OCTOBER 2016



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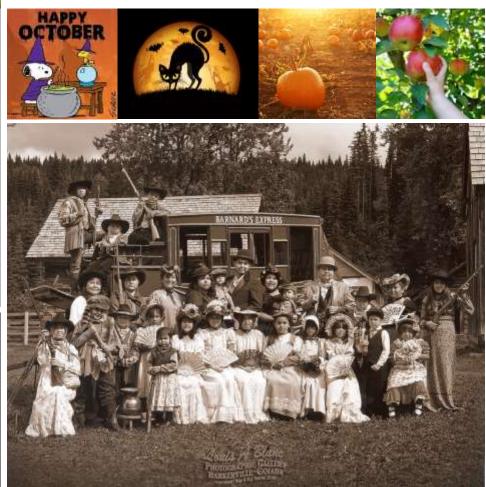
Xatśūll Heritage Village: 250-297-6502

The newsletter deadline is usually the 20th of each month, and delivered by the last day of the month. Submissions can be sent to the Health Station Reception by mail: 3405 Mountain House Road, WL BC V2G-5L5 or emailed to healthreceptionist@xatsull.com. Any questions about the newsletter you can call: Health Receptionist at 250-989-2355.

Fraser River Run

MONTHLY NEWSLETTER OF THE SODA CREEK INDIAN BAND





Top row: Jolene Sellars, Tyler Tweedy-Phillips & Sedona Bebamikawe <u>Middle row</u>: Andrea Gilbert, Janae Beaulieu, Alicia Gilbert, Dionne Phillips, Pup Peters, Wolf Peters, Jordanna Sellars, Nova Peters, Jarrett Mitchell, Linden Stinson, Crystal William & Marissa Sellars <u>Bottom row</u>: Angel Mitchell, Trey Stinson, Trent Mostad, Arianna Harry, Arora Mitchell, Devony Michel, Brenna Gilbert, Mya Draney, Anika Harry, Meghan Sellars, Bryanne Sellars, Landen Mostad & Felicity Sellars

Halloween, or Hallowe'en (a contraction of All Hallows' Evening), also known as Allhalloween, All Hallows' Eve, or All Saints' Eve, is a celebration observed in a number of countries on 31 October, the eve of the Western Christian feast of All Hallows' Day. It begins the three-day observance of Allhallowtide, the time in the liturgical year dedicated to remembering the dead, including saints (hallows), martyrs, and all the faithful departed.



Treaty Update

Cliff Thorstensen

Xatśūll Treaty Team

Join the Xatśūll Treaty Team in welcoming Betty Price as our new Treaty and Natural Resources Assistant. Betty is from the Williams Lake Band and most recently worked as an oncall receptionist at the Northern Shuswap Tribal Council. She will help a lot in keeping us all organized!

Also welcome Bob Moraes as the new Treaty Negotiator for NStQ. Bob is an experienced negotiator and hails from Lax Kw'alaams near Prince Rupert. He has already attended the NStQ Leadership Council meeting at NSTC, the Chief Negotiators forum at Tsleil-Waututh and a planning session with the entire NStQ Treaty Team at Lac la Hache. We hope to bring him to meet Xatśūll staff and community members sometime soon.

At the Treaty Table, we are <u>still</u> waiting for Canada and BC to get their official mandate to begin Stage 5, Final Agreement negotiations. In the meantime, most of our face-to-face time with them at the table has been over ITA (Incremental Treaty Agreement) Lands. ITA Lands are lands that BC has agreed to transfer to each of the four NStQ Bands now that we have entered

Stage 5 negotiations. Xatśūll and the other Bands will own these lands in fee simple (highest form of ownership under the BC *Land Title Act*). The lands to be transferred to Xatśūll immediately include 90 hectares at Blue Lake and 33 hectares at Whiskey Creek. Later transfers will include 33 hectares at Wildwood and 200 hectares near Durfeld Log Homes between Wildwood and Deep Creek. These ITA lands are an early benefit from the treaty negotiations and will belong to Xatśūll whether or not we sign a Final Agreement.

There has been a recent positive development in Canada's fiscal policy which determines how federal funds are transferred to First Nations to support governance and provide programs and services. The new federal liberal government has initiated a Collaborative Fiscal Policy Development Process with those First Nations who already have treaties or selfgovernment funding agreements (eg Nisga'a, Tsawwassen, Maa-Nulth, Tla'amin, Westbank, Sechelt and several Yukon First Nations). Among other things the CFPD table is looking at a funding formula aimed at closing the socio-economic gaps between First

Nations and the general community. Finally! (We have been pushing for that at the NStQ table for over a decade). NStQ has an opportunity to provide its input to the process at an upcoming meeting to be held sometime in October.

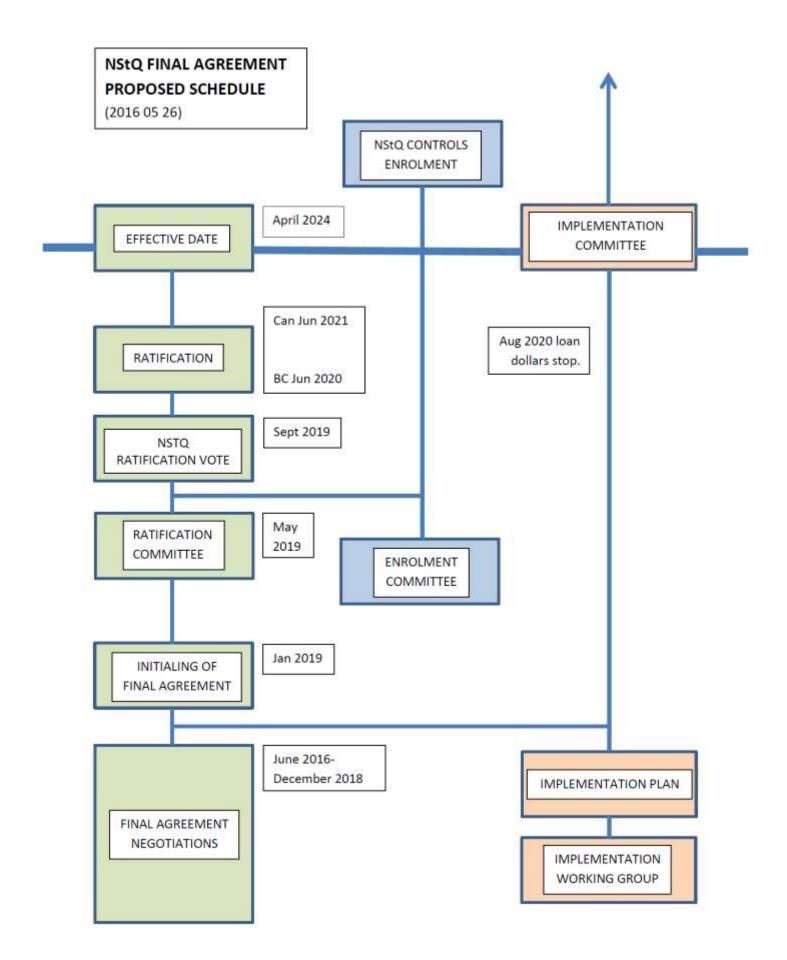
When we met with you Xatsull members before the AIP (Agreement in Principle) vote, we heard that you don't want to see "business as usual". You want us to work hard and fast to get to a respectable Final Agreement offer and we are pushing our NStQ colleagues to make that happen. There are some continuing frustrations, like the delay in Canada and BC getting their mandates, but there are some positive signs, too—a new NStQ Treaty Negotiator, a new federal fiscal funding policy and a renewed commitment within the NStQ Treaty Team to be as efficient and effective as possible in reaching a Final Agreement offer. For your information, our proposed negotiation timetable is attached to this report.

The Xatśūll Treaty Team will do our best to keep you informed over the coming months and to seek your input on the content of the Final Agreement.

Upcoming Events

Treaty Working Group Meeting

October 12 5:00-8:00 pm Soda Creek Community Hall



Health Coordinator/Children's & Families Band Representative

Georgina Mortensen

Health Coordinator

We have been orientating new staff, planning for upcoming events and community meetings to get feedback on these upcoming programing.

I will be setting up days to be out in community completing *Elder's Feasibility Study Surveys* within the next two weeks. A copy will be going as an insert into the newsletter. Please call for pick up, home visit or complete and return to health. This is vital information to give direction on whether or not an Elder's Care facility would be something the community visualizes as something to move towards.

I am currently working with Changing Direction to host a youth *sweat house build* this week on Friday. George Keener will be providing teachings around the meaning and building of the sweats.

I have had to postpone the *PAL course* as there was not enough signed up. We will possibly set it for November or December.

Family Hunting Camp

We had five community members, Cpl. Eric Chrona with FNRCMP, Natural Resource Manager and Health Coordinator were present at the planning meeting. We have already filled the accommodations for this camp with a total of 34 expected to attend October 20-22, 2016 at Spanish Mountain Gold camp in Likely. We discussed that their will be expectation of PAL's and ATV registrations be a must for those attending the camp as it is both legality and liability concern. No Cow Moose will be harvested during this camp by our participants.

Food will be provided during the camp. Breakfast, sandwiches and fruit lunches. Dinners will be provided. Participants will need to dress warm, bring their own fire arms and transportation, hunt with other community members or RCMP members More information will be sent out as we get closer to the date.

Head Start/ Day Care Coordinator -

Lynda Porter has three families utilizing our daycare (one full time and two part-time). The Head Start program has one family attending.

The staff will be working to provide some great fall programming. They are looking into planning for family nights again this fall once a month to promote both the program services to community.

Community Health and Wellness Counselor- Rae- Lyn Betts - Rae- Lyn has been hired for the Community Health and Wellness position and has slowly been working at getting settled in at Health. She has also been training a new Social Development employee so her training has been postponed. She has attend the Three Corner's Health Fair and met a lot of the service staff we work closely with.

We have also set a date for a community engagement meeting to gather feedback and programming ideas from members for October 18th, 2016 from 4:30-6:30pm. She has done medical travel and is currently working on contacting clients for pre-natal and other supports.

Health Receptionist – Maxine Sellars

 Provides assistance and planning for all the programming in and out of community over the last few months.
 Maxine also provided referrals to necessary staff.

Upcoming Dates

October 12	Community Consultative Group Meeting 5:00-7:00 pm
October 18	Community Engagement Meeting for Programing 4:30-6:30 pm
October 20-22	Family Hunting Camp - Spanish Mountain Gold camp





Community Health & Wellness Counsellor



Rae-Lyn Betts

The leaves are changing, the days are getting shorter and the evenings a bit chiller, summer is almost over and fall is here. I hope everyone had a great summer and were able to enjoy quality time with family and friends.

For those who don't know me I am Rae-Lyn the new Community Health and Wellness Counsellor for Soda



Creek. I have worked for the Band since November 2015 in Social Development Department and I am looking forward to meeting more community members in my new positon.

On October 18th there will be a meeting for the community members at the Health Building from 4:30-6:30 pm and dinner will be provided. This

Head Start & Day Care

meeting is for community members to give their suggestions on possible events, workshops, groups or classes they would like to see happen in the community. Please bring any suggestions with you to the meeting. Hope to see you all there!

Natasha Palmantier

Head Start will be starting our evening classes again this month I will do a call out when I find out the date. If you would like to join us on Tuesday, Wednesday or Thursday we have Head Start program from 10:00-2:00 pm. We still have room in the Daycare for children 6 months to school age. Feel free to drop by and pick up some information.





<u>Left:</u> Greyson Kaatz, Aurora Mitchell at Soda Creek Corn fields, picking corn.

Upcoming Events

Head Start Program Daycare Tuesdays, Wednesday or Thursdays 10:00-2:00 pm Monday-Friday, available spots



Natural Resource Update

Georgia Bock NR Manager Betty Price NR/Treaty Assistant



Special thanks to councillor Gary Sellars for the installation of two moose signs! They look great!

Spectra Energy:

Sepctra Energy has been in contact with the Natural Resource Department. Next year they will most likely be working on their pipeline in Deep Creek. There may be some preliminary work occurring in the fall (mainly finishing up environmental assessments). Please keep your eyes out for any notices.

Mount Polley Update:

In October, Mount Polley will be submitting their permit for Long-term water discharge. There will be a series of community meetings; we will update you when we know the dates.

After pressing for some longer-term sediment toxicity tests on Quesnel and Polley Lakes, Mount Polley has agreed to take and test these samples. We will hopefully know results in November.

In September, we had a meeting with Mount Polley and their consultants to go through their closure and reclamation plan. It was mainly and overview, there are some things that still need to be addressed, such as increasing soil coverage and providing us a list of culturally important species that will be planted. Conversations between the



mine, our consultants and us, will continue to occur.

Digitization Work

We are now digitizing old TUS information and maps in the Natural Resource Department. We have hired Inlailawatash to help guide us in this project and Ada Phillips has been hired to help assist them in this.

Forest Management Plan Summary

The Natural Resources Department recently collaborated with students from the University of British Columbia to create a draft Sustainable Forest Management Plan for parts of Xatśūll territory. In January 2016, the students met with community members and determined the following six objectives were most important to the community: protection of wildlife, the reduction of environmental impacts from timber harvest, the preservation of water resources, the rehabilitation of forest composition, limitation of the road network, and rejuvenation of forest health.

Two areas were focused on: the area around Tyee Lake/Beaver Valley Road, and around the Likely area.

Two Study Areas

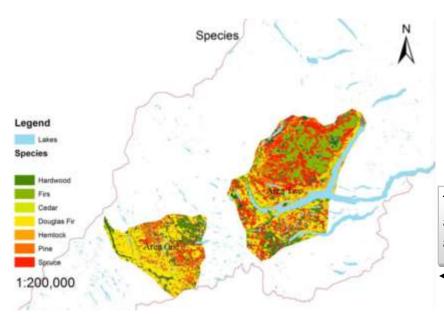
The project consisted of three scenarios where adaptive management can be implemented based on indicators such as time, the impact of forestry techniques, and habitat restoration. Each scenario took into account the objectives mentioned

above. The impacts of each set of indicators in each scenario provided us with a projection of how the land will look 360 years into the future without considering disturbances such as fire and insect outbreaks.

Scenario 1 is considered the base case scenario that mimics current practices based on the Forest Practices Act (FPA) and the Cariboo-Chilcotin Land Use Plan (CCLUP). This scenario analyzes the changes in harvest flow and standing timber.

Scenario 2 focused on rehabilitation with harvesting and optimizing the above objectives while still maintaining economic prosperity. This plan included the use of carbon credits in its model.

Scenario 3 is based on restoration that includes limited harvesting to restore the land to its original state. It also included carbon credits and harvesting to increase biodiversity. There is also a focus on maintaining old growth as much as possible.



Two areas were focused on: the area around Tyee Lake/Beaver Valley Road, and around the Likely area.

The results showed that scenarios 2 and 3 are the best models for a healthy future for the Xatśūll territory. Scenario 2 would be the best choice currently, as it would allow for economic prosperity and also limit harvesting to fully restore the area to its traditional state. The incorporation of these scenarios might not be imme-

diately feasible but we plan to continue working with UBC to further the development of this project and eventually have a workable Forest Management Plan.

There are copies of this draft Forest Management Plan in the Natural Resources Office, please feel free to drop by and sign out a copy!

New Staff Member

Also, we have a new staff member replacing Susan Aspinall as the new Referrals Coordinator. Kate Hewitt has come to us from Edmonton, Alberta. She has studied Geography and Anthropology, and has taken courses in GIS (geographical information system). Please come and introduce yourself!

FYI (For your information):

Tolko will be harvesting around the Tyee Lake area shortly – they will be conducting road maintenance this week and harvesting shortly afterwards. Please contact us if you have any concerns or questions.

A Goodbye from Susan Aspinall

As some of you may know, on Septem- and I will cherish these experiences for ber 15th, 2016 I return home to Costa Rica to start a new adventure. While I had a chance to say goodbye to many of you in person, for those I missed I would like to express my gratitude for the wonderful time I have spent in your community. My position as Xatśūll's Referrals Officer has allowed me to grow tremendously due both to the work and the relationships I have developed with community members. These last two years have allowed me to see the world through new eyes

the rest of my life. Thank you for allowing me to work for your community and for sharing your friendship with me. Thank you to all of Xatśūll's staff, they have been a great team to work with and have helped create an awesome work environment full of smiles and laughter. Finally, I would like to give a special thanks to Georgia Bock, Xatśūll's Natural Resources Manager. Without her leadership and friendship work would not have been the same. I know the Department is in good



hands. I will miss you all and look forward to seeing you in the future! Kukwstemc!

Education Coordinator

Cheryl Chapman

The school year is underway, and we due to weather conditions or unfo have supported our students to obtain seen circumstances. We will have school supplies and healthy lunches. healthy snacks and an activity agai

I am working with School District #27 on the implementation of the Truth and Reconciliation Curriculum, for grades 5, 10 and 11/12, also with the First Nations' Education Committee and the Spi7uy Squqluts Language & Culture Society to ensure that we have our cultural language keepers delivering the materials along with their truths; in a healthy and respectful environment.

The Children's Summer Program finished on October 2nd. We have had a fun filled summer. Now I will be doing the written and financial reports. I am also looking forward to Spring Break.

I restarted the After School Program, 4:00-5:30pm Tuesdays and Thursdays and will be submitting a calendar of events in each newsletter. Please be aware that the schedule may change due to weather conditions or unforeseen circumstances. We will have healthy snacks and an activity again. Parents are encouraged to join us. Please also ensure that your child is registered for the After School Program. Also if you have any ideas for the program, let me know.

Big shout out to Anthony Sellars who successfully completed his Level 1 Carpentry Program, if you see him around give him a pat on the back and a 'wayto-go'!

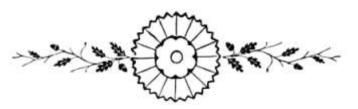
The Education Assistance Funding Application and information is available on our new website. Please remember the Education Committee now meets monthly, if you are interested in Education or Training The deadlines for the Education Assistance Funding are October 14th, November 18th, December 16th, 2016 and January 13th, February 17th and March 17th, 2017.

The NSTC Skills Development Com-



mittee in cooperation with Thompson Rivers' University is working on the delivery of the Early Childhood Education Diploma and Applied Business Technology (Office Administration) programs, and will be hosting an information session in Deep Creek soon. The Financial Course Planning for a First Nations Finance Program will begin soon. We anticipate that our Finance Managers will be involved in the development of this curriculum.

We are looking for a fifth Education Committee Member, prefer a youth. However if you are looking for an opportunity to contribute to the success of our Education Department please submit your letter of interest and your up-to-date resume to become an Education Committee Member. **Note:** should the fifth member not be a youth 18-29, then the youth seat will remain available.



Upcoming Events

After School Program Education Committee Meeting Tuesdays & Thursdays 4:00-5:30 pm October 14, November 18, & December 16, 2016 and January 13, February 17 and March 17, 2017.

Housing Coordinator

Heather Johnson

Happy October everyone!

Wow, how time flies!!

Some CMHC Retrofit funding was finally approved to complete four roofs, I originally applied for nine but was only approved for a portion of the funding. The worst roofs of the 9 were chosen and should be completed by the middle of October before our weather gets too cold.

CMHC has been holding five of our applications for the Emergency Repair Program since June and I am waiting to hear from them as to an inspection date. I originally planned for these improvements to be complete before the snow flew but I am beginning to have my doubts. I think the people in charge forget that we don't live in the same area as they do. We currently have three RRAP renovations approved, just waiting again to hear if we get the go ahead on those.

Budgets have become a regular part of my day and I am glad for chance to become familiar with the process. I keep thinking it will get easier but so



far I am over fifteen budgets in and I still feel as slow as I was the first time around. I assume it only gets better from there.

We are due to have all the seasonal maintenance completed on our CMHC homes so I will be in contact soon to schedule that with each tenant.

As always, if you have any questions, I am available at the Band Office 250-989-2323 ex 103.



Registering Off-road Vehicles

Register all off-road vehicles (ORV) or complete transfer of ownership transactions at any ICBC Autoplan broker.

The Ministry of Forests, Lands & Resource Operations (FLNRO) has launched a <u>new registration system</u> for off-road vehicles (ORV). ORV registration with number plate display will be mandatory on Crown land, including resource roads on Crown land, on Nov. 1, 2015. Off-road vehicles that will be operated in limited circumstances on a highway have been required to obtain registration, a plate, a licence and insurance since Nov. 17, 2014. ORVs operated solely on private property do not require registration or a number plate.

Types of off-road vehicles

An off-road vehicle is designed for off-highway use and does not meet safety standards for on-highway use. The following are the eligible ORV vehicle types:

- Golf carts
- Snow vehicles
- Snowmobiles
- All-terrain vehicles (ATV)
- Trucksters, and
- Restricted use motorcycles (RUMs)



Canning Workshop September 15, 2016

Learning how to make salsa with Kayla Jasper from Three Corners Health



<u>Community Members</u>: Reg Michel, Barb Michel, Wanda Snow, Janae Beaulieu, Shirley , Bernice Jack, Doreen Haines and Hilda William.





Sqilye (Sweat House) Building - September 23, 2016 Behind the Health Station



Elder George Keener was teaching how to build the Sweat House. Along with Mike Archie, Georgina Mortensen, youth and Constable Colby Hendrickson.



2016 Xatśūll Save-the-Salmon Pow Wow

The Xat'sūll Save-the-Salmon Traditional Pow-Wow September 9th, 10th & 11th, 2016, hosted by the Xatśūll First Nation (Soda Creek Indian Band) at the Xatśūll Heritage Village, was a success, welcoming over 200 guests, including people from Soda Creek to Germany and Costa Rica...

We were welcomed on Saturday by Xatśūll First Nation member and Pow-Wow Coordinator Cheryl Chapman and Sunday by Elder Ralph Phillips, and joined by the Cariboo Regional District – Areas D and F Directors, Joan Sorley and Steve Forseth.

The Xatsull Save-the-Salmon Traditional Pow-Wow - September 9-11th. 2016 at the Xatśūll Heritage Village, was a great event. Despite the wild weather, we were joined by over 200 people. Thanks to Georgia Bock, Eric Pelkey, Miriam, Brandi Phillips, Tesslar Sellars, Roxanne Pop, Ralph Phillips, Minnie Phillips, Kelly Quon, Donna Dixon, Barb Dixon, Reg Michell, Noella William, Hilda William, Jessie Hunlin, Jolene Sellars, Rowen Chelsea, Marion Chelsea, Owen Chelsea; if I left anyone out, please forgive me, and let me know! I have submitted a four page report, enjoy, we sure did.

Drums

We had four drums: Host Drum Taleomi – originally from the Nuxalk Nation – Bella Coola; Moccasin Burner – from Esket; Whispering Nation – from Nazko; and, Native Thunder - from Chehalis joined us on Sunday. Dancers of all ages and categories came to join us from near and far. At the 2015 Save-the-Salmon Pow-Wow Mike Retasket and I were gifted with a Grizzly Bear and through protocols and traditional ceremony we passed this beautiful bear onto Brodie Lawson of Heiltsuk Territory, Bella Bella. Brodie will dance this bear for years to come, we thank Rita Edgar and Thomas Terry for assisting us with this process.

Drum Contest

Racelle 'Laloya' Kooy – Aboriginal Affects Consulting Sponsored the Duo Hand Drum Contest, in honour of the power of the Fraser River, the contest judges were the wife and family of our young father that was lost to the river while fishing for his family. Thomas Terry and his daughter Aurora from Lillooett, won 1st place; the Pow-Wow Committee Sponsored 2nd place and this was won by Steve Narcisse and Bill Mansell, originally from Xa' xlip (Fountain) Band; and, Lindie Mitchell and Mike Retasket co-Sponsored 3rd place and this was won by Maggie Ranger and myself Cheryl Chapman.

Honouring Ceremonies

We held Honouring Ceremonies on Saturday afternoon for the outgoing Princess Larissa Munch of Quesnel and the Tiny Tot Princess Cal-Leigh Chelsea of Canoe Creek, they each provided a wonderful give away for the people. We honoured them with small tokens of appreciation from the community.

Enviro-Tech Sponsored the Lehal games, Saturday Night, Cubby Kalelest and his team won.

Princess Pageant

Throughout the weekend Kiki's team coordinated and monitored our Princess Pageant, we had one contestant for Tiny Tot Princess - Our 2016-2017 Tiny Tot Princess is Angelique Harry from Canoe Creek. We had three fabulously brave young ladies competing for the Xatśūll Princess Crown; they prepared and presented speeches and performed in a talent segment; judged by Brandi Phillips, Marge Dick and Anne Dick. The contestants were observed by the Pageant Team and using a points system for participation in the Intertribal dances, their individual categories, assisting in selling 50/50 tickets, how they managed themselves and their time while at the Pow-Wow grounds, assisting Elders and cleaning up after themselves, overall enthusiasm for the role of representing the Xatśūll Save-the-Salmon Traditional Pow-Wow for the next year. These young ladies, Tyanna Cremo from Nazko, Alysha Williams from Toosie/ Fountain and Mya Draney from Soda Creek were shining examples of leadership and grace; by a slim five points our 2016-2017 Xatśūll Princess is Alysha Williams.



Breakfasts on both days were prepared and served by the Walk/Run Group, and a non-traditional feast of hamburgers and hotdogs; designed to raise awareness of what life would be

like without our precious salmon!!!, b) was prepared and served to over 200 c) guests, by Rowen Chelsea and his family, as a fundraiser for his trip to d) Japan next year.

The desires of the Soda Creek Indian Band (Xat'sull First Nation) and its members are to participate in and

are aimed at:

a)

- Ensuring that knowledge of history, culture, language, traditions and activities are celebrated and promoted;
- Linking pride in heritage with future success; and,
- Promoting opportunities for cooperation and understanding with neighbours to the Soda Creek Indian Band (Xat'sūll First Nation).

Salmon Traditional Pow-Wow is to bring First Nations, local people and visitors together to celebrate the salmon, and raise awareness of the need to protect and save them for Promoting health and wellness; our future generations.

> Kukstemc to our sponsors: Aboriginal Affects Consulting, Racelle 'Laloya' Kooy; Cariboo Regional District Areas F & D; EnviroTech, Rick Holmes; New Pathways to Gold Society; Northern Shuswap Tribal Council; Soda Creek Indian Band; Three Corners Health Services Society and all those who donated on-site.

support initiatives with respect, which The purpose of the Xat'sull Save-the-



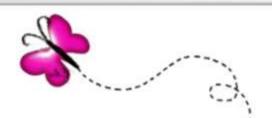
September 12 at 8:36am · Quesnel ·

We had a wonderfilled weekend at the Save the Salmon Powwow at Soda Creek... Thank you to Cheryl Chapman and Mike Retasket for all you effort and hard work Thank you for the songs and the honor given to our family....Thank you to Jim Edgar, Rita Edgar, Adele Martie Edgar and Taleome for your songs and for all of the help and advice you have shared with us this past year as our girl, Larissa Munch was learning and taking on the role of Princess. We had a great year and I enjoyed traveling to the different powwows with her.. I met many wonderful people and learned many more new things that we needed to know. Thank you to the guest drums and all of the hand drummers. I look forward to meeting you all again on the powwow trail!





Above: Joanne Hare Twan her daughter Michelle and her daughter, our 2015 Xat'sūll Princess, Larissa Munch...three generations of awesome women.







Racelle Laloya Kooy with Mike Retasket and 2 others. September 11 at 8:45pm · Soda Creek · Highlight of Save the Salmon Pow Wow, witnessing the passing of Bear medicine





Brodie Lawson added 2 new photos — with MA Lawson and 4 others. September 12 at 11:12am ·

This past weekend in Williams Lake, I was gifted a Grizzly Bear Hide from a wonderful lady and her name is Cheryl Chapman and her husband Mike Retasket. I would like to thank Thomas Laffnbear Terry, Rita Edgar for setting this up. Thank you from the bottom of my heart :)





Kellie Louie

September 12 at 6:59pm Amazing weekend spent at home.. arrived Friday night and visited and stayed with my beauty Rachel and her family. Saturday I went out to the powwow.. and did our little girl Cal-Leigh's outgoing princess give away.. thank you Cheryl and committee for giving her the experience and the honor of representing Xatsull community.. it was little chilly but we survived. Sunday we attended the powwow long enough to pass the crown on to her little cousin Angelique (Hunni).. Natasha and Eddy see you on the powwow trail......went out to my parents and picked up the rest of my stuff and deer meat and fish and came back to our new home..was great to see friends and family, and it felt good to be home.....sending my thoughts amd prayers to John Terbasket's family, he was an amazing man with a personality that welcomed you to the circle, when he was announcing for our powwow in Canoe Creek.

Angelique Harry of Canoe Creek 2016/17 Xatśūll Tiny Tot Princess



And... that's a wrap for the 2016 Xatśūll Save-the-Salmon Traditional Pow-Wow, please join us next year!!!!

Alysha William of Toosey/ Xax'lip 2016-2017 Xatśūll Princess





After School Program Schedule 2016 Tuesday & Thursday 4:00pm-5:30pm

Monday	Tuesday	Wednesday	Thursday	Friday
~A.	4 th - Check-in how's school & games!		6 th – Language & Culture Fun	
	11 th - Trail Walk/Hike		13 th - Language & Culture Fun	
bus at th			r child(ren) to re appropriate	
for the	e office; ensu program days	re that they a that are outsi		ely dressed e home is
for the	e office; ensu program days	re that they a that are outsi	re appropriate ide and if a rid	ely dressed e home is

Parents/guardians let us know if you will join us for a healthy snack and an activity. Schedule is subject to change due to unforeseen circumstances.

October 2016

SODA CREEK HEALTH STATION EVENTS CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 HCC Travel	6	7	8
9	10 Thanksgiving Statutory Holiday Office Closed	11 ADP Luncheon	12 SCIB Travel Community Consultative Group Meeting 5:00-7:00 pm	13	14	15
16	17	18 Community Engagement Meeting for Programming 4:30-6:30pm	19 HCC Travel	20 Hunting Camp Newsletter Deadline 4 :00pm	21 Hunting Camp Breast Cancer Awareness Luncheon 3 Corners	22 Hunting Camp
23	24	25 ADP Luncheon	26 SCIB Travel	27	28	29
30	<i>31</i> Halloween Physiotherapy 3 Corners					

Honey Mustard Chicken

If you don't want to eat skin-on chicken, still cook the dish with the skin-on, even if you don't eat it. The skin will protect the meat from drying out.

Prep time: 10 min Cook time: 45 min

Yield: Serves 4-6

Ingredients

- 1/4 to 1/3 cup smooth Dijon mustard
- 1/4 to 1/3 cup honey
- 1 Tbsp olive oil
- 2-3 pounds chicken thighs (or legs)
- Salt
- 2 sprigs rosemary (or a generous sprinkling of dried rosemary)

Method

1 Preheat the oven to 350°F. In a medium bowl, whisk together the mustard, honey, and olive oil. Add a pinch of salt and taste. Add more salt and mustard until you get the flavor where you want it.

2 Salt the chicken lightly and lay the pieces skin-side up in a shallow casserole dish. Spoon the honey mustard sauce over the chicken. Place the rosemary sprigs in between the pieces of chicken.

3 Bake for 45 minutes, or until the thighs read 175° on a meat thermometer, or the juices run clear when the meat is pierced with a knife. Remove the casserole pan from the oven, use a spoon to spoon off any excess chicken fat that has rendered during the cooking.

Sprinkle some freshly ground black pepper over the chicken before you serve.

Pumpkin Cookies

These cookies are soft and moist. Be sure to let them cool completely and to store them in single layers separated by wax paper, or they will stick together in one large cookie mound.

Prep time: 15 min Cook time: 15 min

Yield: Makes 4 dozen small cookies

Ingredients

- 1 cup butter, room temperature
- 1 cup packed brown sugar
- 1 cup granulated sugar
- 1 large egg
- 1 teaspoon vanilla extract
- 1 cup pumpkin purée
- 2 cups all-purpose flour
- 1 1/3 cups quick or old-fashioned oats
- 1 teaspoon baking soda
- 1 teaspoon ground cinnamon
- 1 teaspoon ground cardamom
- 1/2 teaspoon salt
- 1 cup of pumpkin seeds

Method

1 Preheat the oven to 350° F.

2 Beat the **butter**, **brown sugar**, and **white sugar** together until light and fluffy, about 3 minutes.

3 Add the **egg**, **vanilla extract**, and **pumpkin purée** and beat for another 3 minutes.

4 In a separate bowl combine the **flour**, **oats**, **baking soda**, **salt**, **carda-mom** and **cinnamon** and whisk together. Slowly add it to the butter mixture until just combined, being sure to scrape down the sides and bottom once or twice to ensure even mixing.

5 Fold in the **pumpkin seeds** and **currants**. Drop spoonfuls of dough on cookie sheets lined with parchment paper. Bake for 13-15 minutes. Allow to cool on the tray for a minute or two to set, then move to a wire rack to finish cooling.





Roasted Pumpkin Seeds

If you want to jazz up your pumpkin seeds, sprinkle with spices such as smoked paprika, cumin, or chile powder before they go into the oven.

Ingredients

For the BBQ sauce (or substitute 3/4 to 1 cup bottled sauce):

- One medium sized pumpkin
- Salt
- Olive oil

Prep time: 10 min Cook time: 35 min

Method

1 Cut pumpkin, scrape out seeds, rinse: Cut open the pumpkin by cutting a circle around the stem end with a sharp knife (knife blade angled in), and pulling off the top.

Use a strong metal spoon to scrape the insides of the pumpkin and scoop out the seeds and strings.

Place the mass of pumpkin seeds in a colander and run under water to rinse and separate the seeds from everything else.

2 Boil pumpkin seeds in salted water for **10** min: Measure the pumpkin seeds in a cup measure. Place the seeds in a medium saucepan. Add 2 cups of water and 1 tablespoon of salt to the pan for every half cup of pumpkin seeds. Add more salt if you would like your seeds to be saltier.

Bring the salted water and pumpkin seeds to a boil. Let simmer for 10 minutes. Remove from heat and drain.

3 Bake seeds in 400°F oven until browned: Preheat the oven to 400°F. Coat the bottom of a roasting pan or thick baking sheet with olive oil, about a teaspoon or so.

Spread the seeds out over the roasting pan in a single layer, and toss them a bit to coat them with the oil on the pan.

Bake on the top rack until the seeds begin to brown, 5-20 minutes, depending on the size of the seeds.

Small pumpkin seeds may toast in around 5 minutes or so, large pumpkin seeds may take up to 20 minutes. Keep an eye on the pumpkin seeds so they don't get over toasted. When lightly browned, remove the pan from the oven and let cool on a rack. Let the pumpkin seeds cool all the way down before eating.

Either crack to remove the inner seed (a lot of work and in my opinion, unnecessary) or eat whole.

Fried Green Tomatoes

Prep time: 10 min Cook time: 20 min

Yield: Serves 4 as a side dish.

Ingredients

- 3 medium, firm green tomatoes
- Salt
- 1 cup all-purpose flour
- 1 Tbsp Cajun seasoning (optional)
- 1/2 cup milk or buttermilk
- 1 egg
- 1/3 cup cornmeal
- 1/2 cup fine dry bread crumbs
- 1/4 cup peanut oil or other vegetable oil

If you can find it, use fine white cornmeal, which is the primary cornmeal used in the South. Buttermilk adds flavor and tang, but is not strictly necessary.



Method

1 Cut unpeeled tomatoes into 1/2 inch slices. Sprinkle slices with salt. Let tomato slices stand for 5 minutes. Meanwhile, place in separate shallow bowls: the flour and Cajun seasoning (if using), buttermilk and egg, and bread crumbs and cornmeal.

2 Heat the peanut oil in a skillet on medium heat. Beat the egg and the buttermilk together. Dip tomato slices in the flour-seasoning mix, then buttermilk-egg mixture, then the cornmeal-bread crumb mix. In the skillet, fry half of the coated tomato slices at a time, for 3-5 minutes on each side or until brown. Set the cooked tomatoes on paper towels to drain. These are fantastic with a little Tabasco sauce or remoulade.

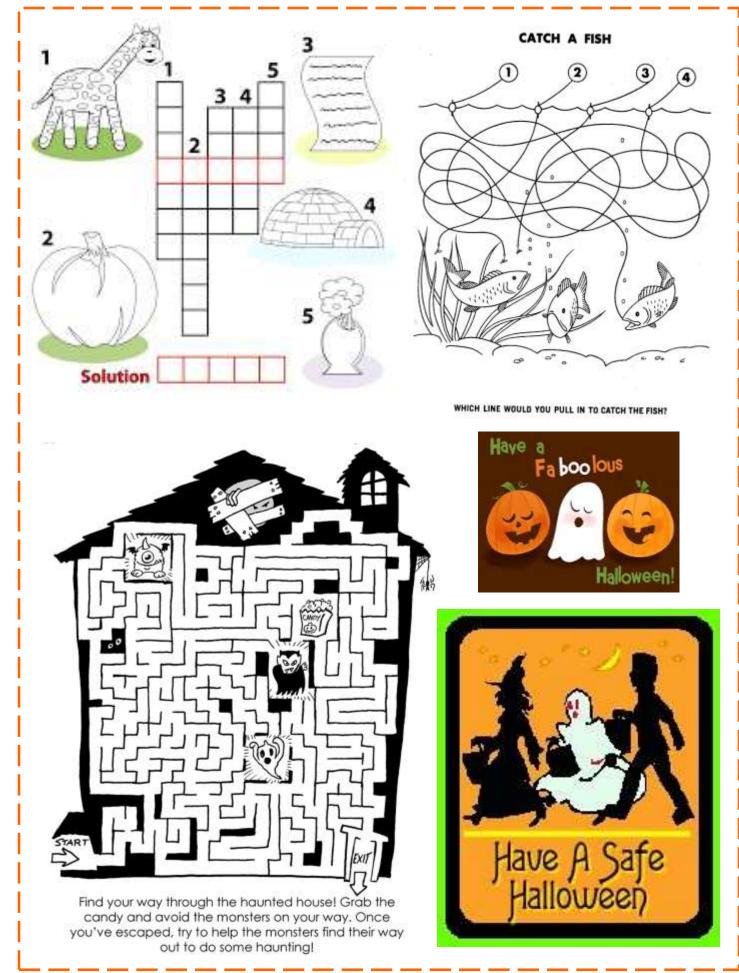




Fun Fall Activities

Autumn flies by in a flash, so take advantage of the crisp weather and beautiful foliage with this list of fun things to do in the fall.

Nos	stalgic	The Great Outdoors
0	Eat a peanut butter and jelly sandwich	0 Go apple picking
0	Make a pinecone bird feeder	Get lost in a corn maze
0	Buy something from a bake sale	Play a game of two-hand touch football
0	Borrow a book from the library	0 Go for a hike
0	Make rice krispie treats	0 Go for a hayride
0	Buy a new notebook	Collect colorful fall leaves
0	Jump in a pile of leaves	0 Rent a cabin in the mountains
		0 Plant bulbs in your garden for next spring
Hol	iday	 Run a race
0	Carve your own pumpkin	0 Take a drive in the country
0	Make your kid's (or your own) Halloween costume	
0	Get spooked in a haunted house	Just Because
0	Re-watch your favorite scary movie on Halloween	O Breath in the cool, crisp air
ō	Throw a Halloween party	 Dig up your sweaters from storage
0	Give out candy to trick o' treaters	0 Learn to knit
Ø	Host a potluck Thanksgiving dinner	Listen to the sound of leaves crunching under your
Eat	and Drink	feet feet
0	Bake an apple or pumpkin pie	0 Start Christmas shopping
0	Buy winter squash and Brussel	Watch geese flying south for the winter
	sprouts at a farmers' market	0 Spend a day antiquing
0	Eat a candy apple	 Build a bonfire
٥	Make butternut squash soup	Collect pinecones and display them in a glass bowl
0	Drink hot spiced cidar	0 Watch a kids' soccer game
0	Roast vegetables for a tasty side dish	Attend a fall festival
0	Eat a slice of warm pumpkin bread	Vear your favorite jeans
	Make a big batch of chili	0 Remember what you're thankful for



Soda Creek Candidates Forum



Cheryl Chapman Platform for Soda Creek Band Council Position September 02, 2016

There has been substantial work by community leadership. It is my intention to build on that valuable work to create better understanding of it. I believe now is the time for us to rebuild the spirit of Soda Creek, bring our members together to create opportunities to share what we want it to feel like to be an active member of our community. Through stories, laughter, music, food and shared decision making we will be able to move forward together.

I believe that a key to our success is strong and effective communications that actively and meaningfully includes all of our members, including those that currently live away from home and those that are just finding their connections to us. I believe open and honest communication is a must for leadership, to be effective they must listen to membership and work towards solutions.

We need to have information and conversations about the future of our lands and resources, including Mount Polley Mine, and all other existing and proposed developments in our territory. We need to ensure that you and you and your family understand what the proposed treaty and self-government agreements mean, now and for our future. We need to work together as a team with the administration to ensure that the programs and services meet the needs of our members; we will need to be creative to ensure that the financial and physical resources will enhance and sustain us into the future. We need to prioritize the use of existing and future resources, and find opportunities to encourage our members to gain the education and skills that are and will be required for our future.

I have over 25 years of experience working with indigenous and non-indigenous people, indigenous communities, businesses and all levels of government. I enjoy capacity building, sustainable community economic development, and building mutually beneficial relationships.

I would be honoured to serve as a member of the Soda Creek Band Council. Leadership is about holding each other up and assisting each other in reaching our goals and dreams for our families and our community. We are all leaders and we can do this work together.

Soda Creek Candidates Forum



My name is, Edie (Edith) Woods, I was born and raised at Xatsull community. My grandparents, are Annie and Francis Sellars, and my parents are Angelique and Percy Sellars. My husband, Larry and I have four children, Leroy, Debbie Trina and Laurie, and grandchildren. My siblings, are Gilbert, June, Bernice, Lenny, Art and Ellie, and the late, Percy Jr, Phyllis, David and Roy.

I believe I have a lot of experience to offer, as I previously worked for, Xatsull Band, as a Family Support Worker, (14) fourteen years, and during that time I wore many hats, an accomplishment, I'm very proud of is, I was instrumental in 1999 to organize, also secured funding for our Elders to attend the, Elders' Gathering, in Prince George, and every year since, our Elders' look forward to representing Xatsull . I willingly advocate for band members, who approach me to help them with Child and Family issues. In the past I have sat on the Board of Directors for Knucwentecw Society. Today, I'm on the elder council, for Three Corner's Health Society, and also I have been on the, Housing Committee, and most recent the Education Committee.

I would encourage transparency, for instance to bring forth the posting of the minutes for all Chief and Council meetings.

The need for Community meetings, to find solutions as a community, to deal with Lateral violence, amongst our youth and the, Xatsull community, as a whole, in this way it would be beneficial to ensure a safer place to live and accountability of all, Xatsull band membership.

I'm honest and direct, approachable, and I respect all band membership.

I look forward to the forum to answer any questions you may have.

Respectfully

Edie (Edith) Woods

Soda Creek Candidates Forum



Greetings Soda Creek Band Members,

My Name is Kelly Sellars, I was born and raised here at Deep Creek, I grew up with most of the band members and I am personal friends with many of you. I am a family man with three wonderful children (Justin, Tristen and Serenna) ^(C), and married to my beautiful wife of 27 years (Jeannine) ^(C).

I have an understanding and belief of Aboriginal Rights and have used them over the past years. I believe that I would be a strong candidate for council because of a willingness to work, the ability to listen well and comprehend what is being said. I am well-spoken and I try to treat everyone equally and fairly. I believe in unity and working together for the good of all people.

I have work experience and knowledge in the logging industry for 21 years and have experience in small business in this trade.

I have worked at Gibraltar Mines for 11 years and understand the operations of the mining industry.

I have farmed the land as a young boy, with my Dad, and have inherited that to this day.

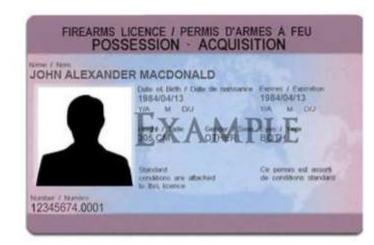
I believe it is time that I give my knowledge and abilities back to our people, in order to help with our community to be productive and united. I have new ideas for economic growth and how to work together to achieve it and would like the opportunity to bring that about.

Thank you for your time and consideration,

Kuylum.

Kelly Sellars

PAL (Possession and Acquisition License) Course Is cancelled for September 25, 2016



To be rescheduled for November 2016. Those interested, please call or sign up at the Health Station. You will be notified when the course is.

There is a cost of \$160.00 for the course, \$100.00 for the course and \$60.00 for the waiver application.



Sugar Cane Health Centre 250-767-2333 Sugar Cane Health Centre 250-296-3532 Dog Creek Health Centre 250-440-5822 Canoe Creek Health Centre 250-459-7749

14 55 32 22 24 25 26 Three Cancer Health Com

Naloxone kits are available for free at Three Corners, Public Health and the Emergency Room.



TCHSS is putting together a Community Calendar, and would like to feature our elders. TCHSS is hoping to have all SXFN, WLIB, SCIB elders come into TCHSS office for a couple hours and enjoy some yummy food, and a craft, and between the food and crafts, have their photo taken by a professional photographer. The photos will be used for a community calendar that will be available to community members.



WHEN: October 6, 2016

WHERE: Three Corners Health Services Society Office

WHO: All Community Elders

9:00—Morning Snack 10:00—Morning Craft 12:00—Lunch



Please sign up with your Health Station, and let them know if you are needing a ride by September 30, 2016

For more information please contact your community home support worker at your local Health Station, or Heather Camille at TCHSS

Dog Creek Health Station—250-440-5822 Canoe Creek Health Station—250-459-7749 Soda Creek Health Station-250-989-2355 Sugar Cane Health Station-250-296-3532



Three Corners Health Services Society-250-398-9814

ELECTION NOTICE

There will be an **ELECTION** for one Councillor of the Soda Creek Indian Band

Election Date:	October 11, 2016
Poll location:	Soda Creek Health Station
Voting hours:	9 am to 8 pm

Any Band member who is at least 18 years old on Election Day may vote.

Ballots will be mailed to all off-reserve members who have provided their addresses to the Band office. Anyone living onreserve who is not able to vote in person on Election Day can get a mail-in ballot package from the Electoral Officer.

The votes will be counted at 8 pm, right after the poll closes.

The results will be declared immediately following the count and the results will be posted and mailed to all off-reserve members we have addresses for.

The Voters List is posted at the Band Office.

Dave Feil, Electoral Officer

If you have any questions, please call me: 250-392-7361 or email d.feil@nstq.org



Northern Shuswap Tribal Council

Northern Shuswap community Service Nelworking Group presents

CHILDREN IN CARE:

RECONCILIATION

October 12-13, 2016 ~ 9:30 AM to 4 PM Gibraltar Room

Williams Lake, BC

A two-day workshop for parents, grandparents, community leaders, and service providers to gather and discuss the history of children in care, healing and reconciliation, and building resiliency in families and communities.

Healing. Reconciliation. Resilience.



Featured guest speaker

Dr. Martin Brokenleg is co-author of the book Reclaiming Youth at Risk: Our Hope for the Future and co-developer of the Circle of Courage model and provides training worldwide for individuals who work with youth at risk.

Registration deadline is October 5, 2016. (max 200 participants) This workshop is free for all NStQ band members. Snacks and lunch provided.

Non-member fees (\$25/day) payable at workshop or by cheque. Mail to Canim Lake Band, PO Box 1030, 100 Mile House, BC, V0K 2E0 Contact: Delores Theodore at (250) 397.2227 or socialservices@canimlakeband.com; Carol Archie at (250) 296.3507 ext. 122 or carol.archie@williamslakeband.ca









Speech-Language Pathology



Three Corners Health Services Society is currently working with a Speech Language Pathologist, If you would like to schedule an appointment for your child,

Please contact Heather at -250-398-9814

Speech-language pathologists can help with:

 Speech delays and disorders (articulation, phonology and motor speech disorders)

Language delays and disorders

(expression and comprehension in oral and non-verbal contexts)

- Fluency disorders (stuttering)
- Voice and resonance disorders
- Swallowing and feeding disorders in adults and, children and infants.

Cognitive-communicative disorders
(social communication skills, reasoning, problem solving and executive functions)

Pre-literacy and literacy skills
(phonological awareness, decoding, reading comprehension and writing)

Communication and swallowing disorders related to other issues
(hearing impairments, traumatic brain injury, dementia, developmental, intellectual or
genetic disorders and neurological impairments)



Three Corners Health Services Society—250-398-9814

Soda Creek Indian Band

Carnival

Image: Constrained of the state of the stat

Halloween

5:00-7:00 pm

Soda Creek Community Hall

Everyone is welcome

Family Event

\$

Prizes

Hot dogs

Costume Contest

Costume Parade

Games

Fireworks



EMPLOYMENT OPPORTUNITY

Job Title: Social Development Coordinator

Job Summary: The Soda Creek Indian Band is seeking applications for the position of Social Development Coordinator. The successful applicant will be responsible for administering the social assistance program to on-reserve community members, in accordance with the Federal Social Development Policy Manual.

Duties and Responsibilities:

- To process income assistance applications according to the Social Development Policy and Procedures Manual through AANDC requirements through determining eligibility and required forms;
- To process to meet reporting requirements to AANDC on a quarterly basis in a timely manner, and possible comprehensively review annually;
- To provide required documentation and pay list to the Finance Department in a timely manner according to their scheduled cheque issuance;
- Maintaining an up to date confidential clientele filing system and case management that are required in compliance of policy and procedures of Social Development;
- · To provide a referral, when required to the local ASET Holder for employment and training opportunities;
- To develop and maintain a good working relationships with Soda Creek Indian Band staff and the bands, other
 agencies and organizations; and
- To maintain professional growth and development by participating in approved conferences and training
 opportunities when relevant to job duties and functions.

Education:

Graduation from High School Grade 12 or equivalency

Skills and Abilities:

- · Strong administrative, communication, verbal and written skills
- Intermediate computer skills with Microsoft Office (capable of using a large number of functions and feel confident using the program)
- Ability to schedule, budget, and to understand how to address persons in need
- · Ability to provide and receive sensitive information in a safe and respectful manner

Conditions of Employment:

- This is a full time position, 35 hours per week Monday-Friday 8:30am 4:30pm
- · Must be able to obtain and maintain a Criminal Records Check and a valid BC Driver's License
- Must possess a vehicle in good operating condition and appropriate vehicle insurance to meet program requirements

Salary: Wage range from \$15.20-\$16.13/hr depending on experience.

How to Apply:

For a complete job description and application package, please visit the Employment Section of the Soda Creek Band website at: www.xatsull.com

- 1. Please provide a cover letter with salary expectations and availability.
- 2. Complete Job Application Form.
- 3. Resume with Three work related job references.

Email your Application to: Sharon Little, Executive Assistant

Email: execasst@xatsull.com

Mail your Application to:

Fax to: 250 989-2300

Attention: Sharon Little Soda Creek First Nations 3405 Mountain House Road, Williams Lake, BC V2G 5L5

Application Deadline: October 12, 2016 by 4PM.

Applications will be accepted by email, hand delivery, fax or by mail.

NOTE** Applications received after 4:00 PM on October 12, 2016 will not be considered. Only those selected for an interview will be contacted.

Preference will be given to persons of Aboriginal ancestry as per Section 16(1) of the Canadian Human Rights Act.



EMPLOYMENT OPPORTUNITY

Job Title: Newsletter / Flyer Distributor

Job Summary: The Soda Creek Indian Band is seeking applications for the position of Newsletter/Flyer Distributor. The successful applicant will be responsible for door to door delivery of Newsletters and Flyers to the residence of the Soda Creek Indian Band.

Duties and Responsibilities:

- To complete delivery on the date requested, to all homes within seven (7) hours of receipt of items
- To use due care and caution during the operation of delivery and strictly comply with all safe driving rules of the road, including all speed limits, posted directional signs and parking regulations.

Conditions of Employment:

- Must be able to obtain and maintain a valid BC Driver's License and provide a Driver's Abstract
- Must possess a vehicle in good operating condition and appropriate vehicle insurance to meet delivery requirements
- Under no circumstances operate under the influence of drugs or alcohol or when physical or mental condition may be otherwise impaired

How to Apply:

Submit your Letter of Interest to:

Sharon Little, Executive Assistant

Email: execasst@xatsull.com Fax to: 250 989-2300

Mail your Application to: Attention: Sharon Little

Soda Creek First Nations 3405 Mountain House Road, Williams Lake, BC V2G 5L5

Application Deadline: October 14, 2016 by 4PM.

Letters of Interest will be accepted by email, hand delivery, fax or by mail.



EMPLOYMENT OPPORTUNITY

Job Title: Capital Projects & Infrastructure Manager

Job Summary: The Capital Projects and Infrastructure Manager is responsible for the management of the Soda Creek Indian Band capital projects and Infrastructure, to include water sewers, roads and buildings as assigned, and the inspection of the Soda Creek Indian Band buildings and physical services.

Duties and Responsibilities:

- Perform all duties and responsibilities in accordance with the Soda Creek Indian Band policies, standards and procedures, and as directed by the Band Administrator
- 2. Maintains confidentiality on all matters relating to the affairs of the Soda Creek Indian Band

Education:

- Graduation from High School Grade 12
- Prefer completion of related courses, to include construction management, estimating, budgeting, inspections, supervision and computers
- Prefer Journeyman Trade Certification (e.g. carpentry)

Skills and Abilities:

- Proficiency in the use of computer programs for word processing, databases, spreadsheets, email and the internet, to the intermediate level (capable of using a large number of functions and feel confident using the program)
- · Experience working with/interpreting related government regulations
- · Good interpersonal and people management skills. Strong team player with good team building skills
- · Ability to organize, prioritize and manage workload
- · Good integrity and professionalism. Good planning, organizational and coordination skills
- · Ability to work independently/with minimal supervision
- · Demonstrated knowledge of related government regulations
- · Good oral and written communication skills. Strong analytical and decision-making skills
- · Ability to develop reports that identify issues and solutions. Ability to plan, estimate, budget and manage finances
- Knowledge of the provision of construction principles, practices, policies and procedures to consult with staff and various other governing bodies and agencies
- · Lifestyle consistent with the importance and responsibilities of the position

Conditions of Employment:

- Must be able to obtain and maintain a Criminal Records Check
- · Must be able to obtain and maintain a valid BC Driver's License
- Must provide a vehicle in good operating condition and appropriate vehicle insurance to meet program requirements OR access to company vehicle is provided and requires a valid Driver's License
- Holds a Level 1 Occupational First Aid certificate

Salary: Wage range from \$22.81-\$27.80/hr depending on experience.

How to Apply:

For a complete job description and application package, please visit the Employment Section of the Soda Creek Band website at: www.xatsull.com

- 1. Please provide a cover letter with salary expectations and availability.
- 2. Complete Job Application Form.
- 3. Resume with Three work related job references.

Email your Application to: Sharon Little, Executive Assistant

Email: execasst@xatsull.com

Mail your Application to:

Fax to: 250 989-2300

Attention: Sharon Little Soda Creek First Nations 3405 Mountain House Road, Williams Lake, BC V2G 5L5

Application Deadline: October 07, 2016 by 4PM.

Applications will be accepted by email, hand delivery, fax or by mail.

NOTE** Applications received after 4:00 PM on October 07, 2016 will not be considered. Only those selected for an interview will be contacted.

Preference will be given to persons of Aboriginal ancestry as per Section 16(1) of the Canadian Human Rights Act.



Event	Date & Time	Where	Description
Physiotherapy	October 3 & 31	Three Corners Health	Call Three Corners Health to book appoint- ment 250-398-9814
Health & Community Care (HCC) Travel	October 5 & 19		Call on Monday before to book ride for ap- pointment w Maxine at 250-989-2355
ADP Luncheon	October 11 & 25	Health Boardroom	
SCIB Med Travel	October 12 & 26		Call on Monday before to book ride for ap- pointment w Maxine at 250-989-2355
Soda Creek Working Group Meeting	October 12 5:00-8:00 pm	Soda Creek Community Hall	Rides provided. Please call Betty at 250-989-2323 to reserve a seat.
Community Consulta- tive Group Meeting	October 12 5:00- 7:00 pm	Health Boardroom	
Soda Creek Hall Grand Opening	October 14 2:00 pm	Soda Creek Hall	Come celebrate! Please RSVP with Maxine at the Health Station 250-989-2355
Community Engage- ment Meeting for Programming	October 18 4:30- 6:30 pm	Health Boardroom	Dinner provided. Please come give your input on ideas for workshops or programs
Hunting Camp	October 20-22	Likely - Spanish Mountain Gold camp	
Breast Cancer Aware- ness Luncheon	October 21, 12:00 pm	Three Corners Health	
Halloween Carnival	October 27 5:00-7:00 pm	Soda Creek Community Hall	Snacks, treats, costume parade, fireworks, games and fun

Check out our website and you can find the newsletter online through the website. Sign up to registar and be an online member. <u>www.xatsull.com</u>