



Fraser River Run

MONTHLY NEWSLETTER OF THE SODA CREEK

INSIDE THIS ISSUE:

Staff Reports	2-5
Halloween Activity Pages	6-8
Recipe	9
Events	10-16
Articles	17-21
Employment/Training Opportunities	22-27
Community Events	28



Sticky fingers
Tired feet;
One last house,
"Trick or Treat!"
- Rusty Fischer

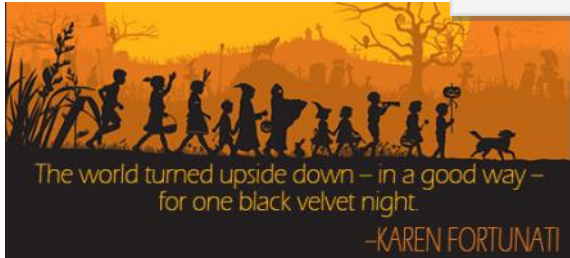


HAPPY
HALLOWEEN

TO REALLY FEEL A FOREST CANOPY
WE MUST USE DIFFERENT SENSES,
AND OFTEN THE MOST USEFUL ONE
IS THE SENSE OF
IMAGINATION.

Joan Malcoof

Soda Creek Indian Band Office will be closed for Monday, October 14, 2019 for Thanksgiving Day Statutory Holiday.



Corn Picking Day

Was on September 10, 2019 down at Soda Creek Corn fields. There were a few staff to help pick corn for Elders, and even Joan Rankin came to help pick corn. Gratitude for all the help!

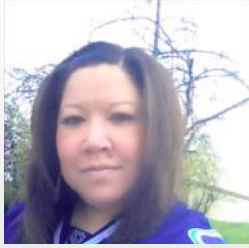


HALLOWEEN

FUN FACTS

A FULL MOON IS VERY UNCOMMON ON HALLOWEEN. IT IS COMMON TO SEE HALLOWEEN DECORATIONS WITH WITCHES FLYING ACROSS THE FULL MOON BUT, THE NEXT FULL MOON ON HALLOWEEN WON'T OCCUR UNTIL 2020.

**Social Development
Coordinator**



Jennifer Stinson

Hi everyone, summer is over and the kids are back in school. This summer went by so fast ☹️.

Interviews will be brief and will consist of:

- Filling out our Monthly Renewal Forms (Mandatory) (just too, also touch base of any changes as well).
- Also don't forget to bring in your Current bills for the month, so they can be paid on time.

Pre-Employment Program:

The participants that are part of this program will be going to Spring Lake for a four day Cultural Campout with Sage and CCATEC, this month. They will be participating in a variety of team building experiences, and doing some Cultural Activities as well.

If you have any questions, please do not hesitate to call me @ (250) 989-2323 Ext. 102 or email me at socdev@xatsull.com. And I will try to get back to you as soon as possible.

I will be having **Interview Week** for this month:

Mon.	October 7th	9am – 4 pm
Tues.	October 8 th	9am – 4 pm
Wed.	October 9th	9am – 4 pm
Thurs	October 10 th	9am – 4pm
Fri.	October 11 th	9am – 4 pm

Important Dates in October:

- 9th SA Mid-Month
- 14h Bills are DUE to ensure they are paid on time (You can also email your bills too).
- 7th-11th Interview Week (mandatory to also fill out your Monthly Renewal form, or cheques will be delayed if not done so during this week.)
- 23rd SA Day
- 15th-18th Pre-Employment Program Campout @ Spring Lake
- 21st-22nd Pre-Employment Program @ 10 am at the Deep Creek Gym

**Natural Resource
Coordinator**



Edna Boston

Weykt

This month has been busy. We were fortunate enough to get some salmon

for the Elders. We (Mike Stinson, Bruce Baptiste, Crystal William, Boyd and Jessica from the firelight group) cleaned, filleted and vacuum sealed the salmon for the Elders. Definitely a team effort. Thank you all who assisted in making this happen. We are hoping to get more salmon by Sept 22nd.

We have had RISC (Archeology Training) September 16 -20.

Firelight was here, September 16 -20 and Sept 23 – 27th to do interviews

and we had focus groups.

Welcome to the team, Mike Stinson. He has been hired as the new Referrals Worker.

We have not set a date for the Elders Meeting as of yet. I am hoping that we can get one set for the end of the month.

If anyone has any questions, please feel free to stop by the office.

Kukstemc

October 2019

Social Development Department



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 Interview Wk 9am-4pm	8 Interview Wk 9am-4pm	9 Mid- Month Interview Wk 9am-4pm	10 Interview Wk 9am-4pm	11 Interview Wk 9am-4pm	12
13	14 Thanksgiving	15 Pre- Employment Campout @ Spring Lake	16 Pre- Employment Campout @ Spring Lake	17 Pre- Employment Campout @ Spring Lake	18 Pre- Employment Campout @ Spring Lake	19
20	21 Pre- Employment @ 10am/gym	22 Pre- Employment @ 10 am/gym	23 S.A. Day	24	25	26
27	28	29	30	31 Halloween		

Mid Month
Oct. 9th

INTERVIEW WEEK
Oct. 7th-11th from
9am to 4 pm. (fill
out the monthly
Renewal form &
bring in bills)

Pre-Employment
Program
Campout
Oct. 15th - 18th

Oct 23rd is SA Day

October 31st
Halloween

Soda Creek Indian Band Head-start Newsletter:



We are open from 8:00 AM to 4:45 PM daily Monday to Friday.

We have 3 seats available in our Head-start program.

Subsidy applications available upon request.

Please call Ang at ext. 127 if you have any questions.



We have been to Scout Island and Kiwanis Park every Tuesday & Thursday for September to join the WCS playgroup.

We have a couple of fun field trips left for September:

26- Total pet store

30 – Orange shirt day at Boitanio Park.

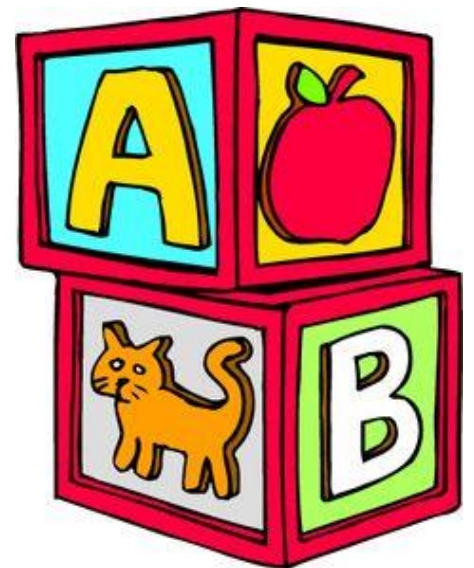
Children learn about the world around them through play.

SCIB Head Start Staff:

Andrea Jones – ECE & IT for 28 years. From the Lil'wat Nation (Mount Currie).



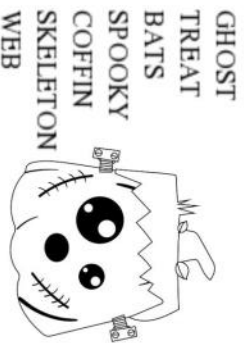
Donna Narcisse – ECE since 1988



HALLOWEEN WORD SEARCH

Find all the words!

L S K H L C H U K X P T U H C B T L A T
 K C I R T Y U B I T F E K N I F F O C D
 T A I M D A F L A U Y I E E D E T Q A W
 R R Z N K U C A X T E K R S J Y O V Q B
 Z E A V P X Y C V C S I P Q R E Z F R E
 A C D D Q Y Z U K Y R P O F P O H K R O W
 B R Z R P D I K M M O L C P S Z C F P I
 H O F G Z A X H A K C H U J N V I H X T
 M W R T C Y K V Y F M D W Y I U T K A C
 S D W E W E L M W Q M O U S S K T S Q J H
 J E X K D V X B E G W D O F P C M G U Z
 A F F I V I R U R M U M N H M O O L W Q
 Z Z H E B X P Q E P V T G M U S O V K R
 I K N N F W D S W L G F F W P T R Q R C
 W F G W E G D M O O W X A C A U B Z H X
 P Z F G L H S D L L T R T E N M K N D G
 F L F V O O O B F G T V R S C E L G I W
 S S G F K S Q X I S H T U B X C J G Y U
 H B I N O T E L E K S B M S W S U B S R
 B G C A M D J T R S C Y K Q R W U E I B



GHOST
TREAT
BATS
SPOOKY
COFFIN
SKELETON
WEB



TRICK
COSTUME
PUMPKINS
BROOMSTICK
BLACK
SCARECROW
WEREWOLF



CANDY
VAMPIRE
STRAW
WITCH
CAT
SPIDER

ThriftyMommasTips.com

			8						
4				1	5			3	
	2	9		4			5	1	8
		4					1	2	
			6		2				
	3	2						9	
6	9	3		5			8	7	
	5		4	8					1
						3			

HALLOWEEN

FUN FACTS

THE FIRST JACK O'LANTERNS WERE ACTUALLY MADE FROM TURNIPS

6	5	2	3	9	7	4	8	1
1	9	3	6	8	4	7	5	2
4	7	8	1	5	2	3	6	9
5	6	9	4	7	1	2	3	8
3	8	4	2	6	9	1	7	5
7	2	1	8	3	5	9	4	6
8	1	5	9	4	3	6	2	7
2	3	7	5	1	6	8	9	4
9	4	6	7	2	8	5	1	3

Halloween Word Scramble

Unscramble the Halloween words and write the letters in the boxes. Use the letters in the shaded boxes to form a new word that answers the riddle.

OYPKSO

LABKC

OLSETENK

NTHAEDU EUHOS

ATHPNOM

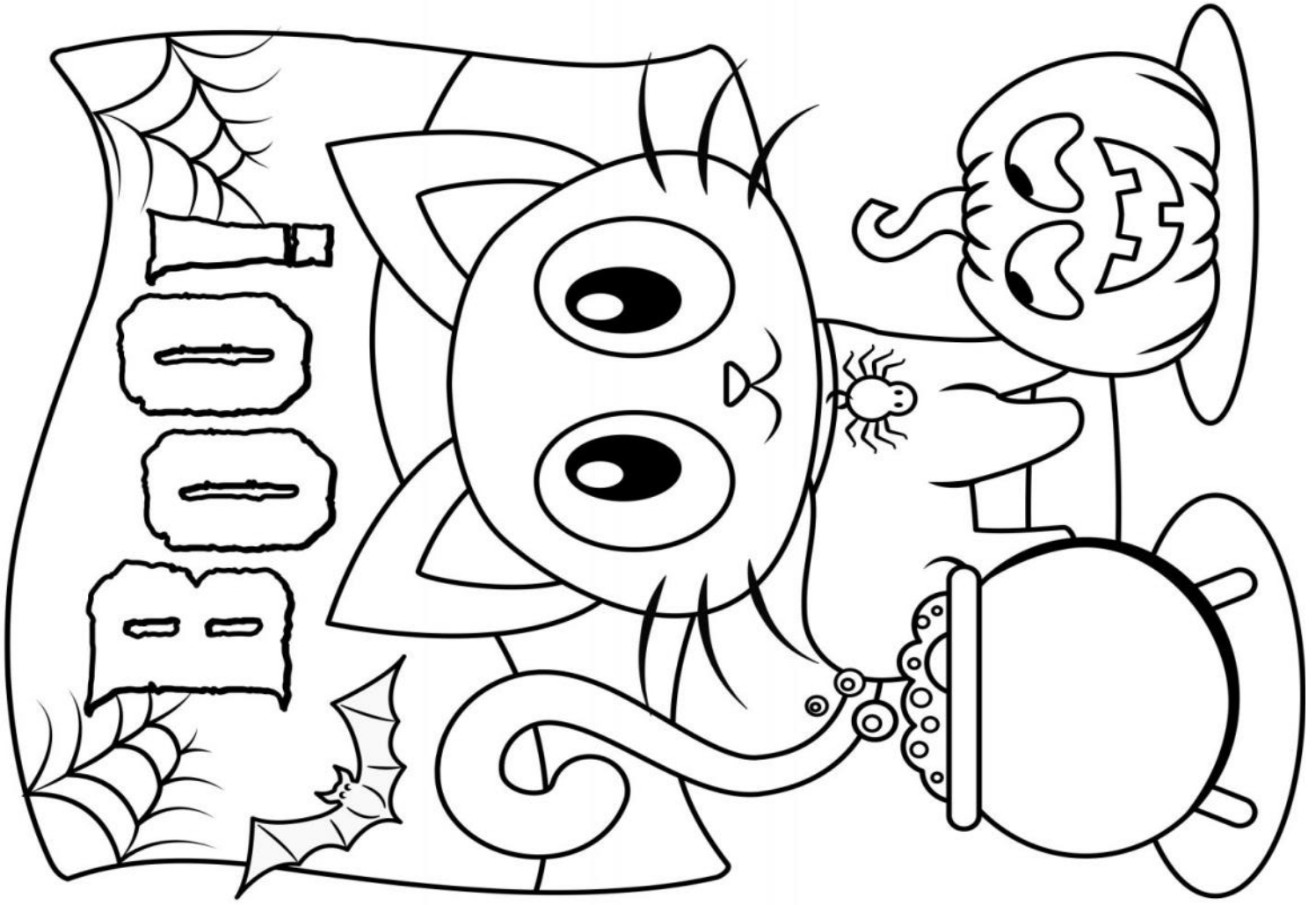
RIMG EPERAR

AUONDLCR



Q. What is a witch's favorite food?

© 2014 puzzles-to-print.com





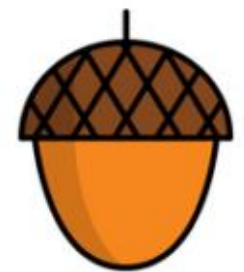
Our Fall Bucket List



- Go to a pumpkin patch
- Go apple picking
- Have a picnic outside



- Plan a movie night
- Host a game night with friends
- Bake an apple pie
- Plan our Halloween Costumes



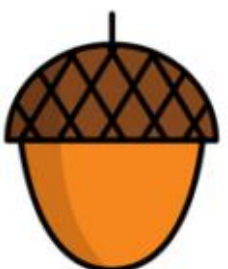
- Go on a hay ride
- Get lost in a corn maze



- Attend a Fall festival
- Make colorful leaf art
- Go for a hike



- Make a pinecone bird feeder
- Carve a pumpkin



Monster Cookies

“Monster cookies, the kitchen-sink of cookies, with M&Ms, chocolate chips, peanut butter, nuts, and toffee bits. There is a kids version and adult version.”



Prep time: 1 h 20 m **Cook:** 20 m **Makes:** 3 dozen

Ingredients

Peanut Butter cookie ingredients:

- 1/2 cup unsalted butter, room temperature
- 1/2 cup of creamy peanut butter
- 3/4 cup granulated sugar
- 3/4 cup of packed brown sugar
- 2 eggs, room temperature
- 1 tsp vanilla extract
- 1 tsp baking soda
- 1 tsp salt
- 2 1/4 cups all-purpose flour

Regular monster cookies ingredients:

- 1 cup unsalted butter, room temperature
- 3/4 cup of granulated sugar
- 3/4 cup packed brown sugar
- 2 eggs, room temperature
- 1 tsp vanilla extract
- 1 tsp baking soda
- 1 tsp salt
- 2 1/4 cups all-purpose flour

Kids Monster Cookies Mix-Ins for Whole Batch:

- 1/2 cup of butterscotch chips
- 1 1/4 cups M&Ms
- 1 cup of chocolate chips

Adult Monster Cookies Mix-ins for Whole Batch

- 1/2 cup of chopped pecans
- 1 cup chocolate chips (dark chocolate preferable)
- 1 cup chopped Heath bar bits

Method

1. Preheat oven to 375*: Beat the butter and peanut butter until light and fluffy. Add the sugars and beat at medium speed until well incorporated and fluffy.
2. Add the eggs and vanilla and beat for about 2 minutes on medium speed.
3. Add the baking soda and beat for 30 seconds. Be sure to scrape down the sides and bottom to ensure all the butter is well incorporated.
4. Add the flour and salt, a bit at a time until incorporated but do not overmix.
5. Fold in the mix-ins for either the kid version or the adult version. OR split the dough in half and cut the mix-in ingredient measurements in half, for half adult cookies and half kid cookies.
6. Line a baking sheet with parchment paper and scoop on rounded spoonful's of dough for 10-12 minutes or until lightly golden brown. Be sure to let them cool on the baking sheet before you move them.

Basic Cooking Tips You Should Know ~ www.theeverygirl.com

Store spices in the right location

To prolong the life of your spices, keep them in a cool, dark place. Don't store them on top of the stove, as heat and humidity can altar their flavour.

Shut the stove off before eggs are done

The trick to great eggs is to not overcook them! Whether you scramble, fry, or poach, always turn off the stove a few minutes before the eggs look done -- even when they seem a bit runny. The remainder of the heat will cook them to fluffy perfection.

Mental Health & Addictions Counselor



RN, MSN, CPMHN (C)

Are you having a hard time with

- Stress
- Anxiety
- Depression
- Anger
- Alcohol, drugs

If you said **YES** to any of the above, come and see me... I have over 35 years of experience in the mental health field. I believe in kind, compassionate care.

To book an appointment with Neleena, please call Maxine Sellars, Health Administrative Assistant at Soda Creek Health Station, **250.989.2355**

October 2, 2019
October 9, 2019
October 16, 2019
October 23, 2019
October 30, 2019

11:00-3:00 pm

SODA CREEK
HEALTH STATION

Canoe Creek Health Centre 250-459-7749
 Dog Creek Health Centre 250-440-5822
 Soda Creek Health Centre 250-989-2355
 Sugarcane Health Centre 250-296-3532
 Three Corners Health Services 250-398-9814



Nurse Practitioner



SODA CREEK HEALTH STATION

October 7, 2019
October 21, 2019
October 28, 2019

10:00-3:00 pm

Catherine can diagnose and treat illnesses & infections, write prescriptions, fill out medical forms, manage chronic conditions, annual health screening, STI screening & diagnosis, plus much more! She would be delighted to see any community members without a family physician!

To book an appointment with Catherine, please call **Maxine Sellars**, Health Administrative Assistant at Soda Creek Health Station : **250-989-2355**

If you have any questions or concerns, please talk with your Community Health Nurse at your Health Centre or Three Corners

Kristine Jensen, RN & Stacey Isaac, RN
 Canoe Creek Health Centre 250-459-7749
 Dog Creek Health Centre 250-440-5822
 Soda Creek Health Centre 250-989-2355
 Sugarcane Health Centre 250-296-3532
 Three Corners Health Services 250-398-9814



Dental Therapist

Tues, Oct 29th, 2019
10am-3pm

Health Station

Cleanings, fillings, extraction, check ups, and a range of preventative services

Please contact Maxine at 250-989-2355 to book an appointment

Foot Reflexology

Creates relaxation

Decreases anxiety

Enhances sleep quality

Improves blood flow

Improves concentration

Tuesday, October 8, 2019

12-4 PM

Tuesday, October 22, 2019

12-4 PM

Soda Creek Health Station



To book an appointment call Maxine @ Soda Creek Health Station 250-989-2355



Ashley Camille
River Reflexology

Community Hunting Camp



October 4-6, 2019
Spanish Mountain
Gold Camp

Join us for a three day hunting camp. All food is provided. Cabins are available and bedding is provided. All you need to bring is clothing, personal hygiene items and extra bedding if needed. Register today! Call Janae or Maxine at 250-989-2355.

Sign up by October 1st, 2019.



Soda Creek Indian Band, 3405 Mountain House Road, Williams Lake, BC V2G-5L5

PHYSIOTHERAPY SERVICES

If you suffer from pain, you may benefit from meeting with the physiotherapist. Here are a few things that physio can help with:



Physiotherapist
Tyler Judd

- Chronic Pain
- Balance and Dizziness
- Overuse Injuries
- Joint Replacement
- Arthritis
- Sports Injuries
- Whiplash
- Tendonitis
- Broken Bones
- Falls Prevention
- Concussions
- Osteoporosis
- Lower Back Pain
- Strengthening

September 2019

Soda Creek— September 3—8:45am—11:00pm

Sugar Cane—September 3 —12:00pm—4:15pm

Dog Creek—September 4—10:00am—3:00pm



October 2019

Soda Creek—October 1 & 29—8:45am—12:00pm

Sugar Cane—October 1 & 29—1:00pm—4:15pm

Canoe Creek—October 2 —10:00am—3:00pm

Dog Creek—October 30—10:00 am —3:00pm



Contact community Health Station to book appointments

Soda Creek Health Centre
250-989-2355
Sugar Cane Health Centre
250-296-3532

Three Corners Health Services Society
PH: 250-398-9814
FX: 250-398-9824

Canoe Creek Health Centre
250-459-7749
Dog Creek Health Centre
250-440-5822

Spooktacular HALLOWEEN Party

COME IN, ENJOY THE SPOOKIEST NIGHT OF
THE YEAR. TO EAT. PLAY. AND BE SCARY

- GOODY BAGS
- DINNER
- COSTUME PARTY
- GAMES
- FIREWORKS

THURSDAY
OCT 24
2019

SODA CREEK GYM 5-8PM

PRIZES FOR BEST DRESSED



Economic Development

Do you have ideas for community economic development or improvements to existing operations?

Small Business Development

Do you dream of owning and operating your own business?

Do you need assistance with market research?

Need a business plan?

Do you want to know how to market your product or service?

Employment and Training Services

Do you need assistance with:

⇒ Developing or Updating your Resume

⇒ Cover Letter Development

⇒ Developing Great Interview Skills

⇒ Job Search and Job Maintenance

⇒ Submitting Employment Applications

Please free to stop by and meet with me in regards to your return to work action plan or entering the labour market for the first time.

These services are available at the Band Office:

Cheryl Chapman

Economic Development & Employment

Email: employment@xatsull.com or (250) 989-2323 Ext: 132



CARIBOO NATION DONATION



Donate your new or gently used winter coats, scarves & gloves. Help friends & family stay warm this winter.

Drop items off starting September until October 4th at either 253 4th Ave N (TNG) or 301-383 Oliver St. (Punky Lk Society) Williams Lake, BC

For more information contact:

Tsilhqot'in National Government- Jenny Philbrick @ 250-398-3918

Williams Lake Indian Band- Shawna Philbrick @ 250-296-3507 Ext 135

Punky Lake Wilderness- Ann Guichon @ 778-412-9536

Soda Creek Health Station Events Calendar

Call 250-989-2355 for Appointments
 Medical travel rides must be booked on Monday
 For Wednesday's Travel

October 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<i>1</i> ADP Luncheon Physiotherapy 9:00-12:00pm	<i>2</i> SCIB Travel Mental Health & Addictions Counsellor 11-3pm	<i>3</i>	<i>4</i> Community Hunting Camp Likely Spanish Mountain Gold Integrative Healing 8:30-3:30p m Yoga 12-1pm	<i>5</i> Community Hunting Camp Likely Spanish Mountain Gold
<i>6</i> Community Hunting Camp Likely Spanish Mountain Gold	<i>7</i> Nurse Practitioner 10-3pm	<i>8</i> Reflexology 12-4pm	<i>9</i> HCC Travel Mental Health & Addictions Counsellor 11-3pm	<i>10</i>	<i>11</i> Integrative Healing 8:30-3:30p m Yoga 12-1pm	<i>12</i>
<i>13</i>	<i>14</i> Thanksgiving Day Statutory Holiday Office closed	<i>15</i> ADP Luncheon	<i>16</i> SCIB Travel Mental Health & Addictions Counsellor 11-3pm	<i>17</i>	<i>18</i> Integrative Healing 8:30-3:30p m Yoga 12-1pm	<i>19</i>
<i>20</i>	<i>21</i> Nurse Practitioner 10-3pm	<i>22</i> Reflexology 12-4pm	<i>23</i> HCC Travel Mental Health & Addictions Counsellor 11-3pm	<i>24</i> Spooktacular Halloween Party 5-8pm Gym	<i>25</i> Integrative Healing 8:30-3:30p m Yoga 12-1pm	<i>26</i>
<i>27</i>	<i>28</i> Nurse Practitioner 10-3pm	<i>29</i> ADP Luncheon Physiotherapy 9:00-12:00pm Dental Therapist 10-3pm	<i>30</i> SCIB Travel Mental Health & Addictions Counsellor 11-3pm	<i>31</i>		

**Princess & Tiny Tot
Princess Payant**



Lethal Tournament

50/50's & Raffles

Xat'sūll Save-the-Salmon Traditional Gathering October 18th, 19th & 20th 2019

Info Booths

Games

Xat'sūll Gymnasium, Deep Creek, BC

Warm

up 7pm Friday

Grand Entries: Saturday 12pm & 7pm, Sunday 11am

Feast: Dinner Break Saturday

**MC: Mike Retasket
Whipman: Autrey Bell
Host Drum: Taleomi**

Arena Director: Melem'st'ya (Everet Whyte)

Co-Host Drum: Northern TribeZ

List of Sponsors will be added once they are confirmed...

Aboriginal Affects Consulting

Cariboo Regional District Area D

Cariboo Regional District Area F

Soda Creek Cultural Programs

Soda Creek Health Department

Taseko>Gibraltar

Please respect this is an alcohol & drug free event to honour our salmon, our families & our environment.



**Soda Creek Indian Band
3405 Mountain House Road,
Williams Lake, BC V2G 5L5**

**Cheryl Chapman, Economic Development & Employment
Email: ecdev@xatsull.com
Phone: 250-989-2323 ext. 132**

2nd Annual Deep Creek Ball Hockey Tournament

October 25th – 27th 2019



Play On Rules 3-on-3 Plus Goalie 9 Player Roster Max

Entry Fee: Men's Division - \$300 Women's Division - \$200 Youth - \$10/Player



Concession Raffles 100% Payout Contact Kelly for Entry: (250) 305-7132

3405 Mountain House Road, Williams Lake, BC V2G 5L5

JORDIN THEO TOOTOO & FLEURY

OCTOBER 17TH -- GIBRALTAR ROOM



DINNER

INSPIRATIONAL STORIES

FIRESIDE CHAT

PHOTOS

AUTOGRAPHS



EXCLUSIVE TO TEXELG, XATSULL
& STWECEM'G XGAT'EM MEMBERS



Begins at 5pm. Alcohol & drug free event. MUST pre register as seats are limited!

CALL SASHA AT THREE CORNERS HEALTH SERVICES TO REGISTER 250-398-9814



First Nations Health Authority
Health through wellness

YOUR NEW HEALTH BENEFITS PLAN IS HERE

Dental, Vision Care, and Medical Supplies & Equipment



The First Nations Health Authority has partnered with Pacific Blue Cross to administer your Dental, Vision and Medical Supplies & Equipment (MS&E) benefits right here in BC.

The new system is faster, easier to use, and you don't need as many pre-approvals to access services. Based on Community feedback, the FNHA has also expanded coverage for many preventive health services and special needs.



DENTAL

- More coverage for preventive services
- 2 exams and 2 cleanings per year
- Night guards eligible
- White fillings eligible
- New set of dentures every 5 years
- Higher coverage for crowns
- Bridges, veneers, inlays, and onlays eligible
- Separate coverage for dental accidents

VISION CARE

- No pre-approvals needed for eye exams and standard eyewear
- For clients 19 and older:*
- \$100 every two calendar years for eye exams
 - \$275 every two calendar years for standard eyewear
 - \$415 for high-index lenses
- Children and youth under 19 receive annual coverage
- There is also a process to support clients with complex needs

MEDICAL SUPPLIES & EQUIPMENT

- Fewer pre-approvals required
- Streamlined process for pre-approvals
- Faster claims processing
- Faster reimbursement if you pay out of pocket

LEARN MORE AT: WWW.FNHA.CA/BENEFITS OR CALL 1.855.550.5454



Download the app at pac.bluecross.ca/mobile



Claim online at pac.bluecross.ca/member

The FNHA also provides other benefits including medical transportation and mental health support. Most drug benefits continue to be covered through BC PharmaCare Plan W. Contact Health Benefits at 1.855.550.5454 if you are not yet enrolled in Plan W.

09/19

The Family Connections Program

Services Provided

- Cribs for Kids Safety Program
- Baby's First Year Program for 6 months to 1+ years
- Short term and long term support as identified by client's plan
- Regular visits to support families - visits occur where the family is most comfortable
- Assists family as they move from one life stage to another
- One-to-one individual support
- Assist each person to recognize their strengths and inner resources
- Empower families to make positive changes and respect each family's ability to decide what is best for their family
- Will advocate for and connect families with appropriate referrals



Mary Harry



Barb Wycotte



Three Corners Health Services Society

Three Corners Health Services Society

Tel: 250-398-9814

Email: mharry@threecornershealth.org

bwycotte@threecornershealth.org

BIG BAR LANDSLIDE UPDATE

SEPTEMBER 16, 2019



Incident Webpage



BC River Forecast

- With seasonal changes and shorter operational periods over the coming weeks the focus is currently forward planning while maintaining operations. Sockeye, Chinook, Pink and Coho salmon continue to achieve natural passage through the slide site. A contingency plan outlining Pink salmon transport triggers is currently in place, should it be required.
- Yesterday, rock scalers made good progress on both the east and west river banks. They continue to work on rock manipulation on the west bank as well as ensuring site safety by removing loose debris on both banks. Rock scaling operations will continue today, pending weather conditions and responder safety.
- Throughout the incident, drone footage has been collected. The bird's eye view helps the Environmental Unit monitor fish passage channels. Extensive drone footage will be collected over the coming days to help support forward planning.
- Going forward, these operational updates will no longer be provided on a daily basis. Instead, updates will be issued every second day.



Rock scalers work at the bottom of the west canyon wall and manipulate rock at river level to maximize successful passage of salmon.



Mike Hawkshaw, Program Head for the Fraser Sockeye and Pink Analytic Program, narrates a drone footage compilation of the Big Bar Landslide. Watch the video here: [Big Bar Landslide, Drone Overview July 26 – September 12](#)

Video edited by [Trevor Mack](#), an award-winning Tsilhqot'in nation filmmaker from the interior of British Columbia, Canada.

FISH SWIMMING PAST THE LANDSLIDE (estimated)

Latest daily total: 5,600

Total to date: 187,000



Canada

Do you qualify for this kind of help?

You may be eligible for these services if:

- o you don't already have a lawyer working with you on your child protection issue;
- o your income and assets fall under the limits; and
- o you are a parent, guardian, or other person in the place of a parent.

Call the Legal Services Society Call Centre to find out if there's a Parents Legal Centre near you and if you qualify:

604-408-2172 (Greater Vancouver)
1-866-577-2525 (elsewhere in BC)

Or visit your local legal aid office.

Find office addresses and hours at legalaid.bc.ca
(click Legal Aid >> Legal aid locations)



legalaid.bc.ca

aboriginal.legalaid.bc.ca

Parents Legal Centre



Has a social worker contacted you about your children?

You have the right to legal advice.

A service provided by the Legal Services Society



If a social worker from the ministry or a delegated Aboriginal agency contacts you or visits your home, you may be under investigation.

Call now to find out if you qualify for a free lawyer and advocate through the Parents Legal Centre.

What is the Parents Legal Centre?

The Parents Legal Centre is a service provided by the Legal Services Society (Legal Aid BC).

This service is available anytime after you're first contacted by the ministry or a delegated Aboriginal agency.

How can the Parents Legal Centre help you?

You'll work with a lawyer and an advocate to help you address the social worker's concerns about your children's safety (child protection).

Together they can help you find solutions that work for you and your family.

The lawyer can:

- o give you legal advice about how to resolve child protection concerns as early as possible;
- o represent you during mediations, Family Case Conferences, and other meetings; and
- o represent you at court hearings (if you don't have to have a trial).

The advocate can:

- o provide information and support,
- o connect you with other services, such as counselling and housing; and
- o go with you to meetings and appointments.

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contact
YVONNE FUNK: 250 398-7137
OR 250-267-5552
EMAIL:
Wljobfair2019@gmail.com



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LINE COOK PROGRAM

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Training includes but is not limited to:

- Level 1 First Aid
- Food Safe Level 1
- WHMIS
- Customer Service
- Essential Skills
- Interpersonal/Communication Skills
- Job Search and Interview Skills
- Kitchen Operation and Terminology
- Making stocks and sauces
- Kitchen Stations and prepping food
- Portion Control
- Reading and Writing Prep lists
- Setting up and Maintaining the line

Training Agency: Thompson Rivers University
Training Dates: October 21, 2019 – January 17, 2020 (11 weeks)
Application Deadline: Monday October 7, 2019
Application Process: A completed “Participant Registration Form”
Pre-requisites: BC Grade 10 (or equivalent) required / Grade 12 preferred
Good physical health

Training is open to unemployed First Nations living in the Cariboo Chilcotin

- Tuition and books will be provided
- **Living supports MUST be confirmed**
- All other costs are the responsibility of each trainee
- Must be willing to seek and accept employment

See your Employment Coordinator to apply

or

*Contact Janine or Crystal at CCATEC
(250) 392-2510 or Fax (250) 392-2570*

Only those selected for training will be contacted

Pending on funding approval



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WILDERNESS SURVIVAL- OCT 23
BASIC VOLUNTEER SEARCH & RESCUE- OCT 24
STANDARD FIRST AID- OCT 27-28

Courses to be offered at Thompson Rivers
University- Williams Lake campus
For more information and to register, please
contact Christy at the NSTC Skills development
department.

Phone: 250-392-7361
Email: skillsdevelopment@nstq.org





Soda Creek Indian Band
3405 Mountain House Rd, Williams Lake, BC V2G 5L5
Phone: 250-989-2323 Fax: 250-989-2300

JOB OPPORTUNITY Natural Resources Manager

Job Summary:

The Natural Resources Manager contributes to the overall success of the Soda Creek (Xatsúll) Indian Band by coordinating the effective development, provision, and evaluation of natural resource programs in the community according to the organization's strategic direction. The Natural Resources Manager carries out the mandate to protect and implement Aboriginal Rights and Title, they do so by continually building capacity of the Natural Resource Department. The Natural Resource Department encompasses Stewardship, land use planning, referral management, and emergency & recovery planning.

Duties and Responsibilities

- Develops an annual operational plan and budgets for department, which incorporates goals and objectives for overall organization.
- Develops and maintains policies and procedures for Natural Resource Department.
- Negotiates and manages agreements with both the Province and Industry. (Often is the Xatsúll rep sitting on these agreement committees after they are negotiated).
- Sits on the NSTC Stewardship Forum, helps direct activities of the Stewardship Manager and provides ideas for strategic topics with Province.
- Holds community meetings for information sharing and for input.
- Attends Chief and Council on an as needed basis.
- Writes and manages grants that pursue funding for department projects.
- Liaises with Xatsúll Development Corporation to ensure that all natural resource related economic development opportunities can be pursued.
- Participates in review higher level natural resource projects within the Traditional Territory with in government to government working groups.
- Manages staff overseeing emergency planning and recovery activities.
- Hires and coordinates technical expertise for various development project (creates and maintains contracts).
- Works closely with the Treaty Department to ensure that the Natural Resource Department is incorporating Treaty needs.
- Other duties as assigned or required.

Qualifications:

- Knowledge of current resource management principles, practices, policies and procedures to consult with staff and various other governing bodies and agencies.
- Knowledge of Aboriginal Title and Rights and how they relate to Natural Resource Management.
- Knowledge of Secwepemc communities, or knowledge of Xatsúll is an asset.
- Experience in negotiations and staff management.
- Proficiency in the use of computer programs (eg. Microsoft Office).
- Knowledge of mapping systems (ie. ArcGIS) is an asset.

Conditions of Employment:

- Must have a valid Class 5 BC Drivers Licence.
- Must be physically able to meet fieldwork requirements (moderate hiking in remote site locations).
- Office hours 8:30am-4:30pm, Monday to Friday.

Please submit a cover letter and current resume with three references. Opened till filled.
execasst@xatsull.com



Soda Creek Indian Band
3405 Mountain House Road
Williams Lake, BC V2G 5L5
Phone: (250) 989-2323 Fax: (250) 989-2300

Employment Opportunity

Job Title: Education Coordinator

Job Summary:

The Education Coordinator is accountable for the successful operations of the Education program according to the organization's vision, objectives, and strategic direction. This position is responsible for the efficient operations of all elementary, secondary and post secondary education and is an advocate for education in the community. The After-School program also is the responsibility of this position, providing an educational after school program for children aged kindergarten to grade seven. Possessing excellent communication and management skills, the Education Coordinator builds effective working relationships with community groups, funding agencies and other external contacts, and has a clear, results oriented focus on community education development and implementation.

Education and Experience:

- Bachelor of Arts or Education Experience or a combination of both.
- Three to five years program management experience
- Experience supervising and managing staff as well as developing and managing budgets
- Experience working with First Nations organizations in the delivery of ISC Education programs

Skills and Abilities:

- Ability to work independently and build effective interpersonal relationships
- Understanding of legislation on Labour Code, Occupational Health and Safety, Privacy and Human Rights, as well as requirements for ISC
- Proficiency in the use of computer programs for word processing, databases, spreadsheets, email and the internet, to the intermediate level (capable of using a large number of functions and feel confident using the various programs)
- Recognizes and respects all cultural diversity and has a knowledge of Indigenous history, language, traditions, and culture

Type of Employment: 35 hours per week, subject to 90-day probation – full benefit package after completion of probationary period

Criteria: Must be able to provide proof of education (if required), have a valid driver's license, and a completed Criminal Records Check

Have a well-maintained vehicle and appropriate insurance.

Application Deadline: Required is your cover letter and resume by Open till filled

How to Apply: By mail to 3405 Mountain House Road, Williams Lake, BC V2G 5L5, **Attention Deanna Dormuth, Executive Assistant**, by fax to (250) 989-2300, or by email to execasst@xatsull.com. Include in the cover letter please state salary expectation and provide three work related references.



Soda Creek Indian Band
3405 Mountain House Rd, Williams Lake, BC V2G 5L5
Phone: 250-989-2323 Fax: 250-989-2300

JOB OPPORTUNITY

Lands Coordinator

Job Summary:

The Lands Coordinator is responsible for lands research supporting the Treaty process and the Natural Resource Department. This position will finish administering a land use plan and develop a process for dealing with projects on reserve and advising on matters concerning Xatsúll Territory. This person will be heavily involved with community when working toward recommendations on allocations of reserve lands to individuals.

Duties and Responsibilities:

- Researches and conducts interviews with Elders and Xatsúll community members to gather information on different land holdings on reserve.
- Documents information regarding land holdings, incremental Treaty lands, reserve lands, and the land base.
- Conducts community meetings for input in Land Management Plan.
- Utilizes information to create a Land Management Plan for Xatsúll.
- Uses information to help the Natural Resource and Treaty Departments negotiate with government and other stakeholders.
- Creates and maintains a database of all information gathered when researching and talking with community and different stakeholders.
- Develops Land Administration/Management processes, policies and procedures.
- Develops various maps on selected lands, including internal and external boundaries.
- Utilizing a GPS to map various internal boundaries/land claims, digitizes maps and creates database of useful maps.

Qualifications:

- A minimum of a Bachelor degree in environmental studies, resource management, or planning and/or at least 5 years' experience in related field.
- Knowledge of resource management, Provincial terrestrial management policies, Provincial tenuring system, protection management planning, and project management.
- Experience working with First Nation communities.
- Experience coordinating different viewpoints and facilitating multiple parties to come to resolution.
- Experience facilitating and working with First Nations and stakeholders or in multidisciplinary groups.
- Knowledge of the use and application of computer software such as MS Word, Excel, Access, Publisher, and Power Point.
- Familiarity with GIS software.

Conditions of Employment:

- Must have a valid Class 5 BC Drivers Licence.
- Must be physically able to meet fieldwork requirements (moderate hiking in remote site locations).
- Able to work non-standard hours of work as required.
- Office hours 8:30am-4:30pm, Monday to Friday.

Please submit a cover letter and current resume with three references by:

Open till filled to:

Deanna Dormuth, Executive Assistant Email: execasst@xatsull.com

Community Events

Event	Date & Time	Where	Description
Physiotherapy	October 1 & 29 9:00-12pm	Health Station	Call Maxine at 250-989-2355 to book an appointment
ADP Luncheon	October 1, 15 & 29 12-2pm	Health Boardroom	
SCIB Travel	October 2, 16 & 30		Call Rae-Lyn at 250-989-2355
Mental Health & Addictions Counsellor	October 2, 9, 16, 23 & 30	Health Station	Call Maxine at 250-989-2355 to book an appointment
Community Hunting Camp	October 4-6	Spanish Mountain Gold Camp, Likely	
Nurse Practitioner	October 7, 21 & 28	Health Station	Call Maxine at 250-989-2355 to book an appointment
Reflexology	October 8 & 22 12-4pm	Health Station	Call Maxine at 250-989-2355 to book an appointment
HCC Travel	October 9 & 23		Call Edith at 250-989-2355
Xat'süll Save the Salmon Gathering	October 18-20	Soda Creek Gym	
Spooktacular Halloween Party	October 24 5:00-9:00pm	Soda Creek Gym	
Second Annual Deep Creek Ball Hockey Tournament	October 25-27	Soda Creek Gym	Contact Kelly for entry, 250-305-7132

