



DECEMBER 2017 / JANUARY 2018

Fraser River Run

MONTHLY NEWSLETTER OF THE SODA CREEK INDIAN BAND



Pelltitéqem (cross-over month; first real cold) – December

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The Soda Creek Band Offices will be closed from Monday, December 25th to January 3rd, 2018 for Christmas Holidays

Nurse's Schedule will be on Tuesdays & Thursdays



Traditional Parenting Workshop participants on November 9th at the Health Station

Happy Holidays from Soda Creek Band Staff!!!



Soda Creek Band Office:
250-989-2323
Soda Creek Health Station:
250-989-2355
Natural Resources:
250-989-2323
Xatsúll Development Corporation
250-989-2311
Xatsúll Heritage Village:

The newsletter deadline is usually the 20th of each month, and delivered by the last day of the month.
Submissions can be sent to the Health Station Reception by mail:
3405 Mountain House Road, WL BC V2G-5L5 or emailed to healthreceptionist@xatsull.com.
Any questions about the newsletter you can call: 250-989-2355

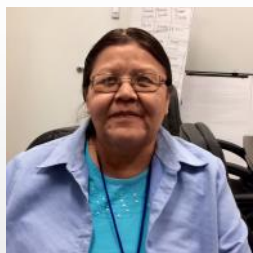


Phonevite is how the Band has been communicating to the Community for automatic call outs. Please make sure that your phone number is up-to-date, if you want to get information via a phone message. Update your information with Sheri or Maxine

Achievements. Art. Birth Announcement. Photographs, etc.

If you have any news that you would like to share, send to healthreceptionist@xatsull.com or bring it into the Health Station. We are happy to have community submissions.

Band Administrator



Dora Demers

It has been quite sometime since I submitted a report for the newsletter. Time just seems to fly by and next thing I see the notice that it is deadline time again for the newsletter, for once this week I have a few minutes to actually give a short update on what I have been doing or not being able to accomplish as the case maybe.

Since July after returning from the fires, our Social Development Coordinator – Tracey Elkins left us, we have posted this job twice. First time around most of the applicants had already accepted work elsewhere by the time we had done interviews and/or reference checks. The second time around we posted it as the Youth/Social Development, again most applicants had work elsewhere or reference checks didn't get back in a timely manner. Just a note for members who are applying for jobs, please notify your references and let them know where you have applied and ask them to get back to the potential employer in a timely manner. We will be reposting this position again, hopefully this week; so if you or someone you know is interested please submit your resume.

Three Corners has increased our funding for the Community Health Representative (CHR), Rae Lynn has accepted to move into the position full time. We have post-

ed for the Community Support Counsellor (the NADAP worker) and we have also posted for the Community Activities Worker.

We posted for the Capital Infrastructure position, this position would supervise our Water Operator and the Housing Coordinator. I have been negotiated with the person who is our first choice. I am hoping to have someone in this position in the next short while. These three positions will be moving to the portable that Natural Resources used before. I have been getting quite a few calls in regards to the chlorine level in the Deep Creek water system, Kelly Quon has been trying to regulate this the best he can at the moment. We are working with INAC and Urban Systems to address both the Deep Creek and Soda Creek water systems. Once we know more on what is proposed to for both systems, we will update the community.

One of our current staff will be leaving us as of Dec. 8th, Miriam Schilling has accepted another position within the Williams Lake area; so hopefully we will be seeing her or having contact with her in the new position. I have only worked with Miriam for almost eight months now and it has been great working with her. I wish you well Miriam in your new job.

Most of you are probably aware that Gordon Keener has been absent around the office, since not to long after the fires. He is away on Medical Leave and we hope to see him back at work soon.

We have been trying to have regular Council meetings, but lately because of everyone's work schedule at times we haven't had quorum. I ask that members have patience with us during this election time. As everyone knows that usually in

First Nations communities not much gets done while we are in election mode. Dec. 11th is the nomination meeting and election day is Jan. 22, 2018. Should more than one of the present Council members run for Chief, we will be without quorum until Jan. 23, 2018. If this happens we will be having a by-election for Councillor (s).

I have been attending the Northern Shuswap Tribal Council (NSTC) monthly Band Administrator's meetings. We have been working on up-dating the Personnel Policy and the Wage Grid. NSTC hired a consultant to work with us, NSTC has also hired another consultant to look at the remuneration (payments) for Chief and Council.

All the Departments will be working on their budgets for the next fiscal year, our draft budgets should be completed by the end of November; and then we are wanting to have these approved by Council early in the new year. This probably won't happen until the new Chief is elected.

The Community Christmas Dinner is Dec. 6th at 5 pm, hope to see everyone there. The events committee has been asked why it was booked so early, the reason being that there is so much happening in Dec. (concerts at the schools, open houses/dinners with other organizations we are affiliated with). It would be great to see community members come out and help organize the events that take place in the community. Once again hope to see everyone at the dinner.

If I don't get to see you before the holidays, I would like to wish you and your family a Merry Christmas and have a great Holiday Season.

**Community Economic
Dev. Coordinator**



Miriam Schilling

Before giving an update on my department and projects, I'd like to share that I've resigned from my position. My last day will be December 8, 2017. It has been a pleasure working for the community for

the last 7+ years and I am very thankful for the years I was able to spend working with everyone.

Trail Building

We successfully completed our 2017 project and now have a connector trail that connects Soda Creek and Deep Creek as well as Xat'sull Heritage Village and Whispering Willows Campsite. 15 community members were employed and helped with the construction.

Our grand opening and ribbon cutting was on November 2, 2017.

Xat'sull Heritage Village

We are closed for the season and feel

very thankful that we made it through the fire season. It had a huge impact on the business but hopefully there will be many people visiting next year.

Whispering Willows Campsite

Our campsite is also closed for the season. Our new fully serviced sites were used by quite a few long term renters and we look forward to welcoming everyone next year.

Miriam Schilling
250-989-2323 ext 132
m.schilling@xatsull.com



Lands Coordinator



Sally Sellars

Updates to the Natural Resources Community Meetings:

The meetings held on Sept. 12th (21 persons), Oct. 11th (24 persons), Nov. 1st (21 persons attended), 2017 was to get started with some very intense workshop objectives that will occur throughout the winter 2017 and into the spring of 2018

The Land Use Plan

Xat'sull/C'metem Nation is in the midst of working through the significant traditional land holdings which will need to be documented to address further negotiations in the future.

A land use map for both IR's is a first main goal with coordinates of accuracy being established. Once a map is documented of traditional holdings we can then move onto what the opportunities are within the boundaries of the IR's.

The land use plan cannot not be done without the community vision, principles, objectives, strategies, that will effectively bring outcomes. Training workshops I have attended has given me some tools to help motivation, instruction, process management and the use of community engagement to direct us through this process. These consultation community meetings will bring us in to March 2018 when a draft Land Use Plan is due.

Some significant plans are in the works within the Natural Resources Department such as improving Mountain House Road, reviewing Gibraltar Mine Discharge, Deep Creek Restoration 2018, negotiations for the highway 97 4-lane, etc.

The next steps:

There are many questions which need to be broken down by priority; traditional land holdings, sacred/historical, environmentally sensitive, and infrastructure which is specific to creeks, rivers, water sources, water lines, septic systems, roads, fence lines, community housing and business ventures. This will all involve asset management to determine project outcome.

Critical work done for fireguards in Deep Creek

A concern brought to our attention was Engineers from MFLNRO who were on reserve at the end of October beginning of November. There was a very small window of opportunity considering the amount of wildfire fireguards and work within the Cariboo Chilcotin, we were offered a first chance to get help with the two areas of critical concern, Deep Creek behind Cheryl Chapmans home and the potential for landslide behind Karen Sellars' home. We decided to make the decision to go ahead with this work because of the time frame of frozen ground and the availability of professional contractors.

The next opportunity to get the fireguards deactivated completely will be in the spring once the ground has dried. Input we have received has been to remove all fireguards because we did not have them to begin with and that they give access to hunting areas on reserve.

My schedule for December and January:

- * IR# 1 and 2 boundary maps will be ready for implementation Dec 4th, 2017
- * Is open to the community for the most part, I would like the hayfield map to be confirmed that involves input.
- * Discussions on Whiskey Creek Incremental Treaty Agreement Land whether to salvage the burnt timber or not and if so how the harvest will be completed, which will include Archaeology Impact Assessment
- * Discussions on Wildwood North and Wildwood ITA lands
- * Christmas planning for the community and the Contest for best dressed staff door starts Dec 1st and results Dec 15th.
- * Community Meeting about Salvage Logging on Incremental Treaty Agreement (ITA) Lands **Thursday Dec. 7th, 2017 5pm to 8pm @ Health Department Boardroom**

Links to Learning Lands Management Training Dec 11th to 14th Vancouver

- Developing a Community Land Code, The FN Land Management Initiative
- Unlocking the Economic Value of Reserve Lands through Land Management
- Additions to reserves: Reserve Creation
- Implementing a Comprehensive Community Plan: How a CCP links to other planning documents within a FN government
- Environmental Assessment 101
- ⇒ January 2018 is open calendar at this point so make sure to use this to your advantage
- ⇒ Land Use Planning training in Penticton Jan. 15th to 18th 2018

Continued on Page 5 

Lands Coordinator Continued

Please stop by for your input to any subjects which I have mentioned all feedback is welcome.

landscoord@xatsull.com

(250) 989 – 2323 ext. 134

I wish all peoples of the world a Merry Christmas and strength and guidance for the New Year. God bless our peoples who are sick, have family that are sick and wish you strength and health when it is needed most, and of course to those who have a hard time especially this time of year, sincere blessings to you all.



Housing Coordinator



Marnie Sellars

Hello Everyone.

I hope that everyone is preparing for the upcoming months of Winter and getting ready to enjoy the Holidays. I know that I'm very excited about it because it will be my Grandson Charlee's 1st Christmas, he gets to play in the snow, see the Christmas lights and enjoy some holiday events. I'm just going to enjoy my time with my little family and I hope you enjoy

the winter months also.



Since I started my position in the Housing Department in June, I'm happy to say that I'm enjoying being back. There are times that it can be a little overwhelming, but I'm really hoping to get to know the changes that have been made in the programs. It takes time, so please be patient with me.

I understand that everyone has needs for their homes, but please understand that although I have worked in this position before, I need the time to look into what has been done on the home and go through the paperwork. If you have talked to me about something and I haven't gotten back to you, please don't think that I'm ignoring you, just call me again as a Friendly Reminder or stop in

to see me or send me an email. (Things do get a little hectic at times in this department.) I'm here to work WITH you on the homes in the community, so be kind and respectful.



So, if you have any questions in regards to Housing, please feel free to give me a call or shoot me an email. My contact information at the office is: 250-989-2323 EXT. 103 and the Housing Departments email address is

housing@xatsull.com

I will do my best to help you out and we can work towards the best outcome for yourself and for the Band. Until then, Take Care.

Social Development Report

Department of Indian Affairs and Northern Development 2.5

Social Development Policy and Procedures Handbook Vol. 1 347007

Fraud

General Principle Applicants or recipients of income assistance who knowingly make false declaration by signing documents such as the Application for Social Assistance (901-27) or Social Assistance Monthly Renewal Declaration (901-28) that contain incomplete or incorrect information misrepresenting their situation in order to obtain social assistance, are liable to prosecution under the Criminal Code of Canada. Procedures where a band social development worker (BSDW) believes a fraud has been committed the client is to be informed of the allegation. An "information" may be laid before a Crown attorney alleging the commission

of a crime. Whether or not the "information" is acted upon is a matter of discretion of the Crown attorney. Voluntary reimbursement of the Social Development Program must never be considered where prosecution is contemplated (that is, after a referral is made to the Crown attorney). Such action would prejudice legal proceedings. Income assistance benefits may be terminated when a BSDW believes that fraud has occurred. The client may re-establish eligibility only by completing a new application, and providing proper supportive documentation. If the BSDW still finds the client is not eligible, then assistance would be denied. The client has the right to appeal the decision.

The most common types of social assistance fraud are:

- Failure to declare income or assets
- collecting duplicate social assistance
- collecting unemployment insurance and social assistance

- Failure to declare change in status, especially employment or family

It is important to report any change to your relationship status, the amount of people living in the house were you reside even if you're not the head of house, must be actually living on reserve, report any income even child tax, GST credit and child support even thou Social Development dose not deduct them they have to be reported on your monthly renewal form.

These problems are being brought to the department lately and an investigation will be started and possibly FRAUD charges pressed. If there are any changes to your current application/file you would like to change please make an appointment with Social Assistance ASAP.

Social Assistance cheque day is December 20th I need **all** bills into me by **December 8th** to get paid on time as the Band Office will be closed for two weeks over the Christmas Holidays.



XATSULL DEVELOPMENT CORPORATION
COMMUNITY FOREST MEETING UPDATE

Xats'ull Development Corporation (XDC) was created with business development, innovation, risk mitigation and community benefit as its foundational cornerstones. As a limited partner and operating independently and at "arm's length" from SCIB, XDC's mandate is to build, own/partner and manage, on behalf of its shareholders (SCIB), sustainable and

profitable business ventures that ultimately provide benefit to the community.

On Wednesday, November 15, XDC hosted a community meeting held in the SCIB gymnasium to update all on XDC's forestry operations. Discussed was XDC's five year plan, post fire IR harvest & fencing plans, access to harvest areas, community opportunity, as well as the timelines attached to all. The meeting was well attended which resulted in lively discussion around ungulate habitat, extending buffer zones around water sheds, appropriate signage, safety, potential for gates, etc.. Those attending were able to review maps of the selected logging areas showing a mix of 30% heavily charred wood, 30% moderately charred wood and 30%

green wood.

XDC outlined for all, it's plan to select and partner with a "full phase logging contractor" and adding pieces/ equipment/ crew as it is able, confirming it's conservative (risk mitigation) and structured business approach. XDC shared that it is currently in ongoing discussions with timber buyers within the region as well as US and "offshore" entities – the bottom line is to secure the best possible fire salvage return.

XDC will continue to update all as we progress through the planning and logging stages.

Education Coordinator



Cheryl Chapman

Good heavens, it's November already, almost December...eeeks Christmas...working with the events committee and community members to co-ordinate our yearly Christmas Fun, everyone's calendars are sure full, School Christmas Concerts, Work Christmas Gatherings and Family... so we're holding our celebration a little early, December 06th, 2017 5pm-9pm, see the poster and remember to RSVP by December 1st.

After School Program Assistant, Jennifer Phillips and I are working with Three Corners Health to provide programming for After School Tuesdays & Thursdays 4pm-6pm, the next Pro-D Day – February 16th; and Spring Break – March 19th – 29th, 2018. If you have any ideas or would like to join us please let Jennifer know ext.

115.

Fall Break was a flurry of activities; thanks Dionne for your help before the students went swimming with Gina, Andrea and Janae, thanks ladies! The students also enjoyed a fun-day in the gym with Three Corners Health staff as well as bowling, ice skating.

Grad 2017 Celebration was held on November 16th, 2017, thanks to our students who made the 'Stars' decorations and helped put them up. I enjoyed watching the students play, thanks to Three Corners for the prizes, and lending us Renee; I enjoyed the meal thanks Edie Woods for making it work!, and of course I enjoyed the dancing, thanks Mike for DJ'ing and letting the members in on it! Hope to see you at this year's celebration! See Photo Spread.

There are still some Post-Secondary funds available for eligible band members in an eligible program of study. Please see the application package under Education on our website, call me or drop by to see me.

Free Credited Courses for NSTC Members, Tuition & Books are funded through the Northern Shuswap Tribal Council Skills Development for seven Applied Business Technology courses at

TRU, weekend university style, alternating Thursday/Fridays and Friday/Saturdays. Please see the poster in this newsletter and contact me for the application and details, I have an up-to-date calendar.

Conversational Secwepemctsin with Alicia Gilbert and her Mentor Cecilia DeRose has been postponed, as I have been the only participant. We will look at restarting in the new year.

Waiting to find out about funding with SAGE Trainers to bring the Strengthening Our Aboriginal Roots Program to Soda Creek, this is a 10 week program, non-age specific, which includes skills development in document use, communications, numeracy, reading and writing; employment readiness and maintenance. Please let me know if you are interested, depending on funding, this may begin in January 2018 at the Education Department Classroom.

Should you require additional information please contact me at 250-989-2323 ext. 104, or email education@xatsull.com

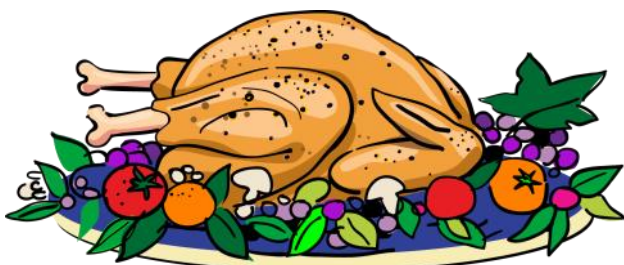
Stay Healthy, Happy & Safe

Hamper Day

Monday, December 18

Pick up hampers from 1:00-3:00 pm

Soda Creek Gym



Happy Holidays



Health Coordinator



Gina Mortensen

Holiday Season is approaching quickly, hard to believe this year is nearly over. The health staff have offered a few programs and supported other service provider to offer membership some great programs.

We recently hosted Janet Fox's Traditional Parenting and Power of Positive Thinking at the beginning of the month for three days. This was open to other sister communities as well. There was 12 to 20 people who throughout the workshop. Although, the participation was lower than we had expected, the feedback was excellent. Many of the participants commented on how the learning helped them to process some of the trauma impacts that they had lived through, and how they can implement the traditional learning into their own parenting.

Health has their last fitness session next week on the 28th for the year. We will be looking at starting up again in the new year. There have been 8 members who have been coming now for the last few months. It has been great to get exercising in and share many laughs. I would like to commend the ladies and gentlemen who have come out and continue to show up. You are all champions!!!! Keep up the good work. The exercises and stretches have been inserted into the newsletter.

Health staff also helped out with the Fall Break children's program last week. We took them swimming and just went to the gym to shoot hoops the next day. Its so good to be a witness to so many children growing up around us. Each time we meet we (the children and myself) make our rules of conduct. The children hold each other to these rules and respect them as they make them. It's a great exercise and effective in helping them practice peer/ self regulation. They are so good at respecting each other and their rules of respectful conduct with each other and those who are supervising them. Good Job Kids!!!!

The Red Cross was in community stationed at the health building this week. They were able to support roughly 20

people. For those who access the services in Williams Lake please feel free to have Red Cross call us to confirm if you are covered under the BCR address for our community. There has been some confusion with addresses and the evacuation order in the past.

So, you Hate Christmas is tonight and we are excited to see everyone out for some kick out fun to Christmas.

So other events coming up;

Nov. 27/17 Events Committee Meeting – Christmas Decorating, Clean up and Shopping volunteers welcome 2pm at Health

Nov. 28/17 Fitness Session- Gym 4:30pm to 5pm (possible lunch time sessions in the new year)

Nov. 29 to Dec 1/17 NR/ Health Museum Trip Vancouver

Dec. 1/17 RSVP for Christmas Dinner

Dec.6/17 Christmas Dinner

Dec.8/17- PAL COURSE DEADLINE

Dec.8/17 Elder's Knowledge Journey- Wills, Estates, Power of Attorney, RCMP presentations and more

Dec.12/17 Elder's Christmas Luncheon



So You Hate Christmas Workshop

November 23, 2017



Nicholas



Keenan



Reign



Anita & Victoria



Christmas Craft

Whipped Shortbread Cookies

"A festive melt in your mouth cookie, and very easy to make."

Prep time: 15 min **Cook time:** 20 m **Ready in:** 35 m

Ingredients

- 1 cup butter, softened
- 1 1/2 cups all-purpose flour
- 1/2 cup confectioners' sugar
- 1/4 cup red maraschino cherries, quartered
- 1/4 cup green maraschino cherries, quartered

Method

1. Preheat oven to 350 degrees F (175 degrees C).
2. In a large bowl, combine butter, flour, and confectioners' sugar. With an electric mixer, beat for 10 minutes, until light and fluffy. Spoon onto cookie sheets, spacing cookies 2 inches apart. Place a piece of maraschino cherry onto the middle of each cookie, alternating between red and green. Bake for 15 to 17 minutes in the preheated oven, or until the bottoms of the cookies are lightly browned. Remove from oven, and let cool on cookie sheet for 5 minutes, then transfer cookies on to wire rack to cool. Store in an airtight container, separating each layer with waxed paper.



Syrup on the Bottom French Toast Casserole

"This is a make ahead brunch dish that makes its own syrup. Since it's made the day before, it's the perfect holiday recipe!"

Prep time: 20 min **Cook time:** 50 min **Ready in:** 9 hr 10 m

Ingredients

- 1 1/2 cups dark brown sugar
- 3/4 cup unsalted butter
- 6 tablespoons light corn syrup
- 1/2 cup whole milk
- 1/8 teaspoon salt
- 1 (1 pound) loaf challah bread, cut into 1/2-inch slices
- 2 1/2 cups whole milk
- 4 large eggs, beaten
- 1 1/2 teaspoons vanilla] extract
- 1/4 teaspoon salt
- 3 tablespoons white sugar
- 1 1/2 teaspoons ground cinnamon

Method

1. Lightly grease a 9x13-inch casserole dish.
2. Combine brown sugar, butter, corn syrup, 1/2 cup whole milk, and 1/8 teaspoon salt in a saucepan over medium heat; cook, stirring constantly, until sugar is dissolved and syrup is smooth, about 5 minutes. Pour syrup into the prepared casserole dish.
3. Arrange bread slices atop the syrup layer in the casserole dish.
4. Whisk 2 1/2 cups milk, eggs, vanilla extract, and 1/4 teaspoon salt in a bowl; pour milk mixture over bread. Cover casserole dish with plastic wrap and refrigerate 8 hours or overnight.
5. Preheat oven to 350 degrees F (175 degrees C). Remove plastic wrap from casserole dish.
6. Mix white sugar and cinnamon together in a small bowl; sprinkle mixture over casserole. Cover casserole with aluminum foil. Bake in the preheated oven for 20 minutes. Remove aluminum foil and continue baking until casserole is cooked through and eggs are set, 25 to 30 minutes. The casserole will be syrupy, but should thicken as it cools.



The Best Rolled Sugar Cookies

"Whenever you make these cookies for someone, be sure to bring along several copies of the recipe! You will be asked for it, I promise! NOTE: I make icing with confectioners' sugar and milk. I make it fairly thin, as I 'paint' the icing on the cookies with a pastry brush. Thin enough to spread easily but not so thin that it just makes your cookies wet and runs off."



Ingredients

- 1 1/2 cups butter, softened
- 2 cups white sugar
- 4 eggs
- 1 teaspoon vanilla extract
- 5 cups all-purpose flour
- 2 teaspoons baking powder
- 1 teaspoon salt

Prep time: 20 min **Cook time:** 8 m **Ready in:** 3 hr

Method

1. In a large bowl, cream together butter and sugar until smooth. Beat in eggs and vanilla. Stir in the flour, baking powder, and salt. Cover, and chill dough for at least one hour (or overnight).
2. Preheat oven to 400 degrees F (200 degrees C). Roll out dough on floured surface 1/4 to 1/2 inch thick. Cut into shapes with any cookie cutter. Place cookies 1 inch apart on ungreased cookie sheets. Bake 6 to 8 minutes in preheated oven. Cool completely.

Peanut Butter Bars I

"These peanut butter bars taste just like peanut butter cups."

Ingredients

- 1 cup butter or margarine, melted
- 2 cups graham cracker crumbs
- 2 cups confectioners' sugar
- 1 cup peanut butter
- 1 1/2 cups semisweet chocolate chips
- 4 tablespoons peanut butter

Method

1. In a medium bowl, mix together the butter or margarine, graham cracker crumbs, confectioners' sugar, and 1 cup peanut butter until well blended. Press evenly into the bottom of an ungreased 9x13 inch pan.

In a metal bowl over simmering water, or in the microwave, melt the chocolate chips with the peanut butter, stirring occasionally until smooth. Spread over the prepared crust. Refrigerate for at least one hour before cutting into squares.



Chantal's New York Cheesecake

"This cake is easy to make, and it's so delicious. Everyone that's tried it has said it tasted just like the ones in a deli! You'll love it!"

Ingredients

Crust:

- 15 graham crackers, crushed
- 2 tablespoons butter, melted
- 4 (8 ounce) packages cream cheese
- 1 1/2 cups white sugar
- 3/4 cup milk
- 4 eggs
- 1 cup sour cream
- 1 tablespoon vanilla extract
- 1/4 cup all-purpose flour

Prep time: 30 min **Cook time:** 1 hr **Ready in:** 7 h 30 m

Method

1. Preheat oven to 350 degrees F (175 degrees C). Grease a 9 inch springform pan.
2. In a medium bowl, mix graham cracker crumbs with melted butter. Press onto bottom of springform pan.
3. In a large bowl, mix cream cheese with sugar until smooth. Blend in milk, and then mix in the eggs one at a time, mixing just enough to incorporate. Mix in sour cream, vanilla and flour until smooth. Pour filling into prepared crust. Bake in preheated oven for 1 hour. Turn the oven off, and let cake cool in oven with the door closed for 5 to 6 hours; this prevents cracking. Chill in refrigerator until serving.





Christmas Word Search



S N O W M E N P G I G Y
X S A M T S I R H C O I
B S L E D D I N G W R N
E N A C Y D N A C O N R
C H Y Z A Q S I T N A H
A R Y G K Y U I Q S M T
R Y P R E S E N T S E A
O P C H I M N E Y S N E
L S T H G I L G L T T R
S R E E D N I E R V S W
U E S A N T A E T G E K
N K L D L J E N N M W S

SANTA
SNOWMEN
CHRISTMAS
PRESENTS
ORNAMENTS
TREE
LIGHTS
WREATH
REINDEER
SLEDDING
SNOW
CHIMNEY
ELVES
CAROLS
CANDYCANE

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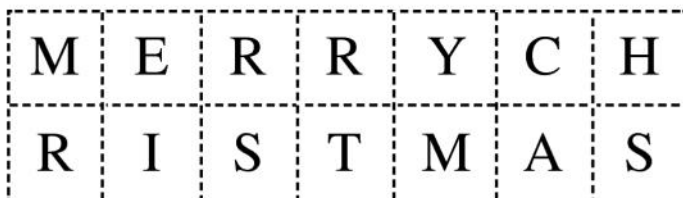
Christmas Word Game

Words in a Word



Use only the letters in **Merry Christmas** to find a word for each definition. Cut out the letters below and use them to help you make words to fit the clues. Work with a partner and take turns finding words and writing them on the lines.

1. Twelve months _____
2. Alike _____
3. Large town _____
4. Warmth _____
5. Grows on your head _____
6. Part of a flower _____
7. Money _____
8. Divide with someone _____
9. Water vapor _____
10. Male sheep _____
11. A seat _____
12. Our planet _____
13. Bashful _____
14. Holds up a sail _____
15. Long-tailed rodent _____



WHAT'S YOUR ELF NAME?

The first letter of your name.

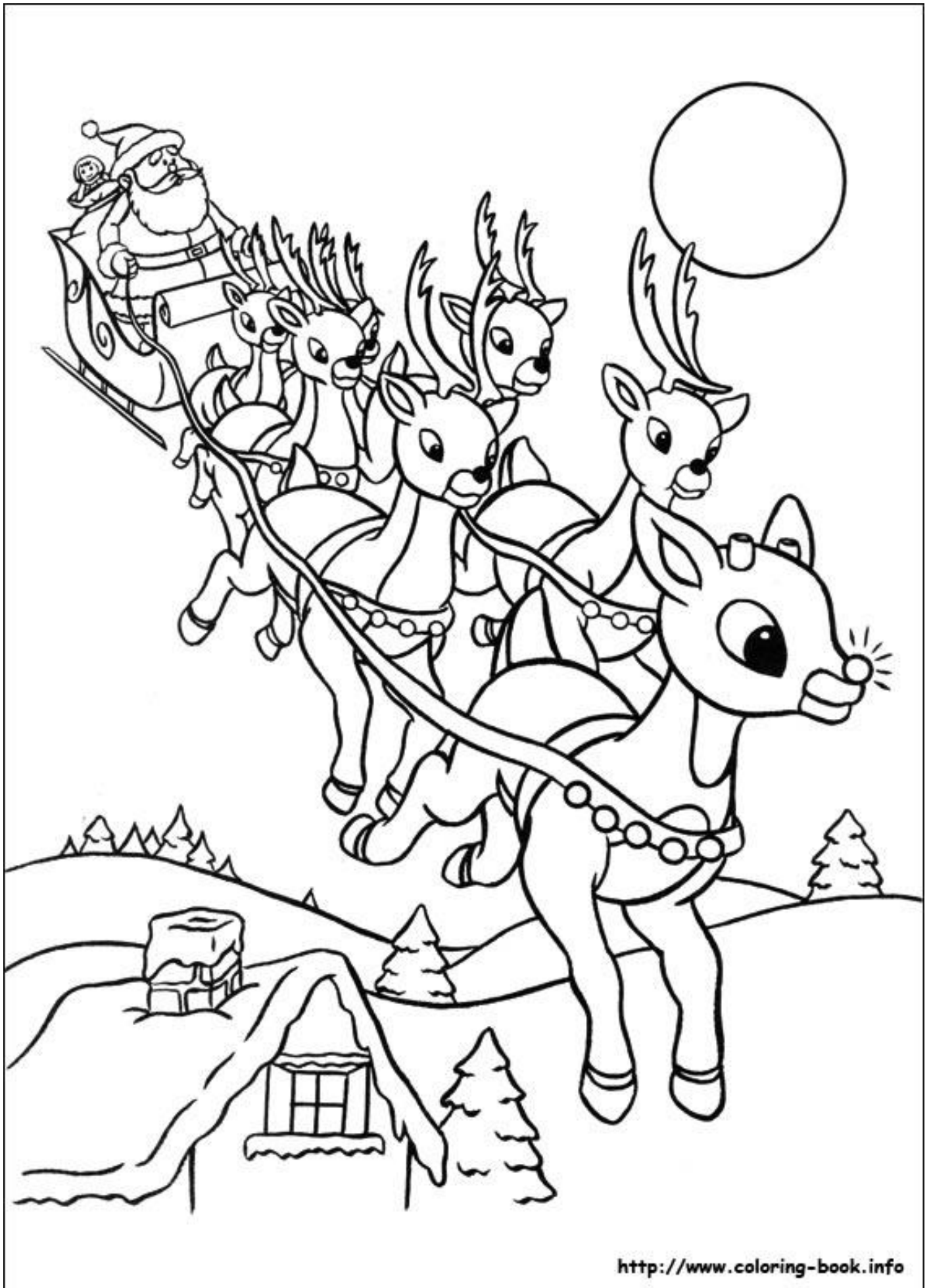
A - Adventurous	H - Humble	O - Outgoing	V - Very Nice
B - Bouncy	I - Innocent	P - Playful	W - Wiggly
C - Cuddly	J - Jumpy	Q - Quick	X - Xtra Special
D - Dainty	K - Kindhearted	R - Rosy	Y - Youthful
E - Energetic	L - Lively	S - Sweet	Z - Zesty
F - Fearless	M - Mighty	T - Thoughtful	
G - Graceful	N - Nimble	U - Unique	

The month you were born.

Jan. - Sugar Plum
Feb. - Jingle Bells
March - Giggie Pants
April - Candy Cane
May - Sparkle Pants
June - Merry Dancer
July - Twinkle Toes
Aug. - Happy Feet
Sept. - Peppermint Patty
Oct. - Gingerbread Breath
Nov. - Silly Giggles
Dec. - Jolly Jingles



www.LearningStationMusic.com



<http://www.coloring-book.info>

Soda Creek Health Station Events Calendar

Call 250-989-2355 for Appointments

Medical travel rides must be booked on Monday
For Wednesday's Travel

December 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Nurse Practitioner 10-3	5	6 HCC Travel Community Christmas Celebration 5-9 pm Gym	7	8	9
10	11 Mental Health Clinician 10-2 Nurse Practitioner 10-3	12 Elder's Christ- mas Luncheon Gym 11-3	13 SCIB Travel Dental Therapist 9:30-3:00	14 Dental Therapist 9:30-12:00	15 Staff Christmas Lunch	16
17	18 Mental Health Clinician 10-2 Nurse Practitioner 10-3 Hamper Day	19	20	21	22	23
24	25 Christmas Day Office Closed	26 Boxing Day Office Closed	27 Office Closed	28 Office Closed	29 Office Closed	30
31						

January 2018

Soda Creek Health Station Events Calendar

Call 250-989-2355 for Appointments

Medical travel rides must be booked on Monday
For Wednesday's Travel

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1</i> Office closed	<i>2</i> Office closed	<i>3</i> Office closed	<i>4</i>	<i>5</i>	<i>6</i>
<i>7</i>	<i>8</i> Mental Health Clinician 10-2 Nurse Practitioner 10-3	<i>9</i> ADP Luncheon	<i>10</i> SCIB Travel	<i>11</i>	<i>12</i>	<i>13</i> PAL Course 9:00-5:00 pm
<i>14</i>	<i>15</i> Mental Health Clinician 10-2 Nurse Practitioner 10-3	<i>16</i>	<i>17</i> HCC Travel	<i>18</i>	<i>19</i> Newsletter Deadline 4 pm	<i>20</i>
<i>21</i>	<i>22</i> Mental Health Clinician 10-2	<i>23</i> ADP Luncheon	<i>24</i> SCIB Travel	<i>25</i>	<i>26</i>	<i>27</i>
<i>28</i>	<i>29</i> Mental Health Clinician 10-2 Nurse Practitioner 10-3	<i>30</i>	<i>31</i> HCC Travel			

Nurse Practitioner



December 4
December 11
December 18

January 8
January 15
January 29

10:00 am-3:00 pm

Soda Creek Health Station

Catherine can diagnose and treat illnesses & infections, write prescriptions, fill out medical forms, manage chronic conditions, annual health screening, STI screening & diagnosis, plus much more! She would be delighted to see any community members without a family physician!

To book an appointment with Catherine, please call
Maxine at 250-989-2355

Mental Health Clinician



December 11
December 18

January 8
January 15
January 22
January 29

10:00-2:00 pm

Soda Creek Health Station

Neleena Popatia is a Mental Health Nurse with over 30 years of experience. She has worked in a variety of roles and settings, e.g. clinical nurse specialist in acute and tertiary mental health in hospital, manager in community mental health, consultant and therapist in private practice, instructor in nursing school.

To book an appointment with Neleena, please call
Maxine at 250-989-2355



P.A.L. (Possession & Acquisition License) Course


Saturday, January 13th 9:00-5:00 pm

Soda Creek Gym

- ⇒ Participant is responsible for own transportation and \$60.00 for application fee
- ⇒ Lunch is provided
- ⇒ Space is limited to 24 people
- ⇒ Please sign up by December 8, 2017 at 4:00 pm, call Maxine at 250-989-2355



Soda Creek Indian Band, 3405 Mountain House Road, Williams Lake, BC V2G-5L5




YOU'RE INVITED TO OUR
**COMMUNITY CHRISTMAS
CELEBRATION**
PLEASE JOIN US FOR

Doors open at 5:00
Dinner 5:30-6:30
Dessert 6:30 **Santa** 7:00

WEDNESDAY DECEMBER 6TH 5 TO 9 PM

Please R.S.V.P. by December 1st at 4:00 pm,
with Maxine at 250-989-2355.

Gifts for children pending RSVP only.
Also if you need a ride, the bus will be available.
Please bring a dessert.



Soda Creek Indian Band, 3405 Mountain House Road, Williams Lake, BC V2G-5L5

ELDERS CHRISTMAS LUNCHEON

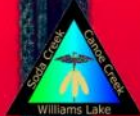
Where: Soda Creek Gym
When: December 12, 2017
Time: 11 am to 3 pm

**Please RSVP by December 8,
2017 with your Community HSW**

- **Christmas Crafts**
- **Square Dancing lessons by Dana & Nick**
- **Healthy Lunch**

If you have any questions, or want more information about the Elders Christmas Luncheon please contact your Community Home Support Workers:

Winn Anderson (Dog/Crook Creek) 250-440-5822
 250-459-7749
 Melissa Lulua (Sugarcane) 250-296-3532
 Edith William (Soda Creek) 250-989-2355



Have you been told that you have high cholesterol or high triglycerides? Do you wonder if you do?

Join us on Monday, December 11, 2017

At the Soda Creek Health Station

12:00pm—1:00pm

Lauren Bock, Registered Dietician, and Catherine Birtwistle, Nurse Practitioner, will be talking about Heart Health and the difference between good and bad lipids in your bloodstream.

Lauren will also discuss healthy eating for your heart.

We will be screening cholesterol so you can know your levels!



For more information, please contact Kayla Jasper
 at Three Corners Health Services
 Society at 250-398-9814



Dental Therapist

Wednesday, December 13th, 2017

9:30-3:00 pm

Thursday, December 14th, 2017

9:30-12:00 pm

Health Station

Cleanings, fillings, extraction, check ups, and a range of preventative services

Please contact Maxine at 250-989-2355 to book an appointment



Wednesday, January 17th, 2017

10:00-3:00 pm

Thursday, January 18th, 2017

9:00-3:00 pm

Health Station

Cleanings, fillings, extraction, check ups, and a range of preventative services

Please contact Maxine at 250-989-2355 to book an appointment

COMMUNITY MEETING ABOUT SALVAGE LOGGING ON INCREMENTAL TREATY AGREEMENT (ITA) LANDS/REFERRAL UPDATE

**Thursday December 7th, 2017 Hosted by
Xatsull Treaty Department**

Referrals Update: Kate Hewitt, Referrals Officer

The focus: Incremental Treaty Agreement (ITA)

**NStQ transfer of fee simple to XDC until effective date
of Treaty**

- Transfer of Whiskey Creek (ITA) to Fee Simple Treaty Settlement Land
- Forest Licence to Cut Whiskey Creek – Impacts and Benefits
- Forest Licence to Cut for Wildwood – Impacts and Benefits

HEALTH DEPARTMENT
BOARDROOM

●
THURSDAY
DECEMBER 7TH 2017
5PM TO 8PM

Dinner & Honoraria!

Dinner will be served at 5 pm and Honoraria will be provided.

When & Where

Join us for an interactive meeting at the Health Department Boardroom from 5-8pm on Thursday December 7th, 2017

Questions or Concerns?

Please contact:

Sally Sellars, RPF

Lands Coordinator

landscoord@xatsull.com

250-989-2323 ext.134

**Kate Hewitt, Referrals
Coordinator**

referrals@xatsull.com

250-989-2323 ext. 123

Xat'sull First Nation

NOMINATION MEETING

for Chief

Mon., Dec. 11th 4:30-7:30 pm

at the new GYM

As you probably already know, Chief Donna Dixon resigned this summer for health reasons. As a result, we have a by-election to elect a new Chief.

Current members of Council may run for Chief, but they will have to resign as Councillor **before 4:30 Dec. 11th** to be nominated.

If you want to nominate someone, but can't be at the nomination meeting you can pick up a "Mail-in Nomination Form" from Danielle at the Band Office (or call me and I can send you one).

The **Election will be on Mon. Jan. 22, 2018.**

We try to send notices and ballots to all members living off-reserve, but we don't have everyone's address. If you know family or friends who didn't get this notice it's because I don't have their correct address. Please have them call me to make sure I get their right address.

Questions?

call me,

Bruce Mack, Electoral Officer 250-392-6867

brucemack68@gmail.com



Free Credited Courses For NSTC Members



ABTS 1300 - Business English - Starts Sept 7 - November 30

ABTS 1140 - Keyboarding - Starts Sept 7 - October 19

ABTS 1270 - Outlook - October 20-November 25

ABTS 1500 - Human Relations - December 1-15

ABTS 1210 - Spreadsheets - January 5-February 2

ABTS 1310 - Business Communications (pre-req is Business English) - January 5 - March 5

ABTS 1430 – Accounting 1

****Classes can support maximum of 20 students – so register today!**

For More Information please contact Melissa Fornier at TRU – 250.392.8045

Stretching Chart



Work Out

Make sure to warm up, keep chest up, back flat, abs in, finish your workout with dead bug !! Keep that core engaged!

Side lunge

Keep all the weight in the heels, lower to one side and sit back in the heels. Feet past shoulder width. The slower the better
3x12 each side

Rocking forward & Back Lunge

Keep the hips and shoulders in line, body up right position. Don't stand up keep low and back knee just off the floor
3x12 each side

Front squats

Feet past shoulder width, lower down keeping weight in the heels, stand up slow, chest up, back flat, abs in
3x15

One legged dead lift

Keep the hips parallel to the floor, back flat, abs in, lower down and slowly come up. Lots of control
3x13 each side

Push up

Wide arms lower down and press up. Abs in back flat
3x12

Diamond push up

Make a Diamond with hands lower down

letting the elbows come out then press back up. Back is flat, abs in, lots of control
3x12

Wall split lunge

Body up right, chest lifted, lower down and press up through the heel.
3x13 each side

Wall walk

Walk feet up the wall and then lower down, keep tummy tight !!!
3x6 movements

Alternative for wall walk

3x15 seconds each side





Legal
Services
Society
British Columbia
www.legalaid.bc.ca

What's First Nations Court?

If you identify as Aboriginal, and plead guilty to a **crime**, you may be able to go to one of BC's First Nations Courts for sentencing. Aboriginal includes status and non-status Indians, First Nations, Métis, and Inuit.

First Nations Court is a criminal sentencing court that uses **restorative justice** and traditional ways to reach balance and healing.

You must accept you're responsible for your actions. Then the judge looks at:

- the harm you caused to victims,
- your background,
- your needs now, and
- how a healing plan can be made for you and your community.



How do I get into First Nations Court?

You or your lawyer can call First Nations Court **duty counsel** to see if you can go to First Nations Court. They can tell you how to get your case transferred there. They can answer any questions you have about First Nations Court.

604-601-6074 (Greater Vancouver)
1-877-601-6066 (no charge outside Greater Vancouver)

It's *your choice* to have your matter heard in First Nations Court. Talk to your lawyer or First Nations Court duty counsel about what's best for you.

Where are First Nations Courts?

First Nations Courts are in Duncan, Kamloops, New Westminster, and North Vancouver. There may be more locations in the future.

First Nations Court is usually held once a month at each location. For dates, see:

provinciacourt.bc.ca/about-the-court/court-innovation/problem-solving-courts
#FirstNationsCourt

For maps of all First Nations Courts in BC and more information about who can help you, see aboriginal.legalaid.bc.ca.

Who's at First Nations Court?

You work with a team of people to come up with a healing plan. Your team includes:

- Elders,
- your lawyer (or **duty counsel** if you don't have a lawyer), and
- the judge and **Crown counsel** (government lawyer).

Your team can also have:

- Aboriginal community members,
- social workers,
- Native courtworkers,
- probation officers, or
- victim services workers.

You can bring family, friends, community members, and other support people to First Nations Court with you. They don't have to speak out in court. But everyone has a chance to be heard.

What's a duty counsel lawyer?

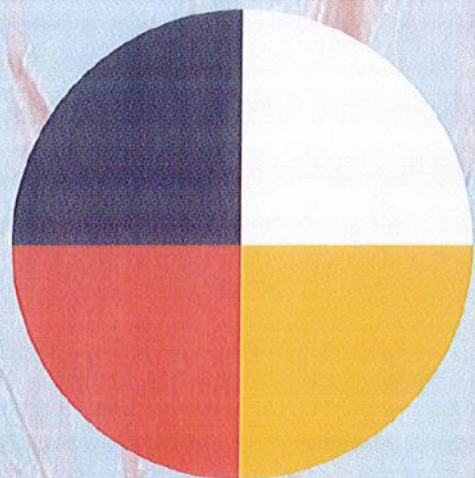
Duty counsel lawyers are at each of the First Nations Courts. They give free legal advice before court and are there during court.



What's a healing plan?

A healing plan is a way to help you, your community, and the victim of your crime to move on. You have to work on issues that got you into trouble with the law in the first place.

For example, you may have to go to sweats or a healing circle, or do community service. Your healing plan gives you the help and support you need.



March 2017



SECWÉPEMC CHILD & FAMILY SERVICES

"Strengthening our Children, Families and Communities"

SECWEPEMC CHILD AND FAMILY SERVICES serves 7 bands from the Shuswap Nation as well as the Urban Aboriginal population. We are looking for compassionate people interested in becoming foster parents for the children and youth. We need people with skills in many areas of child caring as well as people willing to learn new skills through training. You have the ability to choose your age group and can become a foster parent for an infant, a grade-school child, a teenager, a child or teen with developmental disabilities or behavioral problems, or for an infant with special needs.

Foster Parents have a chance to make a difference in a child or youth's life at a time when their world is vulnerable. Every child and youth deserve a loving family and you can gain personal satisfaction in knowing that you can provide that loving family atmosphere. Fostering is a temporary solution for the children and youth as we work towards reconnecting them with family or extended family. It's important to know that you don't have to be perfect, to be the perfect connection for a child or youth.

If you are interested in finding out more about becoming a Foster Parent for Secwepemc Child and Family Services please contact one of the following Resource Social Workers at 250 314 9669 and check the website www.secwepemcfamilies.org

Nola Campbell
Monica Sivertson
Sharon Edwards

Bernie Charlie
Heidi Generaux



Xat'sull First Nation- Community Service Code

Principles

Background

1. Council Members and employees of Xat'sull First Nation are committed to providing Community Members with the best possible service.
2. This Code describes the fairness and service principles that we follow when dealing with Community Members.
3. The purpose of this Code is to encourage open and respectful communication to:
 - a) prevent problems before they occur;
 - b) identify problems early; and
 - c) find appropriate solutions sooner

Rights of Community Members

4. In your dealings with Council Members and employees of Xat'sull First Nation, Community Members have the right to **courtesy and respect**, including our:
 - a) being clear in our communication with you;
 - b) being respectful in our interactions with you;
 - c) listening to your concerns;
 - d) responding in a timely manner, and in writing when requested;
 - e) making sure you can contact the Council Member or employee best able to assist you; and
 - f) acknowledging our errors and correcting them in a timely manner.
5. In your dealings with Council Members and employees of Xat'sull First Nation, Community Members have the right to **privacy and confidentiality**, including our collection, storage, usage and distribution of your information in accordance with law by:
 - a) complying with Band policies and applicable laws about privacy, confidentiality and access to information;
 - b) sharing your information only with those Council Members and employees who are entitled to the information and require it in order to perform their jobs;
 - c) not accessing information about you or your family members unless it is required in order to perform their jobs; and

- d) not providing your information to persons purporting to be your representative unless you provide us with such authority in writing.
6. In your dealings with Council Members and employees of Xat'sull First Nation, Community Members have the right to **fair treatment**, including our applying laws and rules fairly and impartially by:
- a) acting honestly;
 - b) avoiding conflicts of interest or the appearance of conflicts of interest in providing services or making decisions of concern to you;
 - c) considering all relevant factors, including personal circumstances where appropriate, and applying laws and rules consistently and impartially;
 - d) providing you with a fair opportunity to provide information and evidence supporting your position;
 - e) consistently applying penalty and collections policies when obligations to the band have not been met;
 - f) making just, fair and timely decisions and explaining them to you thoroughly;
 - g) providing you with written decisions upon request; and
 - h) access to a fair process for appealing or reviewing decisions and information about that process.
7. In your dealings with Council Members and employees of Xat'sull First Nation, Community Members have the right to **obtain help**, including our:
- a) being available during regular office hours, subject to other work commitments, in person or by telephone;
 - b) accommodating disabilities;
 - c) accommodating your work schedule where feasible;
 - d) responding to your communications in a timely manner;
 - e) advising you of the steps in the decision-making process and a time by which you can expect a decision;
 - f) making available up-to-date information on programs and services available to you in a variety of manners including electronic information, written documents, and information sessions; and
 - g) providing you with complete, accurate, clear and timely information in a format that is accessible and convenient to you.

Rights of Council Members and Employees

8. Council Members and employees of Xat'sull First Nation have the right to protection from abuse and harassment in the workplace, including:
- a) the enactment and enforcement by Band Council of anti-abuse and anti-harassment policies in the workplace;
 - b) training in dealing with abuse and harassment;
 - c) information about past incidents of abuse and harassment in the workplace, and the steps being taken to address them;
 - d) the right to terminate an abusive or harassing incident; or
 - e) the right to discontinue an abusive or harassing incident by:

- (i) asking the abuser or harasser to leave; or
 - (ii) leaving the communication;
- f) where appropriate, intervention in an abusive or harassing incident in the workplace by a fellow employee, supervisor or Council Member.
- g) debriefing, follow-up and other active support from the supervisor and Band Council after an abusive or harassing incident;
- h) where the abuse or harassment amounts to a criminal offence, support from the supervisor and Council in reporting the matter to the RCMP; and
- i) protection from retaliation after reporting an abusive or harassing incident.

Complaint Procedure

Step 1- Informal Resolution

9. A Community Member (the "Complainant") who feels that they have not been treated fairly or appropriately in accordance with this policy shall first raise their concern directly with the Council Member or employee in question.
10. The Complainant may have another person accompany him or her when raising a concern under the previous paragraph, provided that other person conducts themselves in accordance with the spirit of this policy.
11. The Council Member or employee shall provide the Complainant with information on the policy and other factors on which the original action or decision was based and discuss the matter with the Complainant in an effort to resolve the complaint in an informal manner.
12. If the complaint is not resolved to the satisfaction of the Complainant, the Council Member or employee shall advise the Complainant of the process for appealing or reviewing the employee's action or decision and, upon request, provide the Complainant with the decision and the reasons for it in writing.

Step 2- Supervisory Review

13. Where there is a process for appeal or review provided for by statute, regulation by-law or policy, the Complainant shall use that process to attempt to resolve the complaint.
14. Where there is a no process for appeal or review otherwise provided for by statute, regulation by-law or policy, the Complainant may submit the complaint for review by completing Form A and giving it to:
 - a) the Department Head where the action or decision complained of is that of another employee in that Department;
 - b) the Band Manager where the action or decision complained of is that of a Department Head or Council Member; or

- c) Band Council where the action or decision complained of is by the Band Manager.
15. Within 10 working days of receiving a completed Form A, the Department Head, Band Manager or Band Council, as the case may be, shall:
- a) consider submissions from both the Complainant and Council Member or employee complained about;
 - b) review applicable law and policy;
 - c) take such other steps as the reviewer deems appropriate in order to resolve the complaint, and
 - d) provide a written decision on Form A as to the resolution of the complaint to the Complainant and the Council Member or employee complained about, and tell the Complainant how he or she may request a further review.

Step 3- Further Review

16. If the Complainant is not satisfied by the decision of a Department Head under the previous paragraph, he or she may request a further review by submitting Form A, together with the written review decision and any further written submissions, to the Band Manager.
17. Within 10 working days of receiving a request for further review, the Band Manager shall:
- a) consider submissions from both the Complainant and the Council Member or employee complained about;
 - b) review applicable law and policy;
 - c) take such other steps as the Band Manager deems appropriate in order to resolve the complaint, and
 - d) provide a written decision as to the resolution of the complaint to the Complainant and the Council Member or employee complained about.
18. A review or further review by the Band Manager is final.

Alternative: There may be an appeal to Band Council from a review or further review by the Band Manager, except on the basis that the decision of the Band Manager on review or further review was patently unreasonable.

Frivolous or Vexatious Complaints

19. The Band Manager may refuse to review or further review a complainant that it frivolous or vexatious.

File Retention

20. The Band shall maintain a file of all Complaints made under this policy together with all related materials.

Form A- XAT'SULL COMMUNITY SERVICE COMPLAINT FORM

Your name:	Date:
Your address:	Contact phone number:
<p align="center"><u>YOUR COMPLAINT AND REQUEST FOR REVIEW</u></p> <p>Complaint submitted to:</p> <p>[Please describe the decision or action you are complaining about, the date it happened, and the Council Member or employee whose decision or action it was. Use more paper if necessary].</p>	
<p align="center"><u>REVIEW DECISION AND REASONS</u></p>	
Name of Reviewer:	Date of Review:

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FURTHER REVIEW

1. If you are not satisfied with a review decision made by a **Department Manager**;
2. You can request a further review by giving this form and any further written submissions to the **Band Administrator**.
3. The Band Administrator will make a final decision and provide it to you in writing within **10 working days** of your complaint.
4. If you are still not satisfied with the decision, you can **appeal** to the **Chief and Council**, **only after you went through the proper procedure**; by providing all documentation on the same form; to the Band Administrator, of which the Band Administrator will forward to the Council.
5. The Chief and Council will make a decision, and may require you to attend a Chief and Council meeting. **However; if they do not need further information, they will make a final decision, and provide it to you in writing within 10 working days of your complaint.**

Title *Chief*
Reports To *Soda Creek Indian Band Council and Membership*

Job Summary

The Soda Creek Indian Band Chief is the senior elected official of the Soda Creek Indian Band. The Chief is responsible for ensuring that the elected government of the Band functions according to established rules and regulations and that Band business is conducted in an orderly, efficient and responsible manner. As the senior elected official, the Chief is responsible for ensuring that the principles of good government are maintained at all times. The Chief will be responsible for ensuring the smooth and orderly transition to a post-Treaty governance environment, should the Treaty be ratified. The Chief will also be responsible for ensuring that the Band benefits from a new Title and Rights environment that will flow from recent Supreme Court decisions.

Duties and Responsibilities

1. Convenes and chairs regular and special meetings of Council.
2. Supervises and directs the Band Administrator.
3. Meets with community members as requested or required.
4. Participates as an ex officio member of all SCIB committees.
5. Receives and responds to correspondence related to the SCIB or its interests in the SCIB traditional territory and at the provincial and national level.
6. Chairs community meetings and the SCIB Annual General Meeting, as required.
7. Participates on regional committees as requested or required.
8. Represents and is a **spokesperson** for the Band at NSTC and NSTQ.
9. Participates in provincial and national meetings as required or as directed by Council.
10. Acts as the designated representative of the Band in emergency situations.
11. Maintains appropriate liaison with civic and regional governing bodies.
12. Maintains good relations with the general public.

The duties listed are provided as examples of area of responsibility and are not intended to create limits to responsibility but to help understand the scope of the position.

Qualifications

Education:

- Successful completion of a diploma, certificate or degree is recommended.

Competencies:

The Chief should demonstrate competence in some or all of the following:

- Accountability – holds self accountable for achieving goals and personal development; delivers on commitments
- Communicating information – creates an environment where open, honest communication is valued and develops strong, cooperative relationships
- Quality – sets and attains quality standards that meet or exceed requirements of the position
- Planning & Organizing – plans and organizes time effectively to meet goals and timetables, visualizing needs for the future
- Adaptability – accepts change and provides guidance in implementing change after gaining full understanding of all factors impacting the decision
- Initiative - takes the initiative to identify new challenges or opportunities
- Critical Thinking – Is able to consider issues and points of view in a critical and analytical manner

Skills and Abilities:

- Must have strong organizational and communication skills
- Ability to self-regulate, work independently and as part of a team, meet deadlines, have attention to detail

- Proficiency in the use of computer programs for word processing, databases, spreadsheets, email and the internet, to the intermediate level (capable of using a large number of functions and feel confident using the program)
- Ability to analyse complex information in a time sensitive fashion

Working Conditions

- Some travel will be required;
- Weekend and evening work may be required

Conditions of Employment

- Must be able to obtain and maintain a Criminal Records Check
- Must possess and maintain a valid BC Driver's Licence
- Must have reliable transportation in the form of a vehicle in good operating condition and appropriate vehicle insurance to meet requirements

Directly Supervises

- Band Administrator

Community Events

Event	Date & Time	Where	Description
Mental Health Clinician	December 11 & 18 10:00-2:00	Health Station	Call Maxine at 250-989-2355 to book an appointment
Nurse Practitioner	December 4, 11 & 18 10:00-3:00	Health Station	Call Maxine at 250-989-2355 to book an appointment
HCC Travel	December 6 & 20		Please contact Edith at 250-989-2355
Soda Creek Christmas Celebration	December 6 5:00-9:00 pm	Soda Creek Gym	Call Maxine at 250-989-2355 to RSVP, for children's gift and if you need a ride
Community Meeting— Salvage Logging`	December 7 5:00-8:00 pm	Soda Creek Gym	Please contact Sally or Kate at 250-989-2323 for questions
Elder's Knowledge Journey	December 8 8:30-4:00 pm	Soda Creek Gym	Call Maxine if you need a ride and to sign up by December 6 at 4:00 pm
Dietician	December 11 12:00-1:00 pm	Health Station	Please contact Kayla at 250-398-9814, Three Corners for questions
Nomination Meeting	December 11, 2017 5:00-8:00 pm	Soda Creek Gym	
Elders Christmas Luncheon	December 12 11:00-3:00 pm	Soda Creek Gym	Call Maxine at 250-989-2355 if you need a ride
SCIB Travel	December 13		Call Rae-Lyn at 250-989-2355 if you have an appointment
Dental Therapist	Dec 13 9:30-3:00 pm Dec14 9:30-12:00 pm	Health Station	Call Maxine at 250-989-2355 to book an appointment
Hamper Day	December 18	Soda Creek Gym	Can pick up hampers from 1:00-3:00 pm
Physiotherapy	December 18 8:45-4:15 pm	Three Corners Health Society	Call Heather Camille at 250-398-9814 to book an appointment
Mental Health Clinician	January 8, 15, 22 & 29 10:00-2:00	Health Station	Call Maxine at 250-989-2355 to book an appointment
Nurse Practitioner	January 8, 15 & 29 10:00-3:00	Health Station	Call Maxine at 250-989-2355 to book an appointment
ADP Luncheon	January 9 & 23	Health Station	
SCIB Travel	January 10 & 24		Please contact Rae-Lyn at 250-989-2355
PAL Course	January 13 9:00-5:00 pm	Soda Creek Gym	Need to be registered by December 8th at 4:00 pm. Call Maxine at 250-989-2355 to register
HCC Travel	January 17 & 31		Please contact Edith at 250-989-2355
Dental Therapist	January 17 10:00-3:00 pm January 18 9:30-3:00 pm	Health Station	Call Maxine at 250-989-2355 to book an appointment
Election Day	January 22 5:00-8:00 pm	Soda Creek Gym	