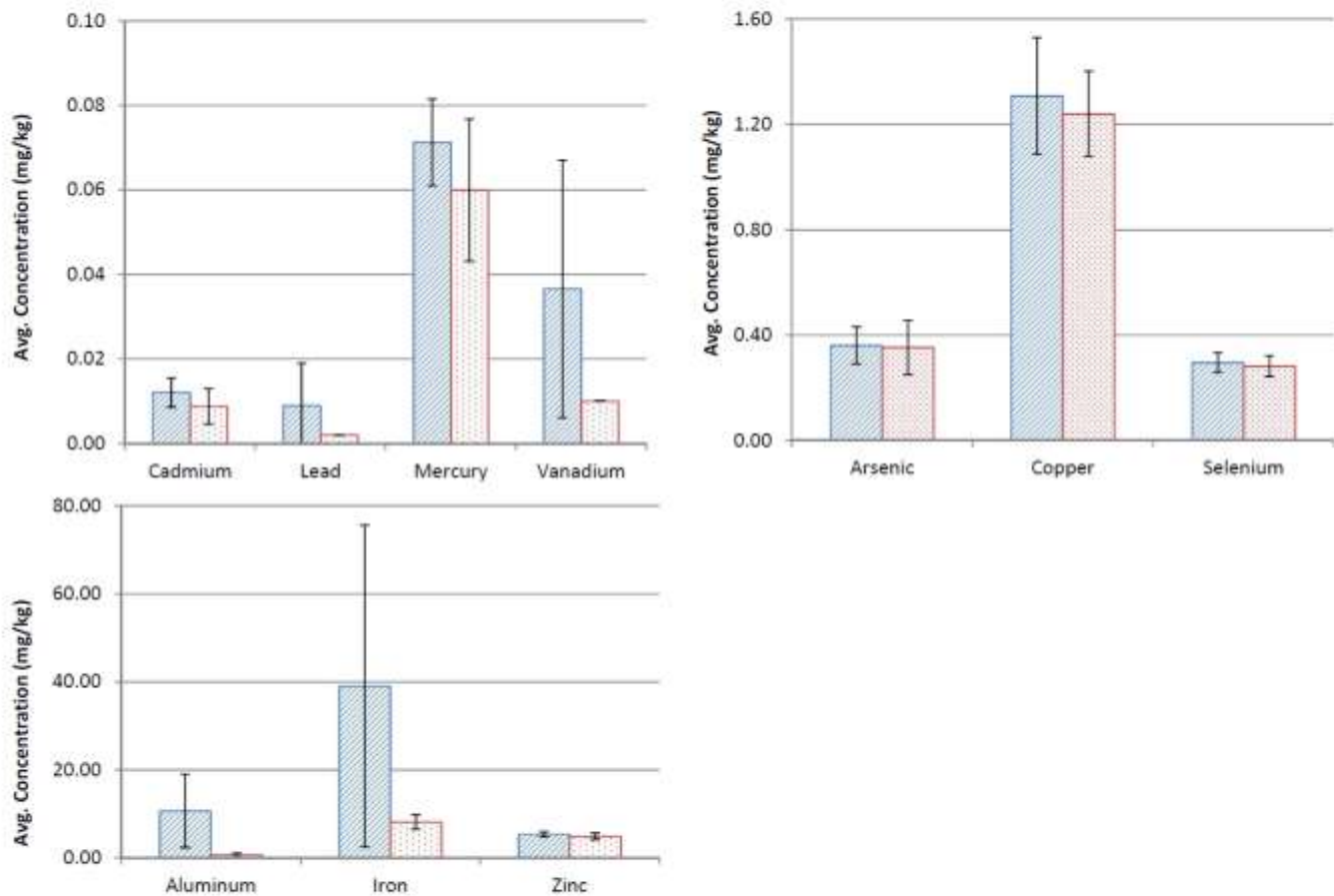


Figure 1. Comparison of average levels of metals (mg/kg wet weight) in salmon tissue between Soda Creek (blue diagonal) and Rudy Johnson Bridge (red shading) samples collected in August 2016. Black vertical bars represent standard deviation.



Comparison to Human Health Guidelines

Various agencies concerned with public health have developed guidelines regarding safe consumption of fish when certain metals are present in the tissue. These agencies include BC Ministry of Environment (MOE), Health Canada (HC), the World Health Organization (WHO), the European Food Safety Authority (EFSA) and the US Institute of Medicine (USIM) to name a few. Where available, average metal concentrations from the 2016 study have been compared to guidelines compiled from these organizations.

Dr. Elmar Plate from LGL Ltd - Environmental Research Associates reviewed the 2016 laboratory results. He used these results to determine a number of weekly portions of salmon that an adult weighing 70kg (~155 lbs) could safely consume based on known public health guidelines for metals. Portions were also determined for a child weighing 25 kg (~55 lbs). Weekly portions for adult and children are presented in Table 1. Since number of weekly portions is based on consumption of 300 g of fish, the number of weekly portions could be doubled if the average portion size were to decrease to 150 g. Number of weekly portions could also increase with an increase in bodyweight. For example, the weekly tolerable portion for mercury is based on 0.0033 mg/kg bodyweight; therefore, an adult weighing ~310 lbs could consume up to 21 portions per week.

Table 1. Number of portions of salmon that an adult weighing 150 lbs could safely consume on a weekly basis for select total metals.

Metal	No. of Weekly Tolerable Portions ¹ (Adult)	No. of Weekly Tolerable Portions ¹ (Child)	Consumption Guideline (mg)/week	Organization
Aluminum	170	61	490	WHO
Arsenic ²	147	53	1.05	WHO
Cadmium	118	42	0.4	WHO
Copper	191	68	73.5	USIM
Iron	40	14	392	WHO
Lead	577	206	1.75	EFSA
Mercury	11	4	0.231	WHO/MOE
Selenium	31	11	11.2	MOE
Vanadium	103	37	1.5	Crebeli & Leopardi 2012
Zinc	314	112	490	WHO

1. Portion size is 300 g. Note that Health Canada equates 300 g to 2 cups (500 mL).

2. Guideline based on inorganic Arsenic (As). Assumes ratio of organic As to inorganic As is 1:15 based on Shinagawa et al 1983.

3. Assumes that consumption rates, which are based on existing literature, accurately represent local First Nation consumption.

What Do the Study Results Mean?

There appears to be little risk in eating salmon with these metal concentrations.



Ecological Context

To put these results into context, potential sources of metals and the means by which these metals are taken up by the fish need to be considered.

In general, levels of metals in water are largely influenced by the geology of the metals that the water flows over and through. High iron levels in groundwater and surface water are known to occur throughout BC. Water samples collected from the Fraser River have consistently shown high levels of total iron, often above provincial water quality guidelines. For example, of the 32 samples collected between 1985 and 1991 near Marguerite BC, 27 samples had levels above these guidelines. For total iron the provincial guideline to protect aquatic life is 1.0 mg/L, while the average level of total iron for the samples at Marguerite was 2.18 mg/L. Mercury can also be naturally occurring through weathering of mercury deposits. For example, the cinnabar formation of the Pinchi Fault near Fort St. James is well known. Water quality sampling at Marguerite also included mercury, with average levels ranging between 0.005 ug/L and 0.41 ug/L. While less abundant in the water column, mercury is often deposited in sediments and can be found in unpolluted lakes and rivers.

Metals can also be introduced by man-made sources through industrial and agricultural activities, of which there are numerous sources within the Fraser River watershed. Point sources include effluent discharges from paper and pulp mills in Prince George and Quesnel, the chemical plant in Prince George, and municipality waste water (Vanderhoof, Prince George, Quesnel, and Williams Lake) and the Gibraltar Mine. Non-point sources such as run-off from agricultural areas and forestry activities can also impact water quality, increasing sedimentation and contributing to higher levels of total metals within the watershed.

Metals are taken up by fish through the food chain. Benthic invertebrates ingest metals from sediment and from the water column. Salmon then eat these benthic invertebrates and other fish that have increased metal levels within their tissues. Over time, metals accumulate in salmon tissue. Given the life-history of pacific salmon, the majority of metal accumulation occurs in the ocean environment; however, metals may also accumulate in the tissue of smolts within their natal streams. It is anticipated that exposure to various effluent discharges during migration of smolts to the ocean will have little influence on metal uptake because of the short duration of their runs. Smolts have been determined to travel downstream at average speeds of 33.6 km/day (Melynychuk *et. al.* 2010). Upon returning to the Fraser River, adult salmon do not feed during their migration to spawning grounds and therefore do not accumulate additional levels of metals in their tissues.

Recommendations

As a component of the Environmental Effects Monitoring program in 2016, it is recommended that the salmon tissue sampling program continue with the objective to provide information to First Nations regarding the safety of consuming fish captured at traditional fishing sites. The following suggestions may be taken into consideration to add additional value to the tissue sampling program in future years.

- **Continuation of the fish tissue monitoring program.** There is value in continuing with the monitoring program to track metal accumulation in fish tissue over time to identify long-term trends. An increase in the size of the dataset may also reduce variability and enhance trend



detection. Historical levels of metals in Fraser River salmon could be considered when increasing the size of the dataset. Additional options to increase the dataset may include involvement with other First Nation groups and/or potential partnerships with the province and Fisheries and Oceans Canada. For example, the Fraser River Aboriginal Fisheries Secretariat has been testing salmon in conjunction with the First Nations Health Authority in response to the Mount Polley spill. However, metal levels in adult salmon tissue cannot be linked to potential effects of specific point-source discharges, including Gibraltar's effluent discharge, due to the life cycle and wide range of individual salmon. For this reason, pathways to metal uptake such as within water and invertebrate tissue are sampled through the mine's environmental effects monitoring program.

- **Improved details on consumption rates.** Salmon consumption rates should be confirmed by local First Nations. This should include weekly frequency and average portion sizes for adults and children. This information can be used to refine the potential for human health risks.

Closure

We trust that this memorandum meets the objective of the program: to provide information to First Nations with respect to safety of consuming fish caught at traditional fishing sites near the discharge location of Gibraltar Mine. We would like to acknowledge the participation of the Xat'sül and ?Esdilagh First Nations and the NSTC in partnership with Gibraltar Mines Ltd that made this program possible. Special thanks to Dr. Elmar Plate from LGL in providing considerations for potential risks to human health.

Yours truly,

EDI Environmental Dynamics Inc.

Submitted electronically

Hanna Van de Vosse, B.Sc., R.P.Bio.,
Senior Biologist



References

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- Shandro, J., M. Winkler, L. Jokinen, and A. Stockwell. 2016. Health impact assessment for the 2014 Mount Polley Mine tailings dam breach: Screening and scoping phase report. Prepared for the First Nations Health Authority, January 2016.
- Swain, L.G., D.G. Walton, W.Obedkof. 1997. Water Quality Assessment and Objectives for the Fraser River from Moose Lake to Hope. Prepared for BC Ministry of Environment, Lands and Parks.
- Taseko Mines Ltd. 2016. 2016 3rd Quarter Environmental Report – PE-416, PA-1595, MR-16556. Prepared for the BC Ministry of Environment.

The Cow Moose Sign Project was initiated by concerned local hunters in the Fall of 2014. For many years, ministry studies and personal hunter accounts have indicated the moose population in Region 5 has been on the decline, and is expected to continue the downward trend into the future. With that in mind, an education campaign was launched through the placement of cow moose signs in various areas to remind residents of the importance of the cow moose in maintaining a healthy population in Region 5.

The Cow Moose Sign Project is not against hunting, nor hunters. It is intended to promote the protection and respect of cow and antlerless moose in the area, which already face increased pressure from threats such as poaching and wolf predation.

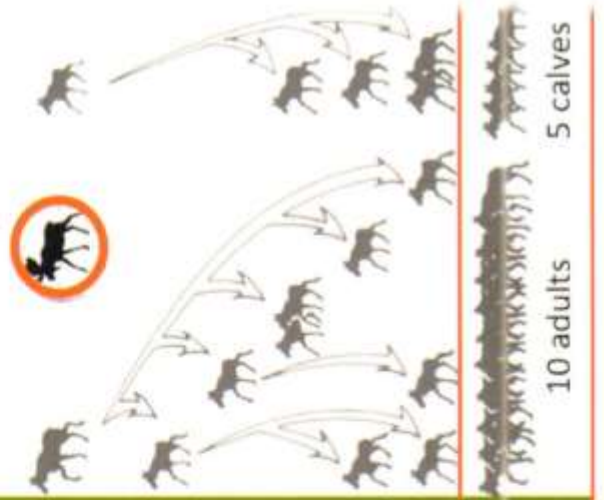
All residents of BC and Region 5 are in this together. For the future of moose in our area, please protect the cow moose and let them do their job in ensuring they thrive once again in our area for many generations to come.



Population Effects of
Shooting a Cow



Population Effects of
Shooting a Bull





The Cow Moose Sign Project is not for profit. The only cost to become involved is the purchase of your cow moose sign(s) and brochures, available for pick up at Tell-Tale Signs & Printing.

Signs may be put up on your own property or building – workshop, store, gas station, man cave etc. – wherever you want to display your support and spread the word. A permit from the Ministry of Transportation is required if you wish to display a sign on government-owned roads or land.

For more information about the Cow Moose Sign Project, contact Dan Simmons 250-305-2260

To purchase your sign,

contact Tell-Tale Signs & Printing
250-398-7446, 288 2nd Avenue South,
Williams Lake, BC V2G 1Z8

Please Respect The COW MOOSE

She is necessary for a
healthy future moose
population



Developed by
Environment Canada
Ministry of the
Environment &
Climate Change
© 2010





Soda Creek Indian Band

3405 Mountain House Road

Williams Lake, BC V2G 5L5

Phone: (250) 989-2323 Fax: (250) 989-2300

April 25, 2017

Notice to Xat'sull (Soda Creek Indian Band) members

Re: Revised Mount Polley Participation Agreement

Please be advised that, at the unanimous direction of Council, I have signed a revised Participation Agreement with the Mount Polley Mining Corporation.

Council made its decision independent of any considerations on funding. The decision was based on the following reasons:

1. A Participation Agreement allows our participation at an Implementation Committee with Mine staff and consultants. This forum provides us with advance information about the Mine's plans and permit applications and an opportunity to engage in discussions and provide input on those plans and applications before they are submitted to the government. The Implementation Committee provides us with the best available opportunity to have a say on important environmental considerations.
2. The revised Participation Agreement has stronger language than our original Participation Agreement with respect to disclosure of information by the Mine. Under the revised agreement, Mount Polley is required to put all options on the table for our consideration. They have also agreed to show us financial information about Mount Polley and its parent company, Imperial Metals, so we can properly assess the impact that various options will have on the economic viability of the companies.
3. Xat'sull's legal rights are protected under the revised Participation Agreement. If consensus cannot be reached at the Implementation Committee level, Xat'sull reserves the right to make its own independent submission to government decision-makers. Language in the agreement provides that it does not prejudice, derogate from or diminish:
 - a. any inherent, constitutional, and Aboriginal rights, including the Aboriginal title claims and interests of Xat'sull or any of its members; or
 - b. any position that Xat'sull may take in future negotiations or in current or future legal proceedings.

4. Xat'sull can initiate termination of the revised Participation Agreement if it is no longer achieving Xat'sull objectives.

Council appreciates the strong feelings on either side of this issue and appreciates the respectful discussions we have had on the subject as a community. In the final analysis, we believe that the decision we have made reflects the long-term best interests of Xat'sull and Secwepemculecw.

Sincerely,



Chief Donna Dixon

Soda Creek First Nation Nomination Meeting March 31, 2017

FINAL

Nomination Tally Sheet

Nominated	Nominator	Secunder	Accepted Nomination
Marnie Sellars	Reima-Lee Sellars	Donna Dixon	Accepted
Kelly Sellars	Donna Dixon	Barb Dixon	Accepted
Ralph Phillips	Susan Phillips		WITHDREW
Arthur Sellars Sr.	Fallon William	Noella William	Accepted
Gilbert Sellars Sr.	Ralph Phillips	Reg Michel	Accepted

This document represents who has been nominated and who have accepted and withdrew from the election. The SCIB Election will be held on May 12, 2017.



Dave Feil
Electoral Officer

2017 Touring Treaty Meetings

KAMLOOPS

All meetings are 5:00pm-8:00 pm unless otherwise noted

MAY 2017

May 9th (Coast Hotel)

JUNE 2017

June 6th (Coast Hotel)

OCTOBER 2017

October 17th (Coast Hotel)

NOVEMBER 2017 (Christmas Dinner)

November 28th (Coast Hotel)

****Kamloops Coast Hotel & Conference Centre****

Located at 1250 Rogers Way



NStQ Treaty Group
Family • Education • Land • Culture • Unity

Stawson's / Keat's
General Delivery
Dog Creek, BC
V0L 1J0
Phone: (250) 440-5448
Toll Free: 1-888-220-4220
Email: stawson@shaw.ca

Xatli / Cmetem
3405 Mountain House Road
Williams Lake, BC
V2G 5L5
Phone: (250) 988-2325
Fax: (250) 988-2300
Email: stuart.sellers@shaw.ca

Tse'escen'
PO Box 1030
100 Mile House, BC
V0K 2B0
Phone: (250) 397-2000
Toll Free: 1-888-797-2277
Fax: (250) 397-2789
Email: stewie.archie@shaw.ca

T'esek
2672 Indian Drive
Williams Lake, BC
V2G 5A9
Phone: (250) 296-3507
Toll Free: 1-877-886-3507
Fax: (250) 296-4750
Email: lorie.morgan@williamslake.ca



Northern Shuswap Treaty Society
17 E. 1st Avenue
Williams Lake, BC
V2G 1H4
Phone: (250) 392-7361
Toll Free: 1-888-392-7361
Fax: (250) 392-6258
Email: b.mackay@nsta.ca

Contact the treaty team
at your band office for
more details.

2017 Touring Treaty Meetings

KELOWNA

All meetings are 5:00pm-8:00 pm unless otherwise noted

MAY 2017

May 9th (Sandman Hotel)

JUNE 2017

June 7th (Sandman Hotel)

OCTOBER 2017

October 18th (Sandman Hotel)

NOVEMBER 2017 (Christmas Dinner)

November 29th (Sandman Hotel)

****Kelowna Sandman Hotel****

Located at 2130 Harvey Avenue



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V0L 1J0
Phone: (250) 440-5448
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Email: stawson@shaw.ca

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Williams Lake, BC
V2G 5L5
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T'esek
2672 Indian Drive
Williams Lake, BC
V2G 5A9
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2017 Touring Treaty Meetings

PRINCE GEORGE

All meetings are 5:00pm-8:00 pm unless otherwise noted

MAY 2017

May 8th (Days Inn)

JUNE 2017

June 5th (Days Inn)

OCTOBER 2017

October 16th (Days Inn)

NOVEMBER 2017 (Christmas Dinner)

November 27th (Days Inn)

****Prince George Days Inn****

Located at 600 Quebec Street



NStQ Treaty Group
Family • Education • Land • Culture • Unity

Stawson's / Keat's
General Delivery
Dog Creek, BC
V0L 1J0
Phone: (250) 440-5448
Toll Free: 1-888-220-4220
Email: stawson@shaw.ca

Xatli / Cmetem
3405 Mountain House Road
Williams Lake, BC
V2G 5L5
Phone: (250) 988-2325
Fax: (250) 988-2300
Email: stuart.sellers@shaw.ca

Tse'escen'
PO Box 1030
100 Mile House, BC
V0K 2B0
Phone: (250) 397-2000
Toll Free: 1-888-797-2277
Fax: (250) 397-2789
Email: stewie.archie@shaw.ca

T'esek
2672 Indian Drive
Williams Lake, BC
V2G 5A9
Phone: (250) 296-3507
Toll Free: 1-877-886-3507
Fax: (250) 296-4750
Email: lorie.morgan@williamslake.ca



Northern Shuswap Treaty Society
17 E. 1st Avenue
Williams Lake, BC
V2G 1H4
Phone: (250) 392-7361
Toll Free: 1-888-392-7361
Fax: (250) 392-6258
Email: b.mackay@nsta.ca

Contact the treaty team
at your band office for
more details.

2017 Touring Treaty Meetings

VANCOUVER

All meetings are 5:00pm-8:00 pm unless otherwise noted

MAY 2017

May 10th (Sandman City Centre)

JUNE 2017

June 7th (Sandman City Centre)

OCTOBER 2017

October 18th (Sandman City Centre)

NOVEMBER 2017 (Christmas Dinner)

November 29th (Sandman City Centre)

****Vancouver Sandman City Centre****

Located at 180 West Georgia Street



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V0L 1J0
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Toll Free: 1-888-220-4220
Email: stawson@shaw.ca

Xatli / Cmetem
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Williams Lake, BC
V2G 5L5
Phone: (250) 988-2325
Fax: (250) 988-2300
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Williams Lake, BC
V2G 5A9
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Toll Free: 1-877-886-3507
Fax: (250) 296-4750
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Williams Lake, BC
V2G 1H4
Phone: (250) 392-7361
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Fax: (250) 392-6258
Email: b.mackay@nsta.ca

Contact the treaty team
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more details.

2017 Touring Treaty Meetings

VICTORIA

All meetings are 5:00pm—8:00 pm unless otherwise noted

MAY 2017
May 11th (Marriott Inner Harbour)

JUNE 2017
June 8th (Marriott Inner Harbour)

OCTOBER 2017
October 19th (Marriott Inner Harbour)

NOVEMBER 2017 (Christmas Dinner)
November 30th (Marriott Inner Harbour)

“Victoria Marriott Inner Harbour”
Located at 728 Humboldt Street



NSIQ Treaty Group
Family • Education • Land • Culture • Unity

Stswecem'c / Xgat'tem
 General Delivery
 Dog Creek, BC
 V0L 1J0
 Phone: (250) 440-5649
 Toll Free: 1-888-220-4220
 Email: communications@canocreekband.ca

Xat'sül / Cmetëm
 3405 Mountain House Road
 Williams Lake, BC
 V2G 5L5
 Phone: (250) 989-2323
 Fax: (250) 989-2300
 Email: Sheri.sellers@xatsull.com

Tsq'escen'
 PO Box 1030
 100 Mile House, BC
 V0K 2E0
 Phone: (250) 397-2002
 Toll Free: 1-866-797-2277
 Fax: (250) 397-2769
 Email: atoine.archie@canimlakeband.com

T'exelc
 2672 Indian Drive
 Williams Lake, BC
 V2G 5K9
 Phone: (250) 296-3507
 Toll Free: 1-877-856-3507
 Fax: (250) 296-4750
 Email: tony.morgan@williamslakeband.ca

Northern Shuswap Treaty Society
 17 S. 1st Avenue
 Williams Lake, BC
 V2G 1H4
 Phone: (250) 392-7361
 Toll Free: 1-888-392-7361
 Fax: (250) 392-6158
 Email: b.mcguire@nstq.org

Contact the treaty team at your band office for more details.



FOR INCIDENTS/EMERGENCIES
 INVOLVING CN TRACK OR
 EQUIPMENT

Call
CN Police Communication Center

1-800-465-9239
 (24 HOURS)

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 Toll Free: 1-888-220-4220
 Email: communications@canocreekband.ca

Xat'sül / Cmetëm
 3405 Mountain House Road
 Williams Lake, BC
 V2G 5L5
 Phone: (250) 989-2323
 Fax: (250) 989-2300
 Email: Sheri.sellers@xatsull.com

Tsq'escen'
 PO Box 1030
 100 Mile House, BC
 V0K 2E0
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 Email: atoine.archie@canimlakeband.com

T'exelc
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 Williams Lake, BC
 V2G 5K9
 Phone: (250) 296-3507
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 Williams Lake, BC
 V2G 1H4
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 Email: b.mcguire@nstq.org



Elders Gathering Registration Deadline

May 12th, 2017 at 4:00 pm

Soda Creek Elders that are wanting to
 go to the BC Elders Gathering in
 Campbell River this July 11-13th,
 2017,
 need to sign up with Maxine or
 Rae-Lyn at 250-989-2355



ANNUAL BC ELDERS GATHERING SOCIETY

Nurse Practitioner

Soda Creek Health Station



May 8, 2017
May 18, 2017
May 29, 2017
10:00-3:00 pm

Catherine can diagnose and treat illnesses & infections, write prescriptions, fill out medical forms, manage chronic conditions, annual health screening, STI screening & diagnosis, plus much more! She would be delighted to see any community members without a family physician!

To book an appointment with Catherine, please call
Gina Gill, Health Clinic Coordinator in Sugar Cane
Monday-Thursday: **250-296-3532**
Friday: **250-398-9814**

SODA CREEK INDIAN BAND ALL-CANDIDATES FORUM

YOUR NOMINEES ARE:

MARNIE SELLARS
KELLY SELLARS
ARTHUR SELLARS
WILLIAM GILBERT SELLARS Sr.

DATE:

Monday
May 08
2017

LOCATION:

COMMUNITY
BUILDING
GYMNASIUM

TIME:

5:00 pm
until
8:00 pm

NOTICE IS HEREBY GIVEN FOR AN ALL-CANDIDATES FORUM FOR THE COUNCILLOR ELECTION

To be held in the Community Building Gymnasium
on **Monday, May 08, 2017** beginning at 5 o'clock p.m. and
lasting for three hours, for the purpose of allowing
Community Members to ask questions of the Candidates
who are running for the positions of
2 Councillors on the Band Council
of the Soda Creek Indian Band
for the term of 4 years.

Mental Health Clinician



May 8, 15 & 29
10:00-2:00 pm
Soda Creek Health Station

Neleena Popatia is a Mental Health Nurse with over 30 years of experience. She has worked in a variety of roles and settings, e.g. clinical nurse specialist in acute and tertiary mental health in hospital, manager in community mental health, consultant and therapist in private practice, instructor in nursing school.

To book an appointment please call Maxine
at 250-989-2355

Dental Therapist



May 18-19, 2017
9:30-3:00 pm
Soda Creek Health Station

- ⇒ Cleanings
- ⇒ filings
- ⇒ Extraction
- ⇒ Check ups
- ⇒ A range of preventative services

Call Maxine at 250-989-2355 to book an appointment

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	2	3		8		4	
8				3			1
5			7	2			
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	6		7		5	8	
7			1		3	9	

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7	1	9	5	2	4	8	3	6
3	5	7	1	4	6	9	8	2
6	2	1	9	5	8	7	4	3
8	9	4	2	3	7	6	1	5
1	7	2	3	9	5	4	6	8
5	4	6	7	8	1	3	2	9
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Gardening Workshops

Join us in your community to learn about the benefits of gardening, crop rotation, and more. Participants will also be taking home their own planters!

May 16, 2017—Soda Creek Health Station

May 17, 2017—Sugar Cane Health Station

May 18, 2017—Dog Creek Health Station

All events will be held from 11:00 am—2:00 pm



For more information, please contact Kayla or Heather at TCHSS 250-398-9814

Martina at Dog Creek Health 250-440-5822

Rae-Lyn at Soda Creek Health 250-989-2355

Cecelia at Sugar Cane Health 250-296-3532

Community Fun Night

Soda Creek Indian Band's Gym

May 25, 2017

5:30-8:00 pm

For all ages to come eat, play games and do crafts!
Bring your own game if you'd like!

If you need a ride, please call Maxine Sellars at the Soda Creek Health Station: 250-989-2355

(please phone by May 24th)

Marnie Haines 250-398-9814

Family Connections
Three Corners Health

For further information,
please contact:

Rae-Lyn Betts 250-989-2355

Community Health & Wellness
Soda Creek Health Station

Food Safe Course

First Nations Health Authority, Environmental Public Health Services will be presenting the **FOODSAFE COURSE**.

Soda Creek Health Station

Tuesday, May 23rd, 2017

9:00-5:00 pm (Lunch will be provided)

Instructor: Patti Joyce, Environmental Health Officer

Cost and Supplies Needed : The course is free for First Nations members /employees and includes your workbook.

Contact Person: Rae-Lynn Betts or Maxine at 250-989-2355

Foodsafe Level 1 : This recently updated version of the Provincial Foodsafe Course will provide the participants with comprehensive information to prepare food safely and prevent food poisonings. An optional test will follow the course, and participants earning 70% or greater on the multiple choice exam will be entered into the Provincial Foodsafe registry. Foodsafe Certificates are now valid for 5 years. Foodsafe Certificates obtained prior to July 29, 2013 will expire on July 29, 2018.

Community Garden

Join us to assemble the garden boxes for our new
Community Garden at Deep Creek

May 16, 2017

Deep Creek Community Building



8.30- 11.00am: build garden boxes

11.00am – 2.00pm: Three Corners Gardening Workshop and Lunch

2.00pm – 4.30pm: continue to build boxes as needed



FROZEN SALMON FILET



WHEN: MAY 23 & 25, 2017

TIME: 9:00 AM - 4:00 PM

WHERE: SODA CREEK EMPORIUM

APPROXIMATELY 9 PER SODA
CREEK/DEEP CREEK COMMUNITY
HOUSEHOLD

Raydon Detectors

Please bring them into Health Station if you haven't already dropped it off at Band Office on Wednesday, April 26th.

Gardening Workshop

with Mary Forbes

Thursday May 18, 2017

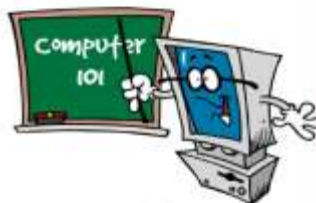
Dinner at 5:00 pm

- Starting a new garden (site selection, considerations for design, etc.)
- What to grow
- Seed starting
- Season extension
- Introduction to garden record keeping
- How to make your garden sustainable
- Tips and tricks



Soda Creek Indian Band, 3405 Mountain House Road, Williams Lake, BC V2G-5L5

Computer Clean-up & Install Training



Start Date: May 29th, 2017

Time: 5–8 pm

Soda Creek Indian Band

Education Department

Elizabeth Hoffman will teach community members how to wipe a computer system and reprogram it, we have about 20 used computers that we would like to provide this training on and send home with community members.

Are you interested? Mondays & Wednesdays, 3 hours per evening, starting May 29th, 2017.

Free Computer with Training

Cheryl Chapman, Education
Coordinator 250-989-2323 ext. 104

May 2017

Health Station Events Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1</i> Med Travel Call In	<i>2</i> ADP Luncheon	<i>3</i> SCIB Travel	<i>4</i>	<i>5</i> Health Administrative Day	<i>6</i>
<i>7</i>	<i>8</i> Med Travel Call In Mental Health Practitioner 10:00-2:00 Nurse Practitioner 10:00-3:00 pm	<i>9</i>	<i>10</i> HCC Travel	<i>11</i> Be Well Program 10:00-3:00 pm	<i>12</i> Health Administrative Day Elders Gathering Sign Up Deadline 4:00 pm	<i>13</i>
<i>14</i>	<i>15</i> Med Travel Call In Mental Health Practitioner 10:00-2:00 pm	<i>16</i> Build Garden Boxes 8:30-11:00, Gardening Workshop & ADP Luncheon 11:00-2:00 pm Build more boxes 2:00- 4:30 pm	<i>17</i> SCIB Travel	<i>18</i> Nurse Practitioner 10:00-3:00 pm Gardening Workshop 5:00 pm Dental Therapist 9:30-3:00 pm	<i>19</i> Health Administrative Day Managers Meeting 9:00 Staff Meeting 1:00 Gym Dental Therapist 9:30-3:00 pm Newsletter Deadline 4 pm	<i>20</i>
<i>21</i>	<i>22</i> Victoria Day Office Closed Statutory Holiday	<i>23</i> Med Travel Call In Food Safe Level 1 9:00-5:00 pm	<i>24</i> HCC Travel Community Meeting 1:00-7:00 pm Gym	<i>25</i> Community Fun Night 5:30-8:00 pm	<i>26</i> Health Administrative Day	<i>27</i>
<i>28</i>	<i>29</i> Med Travel Call In Mental Health Practitioner 10:00-2:00 pm Nurse Practitioner 10:00-3:00 pm	<i>30</i> ADP Luncheon	<i>31</i> SCIB Travel			



EMPLOYMENT OPPORTUNITY

Job Title: Housing Coordinator

Job Summary: The Housing Coordinator contributes to the overall success of the Soda Creek Indian Band by coordinating access to band housing, providing advisory services to tenants, identifying housing needs, managing rents and maintenance fees, administering housing renovations, managing the budget and meeting reporting requirements for housing in the community according to the Band's vision, objectives, and strategic direction.

Education and Experience:

- Graduation from Grade 12 or a grade 12 Provincial Equivalency with post-secondary courses in Business Administration or related field an asset.

Skills and Abilities:

- Knowledge of housing principles, practices, policies and procedures dealing with CMHC, AANDC, First Nation Market Housing, etc.
- Proficiency in the use of computer programs for word processing, databases, spreadsheets, email and the internet, to the intermediate level
- Ability to work independently and build effective interpersonal relationships
- Ability to meet deadlines, have attention to detail, and respect confidentiality
- Recognizes and respects all cultural diversity and has an understanding of First Nations culture

Type of Employment: 35 hours per week

Criteria:

- Must provide a Criminal Record Check
- Must have a valid BC Driver's License
- Must provide a vehicle in good operating condition and appropriate vehicle insurance

Salary: Wage range depending on experience.

How to Apply:

For a complete job description and application package, please visit the Employment Section of the Soda Creek Band website at: www.xatsull.com

1. Please provide a cover letter with salary expectations and availability.
2. Complete Job Application Form.
3. Resume with Three work related job references.

Email your Application to:

Band Administrator

Email: bandadmin@xatsull.com

Mail your Application to:

Attention: Band Administrator
Soda Creek First Nations
3405 Mountain House Road,
Williams Lake, BC V2G 5L5

Fax to: 250 989-2300

Application Deadline: May 10, 2017 by 4PM.

Applications will be accepted by email, hand delivery, fax or by mail.

NOTE** Applications received after 4:00 PM on May 10, 2017 will not be considered. Only those selected for an interview will be contacted.

Preference will be given to persons of Aboriginal ancestry as per Section 16(1) of the Canadian Human Rights Act.

Community Garden

Community Garden

Job Posting – Garden Coordinator

We are hiring for a part time position to look after the new community garden at Deep Creek.

Duties include:

- Care & harvesting of vegetable garden
- Weeding
- Watering
- Composting
- Work with after-school program

Up to 10 hours per week

Please submit your application to:

Rae-Lyn Betts, Community Health and Wellness Counsellor

Soda Creek Indian Band

3405 Mountain House Road Williams Lake, BC V2G 5L5

(250) 989-2355 ext 131 FAX (250) 989-2300 supportcounsellor@xatsull.com

Application Deadline: May 12, 2017. 4:00 PM

Applications will be accepted by email, hand delivery, fax, or by post.



Fraser Basin Council Board (FBC) Director Seat

The Fraser Basin Council (FBC) is a non-profit society that advances sustainability in the Fraser River Basin and across BC. Established in 1997, the Council helps bring people together to find solutions to balance economic, environmental and social issues — with a focus on healthy watersheds and water resources, climate change action and air quality, and sustainable, resilient communities.

The Council's vision is *social well-being, supported by a vibrant economy and sustained by a healthy environment.* “

The Board of Directors of the Northern Shuswap Tribal council is seeking a director to represent the Northern Secwepemc te Qelmucw on the Fraser Basin Council.

Criteria:

- an Elected Representative or
- a Staff Member or
- a community member.

The current director you will be replacing is Yvonne Smith Executive Director of Northern Shuswap tribal Council.

Structure:

There are twenty-two (22) directors from four (4) orders of government:

- three from the federal government;
- three from the provincial government;
- one from each of the eight (8) regional districts in the Fraser Basin; and
- one from each of the Basin's eight major First Nations language groups.

The remaining sixteen (16) Directors are non-governmental appointees of the Council:

- two (2) from each of the Basin's five geographic regions (ten (10) directors in total), representing diverse sectors
- three Basin-wide Directors to reflect the three dimensions of sustainability (economic, social and environmental);
- a director from among youth in the Basin;
- a director with experience in the finance sector; and
- a chairperson.

Term of Director Seat will be: Three (3) years with an option to extend for another three years;

Meeting Occurrence: Three (3) times a year, the FBC will cover cost to attending the board meetings.

Deadline for Application: May 1st 2017

Please if you have any questions ask the front desk for a more detailed information package on the Fraser Basin Council.

If you would like to submit your name for the Director seat please drop a cover letter and resume off at the Front Desk thank you. You will be contacted if you have been the chosen delegate



Soda Creek Indian Band (SCIB)
Employment Opportunity
Summer Student Positions

Education Assistant/ Children's Program Supervisor

The Education Assistant will work with the Education Department is an advanced summer work experience in that the student is expected to take on quite a bit of responsibility and be experienced in the type of work required. The position requires full planning and implementation of a program for school aged children 5-12 years of age, during the months of July and August. Planning includes involvement in contacting all parents/guardians and registering all children; ensuring appropriate locations; arranging proper transportation and nutrition requirements for the program. Directly supervising 2-4 young employees (ages 13-18) ensure all safety needs and policies are met are adhered to. Applicants must have minimum valid Class 5 BC Drivers' License and have or be willing to get First Aid, FoodSafe, and a Criminal record check. This is a full time position and hours will vary depending on shift.

*Summer Student Positions dependant on anticipatory funding.

Application Deadline: SCIB Application Form is required with your cover letter and resume by **Friday, May 26th, 2017** Applications received after **12:00PM on May 26th, 2017** will not be considered. Only those selected for an interview will be contacted.

How to Apply: By mail to 3405 Mountain House Road, Williams Lake, BC V2G 5L5, attention Executive Assistant; by fax to (250) 989-2300; or by email to execasst@xatsull.com . Please indicate your preferred position placement on your cover letter and provide 3 references in your resume. The SCIB job application form is available online at www.xatsull.com or by pickup at the Band Office.

We welcome all qualified applicants. Preference may be given to qualified applicants of Aboriginal ancestry pursuant to Section 42 of the BC Human Rights Code. If you fall within this category and you wish to have this voluntary information considered as part of your application, please indicate this in your cover letter.



Soda Creek Indian Band (SCIB)

Employment Opportunity: Summer Student Positions

Children's Program Assistant

Under the supervision of the Summer Children's Program Supervisor the Summer Children's Program Assistant will assist in the implementation of a Summer Children's Program. The program will be for school aged children 5-12 years of age. The activities will encourage social, emotional, physical and mental development. Applicants are required to have or be willing to get First Aid, FoodSafe, and a Criminal record check. This is a full time position and hours will vary depending on shift.

Tour Guide Assistant at Xat'sull Heritage Village

The Tour Guide Assistant will work at Xat'sull Heritage Village with a team of Elders and Youth. The position requires a high level of enthusiasm and communication skills while sharing the rich History and Culture of Xat'sull with Tourists from around the world. The Tour Guide Assistant will also assist with the Whispering Willows Campsite. Outdoor environment with office components, rotating schedule includes work shifts on weekends and some evenings.

Natural Resource and Referrals Assistant

The Natural Resource Assistant will work with the Natural Resource Department. Duties include, working with the department on day-to-day operations and involves training in mapping, referrals and dealing with stakeholders and the public. This position will assist in the identification and coordination of opportunities for community member participation in traditional use practices.

Water Operations and Maintenance Assistant

Duties include: assist with and learn about water systems maintenance (daily water testing, chlorine levels, slow sand filters, changing of filters), maintenance duties such as general carpentry, plumbing & electrical skills, weekly maintenance and operations of Rose Lake Dam

Band Operations and Special Events Coordinator

This position will get a chance to work with various departments such as Finance, Housing, Health, Treaty, Education, Natural Resources, Economic Development as well as Chief & Council. Other duties include assisting with planning and work at Community Events.

*Summer Student Positions dependant on anticipatory funding.

Application Deadline: May 26, 2017

Please submit your resume and cover letter which states the position(s) you are interested in.

We welcome all qualified applicants. Preference may be given to qualified applicants of Aboriginal ancestry pursuant to Section 42 of the BC Human Rights Code. If you fall within this category and you wish to have this voluntary information considered as part of your application, please indicate this in your cover letter.

Community Events

Event	Date & Time	Where	Description
ADP Luncheon	May 2, 16 & 30	Health Boardroom	
SCIB Travel	May 3, 17 & 31		Please call Maxine or Rae-Lyn at 250-989-2355
Mental Health Clinician	May 8, 15 & 29 10:00-2:00 pm		Please call Maxine at 250-989-2355 to book an appointment
Nurse Practitioner	May 8, 18 & 28 10:00-3:00 pm		Please call Gina Gill Monday-Friday at 250-296-3532 and Friday at 250-398-9814
All Candidates Forum	May 8 5:00-8:00 pm	Soda Creek Gymnasium	
HCC Travel	May 10 & 24		Please call Edith at 250-989-2355
Be Well Program	May 11 10:30-2:00 pm	Health Station	Lunch is provided
Council Election	May 12 9:00-8:00 pm	Soda Creek Gymnasium	
BC Elders Gathering Deadline	May 12 at 4:00 pm		Please call Maxine or Rae-Lyn at 250-989-2355 to sign up
Gardening Workshop/ Community Garden	May 16 11:00-2:00 pm	Health Station	Lunch is provided
Dental Therapist	May 18 & 19 9:30-3:00 pm	Health Station	Please call Maxine at 250-989-2355 to book an appointment
Gardening Workshop	May 18 5:00 pm	Health Boardroom	Dinner provided
Food Safe Level 1	May 23 9:00-5:00 pm	Health Boardroom	Please call Rae-Lyn or Maxine to register
Salmon Pick Up Days	May 23 & 25 9:00-4:00 pm	Soda Creek Emporium	
Community Meeting	May 24 1:00-7:00 pm	Soda Creek Gymnasium	Please call Jessie at 250-989-2323 if you need a ride
Computer Cleanup & Install Training	May 29 5:00-8:00 pm	Education Department	